

**CAPE COD & ISLANDS COMMUNITY
HEALTH NETWORK AREA ~ CHNA 27**

**Minutes for Thursday, January 14, 2010 9:00-11:00 am
Rooms 11/12, Barnstable Superior Courthouse
Convener – Steve Brown**

Present : (*Steering Committee – Bold*)

Steve Brown, UMass Donahue Institute	Tim Lineaweaver, Community Health Center of C.C.
Beverly Costa-Ciavola, CC Neighborhood Support Coalition	Rachel Nicholas, Cape Cod Center for Women
Beth Albert, Barnstable County Dept. of Human Services	Kathleen Seymour, Mass 211 – BC Human Services
Elizabeth Smith, Orleans Council on Aging	Ellen Ford, Chatham Council on Aging
Maryanne Worth, Nantucket Human Services	Valerie Pereira Brown, Cape Cod WIC
Katherine Wernier, REACH Collaborative	Allyson Scherb, SE Center for Healthy Communities
Ronnie Gullette, MS Society, SHINE, Mass 211	Scott Fitzmaurice, CIGSYA
Diane Munsell, Cape Cod Healthcare	Sandy Vickery, Bourne Council on Aging
Estella Fritzinger, CACCI	Belinda Centeio, BMC HealthNet Plan
Kathie Callahan, BC Human Services	Katie Mueller, Cape Cod Foundation
Marsie Whitehouse, South Bay Mental Health Day Svcs.	Warren Smith, BC Human Services
Veronique Daley, Outer Cape Health Services	Deborah Fraumann, Cape & Vineyard CHC Network
Lisa McNeill, Cape Cod Foundation	Melissa Weidman, Hospice & Palliative Care - CC
Rick Brigham, HAC/ Noah Shelter	Kim Collins, Elder Services
Lauren Titus, Independence House	Ediss Gandelman, Parkinson's Support Network
Marleen Spengler, Caregiver Homes	Katie McMakin, South Bay Mental Health Day Svcs.
Cheryl Bushnell, Consultant, BCDHS	Cynthia Gohring, Outer Cape WIC, Outer Cape Health Svcs.
Ann Beckert, Family Continuity	Jenny Garneau, DMH Community Organizer, Nantucket
Maura Wilson, Samaritans of Cape Cod	Ron O'Connor, Mass Dept. of Public Health

Unable to attend: Maria Chesky, Christopher Knowles, Kate McHugh

1. Welcome and Introductions, Review Agenda, Appoint Timekeeper:

Introductions to the group were made by individuals. Steve Brown facilitated the meeting. Steve reviewed the purpose of CHNA 27. Steve also asked for a brief moment of silence for the victims in Haiti who have suffered devastation from the recent earthquake.

2. Approve Minutes from December CHNA Meeting:

Motion to accept December minutes was made by **Estella Fritzinger**, seconded by **Liz Smith**, voted unanimously to approve with the following amendments: Pg. 3 under Working Group reports – *Behavioral Health* – add “James” to Dr. Ellison’s name; Pg. 2 under DoN Projects - change \$15,000 to \$15,333 per year for 5 Years for a total of \$76,665. Also change Attleboro to Taunton/Attleboro CHNA.

3. Parkinson’s Task Force: Ediss Gandelman

Ediss is the Director of Community Benefits and Managing Director of the Community Care Alliance at Beth Israel Deaconess Medical Center in Boston as well as a representative of the CHNA 19. She reported on the Parkinson’s Support Network. Parkinson’s Disease (PD) is a slowly progressive movement disorder that occurs when a significant number of certain nerve cells in the brain become damaged or die. PD primarily effects males 2:1 with an average onset of age 63 yrs, however, it has been known to affect people as young as age 15. With the growing elder population on the Cape we are seeing an increase in the number of PD patients. Diagnosis is made on the basis of signs & symptoms and ruling out other disorders

but there is no definite diagnostic test to confirm PD. PD symptoms can be kept under control with medication and in some cases with deep brain stimulation surgery.

The Parkinson Support Network (PSN) evolved from a call to action by a Cape Cod resident - the spouse of an individual living with PD. The vision of the PSN is to ensure that Cape families have access to a continuum of education, psychosocial support and exercise/movement programs that contribute to good health & function. Through collaboration with Cape Cod Healthcare, Community Benefits these three program components will be available in each of the four Cape regions. PSN will accomplish this by providing central coordination of services, facilitating communication, stimulating program development and maximizing access to additional funding sources, educational materials and information. Phase 1 of this pilot project: April – December 2010 will target the mid-cape region. For more information on this project contact Ediss Gandelman, @ 617/667-2602 or by e-mail @ egandelm@bidmc.harvard.edu.

4. Steering Committee Report

a) Beverly reported that previously the CHNA 27 needed to renew its fiscal sponsorship agreement with Cape Cod Foundation on a yearly basis in April. An agreement has been worked out with CCF that this agreement will remain in force uninterrupted with a 60-day notification clause to withdraw from the agreement. Motion by **Estella Fritzing**, seconded by **Beth Albert**, unanimously approved to accept the amended fiscal sponsorship agreement.

b) Monthly S/C conference call notes distributed and briefly reviewed by Steve Brown. Steve noted that he and Katherine Wernier have been working on the RFP documents for distribution of funds through CHNA 27 and these documents should be available by the end of March. Questions, clarifications or topic suggestions should be directed to Beverly Costa-Ciavola, S/C chair or other S/C members.

c) Fiscal Report – Estella Fritzing distributed the current report in the new format which includes FY 09 and FY10 figures. Estella noted that Shields Health Care has been invoiced for \$15,333 as the first of five installments from the PET/CT project DoN funds. Invoices should be sent annually in January for the remaining 4 years of the funding. Diane Munsell will check with Terri Ahern on the status of the DoN \$25,000 in funding for the Radiation/Oncology project. **Maryanne Worth** motioned, seconded by **Beth Albert** to accept the financial report – unanimously approved.

5. Current CHNA Collaborations

a) **Suicide Prevention Coalition Update:** Tim Lineaweaver reported that there had been a recent youth suicide completion in Falmouth as well as other adult suicide completions in the last month. SPC is meeting today immediately following this CHNA meeting. There will be discussion re: whether C&I Coalition should join the State Coalition.

b) **Youth Suicide Prevention Project:** Beverly reported for Maura Weir, Youth Project Coordinator that to date she has confirmation from Harwich, Chatham, Mashpee, Bourne, Nauset school systems & the islands of Nantucket & Martha's Vineyard to be included in the two year plan in terms of trainings and program activities. DY has also expressed an interest and she has met with members of the Wampanoag Tribe, the Brazilian community and mental health disabilities group re: their participation. Since the initial QPR training, approximately 15 C&I people attended the QPR training in Taunton & Worcester. As a result, one session has taken place in Mashpee to train 75 school personnel and another training is scheduled for January 15th in Harwich to include 50 more people. Maura has attended PTSM team meetings (Post Traumatic Stress Management) and organized the PTSM training for Martha's Vineyard on January 7 & 8 with Dr. Robert Macy. Maura is working with planning group to finalize goals and objectives of the Youth Suicide Project and final product should be ready by mid-February

for approval by DPH. She has also met with Needham's Coalition to discuss strategies & programs as well as researching other best practice and evidence based models to include in the strategic plan.

Jenny Garneau thanked the Youth Project for the funding that helped them open the Teen Center on Nantucket for extended hours.

Sue Rohrbach of Senator O'Leary's office announced that Jenny Garneau would be receiving a Suicide Prevention Leadership award for Nantucket on February 8th at the State House in Boston.

c) Health & Human Services Advisory Council: Katherine Wernier, rep from the CHNA reported on the HHSAC meeting held on December 17, 2009. She deferred discussion about the HHSAC's "Happy & Healthy Eating for All" Initiative to Beth Albert. Beth reported that the vision of this initiative is that Cape Cod residents will increase their knowledge of nutritionally healthy food, increase awareness of existing community-based food and nutrition programs and increase participation in food-centered social experiences. The Cape has been divided into 4 regions with 4 volunteers from the HHSAC making an effort to inventory as inclusively as possible the programs on the Cape. A resource directory of programs by region will be compiled and distributed by April. The data collection form was distributed & briefly discussed by Warren Smith. He noted that any additional information of programs should be forwarded to the Dept. of Human Services for inclusion in the directory.

Martin Luther King Jr. Day – January 18th: AmeriCorps Cape Cod has partnered with the Cape Cod Hunger Network and the BC Dept. of Human Services for a volunteer service day to include a multi-store food drive, construction of garden boxes & food bins for the pantries and other food distribution sites. Day will wrap up with a community meal at the Dennis Church of the Nazarene.

Dept. of Human Services Website: A new department website is under construction and Cheryl Bushnell will be working to enhance the website with a clearinghouse of information to promote the work of collaboratives and connect consumers and providers and link them to services and activities on the Cape.

HRC Nominating Sub-Committee reviewed applications and conducted interviews to fill the four vacancies on the Human Rights Commission. They submitted their recommendations of candidates to go forward for appointment. Beth Albert noted that subsequently the four candidates have been officially appointed by the County Commissioners for terms starting January 1, 2010.

Cape Cod Healthcare updated the HHSAC on their status & 3-year strategic plan. There was also a Mass 2-1-1 update which will be covered during this meeting also.

Beth Albert reported on the Regional Network to End Homelessness 24/7 Telephone Triage system Pilot Project for people in crisis with regards to housing issues. An 800# will be forthcoming shortly. CACCI will develop & implement this project.

Estella Fritzinger reported that CACCI is partnering with the Census Bureau for data collection for the 2010 census. She noted the importance of collecting accurate data as Federal funding for the Cape depends heavily on the Cape demographics.

d) Mass 2-1-1: Ronnie Gullette and Kathleen Seymour updated the CHNA on the status of the Mass 2-1-1 project. Field testing is underway to analyze quality assurance and make recommendations for improvements at the call center to improve ease of use and quality of resources provided by the Mass 2-1-1 system. They will report back on the results. The capacity of the Cape & Islands resources on 2-1-1 has been doubled. Work will begin on the consumer marketing phase of the project in partnership with United Way to achieve maximum outreach on the Cape. Collaboration with the Audible Local Ledger produced a PSA currently being played and on 1/13/10 Kathleen & Rich Brothers did an interview with WQRC/99.9 radio.

If you wish to be on the “field testing” team or are interested in receiving marketing materials contact Kathleen at kseymour@barnstablecounty.org or Ronnie Gullette at ronniegullette@comcast.net.

e) DoN projects: Ron O'Connor gave an overview of the DoN function which requires that 5% of capital expenditures be given back to Community Health Initiatives. CHNA 27 has been the recipient of those DoN funds. Diane Munsell reported that Cape Cod CHNA 27 will receive \$15,333 per year for 5 years for a total of \$76,665 from the PET DoN project. The CHNA 24 in Taunton will receive matching funding as Morton Hospital was also an applicant for funding from this project. The total DoN factor nine commitment to both CHNA's is \$153,330 over 5 years which is \$30,666 per year total - split by CHNA 24 and CHNA 27. Diane also reported that the Radiation/Oncology Project is back on the table and that \$80,000 per year for 5 years will be distributed through the DoN process. Beverly noted that the S/C is working on the RFP process to distribute these funds as well as monitor & assess use of the funding. For information on the DON Program go to mass.gov/dph/dhcq/don.htm

Due to time constraints, group agreed to adjust the agenda and move the working group break-outs to the end of the meeting with reporting at the February meeting.

6. New Business/Emerging Issues

None

7. Upcoming events/Announcements

- ◆ Beverly Costa-Ciavola: The Cape Cod Neighborhood Support Coalition in partnership with Family Continuity will sponsor a forum on Kinship Care for people raising another family member's children. Forum will be held on February 4th, 6PM @ the Barnstable Senior Center. The Governor's Commission on the status of Grandparents raising Grandchildren was conducting a series listening tours, one of which was held in Bourne. CCNSC & Family Continuity held two in Sandwich & Wellfleet and is planning one for Hyannis and hopefully Martha's Vineyard & Nantucket.
- ◆ Allyson Scherb: SE Center for Healthy Communities will hold Prevention Institute #3: Cultural Competency on Thursday, February 4th from 10:00 AM to 3:00 PM at Stonehill College in Easton, MA. This conference will feature “Walk in My Shoes: a Healthcare Access Simulation. For more information or to register contact Jane Dickey at Health Imperatives @ 508/583-2350 or by e-mail @ jdickey@healthimperatives.org
- ◆ Beth Albert: Dept. of Human Services will be launching a periodic E-newsletter in approx. 2 weeks. The e-newsletter will include information on upcoming activities, events, resources and programs that are of interest to the Human Service community. Please continue to forward submission information to Kathie Callahan to include in the publication.

Working Group Break-Outs

7. Adjournment

Next Meeting: Thursday, February 11, 2010 from 9-11 AM in Rooms 11/12 at the Barnstable Superior Courthouse, 3195 Main St. in Barnstable Village