



CAPE COD & ISLANDS COMMUNITY HEALTH NETWORK AREA ~ CHNA 27

Minutes for Thursday, October 14, 2010 9:00-11:00 am
Rooms 11/12, Barnstable Superior Courthouse
Facilitator – Steve Brown

Present : *(Steering Committee – Bold)*

Steve Brown, UMass Donahue Institute	Kathie Callahan, BC Human Services
Katherine Wernier, REACH Collaborative	Sheila Curtis, Caregiver Homes/Shine
Kim Collins, Elder Services of Cape Cod & Islands	Rachel Nicholas, Cape Cod Center for Women
Maryanne Worth, Nantucket Human Services	Scott Fitzmaurice, CIGSYA
Diane Munsell, Cape Cod Healthcare	Liz Smith, Orleans COA
Jessica Cisternelli, Hyannis Family Planning	Heidi Nelson, Duffy Health Center
Sheila Bestick, Girl Scouts of Eastern Mass	Caronanne Procaccini, CACCI
Valerie Pereira Brown, Cape Cod WIC	Kristin Carboni, Community Coalition of Cape Cod
Belinda Centeio, BMC HealthNet Plan	Melissa Roberts Weidman, Hospice & Palliative Care
Maura Wilson, The Samaritans of Cape Cod	Antoinette Day, SHINE, MIPPA
Deb Fraumann, Cape & Vineyard CHC Network	Lisa McNeill, Cape Cod Foundation
	Leslie Moreland, MSPCC

Unable to attend: Estella Fritzingler, BL Hathaway, Kate McHugh, Beverly Costa-Ciavola, Beth Albert, Ronnie Gullette, Katie McMakin, Jenny Garneau, Chris Knowles

1. Welcome and Introductions:

Introductions to the group were made by individuals. Steve Brown facilitated the meeting. Rachel Nicholas was appointed as the timekeeper. Steve began by reviewing the purpose of the CHNA 27.

2. Approve Minutes from September CHNA Meeting:

Motion to accept September minutes was made by **Kim Collins**, seconded by **Maryanne Worth**, voted unanimously to approve as written.

3. Steering Committee Report

a) **Review of S/C notes:** Notes from the 10/4 S/C meeting were distributed & briefly reviewed by Steve Brown. He once again noted that the S/C meets to discuss issues, forward recommendations to the full CHNA and set meeting agendas. The CHNA membership is presented with S/C recommendations for further discussion and vote to approve initiatives. The RFP was discussed at length with particular attention to the role of Project Manager and his/her supervisor. A Project Manager will be hired and Beverly accepted the role of supervisor to the P.M., without committing to further rounds, with specific S/C members to provide support and the RFP Committee will set clear policies and procedures for her. Qualifications for the P.M. position were discussed as well as details on posting the ad. The S/C accepted Chris Knowles resignation from the S/C and Beverly will take steps to have the Martha's Vineyard Health Services/Mini CHNA recruit a new representative from Martha's Vineyard. Beverly will contact the M.V. Mini-CHNA group.

b) **Fiscal Report:** Financial Report was distributed. Steve noted that \$80,200 was received from CCHC. Lisa McNeill pointed out that an adjustment was made to the 100/100/100 mini-grant expended funds and now reflects accurate \$\$ amount spent. The current balance of the CHNA 27 funds is \$132,357.05. As Estella Fritzingler, Treasurer for the CHNA, was not present no vote was taken to approve the fiscal report. Approval deferred to November meeting.

4. CHNA Collaborations

a) **Suicide Prevention Coalition:** Maura Wilson reported that there have been several recent suicide completions in the Falmouth area. The Coalition has collaborated to hold a Community Forum on Monday, October 18th, 6 – 7:30 PM at the Falmouth Public Library to discuss Coping with Depression & Suicide: The Role of the

Community. Several clinicians will be in attendance as well as members of the Post Traumatic Stress Management Team. The PTSM team met with the Falmouth Police to offer support in light of recent events. Information re: completions does not always surface, however, Maura noted that survivors who have lost a loved one are attending Support Groups and are sharing information. Attendance and inquiries RE: Support Groups is steadily increasing. The CISPC calendar of events was distributed and events briefly discussed.

b) Youth Suicide Prevention Project: Schools continue to request screening of students for depression and at-risk behaviors as well as trainings. Through these screenings, kids at risk are now coming to the attention of school personnel and parent involvement and follow-through on addressing issues has increased.

c) HHSAC: Steve Brown, Coordinator of the Healthy Connected Cape Cod Initiative did a presentation on the 3-year project which promotes opportunities to access good nutritious food and to share the abundance of this food with neighbors and friends. The project also supports existing programs and practices that encourage happy & healthy eating. Each month the project will honor a program that supports these goals. In September, Cove Club was recognized for their monthly client employment dinners which bring together former clients recovering from mental illness to share their successes and share a meal. A resource directory of healthy food-centered activities can be found on the Dept. of Human Services website at www.bchumanservices.net.

Mark Zielinski, Barnstable County administrator also presented on the Dental Discount Plan pilot program recently rolled out by the County in partnership with the National Association of Counties. This plan offers 5 – 50% discounts on most dental procedures to it's' members. There are currently 38 participating dental offices on the Cape that participate in the program and efforts are being made to expand this group. For more information on the program and to find a provider go to www.nacodentalprogram.com.

d) Mass 2-1-1: Ronnie Gullette was not in attendance to report on the status of this project. Steve Brown did report that he had recently used the Mass 2-1-1 website to create a directory of resources. It was noted that there are a few "glitches" with the system and Ronnie is working with the United Way on correcting any issues.

5. Discussion: Led by Katherine Wernier & Steve Brown: *"Why are you here?", "What are you looking to get out of these meetings?", "Who's missing"*

It was noted that all CHNA structures are different. The purpose of this exercise is to define CHNA 27 and get ideas as CHNA 27 moves forward. Those in attendance were asked to break into 3-person groups for 15 minutes, to address the three questions, gather ideas and report back to the larger group.

Break

Discussion:

Why are you here?:

- Mission of CHNA 27 referenced.
- Open lines of communication & connect ideas
- Intuition: Cape & Islands coming together
- Face to Face interactions – build relationships, foster increased communication, share info, what we do, leading to better advocacy and collaboration

These are the "Foundation"

Suggestions: ~ Spotlight a different agency/group at monthly meetings (noted: this was done in the past – consider bringing it back)

~ Break into 3-people groups for 10 minute interactive discussion

~ Who serves which populations? – Short (1/3 pg) synopsis from each member re: focus/mission of their agency, contact info. (noted by KC: this has been done and is included in the CHNA directory available at meetings on the resource table - updates on-going.) There is also a pamphlet rack available to display agency materials.

~ More time during meeting for announcements

What/who are we missing?

- Parent-Teacher Organizations and other community members

- Chambers of Commerce
- Schools
- Town Health Departments
- First Responders

Suggestions: ~ Invite them to present
 ~ C&I Health Wellness Fair

What are you looking to get out of these meetings?

Discussion: Bureaucracy gets in our way

- Suggestions:** ~ Move to a physical & organization structure that promotes our goals
- This room as currently configured and its location is not inviting i.e. configuration inhibits communication, not inviting. Look for new locations to hold meetings
 - Rotating regional meetings
 - Develop tag line
 - Shorten time for "reports"
 - Resource directory of members (noted by KC – we have on resource table)
 - New member welcome packets
 - Name tags & self-identifying when speaking
 - 2-hour block – what is the rationale – move to 1 ½ block w/ ½ hr networking
- ~ Diversity i.e. Lack of!!
- Consumers
 - People with disabilities
 - Marketing
- ~ We need to get to know who we are and what we do
 ~ Retreats/potluck dinners to build relationships (used to have)
 ~ Send draft minutes to everyone ASAP after meetings
 ~ One time, one hour meeting to list some specific changes and how to implement

Note: Katherine Wernier developed a chart to incorporate these ideas and she will send it to you. She also has some recommendations which will be discussed at the S/C meeting and included in those notes.

6. Announcements/Emerging Issues: Due to time constraints general announcements were not done.

- Maryanne Worth did bring Question 3 on the ballot to the attention of those in attendance. She noted that if the state sales tax was lowered to the proposed 3%, funding to many important state & local programs would be cut and this would be devastating to the many Cape & Islands agencies and programs that rely on State funding. She encouraged members to look more carefully at the referendum being proposed.

6. **Adjournment:** Meeting adjourned at 11:10 AM

Next Meeting: NEW DATE & TIME (to accommodate Veteran's Day holiday)
Thursday, November 4, 2010, 9-11 AM
Community Action Committee of C&I, 115 Enterprise Rd., Hyannis