



## CAPE COD & ISLANDS COMMUNITY HEALTH NETWORK AREA ~ CHNA 27

**Minutes for Thursday, November 12, 2009 9:00-11:00 am**  
**Rooms 11/12, Barnstable Superior Courthouse**  
**Convener – Estella Fritzinger**

**Present :**

Estella Fritzinger, Community Action Committee of C&I	Tim Lineaweaver, Community Health Center of C.C.
Beverly Costa-Ciavola, CC Neighborhood Support Coalition	Rachel Nicholas, Cape Cod Center for Women
Kathie Callahan, BC Human Services	Ronnie Gullette, MS Society, SHINE, Mass 211
Belinda Centeio, BMC HealthNet Plan	Kathleen Seymour, Mass 211 – BC Human Services
Warren Smith, BC Human Services	Rick Brigham, Noah Center, Housing Assistance Corp
Lisa McNeill, Cape Cod Foundation	Valerie Pereira Brown, Cape Cod WIC
Steve Brown, UMass Donahue Institute	Rose DiGregorio, Barnstable Senior Center
Christopher Knowles, M. Vineyard Hospital	Maura Wilson, Samaritans
Jessica Cisternelli, Hyannis Family Planning	Scott Fitzmaurice, CIGSYA
Katherine Wernier, REACH Collaborative	Kristin Carboni, Community Coalition of Cape Cod
Jacqui Beebe, Dennis Council on Aging	Katie Mueller, Cape Cod Foundation
Jenny Garneau, DMH – Nantucket	Deborah Fraumann, Cape & Vineyard CHC Network
Maria Chesky, Barnstable Housing Authority	Maura Weir, Youth Suicide Project
Sana Fadel, Rosie's Place	Carol Summersall, Falmouth Hospital, CCHC
Marsie Whitehouse, South Bay Mental Health Day Svcs.	Sandy Vickery, Bourne Council on Aging

Unable to attend: Claire Goyer, Jackie Fields

**1. Welcome and Introductions:**

Introductions to the group were made by individuals. Kathie Callahan noted that if a membership form had not been previously submitted please do so and return to her for inclusion in the CHNA membership directory. Estella appointed Beverly Costa-Ciavola as timekeeper. She also reviewed the purpose of the CHNA 27. Carol Summersall reported that Diane Munsell, has been appointed by Cape Cod Healthcare as Senior Manager, Community Benefits and Clinical Outreach and she will be replacing Carol on the Steering Committee.

**2. Approve Minutes from October CHNA Meeting:** Motion to accept October minutes was made by **Christopher Knowles**, seconded by **Maura Wilson**, voted unanimously to approve as written.

**3. Steering Committee Report**

a) Monthly S/C conference call notes distributed and briefly discussed. Agenda included: set November CHNA agenda, new financial report format and record keeping, DoN RFP process, CCHC salient health issues and community Benefits priorities, new direction of the Barnstable County HHSAC and the role of CHNA as a member of AC, working groups status. CHNA members were reminded to contact S/C members to address any ideas or concerns.

b) Fiscal Report – Estella Fritzinger: Estella distributed the monthly fiscal report with explanation of the new format. She noted that report will now only be distributed if there is activity during the month. Fiscal year will be July 1 – June 30. No funds have been spent since last report. Working group stipends have not yet been dispersed. Time frame for disbursement to be discussed during working group agenda item. Suggestion that working groups lose stipend if not used during fiscal year. Discussion: \$2400 expense item for Suicide Prevention Community Activities. **Chris Knowles** motioned, seconded by **Beverly Costa-**

**Ciavola**, unanimously approved to remove this from the CHNA fiscal report and include in the Suicide Prevention Coalition fiscal reporting. Chris also suggested adding previous fiscal year notation to columns. **Chris Knowles** motioned, seconded by **Rachel Nicholas** to approve fiscal report, unanimously approved.

#### 4. Current CHNA Collaborations

**a) Suicide Prevention Coalition Update:** Tim Lineaweaver reported that the Coalition Steering Committee meets monthly in addition to monthly Coalition meetings. They are working on solidifying their governance, working group structure, marketing – defining mission, vision & tag line, and meeting structure.

**b) Youth Suicide Prevention Project:** Scott Fitzmaurice reported that the Youth Project is working on a mission statement. Maura Weir, Project Manager is wrapping up the collection of assessment tools for data collection and analysis. She will meet with DPH to discuss gaps and needs and develop a pre and post-vention plan.

**c) Health & Human Services Advisory Council:** Katherine Wernier updated the CHNA on the HHSAC activities. HHSAC works through the Barnstable County Dept. of Human Services to collaborate on important issues on Cape Cod with the objective to “inform and be informed”. CHNA members should contact Katherine or Steve Brown, CHNA reps to the HHSAC relative to information/issues they would like addressed with the HHSAC. Katherine noted that the HHSAC is looking at the data collected over the past 5 years through the Human Condition Study and is working on organizing a pilot project – *Happy & Healthy Eating* which will launch the overall new direction: A Healthy Connected Cape Cod. Beth Albert, Chair of HHSAC sent a letter to Cape Cod Healthcare regarding the school-based health center closings and received a response from CCHC which was distributed.

**d) Mass 2-1-1:** Ronnie Gullette and Kathleen Seymour distributed information and updated the CHNA on the status of the Mass 2-1-1 project. They have formed a Mass 2-1-1 Advisory Committee, attended numerous expos and fairs, provided information and tutorials to various agencies with more of these scheduled for November, December & January. Any agencies/organizations wishing to schedule a 2-1-1 training should contact Kathleen at [kseymour@barnstablecounty.org](mailto:kseymour@barnstablecounty.org) or Ronnie at [ronniegullette@comcast.net](mailto:ronniegullette@comcast.net). They have created a “secret shopper” form to test the effectiveness and accuracy of the data being collected on the Mass 2-1-1 resource locator database and will be enlisting the help of agencies/organizations to help with this task. They will be involved in developing a marketing strategy as well as on-going updating of the Mass 2-1-1 database.

#### 5. Breakout – working group discussions

**BREAK**

#### 6. Working Group reports

**Family Support:** Estella Fritzing reported that bags with CHNA logo containing healthy food products and nutrition & safe food handling info will be distributed to seniors toward the end of the year. Group will adopt a 5<sup>th</sup> grade class on Nantucket and distribute healthy snack foods. This will be undertaken after the holiday school break.

**Behavioral Health:** Katherine Wernier reported that Claire Goyer has resigned as chairperson and Katherine is assuming that role. BH group is making progress and clarifying details of a project geared at improving older adults and communities ability to recognize depression and to communicate with their physician about these depression warning signs. Group expects in the coming months to access stipend.

**100/100/100:** Ronnie Gullette reported group was planning a conference for 3/19/10. However, they have decided to partner with Suffolk University in a health conference scheduled for April 9<sup>th</sup> called "Health Speak" and will provide 1-3 speakers for the conference. Maria Chesky and Ronnie will be representatives on the Suffolk University planning committee for the conference. Others are invited to contact Jane Secci at Cape Cod Community College's Suffolk University office if they wish to participate.

### **7. Presentation: Sana Fadel - Strengthening Families Campaign**

Sana works at Rosie's Place, a Boston-based sanctuary for homeless women. She distributed informational materials for the Strengthening Families Involved with DCF Campaign. The Mass Dept. of Children & Families is moving towards a stronger commitment to working with and strengthening birth families to better care for their children. She noted that numerous studies have documented the effectiveness as well as better safety and wellness outcomes for children whose families receive services while the children remain at home. Despite this philosophical commitment the state's spending on out-of-home placement is seven times the spending on family preservation and reunification services. Campaign goals include: 1) significantly increasing the funding for family preservation and reunification in the FY2010 State budget and to restore funding that received 9C cuts in FY09, 2) Enhance & expand family services using models with proven efficacy, 3) Better connect families to services in the community, 4) decrease disproportionality and disparities in treatment and outcomes for families of color. To join in this campaign contact Sana Fadel at Rosie's Place, 889 Harrison Ave, Boston, MA 02118, by phone at 617/318-0201 or by email at [sfadel@rosiesplace.org](mailto:sfadel@rosiesplace.org).

Estella Fritzingler recommended that further discussion around endorsing this campaign be put on the December agenda.

### **8. New Business**

None at this time

### **9. Upcoming Events/Announcements**

- ◆ Lisa McNeil/Katie Mueller – AmeriCorps Vista: Cape Cod Foundation is building infrastructure with volunteer database and volunteer opportunities.
- ◆ Beverly Costa-Ciavola: Kerry Bickford is Vice Chair of the Governor's Commission for Grandparents parenting Grandchildren. Will be holding forums/listening tours on the Cape: 11/17 @ 6 PM @ Forestdale Elementary, 12/3 in Eastham at Cape Cod Children's Place, in January on the mid-Cape – location TBD and in Feb/March on the Islands. Sandy Vickery noted that monthly meetings for grandparents are held at the Bourne Council on Aging.
- ◆ Maura Weir: November 21<sup>st</sup> - 11<sup>th</sup> Annual National Survivors of Suicide Day @ MSPCC, 206 Breed's Hill Rd. in Hyannis from 11:30 – 3:30 PM, a day of healing for bereavement after suicide loss. Jointly sponsored by The Samaritans, Youth Suicide Prevention Project and the MSPCC. For more information contact Maura @ Cape & Islands Samaritans at 508/548-7999.

### **10. ADJOURNMENT at 11:00.**

**Next Meeting: Thursday, December 10, 2009 from 9-11 AM in Rooms 11/12 at the Barnstable Superior Courthouse**