



## CAPE COD & ISLANDS COMMUNITY HEALTH NETWORK AREA ~ CHNA 27

**Minutes for Thursday, November 4, 2010 9:00-11:00 am**  
**Community Action Committee of Cape & Islands**  
**Facilitator – Beverly Costa-Ciavola**

**Present :** *(Steering Committee – Bold)*

<b>Steve Brown, UMass Donahue Institute</b>	Kathie Callahan, BC Dept. of Human Services
<b>Beverly Costa-Ciavola – C.C. Neighborhood Support Coalition</b>	Antoinette Day, SHINE, MIPPA
<b>Kim Collins, Elder Services of Cape Cod &amp; Islands</b>	Valerie Pereira Brown, Cape Cod WIC
<b>Maryanne Worth, Nantucket Human Services</b>	Maura Wilson, The Samaritans of Cape Cod
<b>Diane Munsell, Cape Cod Healthcare</b>	Leslie Moreland, MSPCC
<b>Beth Albert, BC Department of Human Services</b>	Marlene Spengler, Caregiver Homes
<b>Jenny Garneau, DMH - Nantucket</b>	Christine Stein, BC Dept. of Human Services
<b>Estella Fritzing, Community Action Committee of C&amp;I</b>	Deepani Jinadasa, SCHC – Health Imperatives
Rebecca Wolfson, AmeriCorps Cape Cod	Rick Brigham, Housing Assistance Corp

Unable to attend: Elizabeth Smith, Ronnie Gullette, Sheila Bestick, Heidi Nelson

### 1. Welcome and Introductions:

Introductions to the group were made by individuals. Beverly Costa-Ciavola facilitated the meeting.

### 2. Approve Minutes from October CHNA Meeting:

Motion to accept October minutes was made by **Maryanne Worth**, seconded by **Kim Collins**, voted unanimously to approve as written.

### 3. Steering Committee Report

a) **Review of S/C notes:** Notes from the 10/19 S/C meeting were distributed & briefly reviewed by Steve Brown. He once again noted that the S/C meets to discuss issues, forward recommendations to the full CHNA and set meeting agendas.

b) **Fiscal Report:** Estella Fritzing distributed A) Draft FY2011 CHNA budget (7/1/10 – 6/30/11), B) FY 2011 report ending 9/30/10 and FY 2011 report ending 10/30/10. FY11 ending 9/30: Income: \$80,200 received from Cape Cod Healthcare, \$712.00 in Conference Expenses/Travel with an ending balance of \$132,357.05. FY11 ending 10/30 – no activity with an ending balance of \$132,357.05. **Beth Albert** motioned, seconded by **Maura Wilson** to approve Fiscal report ending 9/30/10 – unanimously approved. **Beth Albert** motioned, seconded by **Dianne Munsell** to approve Fiscal report ending 10/30/10 – unanimously approved.

### 4. CHNA Collaborations

a) **Suicide Prevention Coalition – Beth Albert:** October has been a very busy month. There were 5 recent suicide completions in Falmouth making a total of nine since January 2010. The PTSM team, coordinated to respond to crisis situations, has been working with the media re: reporting guidelines and media response. They have also met with Falmouth Asst. Town Manager, Heather Harper to draft a letter for community distribution. A Community Forum was held and QPR trainings are also scheduled. Team is helping to coordinate a response targeting middle-aged men as this is the age demographic of the highest concern.

November 20 – National Survivors of Suicide Day. Programs scheduled for 12 Noon at MSPCC, 206 Breeds Hill Rd., Hyannis to include candle lighting ceremony and national broadcast of a 90 minute live program at 1:00 PM on surviving suicide loss, followed by discussion. Pre-registration required. Contact Maura Weir at 508/759-7971 or mweir@chcofcapecod.org. There will also be a Youth Walk starting on CIGSYA from 5 – 6:30 PM.

b) **Youth Suicide Prevention Project:** Working with several high schools on S.O.S. screenings (Signs of Suicide). Two QPR trainings scheduled for November 18<sup>th</sup> in Falmouth - Falmouth Service Center and the Falmouth Library and coordinating training for school staff also. QPR training also scheduled for November 3<sup>rd</sup> at the Hyannis

Youth & Community Center. Stephanie Heaney, Senior and National Honor Society member at Cape Cod Tech is coordinating a Spaghetti Supper for Saving Lives on Saturday, November 13<sup>th</sup> at St. David's Episcopal Church in S. Yarmouth from 5 – 8:00 PM. Tickets are \$8.00.

c) **HHSAC – Steve Brown:** Healthy Connected Cape Cod Project presented the Calvary Baptist Church's Nutrition Mission with certificate of recognition for their commitment to a culture that promotes and celebrates opportunities to access good, nutritious food on Cape Cod and to share the abundance of this food with neighbors and friends. Paul Ruchinskis from the Cape Cod Commission also reviewed study on impact of Affordable Housing (40B) and Ballot Question #2. He noted that the County Commissioners have taken a position to vote NO against repealing the (40B) law. Presentation from Merrill Blum of the Veterans Outreach Center located in Hyannis. The center provides individual and group support for veterans and their families for all 15 Cape towns and the Islands. This is the only Center specifically serving the needs on Cape Cod & the Islands. Of note was the increasing number of women being deployed for combat and in need of services.

d) **Mass 2-1-1:** Ronnie Gulette was not in attendance to report on the status of this project. Beth Albert reported that there is continued community outreach and provision of technical assistance to navigate the Mass 2-1-1 system. Ronnie will meet with the United Way to discuss the status of Cape Cod information on Mass 2-1-1 and also resolving issues with the system. Beth noted that Cape Cod is the leader in Massachusetts for populating the 2-1-1 database with resources on the Cape. Two other regions in the state are coming on board with this process. Contact Ronnie with any issues or good experiences you may have with this system and also to schedule staff trainings in its use or for technical assistance navigating Mass 2-1-1.

5. **CHNA Grant Manager – Beverly Costa Ciavola:** Interviews are underway to hire a grant manager for the CHNA with some of the DoN funds. Interview Committee of Beverly, Diane Munsell and Katherine Wernier interviewed some great candidates and are hoping to have G.M. in place for December 1<sup>st</sup>. RFP Committee of Beth Albert, Diane Munsell, Katherine Wernier and Steve Brown have developed RFP and will bring to CHNA for approval with scheduled broad distribution of RFP in mid December.
6. **Presentation & Discussion on last month's meeting:** Katherine Wernier was not in attendance and thus Steve Brown led the discussion. Matrix of October 14<sup>th</sup> discussion distributed – *CHNA 27 Moving Forward into 2011*. The purpose of this exercise was to define what CHNA 27 is and what we envision it to be moving forward. Those in attendance were asked to break into 3-person groups for 15 minutes, to address the challenge, gather ideas, and integrate them into a full membership discussion. In response to the basic question "Why We Come to CHNA", responses aligned with the purpose of the CHNA: Advocacy, Information Sharing & Networking.

In response to the question "How can CHNA meetings advance opportunities to meet member expectations and its basis purpose? suggestions included: A) *Outreach & Membership:* new member welcome packets, name tags & self identify when speaking, resource directory systematic updates, market CHNA to add membership; B) *Organizational Structure:* utilize small group sessions, retreats, shorten report time allowances, lengthen time for updates to promote networking & provide collaboration opportunities, member spotlight at monthly meetings, educational sessions; C) *Physical Structure:* make physical structure more inviting, consider regional or alternate sites, consider shortening length of meeting. Value of engaging new constituents to attend CHNA meetings is the wealth of knowledge they would bring to the table and expanded collaborations. It was noted that to be eligible for DPH funding entities need to be CHNA members.

## Break

7. **AmeriCorps Presentation: MLK Day Project – Rebecca Wolfson, AmeriCorps:** Martin Luther King Day will be celebrated on January 17, 2011. AmeriCorps Cape Cod is seeking service project ideas for this Day of Service. The goal of the project is to engage citizen volunteers to meet a community need along with AmeriCorps volunteers. The project must be completed on January 17<sup>th</sup>. A small grant with matching funding from Barnstable County is available to support supplies for any projects. The proposal deadline has been extended until November 9, 2010. Brainstorming of those in attendance produced the following ideas:
- Operation Military Kids (contact Kerry Bickford, Cooperative Extension)

- Projects for Elders through the Councils on Aging i.e. small carpentry projects, weatherization, ramps etc.
  - Memory Quilt for suicide survivors who have lost a loved one – Suicide Prevention Coalition. This project could engage COA's, elders, youth, & men. Include food & socialization.
  - Community garden – though the weather may not be conducive for this.
8. **Agenda items – December meeting:** Guest speakers, topics for small group conversations, agenda items
- Antoinette Day SHINE (Serving the Health Information Needs of the Elderly) – Medicare
  - Include Topics and Presentation info in meeting notice
9. **Announcements/Emerging Issues:**
- Living with Cancer series, Cape Cod HealthCare – November 9<sup>th</sup>, 2 – 3:00 pm, Lorusso Board Room at Cape Cod Hospital – *Communicating with Loved Ones About Cancer*
  - Healthy Connected Cape Cod project – C3 TV shows: nutritional food, socialization, related programs
  - Caregiver Homes, in recognition of National Alzheimer's Awareness Month will present workshop: Four Keys to Successful Alzheimer's Care on December 2<sup>nd</sup>, 4 – 6:30 PM @ the Dennis Police Community Room, South Dennis
  - Chicken Soup & Caregivers, Barnstable Senior Center – Week of November 8<sup>th</sup>.
  - Barnstable Senior Center, November 9<sup>th</sup>, Consumer Protection workshop
  - Kim Collins: Elder Services is developing a program for Long-term planning options for elders
  - Deepani Jinadasa, SE Center for Healthy Communities: November 15, 9:30 – 11:30 AM at Health Imperatives – Recruiting & Retaining Volunteers
  - Beverly Costa-Ciavola: Grandparents raising Grandchildren Task Force formed. For more info contact Beverly at Cape Cod Neighborhood Support Coalition.
10. **Adjournment:** Meeting adjourned at 11:00 AM

**Next Meeting: December 9, 2010, 9 – 11: AM**  
**Rms 11/12 @ the Barnstable County Superior Courthouse**