



## CAPE COD & ISLANDS COMMUNITY HEALTH NETWORK AREA ~ CHNA 27

**Minutes for Thursday, December 9, 2010 9:00-11:00 am**  
**Rms 11/12 @ Barnstable Superior Courthouse**  
**Facilitator – Estella Fritzing**

**Present :** *(Steering Committee – Bold)*

<b>Estella Fritzing, Community Action Committee of C&amp;I</b>	Kathie Callahan, BC Dept. of Human Services
<b>Kim Collins, Elder Services of Cape Cod &amp; Islands</b>	Antoinette Day, SHINE, MIPPA
<b>Maryanne Worth, Nantucket Human Services</b>	Valerie Pereira Brown, Cape Cod WIC
<b>Diane Munsell, Cape Cod Healthcare</b>	Maura Wilson, The Samaritans of Cape Cod
<b>Steve Brown, UMass Donahue Institute</b>	Deepani Jinadasa, SCHC – Health Imperatives
<b>Jenny Garneau, DMH - Nantucket</b>	Marlene Spengler, Caregiver Homes
Mandi Speakman, Bourne Council on Aging	Lauren Titus, Independence House
Deidre Arvidson, Barnstable County Public Health Nurse	Kelly Hicks, Cape Cod Healthy Families/Health Imperatives
Ann Beckert,, Family Continuity	Katie McMakin, South Bay Mental Health
Liz Smith, Orleans Council on Aging	Ronnie Gulette, Mass 211, SHINE, MS Society
Sonja Brewer, Director, SHINE	Sheila Bestick, Girl Scouts of Eastern Mass
Deb Fraumann, Community Health Center Network	Rachel Nicholas, Cape Cod Center for Women

Unable to attend: Chris Knowles, BL Hathaway, Beverly Costa-Ciavola, Beth Albert

### 1. Welcome and Introductions:

Introductions to the group were made by individuals. Estella Fritzing facilitated the meeting. Estella reviewed the purpose of CHNA 27.

### 2. Approve Minutes from November CHNA Meeting:

Motion to accept October minutes was made by **Kim Collins**, seconded by **Maura Wilson**, voted unanimously to approve with the following correction: Add Katherine Wernier to RFP Committee.

**3. Fiscal Report – Estella Fritzing:** Cape Cod Foundation, fiscal agent for CHNA has changed its reporting format. Reports are now broken down by individual subordinate funds. The Inter-CHNA fund of \$2,500 is escrowed per DoN regulations. Behavioral Health mini-grant fund balance is \$583.55. The Family Support mini-grant fund balance is \$4,436.92 which is appropriated for the Nantucket schools project and will be used by the end of FY11. After reviewing each fund activity and balance **Estella** motioned, seconded by **Marleen Spengler**, voted unanimously, to distribute only CHNA general fund report monthly and all other individual sub fund reports on a quarterly basis. **Maryanne Worth** motioned, seconded by **Liz Smith**, voted unanimously, to move the \$15.43 balance of the 100/100/100 mini-grant fund back into the general CHNA fund.

### 4. CHNA Collaborations

a) **Suicide Prevention Coalition – Jenny Garneau:** The CISPC meets at 11:15 AM monthly directly following the CHNA meetings. QPR & Connect trainings are continuing with several more scheduled for the upcoming months. Additional focus and work plan in place due to recent increased suicide activity in Falmouth (total of 10 in 2010). Marketing committee is working on radio spots focusing on accessing mental health care and to encourage help seeking behaviors. Broad distribution of 9,000 CISPC brochures to 279 groups including schools, post offices, fire & police depts., hospitals, health centers, COA's, libraries and town halls undertaken by the Dept. of Human Services. It was suggested that mailing directed at school nurses be included in the next round of brochure mailing.

b) **Youth Suicide Prevention Project – No report:**

c) **HHSAC – Steve Brown:** For those new to CHNA meetings Steve briefly reviewed what the Health & Human Services Advisory Council is, why it was created by County ordinance and when it meets (4<sup>th</sup> Thursday of each month, 9 – 10:30 AM at the Hyannis Transportation Center). Report on December 2<sup>nd</sup> meeting:

- o Healthy Connected Cape Cod project collaborated with the Hunger Network, Stop & Shop and CapeAbilities on a pilot project to post healthy food donation tags throughout the Stop & Shop in Falmouth with a special Food Pantry donation bin at the front of the store. Donations increased 3-4 times previous donations. Thus, the project is being rolled out to 15 other Stop & Shops on the Cape. CapeAbilities and Stop & Shop were presented with recognition certificates for their commitment to this project.
- o Presentation from Estella Fritzing of the Cape & Islands Regional Network to End Homelessness: State funding for homeless prevention has been totally eliminated in the FY11 State budget. Efforts by the Regional Network with Cape legislators to re-allocated funds already in the budget has not produced positive outcomes thus far. Regional Network is looking at other possible prevention funding sources at this time.
- o Estella also reported on LIHEAP (Low Income Heating Emergency Assistance Program). While currently budgeted for 47% cut from last years benefit level there is a continuing resolution for the federal budget to fully fund LIHEAP at last years level.
- o Presentation by Liz Smith on C.O.A.S.T. (Councils on Aging Serving Together) and the great programs the Councils on Aging collaborate on.
- o Presentation from Kathleen Clarke, professor at 4 C's of the Human Services Certificate Program. Students are prepared for entry level positions in a variety of work settings in a human service agency. The Program is looking for 10 hr per semester unpaid student internships at human service agencies on the Cape.
- o Human Rights Commission Nomination Subcommittee recommended Ingrid Muzy Murray to a 3 year term to fill the vacancy on the HRC commencing January 1, 2011. They also recommended Paul Houlihan for re-appointment for a 3-year term.
- o Presentation by Beth Albert on County Budget schedule. An HHSAC ad hoc committee was formed to look at priority needs and bring recommendations to the County Commissioners and the Assembly of Delegates. NOTE: Barnstable County has recently created a \$2,000 fund to help with co-pays to access mental health care.

d) **Mass 2-1-1 – Ronnie Gullette:** There has been a 205% increase in 2-1-1 calls in the Cape Region since this project was undertaken. Calls mainly focus on locating assistance with rent, food stamps, and food pantry information. A second round of Mass 2-1-1 brochure mailings is scheduled for January to schools, town disability commissions & human services departments, health centers and hospitals. Mass 2-1-1 continues to work on upgrading their website and working out the "kinks" with the system. Beth Albert will appear on Provincetown cable TV to discuss Mass 2-1-1.

**5. Small Group Conversation & Report Back "What does networking mean to you?":** After 15 minute small group discussions it was reported that networking promotes: collaborations, learning about other agencies and their work, gathering information, bringing issues to light, learning how to connect with other agencies/groups, getting "real" info, opportunities to learn & educate others, appointment making to meet and collaborate, opportunities for "take-aways" and positive outcomes, and connecting as "people", not just agencies.

**Break**

**6. Presentation: SHINE (Serving the Health Information Needs of the Elderly) – Medicare – Sonja Brewer:** Sonja gave a brief history of SHINE: It began as a pilot project in the 1980's and is now funded with federal dollars. SHINE on Cape Cod is comprised of only a few paid staff personnel and mostly volunteers (44 certified counselors on the Cape). Counselors undergo extensive training including a 2 hr per month refresher training and they are retested yearly on their knowledge of this information. There are 14 regions in the State who have SHINE counselors. Informational Medicare Overview packet distributed and briefly discussed. Medicare open enrollment period ends December 31,

2010 SHINE counselors provide counseling to Medicare beneficiaries and disabled adults on the complicated packages offered as well as education on SRS benefits. Counselors have saved beneficiaries on average \$1,000 per person per year by helping them select the appropriate Medicare packages for their needs. Many of the individuals they counsel are low-income and so this savings is tremendous. Information referral and counseling first point of contact is any senior center/COA on the Cape.

**7. Announcements/Events/updates:**

- Diane Munsell: Cape Cod Hospital has a Patient and Family Advisory Council which meets monthly to discuss access to care, customer service, missing services, and improving processes in the hospital system.
- Compliments on the Dept. of Human Services website content as well as the great informational source of the DHS Newsletter.
- Diane Munsell: CHNA RFP committee is planning on releasing the announcement of the RFP for DoN funds in January. These funds will be used for elders and/or disabled person initiatives. There will be a 30 day turn-around for application responses.
- Sonja Brewer: SHINE is working on compiling a dental resource directory. She was referred to BL Hathaway of TriCCOHE who should have resource directories already.

**8. Agenda item suggestions for January 2011:** Grant update, repeat small group "Networking" discussion, guest speaker: Deepani Jinadasa, Healthy Imperatives (Southeast Center for Healthy Communities)

**9. Adjournment:** Meeting adjourned at 10:45 AM

**Next Meeting: January 13, 2011, 9 – 11: AM**  
**Rms 11/12 @ the Barnstable County Superior Courthouse**