

# CAPE COD & ISLANDS COMMUNITY HEALTH NETWORK ~ CHNA 27

**Minutes for Thursday, February 12, 2009 9:00-11:00 am**  
**Rooms 11/12, Barnstable Superior Courthouse**  
**Convener – Christopher Knowles**

**Present :**

Christopher Knowles, M. Vineyard Hospital	Beverly Costa-Ciavola, Independence House
Beth Albert, BC Human Services	Rose DiGregorio, Barnstable Council on Aging
Kathie Callahan, BC Human Services	Sue Rohrbach, Senator Rob O’Leary’s Office
Estella Fritzing, CACCI	Melissa Jean-Charles, SE Center for Healthy Communities
Maura Wilson, Samaritans	Warren Smith, BC Human Services
Liz Smith, Orleans Council on Aging	Tim Lineaweaver, Community Health Center of C.C.
Steve Brown, UMass Donahue Institute	Maryanne Worth, Nantucket Human Services
Carol Summersall, Falmouth Hospital/CCHC	Josie Bouvier, Elder Services of Cape Cod & Islands
Jennifer Sheehan, CC Neighborhood Support Coalition	Katherine Wernier, REACH
Jenny Garneau, Dept. of Mental Health	Claire Goyer, Duffy Health Center
Jocelyn Andrade, BMC HealthNet Plan	Sandy Vickery, Bourne Council on Aging
Ellen Ford, Chatham Council on Aging	Mandi Speakman, Bridging the Years, Support Adult D.C.
Maria Chesky, Barnstable Housing Authority	

Unable to attend: Pat Fecher

**1. Welcome and Introductions:**

Chris Knowles, convener, appointed himself timekeeper. Introductions to the group were made by individuals.

**2. Approve Minutes from January CHNA Meeting:** Motion to accept January minutes as written was made by Beverly Costa-Ciavola, seconded by Mandi Speakman, voted unanimously to approve.

**3. Steering Committee Report**

a) Reviewed S/C Conference call minutes from 1/27/09. Note: change made by S/C to Working Group Stipend Proposal time frame as discussed at 1/08/09 meeting as follows: Deadline for proposal submittal was February 12<sup>th</sup>. Change to: *begin to receive proposals in February, to remain open until April.* Revisions to RFP completed. Bev will email stipend proposal form to Kathie who will forward to working groups. When completed working groups should mail RFP to CHNA, PO Box 974, Barnstable, MA 02630 or email to chna27@gmail.com

b) Financial Reports: In Estella’s absence at this time, Beverly Costa-Ciavola reported that there was no activity other than the 4% administrative fee from the Cape Cod Foundation.

c) Other: Chris Knowles commended the attendance record at the CHNA meetings and noted he was impressed with the dedication of the members.

**4. Working Group Breakout**

**Break/Networking**

**5. CHNA Working Group Stipend Status and Form**

Chris noted that the RFP form will be distributed shortly as noted above. It is an uncomplicated, straight-forward format and should be returned to the S/C for review.

## **6. Current CHNA Activities Reports**

### **a) Suicide Prevention Collaborative Update**

Tim Lineaweaver reported that the Suicide Prevention Coalition will be meeting today and for the next several months directly after the scheduled CHNA meetings. All are welcome. Through the CHNA the Coalition was awarded a \$9,000 capacity building grant. Tim thanked Beth Albert "and company" who worked so diligently to complete and submit the Mass Suicide Prevention Coalition RFP for a 3 yr, \$100,000/yr SAMSHA grant through DPH to focus on youth suicide prevention. The Suicide Prevention Coalition focuses on issues across the life span, however, the above-mentioned grant will target "youth" issues. The Coalition will meet today to discuss the next steps in growing the Coalition membership and also structure and organization of the Coalition.

### **b) HHSAC**

Beverly Costa Ciavola (rep for CHNA) & Beth Albert, Chair of the HHSAC - reported on HHSAC activities. Coalitions/Agencies have been giving presentations on their organizations, the work they are doing and what they see as gaps in service. The HRC Nominating sub-committee interviewed candidates and made recommendations to the Commissioners for 3 January vacancies as a result of term completions. Nominees met with the Commissioners and were unanimously approved for appointment. The Forum and Data Presentation sub-committees are in the process of setting up informational community forums to disseminate information from the Human Condition Study and gather input from the communities on the Cape. Beth & Warren Smith did a presentation at Cape Cod Community College recently. The next forum is scheduled on February 24<sup>th</sup> to the Barnstable Human Services Committee. Beth has submitted a request to County Commissioners to amend the HHSAC ordinance in regards to new groups and terms of members. Beth also reported that each County Department was requested to submit their budget for Fiscal 2010 to include a 10% budget reduction. Budgets will be presented to the Assembly shortly.

### **c) Other**

Steve Brown noted that new funding sources are becoming available across the Cape and noted agencies should be on the alert.

## **7. Member Report w/ Q&A: Maura Wilson – Samaritans**

Maura reported that the Samaritans organization actually began in 1953 in England and has now spread to approx. 300 countries, with eight in the U.S, six of which are in New England. The Boston Center, the first in this country, was established in 1974 and the Cape & Islands branch located in Falmouth was started in 1977. The Samaritans are a non-denominational, non-profit volunteer organization whose mission is to prevent suicide. These volunteers attend several training classes followed by phone shifts with experienced volunteers, a total of about 25 hrs. Volunteers are not therapists, counselors or crisis managers. They offer anonymity and confidentiality, are non-judgmental and give no advise. Through listening and caring, Samaritans help to alleviate the painful feelings that may lead to suicide. The Cape Cod Samaritans have a crisis helpline and Maura noted an increase in calls in January 2009. They also offer outreach programs as well as community education programs about effective prevention strategies. At risk seniors are identified through the Council's on Aging and senior outreach program sponsored by the Samaritans.

## **8. New Business/Emerging Issues**

- Claire Goyer requested to be included in the March CHNA agenda to give a brief update on the OBOT project through the Duffy Health Center. (needs 15 minutes)
- Beverly encouraged agencies to sign up to do a presentation on the work of their agency/coalition during the CHNA meetings scheduled for April, May & June.

## **9. Announcements**

- Kathie Callahan: 6<sup>th</sup> Annual Youth Summit sponsored by the Barnstable County Council for Children, Youth & Families will be held on March 20<sup>th</sup> @ Cape Cod Community College in the Tilden Arts Center. For more information contact Kate O'Connell at [bcccyf@gmail.com](mailto:bcccyf@gmail.com). Save-the-Date cards distributed.
- Tim Lineaweaver: Falmouth High School Forum on 2/12 from 7 – 8:30 PM, topic is Depression and will include "True Stories" video.
- Estella Fritzingler: Public meeting with the Lt. Governor scheduled for February 27<sup>th</sup> @ 3:00 PM in the Assembly of Delegates meeting room in the District Court building. Discussion on the Regional Grant award on issues of homelessness.
- Maria Chesky: Barnstable Housing Authority, two new programs: 1) Senior congregate housing and 2) Rental Assistance Program. Contact Barnstable Housing Authority for more information.
- Beverly Costa-Ciavola: Third In-Gathering of the Cape Cod Council of Churches will be held on February 18<sup>th</sup> @ St. Pius Church on Station Ave in Yarmouth.
- Beverly: Clothesline Project is hosting a concert on March 14<sup>th</sup> at Nauset High School.
- Beverly: Cape Cod Children's Place is hosting a Fun Fair on March 21<sup>st</sup> at Nauset Middle School.
- Rose DiGregorio: 10<sup>th</sup> Annual Heart & Soul, A Celebration of Black History Month, on February 14<sup>th</sup> @ 2 PM at the Barnstable Senior Center.
- Rose: Barnstable Senior Center is conducting an on-line survey. Please visit [barnstableseniorcenter.com](http://barnstableseniorcenter.com) for more information.
- Jennifer Sheehan: Cape Cod Neighborhood Support Coalition is sponsoring a series of forums on Parenting Pre-teens: Positive Behaviors – Theirs & Yours. Dates: March 4<sup>th</sup>, 11<sup>th</sup> & 16<sup>th</sup> from 6 – 8 PM @ West Parish Church, Jenkins Hall, Rt 149 in W. Barnstable. Registration required – contact 508/771-4336 or [Jennifer@capecoalition.com](mailto:Jennifer@capecoalition.com).

## **10. ADJOURNMENT at 11:00.**

**Next Meeting: Thursday, March 12, 2009 from 9-11 AM in Rooms 11/12 at the Barnstable Superior Courthouse**