



## CAPE COD & ISLANDS COMMUNITY HEALTH NETWORK AREA ~ CHNA 27

**Minutes for Thursday, March 10, 2011 9:00-11:00 am**  
**Rms 11/12 @ the Barnstable Superior Courthouse**  
**Facilitator – Beth Albert**

**Present :** *(Steering Committee – Bold)*

<b>Steve Brown, CC Justice for Youth Collaborative</b>	Kathie Callahan, BC Dept. of Human Services
<b>Diane Munsell, Cape Cod Healthcare</b>	Deidre Arvidson, Barnstable County Public Health Nurse
<b>Jenny Garneau, DMH - Nantucket</b>	Valerie Pereira Brown, Cape Cod WIC
<b>Beverly Costa-Ciavola, CC Neighborhood Support Coalition</b>	Maura Wilson, The Samaritans of Cape Cod
<b>Katherine Wernier, REACH</b>	Christine Clements Stein, BC Dept. of Human Services
<b>Beth Albert, Barnstable County Dept. of Human Services</b>	Judy Harris, Cape Care Coalition
<b>Kim Collins, Elder Services</b>	Ronnie Gullette, Mass 211, MS Society, SHINE
Deepani Jinadasa, SCHC – Health Imperatives	Kelly Hicks, Cape Cod Healthy Families/Health Imperatives
Marleen Spengler, Caregiver Homes	Belinda Centeio, BMC HealthNet Plan
Ann Beckert, Family Continuity	Lauren Titus, Independence House
Donna Mello – AIDS Support Group of Cape Cod	Molly Perdue, Alzheimer’s Services
Jessica Cisternelli, Hyannis Family Planning	Kristin O’Malley, Cape Cod Foundation
Rachel Nicholas, Cape Cod Center for Women	Antoinette Day, SHINE
Maria Chesky, Adlife Health Care	Heidi Nelson, Duffy Health Center
Ceci Phelan-Stiles, Cape Cod Healthcare – Interpreter Services	

Unable to attend: Estella Fritzingler, Chris Knowles, Liz Smith, Ellen Ford

**1. Welcome and Introductions:**

Introductions to the group were made by individuals. Beth Albert facilitated the meeting. Beth reviewed the purpose of CHNA 27.

**2. Approve Minutes from February CHNA Meeting:**

Motion to accept February minutes was made by **Beverly Costa-Ciavola** seconded by **Kim Collins**, voted unanimously to approve. The Draft minutes of the February 22nd S/C meeting were also distributed.

**3. Fiscal Report – Beverly Costa-Ciavola:** Beverly noted there was no activity since the last report. With CCF’s new reporting format, the CHNA fiscal report is one month behind. She will work with CCF on a different reporting format to reflect more current activity.

**4. HHSAC Update – Katherine Wernier:** At the Health & Human Services Advisory Council Meeting on February 24, there was discussion re: decline in emergency emergent/urgent mental health services available in Barnstable County. Karen Gardner representing the Community Health Center Network reported that there was been some discussion on convening a Mental Health Summit to discuss these issues and access and barriers to care i.e. transportation, limited resources and insufficient providers on Cape to meet need. HHSAC voted to support efforts to convene a Summit around mental health issues. DPH will also be involved in these efforts.

**5. RFP Update – Kristin O’Malley – CCF:** Deadline for submitting proposals was February 15, 2011 by 5:00 PM. Twelve (12) applications were received. RFP proposal review committee has been assembled which includes two non-voting members of CHNA. Recommendations from the review committee will go through the Steering Committee and then be presented to the full CHNA at the April meeting.

**6. Small Group Conversation & Report Back:** Consumer stories to bring to the DPH Commissioner's Public Hearing on March 21<sup>st</sup>: What message should the CHNA bring to the DPH Commissioner. S/C members Beverly Costa-Ciavola, Beth Albert and Steve Brown vetted the many suggestions discussed at the February meeting. Consumer stories should be used that are directly impacted by DPH programs and funding and coincide with DPH priorities. It was suggested the DPH priorities be included on the monthly CHNA agenda as well. A small group will meet again to finalize the feedback and summarize in a concise statement. Members divided into smaller groups for conversation and reported back with the following suggestions and stories:

- Group 1: Chronic Health issues – substance abuse consumer story
- Group 2: Wellness/Prevention – consumer story: eligibility changes at the food pantry on the base prevent access of services. Consumer story: Youth @ Barnstable H.S. participating in Mentors & Violence Prevention project
- Group 3: Samaritans on Cape Cod & the Islands have collaborated with Nantucket to establish 3 support groups (2 on Cape and 1 on Nantucket) as well as establishing a senior outreach program on Nantucket to match a volunteer to a senior to provide support.
- Group 4: With the help of Caregiver Homes of Massachusetts' community-based care program, families are able to provide high quality, 24-hour in-home care for elders and disabled adults in need of physical care and assistance. They also make it possible for a family member or friend, to become the primary in-home caregiver and get paid a stipend - up to \$18,000.
- Group 5: Health Disparities: Nantucket is reporting that 30% of kindergarteners are of Spanish ethnicity. Need more accurate data on the people who live "year round" on the Cape & Islands. Suggested that census data needs to be gathered and flushed out to more accurately reflect individual ethnicities residing on C&I. Cape Cod Hospital gathers such information with breakdown by ethnicity.

## Break

**7. Presentation: Family Planning – Jessica Cisternelli:** Hyannis Family Planning is a program of Health Imperatives, promoting personal and public health. Services include aspects of reproductive health for both men and women which include: gynecological exams and male reproductive exams, pregnancy testing and counseling, contraceptive information, counseling and supplies, HIV testing, counseling, education and referrals, Testing, education and treatment for sexually transmitted diseases, UTI's and common GYN problems, emergency contraception (morning after pills), breast exams and education, pap smear & follow-up, screening for high blood pressure and diabetes, and referrals for other health risks and concerns. All services are provided by licensed physicians, nurse practitioners, physician assistants, nurses and professionally trained counseling staff. Multilingual staff provide services in Spanish, Portuguese and Cape Verdean Creole in some sites. Fees are based on sliding scale for those without health insurance. All state health insurances are accepted as well as private Tufts insurance. No one will be denied services because of an inability to pay. They offer outreach through education programs for schools, community groups and agencies. Health Imperatives family planning program is supported by federal (Title 10) and state (DPH) funds. Title 10 funding may be eliminated in future federal budgets. Beverly Costa-Ciavola suggested that the CHNA submit a letter of support to keep federal funding for Family Planning program.

## 8. Announcements/Events/updates:

- Diane Munsell: Cape Cod Hospital will be contracting with a professional research firm to conduct a Community Health Assessment. Pre-planning will begin in April of May. CCHC, along with the Cape Cod Healthcare Community Health Committee, will adopt an implementation strategy in collaboration with our community partners to meet the community health needs identified in the assessment.
- Maria Chesky: distributed informational brochures for the Hoarding Task Force which meets the 1<sup>st</sup> Thursday of the month @ 3:00 PM in Rms 11/12 at the Superior Courthouse. They have been working on identifying resources, referral services, and grant opportunities. New members are welcome.
- Marleen Spengler: Safe Harbor shelter's primary focus is on offering services to homeless battered women and their children. This residential program is designed to empower the lives of victims of domestic violence through case management and extensive programs.

- Molly Perdue: Spring Conference offered by Alzheimer's Services of C&I – Caregiver Toolkit for Managing Stress to be held on April 14<sup>th</sup> from 8 AM – 12 Noon at the Hyannis Youth & Community Center, 141 Bassett Lane, Hyannis. CEU's available. To register call 508/775-5656.
- Diane Munsell: Cape Cod Healthcare will present a talk on bullying for health care providers, educators and the community on, March 30<sup>th</sup> at 7:00 PM in the Knight Auditorium at Barnstable High School
- Kristin O'Malley: GALE Fund (Gay and Lesbian Equity) grant deadline 3/18/11. For more information visit [www.capecodfoundation.org](http://www.capecodfoundation.org)
- Deepani Jinadasa: The Southeast Center for Healthy Communities will sponsor Prevention Institute #3: Cultural Competency and Cultural Humility: How to Have Difficult Conversations on March 16<sup>th</sup> from 10:00 AM to 4:0 PM at Health Imperatives, 942 West Chestnut St., Brockton, MA
- Deidre Arvidson: Orleans Council on Aging is looking for volunteers to support elders with early hospital discharge needs.
- Beth Albert: Community Discussion on Suicide on March 28<sup>th</sup> from 6 – 8:00 PM at the Christian Union Church in North Truro.
- Beverly Costa-Ciavola: Clothesline Concert on March 19<sup>th</sup> at 7:00 PM at Nauset High School to benefit domestic violence programs.
- Beverly Costa-Ciavola: Grandparents Raising Grandchildren group meet the 1<sup>st</sup> Tuesday of the month at 12 Noon at the Cape Cod Neighborhood Support Coalition, 56 Barnstable Rd. in Hyannis.
- Beverly Costa-Ciavola: CHNA membership forms were distributed. If you have not filled one out please do so and return to Kathie Callahan by mail or fax to 508/362-0290.
- Samaritans on Cape Cod & Islands will have their next crisis line volunteer training in May.

9. **Agenda items/Topics for conversation suggestions for April 2011:** Maria Chesky volunteered to do presentation on the Hoarding Task Force. Marleen Spengler will do a presentation on Caregiver Homes at the April CHNA meeting. Suggestion for conversation: Filling the Gaps

10. **Adjournment:** Meeting adjourned at 10:55 AM

**Next Meeting: April 14, 2011, 9 – 11: AM**  
**Rms 11/12 @ the Barnstable County Superior Courthouse**