



# CAPE COD & ISLANDS COMMUNITY HEALTH NETWORK AREA ~ CHNA 27

**Minutes for Thursday, April 8, 2010 9:00-11:00 am**  
**Rooms 11/12, Barnstable Superior Courthouse**  
**Convener – Liz Smith**

**Present :** *(Steering Committee – Bold)*

<b>Liz Smith, Orleans COA</b>	Kathie Callahan, BC Human Services
<b>Beverly Costa-Ciavola, CC Neighborhood Support Coalition</b>	Jenny Garneau, DMH, Community Organizer - Nantucket
<b>Beth Albert, Barnstable County Dept. of Human Services</b>	Marleen Spengler, Caregiver Homes
<b>Steve Brown, UMass Donahue Institute</b>	Katie Mueller, Cape Cod Foundation
<b>Christopher Knowles, Martha's Vineyard Hospital</b>	Lisa McNeill, Cape Cod Foundation
<b>Ronnie Gulette, Mass 2-1-1, Shine, MS Society</b>	Laura Nolda, Southbay Mental Health Day Services
<b>Katherine Wernier, REACH Collaborative</b>	Kathleen Seymour, BCDHS, AmeriCorps Vista – Mass 211
<b>Estella Fritzinger, CACCI</b>	Kim Collins, Elder Services of Cape Cod & Islands
<b>Diane Munsell, Cape Cod Healthcare</b>	Tim Lineaweaver, Community Health Center of CC
Deepani Jinadasa, SE Center for Healthy Communities	Ellen Ford, Chatham Council on Aging
Maura Wilson, The Samaritans of Cape Cod	Jessica Cisternelli, Hyannis Family Planning
Claire Goyer, Duffy Health Center	Belinda Centeio, BMC Healthnet Plan
Mandi Speakman, Bridging the Years, Adult Day Program	Valerie Pereira Brown, Cape Cod WIC
Lauren Titus, Independence House	Katie McMakin – Director, South Bay Mental Health
Cathy O'Connor, Mass Dept. of Public Health	Rick Brigham, Housing Assistance Corp – Noah Shelter
Sonja Brewer, SHINE	Rose DiGregorio, Barnstable Senior Center
Maura Weir, Youth Suicide Project	

Unable to attend: Maria Chesky, Ann Beckert, Kate McHugh

### 1. Welcome and Introductions:

Introductions to the group were made by individuals. Liz Smith facilitated the meeting. Liz requested that the first 5 individuals doing introductions review one of the purposes of the CHNA 27. A time keeper was appointed.

### 2. Approve Minutes from March CHNA Meeting:

Motion to accept March minutes with the amendment that Liz Smith be added to the attendance as present at the March meeting was made by **Chris Knowles**, seconded by **Estella Fritzinger**, voted unanimously to approve with as amended.

### 3. Steering Committee Report

Beverly Costa Ciavola, on behalf of the S/C thanked Beth Albert, Director, Barnstable County Department of Human Services, for her dedication and diligence with both the CHNA and the Department of Human Services. Steve Brown noted that after 16+ years with the Dept. of Human Services as the Data Analyst, Warren Smith has resigned and retired. Steve thanked Warren for his efforts and commitment to the research he conducted and the accuracy of the statistics and trends reports he has compiled. This valuable information is used by many and Warren's dedication and skills will truly be missed. Beth Albert noted that Warren will be consulting part time for the Dept. of Human Services through June 30<sup>th</sup>. (round of applause)

a) **Review of S/C notes:** Steve Brown noted that Deepani Jinadasa sits in on monthly S/C calls representing Southeast Center for Healthy Communities. Notes from the S/C monthly telephone conference call on 3/23/10 were distributed and briefly discussed. Topics included: developing April agenda, reviewing on-going CHNA activities, reporting on the status

of the RFP system, who would facilitate April meeting, and the status of mini-grants being used by the working groups. Steve noted that every couple of months the S/C meets in person.

b) **Fiscal Report:** Estella distributed the fiscal reports for January and February and discussed. In January an installment from the PET-CT scan project was received. In February, the Cape Cod Foundation administrative fee was included. The current balance of funds available is \$57,981.29 as of March 31, 2010. The working group mini-grants are being spent down slowly and Estella recommended reviewing the working group projects status. She also suggested that the S/C put together a Fiscal Budget for FY11.

c) **Other:** Beverly noted that elections for the S/C are now held in the spring so that all elected members can attend the CHNA S/C retreat over the summer. Nominations forms will be distributed via email to the full CHNA with vote to be held at June CHNA meeting. At the 2009 S/C retreat all members were appointed to staggered 1 or 2 year terms. There will be 4 seats opening on the S/C. Current S/C members are eligible to run again and may self-nominate if they wish to run again. Beverly did remind the group to check with anyone they wish to nominate to be sure they wish to run.

## 5. Current CHNA Collaborations

a) **Suicide Prevention Coalition Update:** Beth Albert reported that the Coalition has been together for one year. A community forum was held on March 15<sup>th</sup> at the Coonamessett Inn in Falmouth and there was a great response and positive feedback. Quarterly forums will be held in different geographic areas of Cape Cod. The next community forum is planned for June 21<sup>st</sup>, location TBD. Fundraising efforts to insure sustainability of the Coalition continue. Jenny Garneau reported that the Youth working group is looking at the DPH approved action plan for the Youth Project and will work with Maura Weir to accomplish some of the objectives. Beth reported that there is an active Marketing group and is playing a media “watch dog” role to monitor and advise the media about appropriate reporting guidelines. The group is working on website concepts and also informational brochures for broad distribution. Chris Knowles noted that the Berkshires CHNA also received a Youth Project grant and is dealing with similar “rural” issues as the Cape.

b) **Youth Suicide Prevention Project:** Beverly reported that the Youth Project’s goals and objectives plan have been DPH approved and the plan will begin to be implemented. One important goal is to build capacity and look at sustainability of the project after the present funding source is depleted.

c) **Health & Human Services Advisory Council:** Katherine Wernier, CHNA rep to the HHSAC reported on the March 25<sup>th</sup> meeting. Presentations: Harris Contos reported on the Tri-County Collaborative for Oral Health Excellence work plan, goals & objectives. Beth Albert reported on the Healthy Connected Cape Cod project (see report below). Beth Albert reported on the Suicide Prevention Coalition (see report above), Maura Weir reported on the Youth Suicide Project, goals and planning (see report above). Katherine deferred to Beth to discuss the Post Traumatic Stress Management (PTSM) Team that has been coordinated to address Crisis Response on Cape Cod & Islands. Beth noted that the Team offers guidance & direction to services to individuals and families in the event of a crisis i.e. suicide completion. Beth distributed informational Crisis Response cards to those in attendance.

d) **MASS 2-1-1:** Kathleen Seymour and Ronnie Gullette reported that they are continuing to build the Mass 2-1-1 database, do outreach & trainings and distribute flyers and promotional materials to providers and consumers as well as do additional field testing of the site. Kathleen is available to provide technical assistance for any agencies wishing this. She can be contacted at the Barnstable County Dept. of Human Services. Kathleen noted that there has been a 133% increase in the number of calls to 2-1-1 and stressed the point that agencies need to update their information so that callers will be given accurate resource

information. Chris Knowles thanked Kathleen & Ronnie for the presentation/training they did on Martha's Vineyard. He noted it was very well received and that Mass 2-1-1 can be an incredible resource on the Cape. Beth noted that Kathleen will continue to work on 2-1-1 through the end of May (she is getting married in early June and moving to Florida). Ronnie's contract ends August 2010 but has the option to renew.

**5. Healthy Connected Cape Cod:** Beth Albert distributed information on the Healthy Connected Cape Cod project of the Health & Human Services Advisory Council. She noted that this is a 3 year project and a coordinator has been hired for the project – Steve Brown through UMass Donahue Institute. Several members of the HHSAC have gathered information from all regions of the Cape on programs that promote Happy & Healthy eating activities. A directory has been compiled and this will be put on the Dept. of Human Services website as well as printed directories for distribution. The vision of this project is to help Barnstable County help residents increase their knowledge of nutritionally sound healthy food, increase awareness of existing community based food and nutrition programs and increase participation in food centered social experiences. The project also hopes to increase the amount of healthy food donated and utilized by consumers at food pantries, promote a community driven advocacy and public education program around healthy and happy eating, and support promising programs and practices that contribute to happy and healthy eating. During the recent MLK day activities consumers were given “healthy food lists” outside supermarkets to guide them in their donations for food pantries. Through efforts with Cape-abilities, cards will be distributed to supermarkets and placed with products throughout the store noting “healthy food choices”. It was suggested that this can be tied in with the WIC approved tags as well. Jenny Garneau of Nantucket requested a copy of the healthy food list as well as the supermarket card template. Beth noted that the Cooperative Extension is collaborating with some efforts as well. Rose DiGregorio noted that the Barnstable COA is using a healthy foods training model and would be glad to share this with the project coordinator.

### **Working Group Break-Outs**

#### **6. Volunteer Initiative: Cape Cod Foundation – Katie Mueller:**

Katie gave the background & history of this project which started as the HOPE initiative. She noted that the mission of the project is to link people with meaningful opportunities for community engagement on Cape Cod. The volunteer initiative is guided by an Advisory Committee and is being coordinated by the Cape Cod Foundation in partnership with the Barnstable County Departments of Human Services & the Resource Development Office. Katie noted that the plan of the project is to create a central and regional access point for dissemination of information and coordination of volunteer activities. The project plans to open up several drop-in sites for volunteers in different geographic areas of the Cape. Katie has been populating a database of volunteer opportunities on the Cape and encouraged agencies to register their opportunities on the site or contact Katie for assistance. The sooner the database is amply populated the sooner they can invite the public to use it. For questions contact Katie Mueller, at Tel: 508/790-3040 or 800-947-2322 or by email at [cmueller@capecodfoundation.org](mailto:cmueller@capecodfoundation.org).

#### **7. New Business/Emerging Issues**

- Beth Albert: the Dept. of Human Services will be rolling out their new website shortly. There will be a page for CHNA activities. The website will also include an interactive calendar where agencies can post activities.

- Diane Munsell – Community Benefits: She reported that no new RFP’s were issued in this fiscal year, but after meeting with present contractors, those grants will be continued for FY10. Diane also reported that after careful review of the budget Cape Cod Healthcare will make some mini-grant funding available. She will email the applications to Kathie Callahan who will send to the full CHNA. The application will also be posted on the Cape Cod Healthcare website. Community Health Committee will have several seats opening up. CCH is currently working with this Committee to refine priorities for 2011 and will be issuing an RFP for FY2011 later this year but will not know what our budget is until some time in October.

## **8. Upcoming Events/Announcements:**

- Beverly encouraged CHNA members to nominate candidates for the 4 openings on the S/C. She noted that as part of the S/C member responsibility is to represent the CHNA at HHSAC meetings and also attend quarterly Regional CHNA meetings.
- Ronnie Gullette reminded group that Health Speak training is scheduled for April 9<sup>th</sup> at 4 C’s. CEU’s will be available. Drop-ins welcome.
- Beth Albert: NAMI is looking for speakers for its monthly meetings which occur the 4<sup>th</sup> Wednesday of each month. Contact David Munsell w/ questions at dmunsell01@comcast.net
- Cathy O’Connor, DPH: Check out Community Corner for updated DPH news & activities.
- Cathy O’Connor, DPH: Commissioner Auerbach will be doing a series of regional dialogues. Southeastern Mass is scheduled for 4/16 from 1:30 – 3:30 PM at UMass Dartmouth.
- Cathy O’Connor, DPH: 4<sup>th</sup> Annual Healthy Communities event is scheduled for June 7<sup>th</sup> in Shrewsbury.
- Sonja Brewer: SHINE will be offering a 60 hr volunteer training program beginning 4/26/10. In April all counselors will be recertified.
- Training – Racism & disparity of access to services is being offered by UMass Donahue on May 21<sup>st</sup> from 10 AM to 5 PM @ Hospice & Palliative Care.
- Beverly Costa Ciavola: Cape Cod Neighborhood Support Coalition is hosting their annual Take a Child to Heart Jazz Concert & Auction on May 23<sup>rd</sup>.
- Beverly: Forums scheduled on the Cape & Islands for grandparents raising grandchildren. Contact Beverly for more information.
- Lauren Titus – Independence House: April is sexual assault awareness month. Visit their new website for events and activities.
- Ronnie Gullette: reminded group that Health Imperatives is a useful resource for planning and implementing workshops & trainings.
- Diane Munsell: Spring Fling to support the Parkinson’s Network, May 23<sup>rd</sup> from 4 – 7:00 PM @ the Cape Codder Resort.

## **9. Adjournment:** Meeting adjourned at 11:00 AM

**Next Meeting: Thursday, May 13, 2010, 9-11 AM in Rooms 11/12  
@ the Barnstable Superior Courthouse, 3195 Main St. in Barnstable Village**