



CAPE COD & ISLANDS COMMUNITY HEALTH NETWORK AREA ~ CHNA 27

Minutes for Thursday, June 9, 2011 9:00-11:00 am
Rms 11/12 @ the Barnstable Superior Courthouse
Facilitator – Beverly Costa-Ciavola & Jenny Garneau

Present : (Steering Committee – Bold)

Steve Brown, CC Justice for Youth Collaborative	Kathie Callahan, BC Dept. of Human Services
Diane Munsell, Cape Cod Healthcare	Liz Smith, Orleans Council on Aging
Jenny Garneau, DMH - Nantucket	Stephanie Kelly, The Samaritans of Cape Cod & Islands
Beverly Costa-Ciavola, CC Neighborhood Support Coalition	Maura Wilson, The Samaritans of Cape Cod & Islands
Katherine Wernier, REACH	Holly Brown, Emerald Physicians
Kim Collins, Elder Services of Cape Cod & Islands	Sheila Bestick, Girl Scouts of Eastern Mass
Estella Fritzingler – Community Action Committee of C&I	Kelly Hicks, Cape Cod Healthy Families/Health Imperatives
Deepani Jinadasa, SCHC – Health Imperatives	Ronnie Gullette, MS Society, SHINE, Mass 2-1-1
Kristin O’Malley – Cape Cod Foundation	Molly Perdue, Alzheimer’s Services of C&I
Alice Brown, Commonwealth Solutions	Ann Beckert, Family Continuity
David Reidy, Mid-Upper Cape Community Health Center	BL Hathaway, Tri-CCOHE
Kristin Carboni, Freedom from Addiction Network	Marleen Spengler, Caregiver Homes
Rick Brigham, HAC/Noah Shelter	Denise Parker-Bridges, Community Health Center of Cape Cod
James Petcoff, Cove Clubhouse	Emily Davern, Community Health Center of Cape Cod
Jay Coburn, Senator Dan Wolf’s office	Kate McHugh, Freedom from Addiction Network

Unable to attend: Judy Harris, Katie McMakin, Mary Lees, Deidre Arvidson, Bobbi Moritz, Melissa Weidman, Maria Chesky, Beth Albert, Barbara Ann Foley, Rachel Nicholas

1. Welcome and Introductions, Appoint timekeeper:

Introductions to the group were made by individuals. Beverly Costa-Ciavola facilitated the meeting until Jenny Garneau arrived. Beverly reviewed the purpose of CHNA 27. Estella Fritzingler was appointed timekeeper.

2. Approve Minutes from May CHNA Meeting:

Motion to accept May minutes was made by **Estella Fritzingler** seconded by **Steve Brown**, voted unanimously to approve. The minutes of the May 31st S/C conference call were also distributed.

3. Fiscal Report – Estella Fritzingler: April & May Fiscal reports distributed and reviewed. One half of grant awards paid in April. May – no activity. Sheilds MRI – funds received. **Maura Wilson** motioned, seconded by **Steve Brown** to accept fiscal report, voted unanimously to approve.

4. CHNA Mini-grant Recommendations and Endorsement – Kristin O’Malley: A total of 12 grant applications were received for the Spring 2011 CHNA Mini grant RFP process. All applications were complete and were forwarded to the committee for review. The 12 complete applications totaled a requested amount of \$50,460. The review committee was composed of five individuals who were asked to score proposals individually prior to the review meeting. Committee met on June 6th to make final recommendations as a group. As outlined in the RFP, proposals were judged to the extent that they met the following criteria: innovative, and/or evidence-based practices, collaborative, have community impact, and are measurable.

The following proposals were recommended for funding, for a total amount of \$14,260:

- Nantucket Healthy Community Collaborative – recommended: \$4,960
- Samaritans on Cape Cod & the Islands – recommended: \$4,500
- Friends of Orleans Council on Aging – recommended: \$2,400
- Outer Cape Health Services, Inc. – recommended: \$2,400

Ann Beckert motioned, seconded by **Kim Collins** to endorse the recommendations of the review committee. Motion was unanimously approved with Estella Fritzing, Steve Brown & Liz Smith abstaining.

It was noted that the larger DoN grant RFP's will be released again in the Fall of 2011 and the smaller min-grants will once again be released in the Spring of 2012.

5. Small Group Conversation & Report Back – Addressing identified gaps from May meeting, specific strategies CHNA can effectively endorse or apply that move towards solutions: Based on the discussions at the May 2011 meeting break out groups these themes seemed to surface: 1) Accessing mental health services, 2) Emergent issues, 3) Access to services for non-English speaking, 4) Housing. Break out groups today will continue conversation with more focus on issues, gaps and ideas/solutions to fill some of the gaps, keeping in mind that the CHNA does not provide direct services but CHNA would like ideas or direction for projects that CHNA can endorse/achieve.

- **Accessing mental health services:** Group discussed a possible county mechanism to conduct an ongoing assessment of mental health needs in the community, services in the community, and gaps in insurance, access, geography, transportation issues, types of services. Recommended coordinated communication between providers starting with phone conversations between CHNA members to develop a strategy to collect information and collaborate on resolving issues.
- **Emergent Issues:** Group noted the issue that has surfaced surrounding the needs of seniors is coordination of services among agencies. It was noted that perhaps redefining “what health is” for different age groups would be helpful. Suggested forum such as “Walk in My Shoes” with legislators and elected officials would be helpful for them to understand the barriers that are faced accessing individual services for a wide range of issues and that coordination/collaboration of services among agencies would be helpful.
- **Accessing services for Non-English speaking:** Group discussed a possible 4-step process:
 - Research: to identify which specific non-English languages which are spoken on the Cape & Islands. This could be done using census information, Mass 2-1-1 and county research data.
 - Use the research information gathered to design events such as health fairs to distribute language specific health care information i.e. availability of healthcare providers who can accommodate non-English speaking individuals.
 - Find avenues to allow providers easier access to the language line. CHNA could be instrumental in helping this happen by possibly offering grants to implement a language line that would be available within all Cape & Islands healthcare organizations.
 - Educate health care staff in the specifics of cultural barriers to care, not only with language but awareness of religious beliefs etc. which may prevent non-English speaking people from obtaining health care. Cultural education may help to instill confidence and understanding within the non-English speaking population who may be seeking care.
- **Housing:** Group discussed that “prevention is the unfunded solution” to many housing issues. Group suggested a reached a consensus on five topics:
 - Loss of housing for individuals and families most strongly correlates with poverty and the wide gap between incomes and cost-of-living on Cape Cod.
 - Homelessness prevention is (largely unfunded) key to everything, everywhere.
 - Proven, successful, best practice models for homelessness prevention are on the lower/outer, mid, and upper Cape regions, operated by the Homelessness Prevention Council, HAC, and CACCI.
 - One way to sustain these best practices would be to have small, focused, regional/local “funding pods” comprised of businesses that have an incentive to prevent homelessness in their neighborhood/community/town i.e. realtors, banks, merchants, others who have an interest in people/families living in houses rather than shelters or the street.
 - These “pods” would provide two stages of funding the programs with proven track records of preventing homelessness:
 - a) Seed money to establish/sustain existing prevention programs

- b) A reward for each documented family who does not become homeless as a result of the agency/program effort. This reward would be perhaps \$1,000 and would represent a real savings to the “pod” as they would not have to fund all the high costs that result from the family actually being homeless. “Family” would be broadly defined, to include an individual.

Break

6. Steering Committee Elections: As outlined in the CHNA by-laws, the S/C should be comprised of no less than 7 and no more than 11 members, to include a representative from the Barnstable County Department of Human Services and a representative from Cape Cod Health Care as well as representation from Nantucket & Martha’s Vineyard. Currently there are 6 members of the S/C with 5 available openings. At the May meeting and subsequently via email nomination forms were distributed to CHNA members. Ballot was distributed today with 4 nominees. **Liz Smith** motioned, seconded by **BL Hathaway** to accept the full slate of nominees. Motion was unanimously approved with nominees Estella Fritzinger and Steve Brown abstaining. Welcome to re-elected S/C members Estella Fritzinger and Steve Brown and new S/C members Ceci Phelan-Stiles and Andrea McGee (Martha’s Vineyard). *Note: A CHNA steering committee member is elected for a two year term. No steering committee member can serve more than two consecutive two year terms.*

7. Presentation: Mass 2-1-1 – Ronnie Gulette: Ronnie distributed the Highlights of the Mass 2-1-1 Report for the Cape & the Islands. The more lengthy full report was distributed to S/C members and a sign-up sheet was circulated for those wishing to have the more detailed report emailed to them. Ronnie noted that the Mass 2-1-1 project began in September 2009 with herself and Kathleen Seymour, an AmeriCorps Vista recruit working in the Barnstable County Dept. of Human Services. Ronnie has undertaken these efforts individually since June 2010. Initial goal of the project was to transfer the resources collected on the Lighthouse Health Access Alliance database to the Mass 2-1-1 database. Continuing Goals of the project:

- To enhance the access to health and human services resource information for both providers and consumers of Cape Cod & the Islands by the Barnstable County Dept. of Human Services and the C&I United Way.
- To create the C&I resources within the Mass 2-1-1 database to be inclusive of existing health and human services resources in this region, as well as those in other geographic areas that also service this region.
- To ensure the Community’s knowledge of the availability and benefits of this resource.

Ronnie briefly described many of the activities undertaken with the project including troubleshooting issues with the Mass 2-1-1 system, outreach and marketing, training, and call volume increases to Mass 2-1-1 from Cape & Islands. She also reviewed recommendations for next steps with relationship to Mass 2-1-1 system, continued database expansion, continued outreach, marketing and field testing. Ronnie will continue to work on this project for an estimated 7 hrs/week for the next year through the Dept. of Human Services. This project has been funded from September 2009 until May 2011 through the CHNA 27 with additional support provided from the Barnstable County Dept. of Human Services and the United Way.

Ronnie explained that Mass 2-1-1 will email entities annually listed on the database, requesting that agencies/organizations update their information and check their entries in the system for accuracy and program updates. She also stressed the importance of the agencies advocacy role in disseminated information to the public about Mass 2-1-1 in the way of brochure distribution, links to Mass 2-1-1 in their newsletters, on their websites etc. Ronnie distributed packs of 25 brochures to each meeting attendee and encouraged them to distribute.

BL Hathaway ... WOW!! What a lot has been accomplished and it’s great that the Cape & Islands are actively participating in this information resource effort.

8. Announcements/Events/updates:

- Steve Brown: Cape Cod Justice for Youth Collaborative Annual meeting on June 24th at 2:30 PM at the Cape Cod Community College Cafeteria followed by a music/substance abuse prevention/elected official event, sponsored by FAN (Freedom from Addiction Network and STOP (Students Opposed to Pills).. There are two openings on the CCJYC Board of Directors. Contact Kerry Bickford, chair of the nominating committee, at kbickford@barnstablecounty.org if you are interested in serving on the B.O.D. or nominating someone.

- Kathie Callahan: Comfort Zone is partnering with the Samaritans and Dept. of Public Health/Suicide Prevention to provide a one day camp for kids and teens who have experienced the death of a parent, sibling, or primary caregiver to suicide. A separate parent/guardian program will take place as well. Camp is scheduled for June 25, 2011, 9:30 – 4:00 at Shore Country Day School in Beverly, MA. For more information or to register visit www.comfortzonecamp.org
- Kathie Callahan: Energy Resource Directory has been updated. Plenty on the resource table. Contact Kathie if you wish to get more for distribution.
- Jay Coburn: Senator Dan Wolf is aware of the painful budget cuts to the health & human service community. He encourages H.S. agencies to continue to articulate their needs for funding as he continues to advocate for those needs in the Senate.
- Maura Wilson: Samaritans Volunteer Training scheduled for July 11th for both the Crisis Line or out-going calls to seniors to check on their well-being. For more information visit capesamaritans.org
- BL Hathaway: Most common chronic infectious disease is dental disease. For more information re: resources for dental care and information visit www.oralhealthexcellence.net . Jenny Garneau noted that the Nantucket public school program participated in the "Polish" program and has seen a drastic decrease in dental disease in school children.
- Liz Smith: Orleans Garden Tour, June 25th an also tour the Orleans COA Art Show "Blooming ... Real and Imagined".
- Beverly Costa-Ciavola: Next meeting of the Inter CHNA scheduled for June 16th, 2-4 at the New Bedford DPH. Contact Bev is you would like to attend/car pool etc.

9. **Agenda items/Topics for conversation suggestions for September 2011:** Presentation: Lauren Titus, Independence House, Greater New England MS Society – model for chronically ill.

10. **Adjournment:** Meeting adjourned at 11:05 AM

Next Meeting: September 8, 2011, 9 – 11: AM
Rms 11/12 @ the Barnstable County Superior Courthouse