



**BARNSTABLE COUNTY DEPARTMENT OF HUMAN SERVICES
BARNSTABLE COUNTY HEALTH & HUMAN SERVICES ADVISORY COUNCIL**
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**Barnstable County Health and Human Services Advisory Council
Thursday, October 22, 2009
Hyannis Transportation Center ~ 9 – 11 AM**

Barnstable County Council for Children, Youth & Families:
Barnstable County Human Rights Commission:
Cape & Islands HIV/AIDS Service Coordination Collaborative:
Cape & Islands Regional Domestic Violence Council:
Cape & Martha's Vineyard Community Health Center Network:
Cape Cod Council of Churches:
Cape Cod Healthcare (At Large):
Cape Cod Hunger Network:
Cape Cod Neighborhood Support Coalition:
CAREER Collaborative:
Community Action Committee of Cape & Islands (At Large):
Community Benefits:
Community Coalition of Cape Cod:
Community Health Network Area (CHNA):
Consumer:
Disability Network (At Large):
Grant Makers Collaborative:
Leadership Council to End Homelessness:
Legal Aid Coalition of SE Mass:
Lower Cape Councils on Aging:
Mid Cape Councils on Aging:
Power in Aging Collaborative:
Substance Abuse/Behavioral Health System:
Town Health Departments:
Tri County Collaborative for Oral Health Excellence:
Upper Cape Councils on Aging:
Upper Cape Health & Human Services:
Wampanoag Tribal Health Center:

In attendance (Members):

Elisabeth Dolby (Alt)
Pat Fecher (Rep), Liz DiCarlo (Alt)
Mary Ann Mills Lassiter (Rep)
Claire Goyer (Rep)

Carol Summersall (Rep)
Brenda Swain (Rep)
Beverly Costa-Ciavola (Rep)
Deborah Battles (Rep)
Estella Fritzing (Rep)

Kristin Braun (Rep)
Katherine Wernier (Rep)
Jeanne Adams (Rep)

Kristin O'Malley (Rep)
Estella Fritzing (Alt)

Madeline Taylor (Alt)
Marilyn Nouri (Rep)

BL Hathaway (Rep)

Karen Cardeira (Alt), Gail Wilson (Alt)

Staff: Barnstable County Department of Human Services: Beth Albert, Chair, Kathie Callahan, Warren Smith & Kathleen Seymour

Elected Officials: Assembly of Delegates: Ø Commissioners: Ø

Guests: Belinda Centeio – BMC HealthNet, Josie Bouvier - Life Inc.

Unable to attend: Michelle Fernandes

Welcome Introductions

Introductions were made by all in attendance. Kathie reviewed sign-in procedures.

Approval of September minutes:

Motion by Estelle Fritzing, seconded by Karen Cardeira to accept the September minutes as written – unanimously approved.

Update from Data & Planning Subcommittee:

This subcommittee has been asked to help identify areas of focus for future research building upon the data collected over the last five years in the Monitoring the Human Condition study. The data subcommittee discussions moved quickly from a "needs" framework to one focusing on the theme of informed action and opportunities for the HHSAC to engage its members and their respective networks to build a healthier community on Cape Cod and connect the Cape Cod Community to existing resources. At the September HHSAC meeting the Subcommittee discussed suggestions for a pilot project around the topic of health & nutrition. Members were tasked with discussing ideas with their networks and bringing feedback to the Advisory Council.

Marilyn Nouri distributed and discussed an action model with broader goals in mind and looking at social determinants as well as equitable distribution of social determinants. She noted that happy & healthier eating for all contributes to a longer quality of life. The social connectiveness around eating activities also contributes to happiness. She emphasized that the Advisory Council needs to look at ways to build on efforts already in place.

BL tasked the group with defining what activities already exist around happy, healthy eating. Members contributed a long list of activities currently in place across the Cape including but not limited to: communal dinners, food deliveries, fundraising events, church suppers, fresh produce gardens, farmers markets, senior center luncheons, brown bag sites for seniors, community potluck socials, shelter communal dinners, soup kitchen & food pantry activities, the Summer Food lunch program for youth, wellness programs etc. Katherine Wernier reported that at one of her meetings coffee & donuts was slowly replaced with healthy food such as tofu, yogurt & granola items. It was also noted that now WIC vouchers and food stamps are not as stigmatized as previously and can be used more widely than at the supermarkets. Barnstable County offers nutrition & food safety programs through the Extension office as well as health programs through the Dept. of Health & Environment. Numerous feeding programs & events are offered throughout the County over the Thanksgiving holiday also.

Marilyn noted the importance of measurable outcomes, some of which are readily available in such places as schools. HHSAC needs to be able to measure such things as actions taken to increase healthy eating, reduction of chronic illness, types of food being served at events etc. Claire Goyer reported that federally funded programs require health data reports as well. Pantries could track what food gets donated and distributed.

The next meeting of the Data & Planning subcommittee is scheduled for October 29th at 11:00 AM @ CIGSYA and new members are welcome. Beth reminded members to reach out to collaboratives and respond to the brief questionnaire that had been distributed.

Old Business/Announcements:

- ◆ **Update on the school-based health center closings:** Beth reported that after discussion at the September meeting a letter had been sent to Cape Cod Healthcare expressing the concerns of the HHSAC in regards to the school-based health center closings. She distributed the response letter from CCHC in which CCHC noted that a transition plan was developed for both site closings with a plan for programs to be moved to the Community Health Centers network on Cape Cod.
- ◆ **Martin Luther King Day of Service:** Kathleen Seymour of AmeriCorps distributed and discussed proposal guidelines for MLK Day of Service projects scheduled for January 18, 2010. Proposals are due in to AmeriCorps Cape Cod by November 2, 2009. Information will be sent electronically to all HHSAC members.
- ◆ **Mass 2-1-1:** Kathleen also updated the HHSAC on the progress of the Mass 2-1-1 project. She reported that updating of the Mass 2-1-1 website is on-going. She urged agencies to check the website to verify that their agency is listed and that all information is correct and includes all programs offered.
- ◆ Beverly Costa-Ciavola reported on the presentation at the CHNA meeting from Terri Ahearn from Cape Cod Hospital regarding the restructuring within Cape Cod Hospital and the status of the Community Benefits Dept.
- ◆ Jeanne Adams reported that there will be 3 openings for Human Rights Commissioners as of January 1, 2010. The HHSAC HRC sub-committee is in the process of updating the PSA which will go out shortly to begin the recruitment/interview process.

- ◆ Kristin Braun: Power in Aging will be hosting intergenerational skill share workshops with a potluck lunch on November 7 at Nauset Middle School.
- ◆ Beverly Costa-Ciavola: October is domestic violence awareness month. Independence House will host its annual Breakfast on October 30th.
- ◆ Beverly Costa-Ciavola: Governor's Commission on Grandparents raising grandchildren will host informal hearings around the state. A local task force has been started on this issue. Hearings on the Cape are tentatively scheduled for November in Sandwich, December in Wellfleet, and January on the Mid-Cape. It was noted that YMCA Camp Lyndon has funded several scholarships targeted specifically at children being raised by their grandparents.
- ◆ Beth Albert: Monday & Tuesday, October 26 & 27 – Healthy eating for Successful Living in Older Adults nutrition program at Barnstable Senior Center.
- ◆ Madeline Taylor: October 28th - Open House 3-6:00 PM at the Barnstable Senior Center for the 12th Anniversary – Barnstable Adult Supportive Day Program.
- ◆ Beth Albert: Public Hearing – Barnstable County Home Consortium Fair Housing Plan scheduled for November 12th @ 5:30 PM at the Cape Cod Commission.
- ◆ Beth Albert: ADA conference sponsored by the Dept. of Human Services scheduled for October 23rd from 9:30 – 4:30 PM at the Church of the Nazarene in S. Dennis.

Request that the Medical Reserve Corp be invited to do a presentation for the HHSAC. Beth will follow-up.

Meeting adjourned at 11:00 AM

NEXT MEETING: December 17, 2009, 9 – 11:00 AM at the Hyannis Transportation Center

NOTE: NO MEETING SCHEDULED FOR NOVEMBER