

**CAPE AND ISLANDS SUICIDE PREVENTION COALITION
MEETING MINUTES
January 14, 2010**

Mission
To increase suicide awareness and prevention.
AWARENESS. EDUCATION. ACTION.

Present:

Tim Lineaweaver, Community Health Center	Beverly Costa-Ciavola, CC Neighborhood Support Coalition
Beth Albert – Barnstable County Human Services	Maura Weir, Youth Suicide Grant Project Mgr.
Kathie Callahan, Barnstable County Human Services	Lenny Fontes, Children’s Cove
Steve Jochim, DMH	Leslie Moreland, MSPCC
Ben Caswell, Wendell Marketing	Ingrid Muzy-Murray, MUCCHC
Patrick Wendell, Wendell Marketing	Holly Reed, Cape Cod Child Development
Steve Ryan, Dept. of Children & Families	Gail Wilson, Mashpee Human Services
Sally-Anne Imes, Town of Barnstable Youth Services	Ann Beckert, Family Continuity
Scott Fitzmaurice, CIGSYA	Larry Fox, To Your Good Health
Sue Rohrbach, Senator Rob O’Leary’s Aide	Paul Wild, Elder Services
Beth Toomey, Chief, West Tisbury Police Dept.	Jenny Garneau, DMH Community Organizer, Nantucket
Maura Wilson, Samaritans of Cape Cod	Rick Bickford, VNA of Cape Cod
Kerry Bickford, UMass Extension	Maryanne Worth, Nantucket Human Services
Mark Abbott, Falmouth Human Services	

Unable to attend: Kathleen Shine-O’Brien, Gail Hill, Connie Teixeira, Kate McHugh, Jim Lyons, Jonathan Ahnquist, Arthur Bence

Statewide Coalition Update: Tim Lineaweaver updated the members on the current discussions surrounding the C&I SPC joining the State Coalition for Suicide Prevention. After the last SPC meeting the S/C met with Kim Gleason, Co-Chair of the MCSP. C&I SPC questioned whether they would be able to use their own logo vs. the State logo as well as do their own fundraising & marketing. They were told by Kim that we would need to incorporate the State logo in our materials, that the State Coalition takes care of marketing and that our regional coalition could not do local fundraising or marketing. We have already received a \$20,000 private donation and the S/C is working on an RFP through the United Way for grant funding. Tim’s concern if we did not join the State Coalition is: would we be jeopardizing our future State funding opportunities? Tim put this topic out to the group for discussion.

Beverly noted that the State owns the curriculum for the Connect training and C&I SPC could get training at little or no cost. Steve Jochim noted that if we were to join we would need to maintain our regional independence in many areas i.e. be able to fundraise and marketing needs to be geared toward the Cape region. Maryanne Worth noted that the Needham Coalition uses their own logo but it was pointed out that they are an individual town not a regional coalition.

Group decided the best approach at this time would be to draft a letter to the State Coalition to flush out their specific expectations and also to spell out specifics for the C&I Coalition in terms of maintaining our own autonomy i.e. identity, marketing, fundraising etc. Beth Albert offered to work on a draft letter to the State to be circulated to S/C for input.

Award to Nantucket: Sue Rohrbach of Senator O’Leary’s office reported that the MCSP will host it’s 11th Annual State House Event on February 8, 2010 from 10 AM to Noon in Boston and that Jenny Garneau and her Nantucket Coalition team would be receiving the 2010 Leadership Award for the work they are doing on Nantucket. Sue encouraged members of the C&I Suicide Prevention Coalition to attend in support. Let Scott Fitzmaurice know if you plan to attend. Carpooling will be coordinated.

Working Group Updates – Chairs

- **Elders:** (Gail Wilson) Finalizing purpose statement – will email to S/C. Finalizing questionnaire to be emailed to agencies who work with elders to collect data on available services.
- **Education/Training** (Beverly Costa-Ciavola) No trainings planned at present. Will wait to see if we join the State Coalition and/or receive any other grant or other funding. She noted that 16 additional people have received QPR training and Mashpee has trained 75 school personnel and Harwich has a training scheduled for January 15 to train 50 people.
- **Marketing:** (Beth Albert) Ben Caswell & Patrick Wendell are working on a marketing strategy and Ben is putting together his proposal. Group will schedule next meeting following today's meeting.
- **Membership:** (Steve Ryan) Have not met yet. Will get a list of current members from Kathie Callahan. Steve will send member recruitment info to Kathie to include in Dept. of Human Services e-newsletter. Steve noted they would like to put together a membership application to collect additional data on members. Working group chairs should send a list of their current members to Kathie for inclusion on the database she is keeping.
- **Youth:** (Jenny Garneau/Scott Fitzmaurice) Scott reported that group is discussing a walk in the Fall of 2010. They are looking at adding a challenge/tournament to increase participation. They also discussed scheduling meetings in the evening to attract more families & youth with some meetings scheduled prior to youth events. Scott noted that Barnstable County Council for Children, Youth & Families is putting a meeting/event calendar together to be distributed at schools and suggested including the meetings on this calendar.
- **Advocacy:** (Bill Doherty) Bill unable to attend today – no report.
- **Fundraising:** This committee does not yet have a chairperson. No fundraising planned to date. Waiting to hear on RFP submitted for United Way grant.

Youth Grant Activities: Maura Weir, Youth Project Coordinator noted that to date she has confirmation from Harwich, Chatham, Mashpee, Bourne, Nauset school systems & the islands of Nantucket & Martha's Vineyard to be included in the two year plan in terms of trainings and program activities. DY has also expressed an interest and she has met with members of the Wampanoag Tribe, the Brazilian community and mental health disabilities group re: their participation. Maura reported that since the initial QPR training, 7 more people attended the QPR training in Taunton & Worcester. As a result, one session has taken place in Mashpee to train 75 school personnel and another training is scheduled for January 15th in Harwich to include 50 more people.

Maura has attended PTSM team meetings (Post Traumatic Stress Management). She also helped organize the PTSM training for Martha's Vineyard on January 7 & 8 with Dr. Robert Macy. Event went very well but expenses exceeded original budget despite Maura's diligence in getting supplies/food donated. Maura requested that the C&I Suicide Prevention Coalition increase their original donation from \$500 to \$1,000. **Scott Fitzmaurice** motioned, seconded by **Jenny Garneau** to amend the original donation from \$500 to \$1,000. Motion unanimously approved. Maura will forward an invoice to Beverly or Lisa McNeil at the Cape Cod Foundation (SPC Fiscal Agent) for reimbursement.

Maura is working with planning group to finalize goals and objectives of the Youth Suicide Project and final product should be ready by mid-February for approval by DPH. Once approved will present to SPC – hopefully March meeting. She has also met with Needham's Coalition to discuss strategies & programs as well as researching other best practice and evidence based models to include in the strategic plan.

Maura reported that 2 abstracts submitted to the American Association of Suicide Ideology were accepted and she will be presenting at their conference in Orlando Florida.

Jenny Garneau thanked the Youth Project for the funding that helped them open the Teen Center on Nantucket for extended hours.

Planning for March 15th, 2010 Quarterly Forum:

Quarterly forum is scheduled for 5:30 – 7:30 PM, location TBD (maybe Falmouth/Bourne or Lower Cape). Suggestion to focus quarterly forums at specific populations i.e. youth/elderly/vets. Group agreed that format should include brief summary of what the Coalition is, what it is doing, trainings being held etc. Remainder of meeting could include open discussion, Q&A period etc. Planning will take place at SC conference call on January 25th.

New Business:

Beth Albert distributed business size cards to the group with the Cape Cod & Islands Crisis Response information for the DMH Crisis Team 800# etc.

Ben Caswell read some graphic parts of an article from the Associated Press last week about an artist who took his life. He noted the AP is the largest news aggregator and knows the media guidelines for this type of reporting and was out of line in the way they reported this story in such a sensationalized fashion. After some group discussion, Ben offered to draft a letter to the Associated Press and CC the Mass Coalition for Suicide Prevention to alert them to these media reporting violations. Letter will be reviewed by S/C prior to distribution.

December meeting notes: Maura Wilson motioned, seconded by Beverly Costa-Ciavola to accept the December meeting notes as written. Motion unanimously approved.

Financial Report: Beverly reported that there is currently \$13,200 in the SPC account. The \$1,000 for the Youth Project PTSM training has not yet been paid and so is not reflected yet. The only expenses currently are the monthly marketing fees to Wendell Marketing.

Meeting adjourned at 12:30 PM.

DMH Crisis Team hotline # is 1-800-322-1356

**Next meeting scheduled for Thursday, February 11, 2010
@ the Barnstable Superior Courthouse, Rms 11/12**