

**CAPE AND ISLANDS SUICIDE PREVENTION COALITION
MEETING NOTES
December 11, 2009**

Mission
To increase suicide awareness and prevention.
AWARENESS. EDUCATION. ACTION.

Present:

Tim Lineaweaver, Community Health Center	Beverly Costa-Ciavola, CC Neighborhood Support Coalition
Beth Albert – Barnstable County Human Services	Maura Weir, Youth Suicide Grant Project Mgr.
Kathie Callahan, Barnstable County Human Services	Doreen Quinn, Centerville Yoga 7 Wellness, Highpoint IPU
Steve Jochim, DMH	Leslie Moreland, MSPCC
Ben Caswell, Wendell Marketing	Jane Beatty, Moonlight Counseling, Starlight Project
Kathleen Shine-O’Brien, Mass Maritime	Bill Doherty, Barnstable County Commissioner
Sally-Anne Imes, Town of Barnstable Youth Services	Arthur Bence, Bayview Associates, So. Shore Mental Health
Scott Fitzmaurice, CIGSYA	Kathy Quatromoni, Cape & Islands DA’s office
Sue Rohrbach, Senator Rob O’Leary’s Aide	Larry Fox, To Your Good Health
Beth Toomey, Chief, West Tisbury Police Dept.	

Unable to attend: Kerry Bickford, Mark Abbott, Kate McHugh, Rick Bickford, Steve Ryan, Jenny Garneau

Approve Minutes of November meeting: Beverly Costa-Ciavola motioned, seconded by Bill Doherty to approve the minutes of the November 12th meeting as written – unanimously approved.

Update from Steering Committee: Tim Lineaweaver reported that the S/C is working to establish/flush out goals and objectives of all working groups, their membership and a schedule of group meeting dates and times. At this time the political advocacy and fundraising groups are not active and do not have chairpersons. Discussion re: strong need for fundraising efforts, possibly link with another group such as events and re-align the training group with outreach & education. Bill Doherty noted that in essence most groups need to be linked to each other in some way. Bill Doherty noted he would take on the role of Chair of the political advocacy group. Fundraising – there still remains no chairperson but Tim, Beth and Doreen Quinn will begin to brainstorm activities for fundraising efforts.

Tim noted that monthly business meetings will continue to be held on the 2nd Thursday of each month. Quarterly meetings, available to consumers will be held at varied times and locations. Quarterly meeting schedule: March, June, & October of 2011 and January of 2011. These meetings will be topic specific, speaker driven and warrant more visibility to the public. Beverly suggested making the quarterly meetings similar to a Community Forum format. Regional meetings will be scheduled for various parts of the Cape i.e. Upper, Mid, Lower/Outer. Truro Town Manager contacted Beth regarding an interest in involvement in the Coalition. The Library in Truro may be a possible meeting location as well as the Theater in Wellfleet.

Tim noted that there will be less funding available from the Mass Coalition for Suicide Prevention this year. Meeting scheduled today at 12:30 (directly after this meeting) to meet with Kim Gleason to discuss expectations of the C&I Suicide Prevention Coalition.

Treasurer Report: Beverly Costa-Ciavola noted there is no report available from CCF this month. If we are a part of the State Coalition, there will be \$4-5,000 available through RFP process.

Working Group Updates – Chairs

- **Elders:** Scott Fitzmaurice noted the group is working on an elder survey. Question whether the MCSP has any data available.

- **Marketing:** Beth noted the group is working on a marketing plan for the first quarter of 2010. This will include radio & cable access i.e. Community Access show, newsprint etc. Group needs to establish its “identity” first. There is also discussion of establishing a website. Bill Doherty suggested SPC appear on his Cable Access TV show – next one scheduled for January 11, 2010.
- **Membership:** Steve Ryan not in attendance – no report.
- **Youth:** Scott reported the group is working on their purpose/goals & objectives. They discussed a) increasing membership, b) decreasing stigma and c) increasing availability of resources. They also discussed educational trainings i.e. parent/student forums. They noted that WIB has C&I Alternative Education & Community Services programs for 16-24 year olds. Will contact Mary Fiset at WIB @ 508/775-5900. Jane Beatty volunteered to help with training programs.

Youth Grant Activities: Maura Weir distributed the preliminary findings of the Community Youth Needs Assessment. Discussion included the topics the community is not sufficiently addressing, barriers to emergency room care, challenges for youth in mental health system, community attitudes toward help seeking, ways to increase public awareness, suggestions to improve situation and increase awareness, things the SPC can do as a group, how do reach young people with information, suggested trainings. She also discussed next steps, opportunities, challenges and areas to consider. Youth grant is in its’ first year of developing and prioritizing goals and developing a 2 year plan for the remainder of the grant period. Beth suggested comparing the Cape & State priorities.

Post Traumatic Stress Management (PTSM) Team Update: Beth distributed handout and discussed: What is PTSM, who makes up the Cape Cod PTSM Team, what the PTSM Team does and how does the Team respond to a crisis. The purpose of the team is to respond to suicides and other crisis in a coordinated manner. The PTSM team is made up of a wide range of representatives from the region that have been trained to provide a coordinated response in the event of a suicide completion. All suicides should be reported to the Department of Mental Health Crisis Team confidential 24/7 hotline to coordinate the clinical response. DMH will make initial contact with school district, family, first circle of survivors and/or police and offer assistance. After conferring with the clinical staff at DMH the designated Incident Commander (IC) will initiate contact and share information with the PTSM Team. The IC will determine what level of response is required and, if appropriate, will activate the team to plan a coordinated response strategy. DMH Crisis Team hotline # is 1-800-322-1356.

Mass Coalition for Suicide Prevention – State Plan: Scott Fitzmaurice reported that effort is underway to align local, State & Federal efforts and offer increased opportunities for funding. Next meeting is on January 11, 2010 from 3-5 PM in Wellesley at the Harvard Pilgrim Corporate offices.

Training Opportunities:

- PTSM Training on Martha’s Vineyard, January 7 & 8, 2010. Barnstable County will send 4 people to training who missed the training held here. **Beth Albert** motioned, seconded by **Kathleen Shine-O’Brien** to make a \$500 donation to offset costs of training – unanimously approved.
- Steve Jochim: Signs of Suicide (SOS) program held in Barnstable for grades 8-12. Very successful - 2500 children attended, parents were supportive of the program.
- Beverly: Training working group will schedule a meeting to discuss additional training opportunities for the SPC.
- Jane Beatty: distributed flyer for Suicide Prevention Workshop Series being offered by Moonlight Counseling beginning January 16, 2010, 9:30 – 1:30. For more information contact Jane @ 508/540-2323.
- Larry Fox will do a special section in “*To Your Good Health*” featuring the Suicide Prevention Coalition.

Meeting adjourned at 12:30 PM.