

**CAPE AND ISLANDS SUICIDE PREVENTION COALITION  
MEETING NOTES  
February 12, 2009**

**Present:**

Tim Lineaweaver – CHC of Cape Cod	Beth Albert - BC Human Services
Beverly Costa-Ciavola, Independence House	Steve Brown – UMass Donahue
Maura Wilson – Samaritans	Kathie Callahan – BC Human Services
Kate McHugh – BCA, MSPCC	Carol Summersall – FH/CCHC
Jane Beatty – HPCCC	Melissa Jean-Charles–SE Center for Healthy Communities
Maryanne Worth – Nantucket Human Services	Steve Ryan – Department of Children & Families
Sally-Anne Imes – Town of Barnstable Youth Services	Jennifer Sheehan – CC Neighborhood Support Coalition
Jocelyn Andrade – BMC HealthNet Plan	Scott Fitzmaurice – CIGSYA
Jenny Garneau – Dept of Mental Health	Kathleen Shine-O'Brien – Mass Maritime Academy
Sue Rohrbach – Sen. Robert O'Leary's office	Kathy Quatromoni – C&I District Attorney's office
Polly Sherman – CORD	Doreen Quinn, Centerville yoga & Wellness
Steven Jochim – Dept. of Mental Health	

Tim – Welcome. Introductions by individuals.

Beth Albert distributed database of Suicide Prevention Coalition members with Youth Suicide Prevention Grant Partners noted as well as the narrative & proposed budget included in the grant application.

As previously noted: the Suicide Prevention Coalition will focus on issues across the life span, however the Grant application submitted focuses on youth. Of eight eligible CHNA's only four submitted applications. There will be three grants awarded. It is strongly felt that with the high suicide rates on Cape Cod, CHNA 27 will receive one of the grant awards. The lead agency chosen is the Community Health Center. There will need to be a coordinator hired to oversee the project. The Coalition is a CHNA working group and the CHNA will oversee the work of the Coalition.

Tim noted that during the first year (April 1 – September 30, 2009) focus will be on planning & assessment and developing a concept paper on youth suicide on the Cape. Funds will be needed for consulting as well. It is expected that it will take 2-3 years to develop a regional pre & post-vention plan.

**Discussion: organization/capacity building**

SE Center for Healthy Communities is the fiscal agent for the \$9,000 capacity building grant. It was felt that the Coalition should hold a signature informational event. Beverly also noted that the first goals should be to develop a mission statement, vision and effective structure. Melissa Jean-Charles, SECHC and Steve Brown, UMass Donahue indicated that they are interested in this and will submit proposals via email to Beth Albert by February 20<sup>th</sup> which outline cost and procedures of providing assistance to guide the Coalition through the process of developing the mission statement, vision and structure guidelines. These proposals will be emailed to the Coalition members for review. Discussion of the proposals will take place at an interim meeting scheduled for February 26<sup>th</sup> from 11 – 12:30 pm at the Hyannis Transportation Center (directly after the HHSAC meeting).

**Other topics of discussion:**

- Marketing strategies - “getting the word out”, need for consumers to join the Coalition, developing relationships with legislators (already have signed on – Reps. Cleon Turner, Sarah Peake, and Senator Rob O’Leary). If anyone knows of someone who would like to be involved with the Coalition and/or receive meeting notices forward their contact information to Kathie Callahan at [kcallahan@barnstablecounty.org](mailto:kcallahan@barnstablecounty.org)
- Beverly suggested designating working groups for the Coalition.
- Kathleen Shine-O’Brien suggested seeking assistance from organizations who have gone through a similar process, look at good evidence-based models, examine ways to obtain stakeholder buy-in, organize focus groups, garner sustainability. She noted that DPH has a Suicide Prevention Resource Center – check their website. Invite successful models to do a presentation – inquire as to their willingness to share their materials. Kathleen offered to do a presentation to the Coalition to share the program she is doing.
- Beverly suggested members attend Maura Wilson’s training at the Samaritan’s.
- Beth suggested QPR training for the Coalition as part of capacity building.
- Conference on March 3 at the Radisson Hotel in Hyannis: Suicide Prevention – Assessing & Managing Suicide Risk (cost \$25)
- Massachusetts Suicide Prevention Conference will be held on May 19 & 20 in Sturbridge.
- Suggested programs in schools to identify youth at risk. Many schools are currently in the process of developing protocols.
- Steve Brown can share info from the Cape Cod Justice for Youth Collaborative.
- Contact the Department of Mental Health re: their work with schools.

**Next Coalition Meeting 3/12/09 11:00 – 12:30 (following CHNA meeting)  
*Rooms 11/12 are booked through June 2009 for this date/time***