

CAPE AND ISLANDS SUICIDE PREVENTION COALITION

MEETING NOTES

March 12, 2009

Present:

Greg Miller – DPH, Mass Suicide Prevention Coalition	Beth Albert - BC Human Services
Beverly Costa-Ciavola, Independence House	Kathie Callahan – BC Human Services
Maryanne Worth – Nantucket Human Services	Scott Fitzmaurice – CIGSYA
Kate McHugh – BCA, MSPCC	Kathleen Shine-O'Brien – Mass Maritime Academy
Sally-Anne Imes – Town of Barnstable Youth Services	Melissa Jean-Charles, SE Center for Healthy Communities
Jocelyn Andrade – BMC HealthNet Plan	Katherine Wernier, REACH
Kristin Braun – Community Coalition of Cape Cod	Josie Bouvier, Elder Services of CC & I
Jenny Garneau, Dept. of Mental Health, Nantucket	Steve Jochim, Dept. of Mental Health
Maura Wilson, Samaritans	Leslie Moreland, MSPCC

Unable to attend: Polly Sherman, Coreen Brinckerhoff

Discussion: Organization Structure of the Coalition

Scott Fitzmaurice led the discussion. There was a group consensus that the Coalition should have an Executive Board/Steering Committee consisting of co-chair(s), a secretary, a financial liaison, and a representative from the CHNA and suggestion was made to include a consumer and a service provider as well. They also agreed that there would be a need for several sub-committees/working groups, each with a chairperson, with specific focus areas to be determined at the capacity building training. Some suggestions for sub-committees included: sustainability, marketing/P.R., and prevention. MaryAnn Worth distributed the Needham Coalition model for discussion and the group consensus was that this was a well structured model and merited further discussion.

Strategic Planning

Proposal received and reviewed from Steve Brown, UMass Donahue Institute and Melissa Jean-Charles to co-facilitate a capacity building training for approx. 20 people. They suggested attendees should be comprised of those individuals who will take an active leadership role in the Coalition. The cost of the training will be \$2,000 and will hopefully be scheduled for April.

Presentation: Suicide Prevention Program at Mass Maritime Academy – Kathleen Shine-O'Brien

Kathleen is the Suicide Prevention Project Director as well as a counselor at Mass Maritime. She suggests that when in the initial stages of forming a program the group begin with the “end in mind” to help define key issues, engage key stakeholders, build capacity and sustainability. She encouraged the group to look at things from different angles and not be afraid to say “this didn’t work, what other angle can we approach this from”. She noted that at MMA everything has to be evaluated, documented and thorough follow-up needs to be done. The MMA program starts with input from parents and looks for consumer in-put as well. Evaluators need to have the tools to also address cultural issues. Students need access to additional services including follow-up, psychiatric care, transportation to/from services etc. Kathleen noted that things change in the course of a program and the Coalition needs to be receptive to adapting their course of action along the way.

Update on Mass Suicide Prevention Coalition – Greg Miller

There will be a 4-hr training in “Frameworks” on April 6th by the National Alliance on Mental Illness. There will be a statewide conference in Sturbridge on May 19 & 20 and overnight accommodations will be available. The Mass Coalition for Suicide Prevention will hold a hearing

on March 20th and receive public testimony at the State House to recognize suicide prevention efforts in the State.

Agenda items for April meeting

QPR training will be facilitated by Kathleen Shine O'Brien and Tim Lineaweaver.

Next Coalition Meeting 4/9/09 11:15 AM – 12:30 PM (following CHNA meeting)

****Rooms 11/12 are booked through June 2009 for this date/time***