CAPE AND ISLANDS SUICIDE PREVENTION COALITION
MEETING MINUTES
June 10, 2010

Mission
To increase suicide awareness and prevention.

AWARENESS. EDUCATION. ACTION.

Present:

Tim Lineaweaver, Community Health Center	Beverly Costa-Ciavola, CC Neighborhood Support Coalition
Beth Albert – Barnstable County Human Services	Maura Weir, Youth Suicide Grant Project Mgr.
Kathie Callahan, Barnstable County Human Services	Mark Abbott, Falmouth Human Services
Maryanne Worth, Nantucket Human Services	Maura Wilson, Samaritans of Cape Cod
Patrick Wendell, Wendell Marketing	Sally-Anne Imes, Town of Barnstable Youth Services
Ben Caswell, Wendell Marketing	Jenny Garneau, DMH, Community Organizer - Nantucket
Gail Wilson, Mashpee Human Services	Polly Sherman, CORD
Kerry Bickford, Cape Cod Cooperative Extension	Paul Wild, Elder Services of C&I
Scott Fitzmaurice, CIGSYA	Sheila House, Harwich Youth Services
Ingrid M.Murray, MUCCHC	Kathy Quatromoni, DA's office
Sue Rohrbach, Aide to Senator Rob O'Leary	Arthur Bence, Bayview Associates
Steven Bond, Wendell Marketing	Leslie Moreland, MSPCC

Unable to attend: Katie McMakin, Charleen Greenhaigh, Kate McHugh

Approval of May Meeting Notes: Beth Albert motioned, seconded by **Beverly Costa-Ciavola** to accept the May minutes as written. Motion approved.

Fiscal Report: Report distributed. Beverly noted that the first installment of the United Way grant has been received and the current balance is $5116.40. Discussion that the United Way should be added to the June 21st Forum program as a co-sponsor. Beverly also reported that $1500.00 has been reserved for Nantucket Connect training of three SPC members. It was noted that only two members actually attended this training. **Beth Albert** motioned, seconded by **Scott Fitzmaurice** that the $500 initially allocated for a third SPC member to attend training, be reallocated to offset food and accommodations of other attendees. Motion approved.

Discussion: Beverly will ask Cape Cod Foundation (fiscal agent for SPC) for a detailed quarterly financial report showing back-up for all income and expenses.

Steering Committee Report: Tim Lineaweaver: S/C held a conference call on June 7th. Beth updated group on logistics for the upcoming June 21st Community Forum i.e. agenda, resource table, refreshments, format of forum, PR and outreach. A Constant Contact email marketing account has been set up for the Coalition and invite to the event has been broadly distributed through this account. Included in the invite is a "Register here" button. Wendell Marketing is tracking invite response. Registration can also be done at www.suicideispreventable.net. Ben Caswell of Wendell Marketing noted that although attendance to date is not as high as we would like, continued outreach is critical to increase attendance. Group was encouraged to take responsibility for forwarding the invite to their contacts. Patrick Wendell noted four legislators have confirmed attendance to date. Invite has also been extended to Cape Cod candidates for office.

Forum will be moderated by Rob Sennott. Agenda will include introduction of Cape legislators, a short slide show, presentation of the SPC "position paper", and a panel discussion. Kathie Callahan and Beverly Costa-Ciavola volunteered to coordinate the refreshment area. Maura Weir & Julie from CIGSYA will coordinate resource table. Contact Maura Weir at mweir@chcofcapecod.org if you wish to display resource materials.

- Update: Connect training on Nantucket. Event was well attended – training well received.
- Update: State MCSP conference. Beth reported that Mass Coalition is moving in a direction that will be beneficial for the C&I Coalition.
- Update: QPR training on 6/9 @ CIGSYA – well attended - including many CIGSYA staff.
- NOTE: Scott reported there have been three local suicides in recent months. Steve Jochim of the PTSM team should be notified.
- Mass Coalition sent a survey out. It was sent to S/C members. Will send to full Coalition. Tim needs completed surveys back no later than 6/15 so he can forward completed surveys to MCSP.
- Tim suggested there needs to be a conversation with Cape Cod Healthcare re: representative from CCHC joining SPC and attending meetings.

Working Group Updates:

- **Elders:** Gail Wilson: survey is being sent via Survey Monkey next week and responses can be sent via email or fax to her. She will resend the updated survey to Patrick @ Wendell Marketing
- **Events:** Covered in SC Report
- **Training:** Maura Weir
    - National Suicide Prevention Week – September 5 – 12th with Sept. 10 being International Suicide Prevention Day. She would once again like to plan as many events and distribute as much material as possible at different locations. Let Maura know if you would like brochures/posters to display or would like to plan an event.
    - Sally Spencer-Thomas of Campus Speak has agreed to come to Cape Cod for 2 ½ days to speak at various events. Maura would like to plan 4 events for Sally to present at: one on Martha's Vineyard, one on Nantucket, one at Mass Maritime and one to include the collaboration of CISPC and Youth Project. Sally-Ann Imes noted that October 15 begins Peace Week in Barnstable and perhaps they could tie in a presentation with Sally Spencer-Thomas at the Hyannis Youth Community Center.
    - Maura also noted that November 20th is National Survivors of Suicide Day

Beth Albert motioned, seconded by **Paul Wild** that the CISPC collaborate with the Youth Grant Project to coordinate an October event featuring Sally Spencer-Thomas. Motioned approved.

September SPC Quarterly Forum briefly discussed. Sheila House will look into possible locations to hold this forum on the Lower Cape.

Maura Weir reported that QPR trainings were conducted for youth and clergy and was well received. Would like to schedule another one. Contact Maura or Kathleen Shine-O'Brien with suggestions. Kathy Quatromoni has contact with EMS for possible training.

- **Marketing:** SPC logos have been reviewed. Brochure content is being reviewed and brochures should be printed by early September.
- **Youth:** Working on PSA and media.
- **Advocacy:** See FMAP below
- **Fundraising:** $5,000 grant application submitted to CCHC through Community Benefits. Funds will be used for training, marketing and brochure printing. Need help with fundraising efforts. There will be costs incurred with breakfast/lunch for Suicide Prevention week in September as well as October events with Sally Spencer-Thomas. Beverly will talk to Cape Cod Foundation to see if they will be able to accept donations if a "donate here" button was added to www.suicideispreventable website. Suggestion that names and emails be collected at community forums for possible future fundraising campaigns. Ben Caswell noted that planning & fundraising efforts need to start NOW as fundraising events take a considerable amount of time to plan.

Youth Project: Maura Weir reported that DPH was pleased with engaging the clergy in the QPR training. A second training will be scheduled for October. Ben noted that media should be contacted for coverage of all events. Maura has ordered marketing materials in both Spanish and English from National SP Lifeline. She would like to work with the Gay and Lesbian Alliance

through CIGSYA as well as with the Brazilian Community with Ingrid Muzy-Murray. Maura reported that 6 people attended Suicide Bereavement Group training in New Hampshire and this was paid for by the Youth Project grant.

New Business:

- **Extension of temporary increase in Federal Medicaid matching rate (FMAP).** Under current law, the Federal Medicaid matching rate is increased by 6.2 percentage points for all States, and by additional percentage points for states with high unemployment. These temporary increases were enacted in ARRA in February 2009 in response to the increased Medicaid caseloads and decreasing state revenues resulting from the recession. The increase is scheduled to expire on December 31, 2010. The bill would extend these increases for six months, through June 30, 2011. This will ensure that states continue to receive these increases throughout state fiscal year 2011. *The provision is estimated to cost $24.2 billion over10 years.* If the United States Senate does not include an extension of the Federal Medicaid Matching Rate (FMAP) there will be disastrous repercussions, and absolutely no shot of any additional funding. The Senate, House and Governor all relied on the FMAP extension for approximately $687 million of additional revenue. If the US Senate doesn't include this extension it will require the Governor, Senate and House to reduce spending in the FY2011 Budget by an additional 3.6% across the board (with very few exceptions). This is in addition to any reductions already in the various versions of the budget currently being reconciled. Sue Rohrbach encouraged everyone to call Senator John Kerry @ 202/224-2742 and Senator Scott Brown @ 202/224-4543 and stress the need to *KEEP* the FMAP funding in the Jobs Bill.
- **Barnstable Now Youth TV Program:** Sally-Ann Imes informed members of an educational video on Bullying. It touches on youth suicides caused by bullying. It can be found on the town of Barnstable's website at www.town.barnstable.ma.us and click on CH18 live & on-demand. Click on the list of 2010 videos and browse the list for Barnstable Now Youth Program on Bullying, #30.
- **Extension of monthly business meetings:** A motion was made by **Maura Weir** seconded by **Beth Albert** to extend the time of the monthly business meetings to 12:45 PM to be able to complete all SPC business. Motion approved.
- **Survivor Support Groups:** Samaritans has expanded the number of sites on the Cape and Islands for their survivor support groups including Falmouth, Hyannis and Nantucket. These groups honor and respect the needs of the survivors, provide unconditional emotional support, help survivors gain courage and comfort from one another, and deal with a unique grief that is often not understood by others. Further information can be obtained by calling the Samaritan office at 508-548-7999.
- Ben Caswell reminded the group that Wendell Marketing is available for assistance when placing ads in the newspaper.

Regular meeting adjourned at 12:40 PM.

Next meeting scheduled for Thursday, July 8, 2010, Rms 11/12 @ the Barnstable Superior Courthouse

DMH Crisis Team Hotline # is 1-800-322-1356