

“Healthy and Happy Eating For All” Program Sites: Mid-Cape Cod Region

EATING TOGETHER

Congregate Meals/Nutrition Site

Barnstable Council on Aging

Council on Aging provides congregate meals, nutrition sites, home delivered meals, senior ride programs, benefit assistance, elder law, activities of daily living assessment, health insurance information/ counseling, recreational activities/ sports, senior centers, specialized information and referral. Also provides AARP tax aide program sites and VITA programs.

Barnstable residents, sixty years old and older

Town of Barnstable, Council on Aging

825 Falmouth Road Route # 28

Hyannis

(508) 862-4750

<http://www.town.barnstable.ma.us>



Congregate Meals/Nutrition Site

Yarmouth Council on Aging

Council on Aging provides information and referral for senior citizens. Services include congregate meals, nutrition sites, home delivered meals, senior ride programs, activities of daily living assessment, health insurance information/ counseling, senior centers. Also provides AARP tax aide program sites and VITA programs.

60+

Town of Yarmouth, Council on Aging

528 Forest Road

South Yarmouth

(508) 394-7606



Congregate Meals/Nutrition Site

Miracle Kitchen and Day Star Place

Miracle Kitchen and Day Star Place. Meals program operated by Salvation Army in Hyannis, MA. Open Monday thru Friday, breakfast from 8:30 am-9:00 am and lunch from 11:30 am - 12:15 pm.

We serve whoever is hungry. Cannot come in if inebriated.

Salvation Army in Hyannis, MA

100 North St.

Hyannis

(508) 775-0364 ext. 12

kim.riley@use.salvationarmy.org

www.salvationarmy-ma.org



Congregate Meals/Nutrition Site

Dennis Council on Aging

Council on Aging provides congregate meals, nutrition sites, home delivered meals, senior

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ride programs, benefit assistance, elder law, activities of daily living assessment, health insurance information/ counseling, recreational activities/ sports, senior centers, specialized information and referral. Also provides AARP tax aide program sites and VITA programs.

60+

Town of Dennis, Council on Aging

1045 Route 134

South Dennis

(508) 385-5067

jbeebe@town.dennis.ma.us

<http://www.town.dennis.ma.us>

Congregate Meals/Nutrition Site

Elder Services of Cape Cod and the Islands

Elder Services of Cape Cod and the Islands, Inc. (ESCCI) is a community-based organization. Elder Services of Cape Cod and the Islands is the designated Area Agency on Aging and Aging Service Access Point (ASAP). ASAPs provide the following direct services: Information and Referral; interdisciplinary case management: intake, assessment, development and implementation of service plans; monitoring of service plans; and reassessment of needs; and Protective Services: investigations of abuse and neglect of elders. Provides information and services so elders may maintain their independence.

Covers the 22 towns of Barnstable, Dukes, and Nantucket counties. Services include: Congregate Meals/Nutrition Sites, Home Delivered Meals, Medical Transportation, Senior Ride Programs, Personal Finances/Budget Counseling, Activities of Daily Living Assessment, Geriatric Assessment, Home Nursing, Senior Corps Volunteer Programs, Adult Respite Care, and Area Agencies on Aging.

Age 60+ for most programs; call for more information.

Elder Services of Cape and the Islands

68 Route 134

South Dennis

(508) 394-4630

info@escci.org

<http://www.escci.org>

Homeless Drop In Center

Daystar Program

The Daystar Program is a temporary shelter providing workshops, AA meetings, breakfast and lunch. Service includes soup kitchens, homeless drop in centers and homeless shelter. The population served is mainly homeless men and women, but they also have people who currently have apartments.

Daystar Program

100 North Street

Hyannis

(508) 775-0364

<http://www.workworld.org>

“Healthy and Happy Eating For All” Program Sites: Mid-Cape Cod Region

Program-Specific Snacks/Lunches/Meal

Independence House

Has support groups for self-esteem for Independence House clients. Has a Teen Healthy Girls Group periodically.

Call for information.

Independence House clients.

Independence House

160 Basset Lane

Hyannis

(508) 771-6507

www.indhouse.org

Program-Specific Snacks/Lunches/Meals

Cape Cod Child Development Childcare Meals

A nonprofit community resource that provides quality childcare, early education, developmental intervention, and family support services on Cape Cod, the Islands, and Wareham. Early intervention for young children with disabilities and delays. Family Child Care. Preschool/Head Start. School-Age programs, Teen Parent Program, and more.

Some services not offered in all towns. Open M-F, 9:00 am - 5:00 pm. Multiple sites: Hours vary from site to site. Healthy and Happy Eating-related activities: Family Child Care Program provides child day care meals; Preschool/Head Start provides breakfast, lunch, and snack to 380 children, School-Age Child care Program provides a summer lunch program.

Open to everyone, age-based, income-based, town of residence-based.

Cape Cod Child Development

83 Pearl Street

Hyannis

(508) 775-6240 Ext. 313

mlassiter@cccdp.org

www.cccdp.org

Soup Kitchen

Salvation Army-Hyannis Food Pantry and Soup Kitchen

Salvation Army-Hyannis Food Pantry and Soup Kitchen provides emergency food and meals serving all of Barnstable County. Services include: Food Pantries and Soup Kitchens.

Salvation Army of Massachusetts

100 North Street

Hyannis

(508) 775-0364

<http://www.use.salvationarmy.org/mas>

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Soup Kitchen

Daystar Program

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Daystar Program

100 North Street

Hyannis

(508) 775-0364

<http://www.workworld.org>



Soup Kitchen

Calvary Baptist Church Kitchen and Food Pantry

The Calvary Baptist Church operates emergency food program and kitchen that serve all of Barnstable County. Services include: Food Pantries and Soup Kitchens.

Calvary Baptist Church Kitchen and Food Pantry

25 Lincoln Road

Hyannis

(508) 775-7018



Soup Kitchen

Calvary Baptist Church Kitchen

The Calvary Baptist Church operates a kitchen that serves all of Barnstable County.

Kitchen/Meal: Monday-Friday 3:00 pm-6:00 pm.

Calvary Baptist Church

25 Lincoln Rd.

Hyannis

(508) 775-7018

