

EATING TOGETHER

Community Meals/Social Opportunity

Congregate Meal

Saturday lunch program open to all. Hours: Each Saturday from January and February from 12:00 noon - 1:00 pm.

Open to Everyone

St. Mary of The Harbor Church in Provincetown

517 Commercial St.

Provincetown

(508) 487-2622

office@stmaryoftheharbor.org

<http://www.stmaryoftheharbor.org>

Congregate Meals/Nutrition Site

Congregate Meals

A weekly luncheon sponsored by Elder Services of Cape Cod and Islands (including holiday meals) for Provincetown seniors/elders. Days/Hours:

Wednesday, 12:00 noon - 1:00 pm. Reservation required.

Provincetown resident and age 60+

Town of Provincetown, Council on Aging (COA)

26 Alden St.

Provincetown

(508) 487-2700

<http://www.provincetown-ma.gov>

Congregate Meals/Nutrition Site

Congregate Meals

Weekly lunch for residents age 60 and older each Wednesday, 12:00 noon - 1:00 pm.

Age-based: Age 60+.

Town of Wellfleet, Council on Aging (COA)

715 Old Kings Highway

Wellfleet

(508) 349-0313 or 1-800-244-4630

tfrazier@townofwellfleet.org

<http://www.wellfleet-ma.gov>

Congregate Meals/Nutrition Site

The Gathering Place

Provides older adults (or those with disabilities) from Brewster - thru – Provincetown, within a group setting, a variety of services in a supportive environment. Designed for adults who can benefit from structured activities and one-on-one attention. We provide a continental breakfast, and a full

“Healthy and Happy Eating For All” Program Sites: Outer-Cape Cod Region:

lunch. We also have juice breaks and snacks. Open Monday - Friday, 8:00 am - 2:30 pm.

Age 60+ or persons with a disability
Town of Eastham, Council on Aging
1405 Nauset Rd.
North Eastham
(508) 255-6734
www.capeandislandscoas.org



Congregate Meals/Nutrition Site

Foley House Congregate Dinner

Monthly dinners are provided to residents of ASGCC residential facility.

ASGCC clients
AIDS Support Group of Cape Cod (ASGCC)
214 Bradford St.
Provincetown
(508) 487-6440
hilary@asgcc.org
ww.asgcc.org



Congregate Meals/Nutrition Site

Iris' Café

Weekly lunch program each Thursday, 12:30 pm - 1:30 pm.

None/Open to Everyone
Town of Wellfleet, Council on Aging (COA)
715 Old Kings Highway
Wellfleet
(508) 349-2800
<http://www.wellfleet-ma.gov>



Congregate Meals/Nutrition Site

Wellfleet Council on Aging

Wellfleet Council on Aging provides Information and referral for senior citizens. Services include congregare meals/ nutrition sites, home delivered meals, senior ride programs, activities of daily living assessment, health insurance information/ counseling, senior centers. Also provides AARP tax aide program sites and VITA programs.

60+
Town of Wellfleet, Council on Aging
715 Old King's Highway
Wellfleet
(508) 349-0313
tfrazier@townofwellfleet.org



“Healthy and Happy Eating For All” Program Sites: Outer-Cape Cod Region:

Congregate Meals/Nutrition Site

Daily Lunch Program (Mon.-Fri.) Congregate Meal

Hot lunch is provided each workday for ASGCC clients from Eastham, Wellfleet, Truro, and Provincetown. Days/Hours: Monday - Friday, 11:00 am - 1:00 pm.

ASGCC clients

AIDS Support Group of Cape Cod (ASGCC)

96 Bradford St.

Provincetown

(508) 487-9445

billfurdon@asgcc.org

www.asgcc.org

Congregate Meals/Nutrition Site

Local Flavor - Congregate Meal

Dinner is provided every Tuesday night to ASGCC clients, volunteers, and guests. Date/Time: Tuesday, 6:30 pm.

ASGCC clients, volunteers, and guests

AIDS Support Group of Cape Cod (ASGCC)

96 Bradford St.

Provincetown

(508) 487-9445

katie@asgcc.org

www.asgcc.org

Congregate Meals/Nutrition Site

Truro Council on Aging

Council on Aging provides congregare meals, nutrition sites, home delivered meals, senior ride programs, benefit assistance, elder law, activities of daily living assessment, health insurance information/ counseling, recreational activities/ sports, senior centers, specialized information and referral. Also provides AARP tax aide program sites and VITA programs.

60+

Town of Truro, Council on Aging

PO Box 500

Truro

(508) 487-2462

coa@truro-ma.gov

http://www.truro-ma.gov

“Healthy and Happy Eating For All” Program Sites: Outer-Cape Cod Region:

Congregate Meals/Nutrition Site

COA Café

Lunch for elderly. Called the "Council on Aging Café." Served on Tuesday at 12:30 p.m. Healthy meals prepared by a chef .

Open to Everyone. Reservation Required.

Town of Truro, Council on Aging (COA)

7 Standish Way

North Truro

(508) 487-2462

<http://www.truro-ma.gov/coa>

Congregate Meals/Nutrition Site

Provincetown Council on Aging

Council on Aging provides congregate meals, nutrition sites, home delivered meals, senior ride programs, benefit assistance, elder law, activities of daily living assessment, health insurance information/ counseling, recreational activities/ sports, senior centers, specialized information and referral. Also provides AARP tax aide program sites and VITA programs.

60+

Town of Provincetown, Council on Aging

26 Alden Street

Provincetown

(508) 487-7080

vcarrano@provincetown-ma.gov

<http://www.provincetown-ma.gov>

Soup Kitchen

Soup Kitchen In Provincetown (SKIP)

Hot nourishing meals served to needy residents in Provincetown. Open Monday - Friday, 12:30 pm - 1:30 pm. Accepts donations.

None/Open to Everyone.

United Methodist Church in Providence, MA

10 Shank Painter Road

Provincetown

(508) 487-8331

skip02657@verizon.net

www.ptownsoup.org

“Healthy and Happy Eating For All” Program Sites: Outer-Cape Cod Region:

Soup Kitchen

Soup Kitchen in Provincetown

Soup Kitchen in Provincetown's goal is to provide nutritious and healthful meals in a welcoming and warm atmosphere to all individuals in the community who are either in need or seek community. Each day, Provincetown Soup Kitchen volunteers prepare a meal for approximately sixty guests using generous donations of food and ingredients from bakeries, restaurants, and individuals. Food donations are accepted.

Monday through Friday at the Methodist Church located on 10 Shank Painter Road from 9:30 a.m. to 12:30 p.m.

Soup Kitchen in Provincetown

10 Shank Painter Road

P.O. Box 538

Provincetown

(508) 487-8331

skip02657@verizon.net



Community Meals/Social Opportunity

Nauset Newcomers: Dining and Cooking Programs

Purpose is to offer new residents in the area more opportunities to become involved in their community. Offer group lunch, cooking, dining in dining out activities. Program Hours: Various.

Must be a member to participate.

Nauset Newcomers

www.nausetnewcomers.org

