

**“Healthy and Happy Eating For All” Program Sites: Upper-Cape Cod Region**

**\$\$ FOR FOOD**

**Benefits Assistance**

***Falmouth Council on Aging***

Council on Aging provides congregate meals, nutrition sites, home delivered meals, senior ride programs, benefit assistance, elder law, activities of daily living assessment, health insurance information/ counseling, recreational activities/ sports, senior centers, specialized information and referral.

60+

Town of Falmouth, Council on Aging

300 Dillingham Avenue

Falmouth

(508) 540-0196

senior@town.falmouth.ma.us

<http://www.town.falmouth.ma.us>



**Benefits Assistance**

***Mashpee Council on Aging***

Council on Aging provides congregate meals, nutrition sites, home delivered meals, senior ride programs, benefit assistance, elder law, activities of daily living assessment, health insurance information/ counseling, recreational activities/ sports, senior centers, specialized information and referral. Also provides AARP tax aide program sites and VITA programs.

60+

Town of Mashpee, Council on Aging

26 Frank E. Hicks Drive

Mashpee

(508) 539-1440

coa@ci.mashpee.ma.us

<http://www.ci.mashpee.ma.us>



**Benefits Assistance**

***Sandwich Council on Aging***

Council on Aging provides congregate meals, nutrition sites, home delivered meals, senior ride programs, benefit assistance, elder law, activities of daily living assessment, health insurance information/ counseling, recreational activities/ sports, senior centers, specialized information and referral. Also provides AARP tax aide program sites and VITA programs.

60+

Town of Sandwich, Council on Aging

270 Quaker Meetinghouse Road

East Sandwich

(508) 888-4737

Jtimmons@townofsandwich.net

<http://www.sandwichmass.org>



## ***“Healthy and Happy Eating For All” Program Sites: Upper-Cape Cod Region***

### **Benefits Assistance**

#### ***Bourne Council on Aging***

Human service department of the town which serves the issues and needs of seniors, 60 and over, or families with senior issues. The Council on Aging offers a range of services, programs, and activities. Some of the services and referrals provided are: Assessment and Evaluation, Assistance in Your Home, Care Planning, House Options, Nursing Homes, Respite Care, Medical Services, Transportation, Public Benefits Counseling, Recreational Activities, Volunteer Opportunities, SHINE (Serving Health Information Needs of Elders). Also provides AARP tax aide program sites and VITA programs.

Call for more info.

Town of Bourne, Council on Aging  
Bourne Veterans' Community Center  
239 Main Street  
Buzzards Bay  
(508) 759-0654  
<http://www.townofbourne.com>

---

### **Benefits Assistance**

#### ***Sandwich Nursing Department***

The Public Health Nurse's Office provides congregate meals, nutrition sites, home delivered meals, senior ride programs, benefit assistance, elder law, activities of daily living assessment, health insurance information/ counseling, recreational activities/ sports, senior centers, specialized information and referral.

Town of Sandwich  
270 Quaker Meetinghouse Road  
East Sandwich  
(508) 833-8020  
[publicnurse@townofsandwich.net](mailto:publicnurse@townofsandwich.net)  
<http://www.sandwichmass.org>

---

### **Benefits Assistance**

#### ***AIDS Support Group of Cape Cod***

AIDS Support Group provides free services to people infected and/or affected with HIV/AIDS living on Cape Cod and Martha's Vineyard. Service includes medical transportation, nutritional services, benefits assistance, AIDS/HIV prevention counseling, health insurance information/counseling, contraception, sexuality/reproductive health education, in home assistance, bereavement counseling and disability related counseling.

Must have an HIV diagnosis for case management services. Must be over 13 for testing and counseling services.

AIDS Support Group of Cape Cod  
100 Ter Heun Drive  
Falmouth  
(508) 495-7191  
<http://www.asgcc.org>

---

**“Healthy and Happy Eating For All” Program Sites: Upper-Cape Cod Region**

**Food Stamps/SNAP**

***Department of Transitional Assistance (Falmouth)***

The Massachusetts Department of Transitional Assistance (DTA), formerly known as the Department of Public Welfare, is the state agency responsible for administering public assistance programs for needy citizens of the Commonwealth. DTA provides financial and food stamp services to individuals and families that meet certain financial and categorical requirements. Additional services are provided to those individuals and families that meet program eligibility for the purpose of becoming self-sufficient. Also provide indigent funeral and burial expense not exceeding eleven hundred dollars provided that the expense does not exceed \$1500.00 Death benefits and other resources must be explored before funeral and burial expenses are authorized. DTA currently provides services to over 360,000 income-eligible families and individuals across the state. Because DTA emphasizes temporary assistance, recipients are encouraged to participate in education, training and job search activities, which promote responsibility and self-sufficiency. The Department has developed and continues to refine case management strategies to assist families transitioning from welfare to work. The standards for determining eligibility and the amount of assistance are established on an objective and equitable basis. Services include: Transitional Housing/Shelter, TANF, and Food Stamps.

To participate in DTA funded Employment Services Programs individuals must be eligible recipients with an approved DTA referral.

Massachusetts Executive Office of Health and Human Services (EOHHS)  
155 Katharine Lee Bates  
Falmouth  
(508) 495-1400



**Food Vouchers**

***Cowasuck Band of The Pennacook Abenaki People***

The Cowasuck Band of the Pennacook Abenaki People offers services, information and referral, and genealogical research for Native Americans, especially for the Pennacook-Abenaki tribe. Sponsor of a Native American Indian Legal Clinic focusing on religious rights, civil rights and social services for incarcerated Native Americans. Service includes food pantries, food vouchers, inmate support services, discrimination assistance and constitutional/civic rights groups.

Native Americans.  
COWASS North America, Inc.  
P.O. Box 54  
Forestdale  
(508) 477-1772  
cowasuck@comcast.net  
<http://www.cowasuck.org>

