

**Table 5.1.0 Estimated Senior/Elder Population of Barnstable County: Persons Age 55 and Older.** Data Sources: U.S. Census Bureau, Census 2000 and US Census ACS-2008 (3-Year Estimates).

Senior/Elder Population (town name abbreviation)	Persons Age 55+ (Per Census ACS 2008)	Persons Age 55+ (Per Census 2000)	Percent Growth In Persons Age 55+ Since Year 2000 (2000-2008)	Median Age of The Overall Population In Year 2008
	Count	Count	% Change	Years
Barnstable (including Hyannis) (BA)	14,970	14,689	+1.9%	44.0
Hyannis (separate)	N/A	N/A	N/A	N/A
Bourne (BO)	N/A	N/A	N/A	N/A
Brewster (BR)	N/A	N/A	N/A	N/A
Chatham (C)	N/A	N/A	N/A	N/A
Dennis (D)	N/A	N/A	N/A	N/A
Eastham (E)	N/A	N/A	N/A	N/A
Falmouth (F)	12,543	11,459	+9.5%	47.7
Harwich (H)	N/A	N/A	N/A	N/A
Mashpee (M)	N/A	N/A	N/A	N/A
Orleans (O)	N/A	N/A	N/A	N/A
Provincetown (P)	N/A	N/A	N/A	N/A
Sandwich (S)	4,813	4,686	+2.7%	40.5
Truro (T)	N/A	N/A	N/A	N/A
Wellfleet (W)	N/A	N/A	N/A	N/A
Yarmouth (Y)	9,656	10,383	-7.5%	47.7
<b>Barnstable County</b>	<b>81,485</b>	<b>76,773</b>	<b>+6.1%</b>	<b>46.2</b>

Note: Growth percentages and median ages above the Barnstable County average are showed as shaded.

## Section 5.1 Socio-Demographic Profile of Barnstable County Senior/Elder Residents

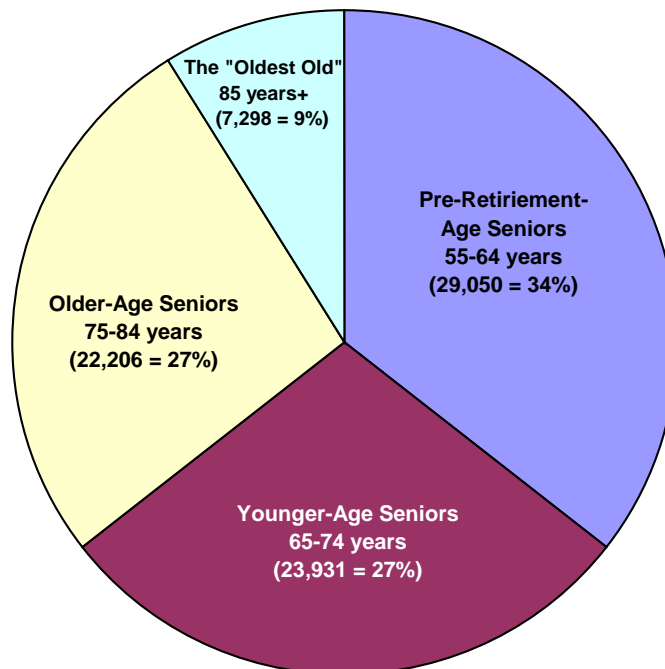
### 1. Senior/Elder Population (Permanent, Year-Round, Residents Age 55 and Older)

According to official 2008 U.S. Census Bureau estimates, there are over 81,000 permanent, year-round residents of Cape Cod who are age 55 or older. This represents thirty-seven percent (37%) of our total resident population. This percentage has grown steadily over the past few decades, currently representing a higher proportion of the Cape's total population than ever before.

Figure 5.1.1 shows the distribution of the Cape Cod senior/elder population by age grouping. Note: For purposes of this Report, age group names have been assigned as follows:

<u>Age Range</u>	<u>Age Group Name</u>
Age 55 and Older	"Seniors/Elders"
Ages 55–64 years	"Pre-Retirement–Age Seniors" (PRAS)
Age 65 and Older	"Older Adults"
Ages 65-74 years	"Younger-Age Seniors" (YAS)
Ages 75-84 years	"Older-Age Seniors" (OAS)
Age 85 and Older	"The Oldest Old" (TOO)

**Figure 5.1.1 Barnstable County Senior/Elder Population Estimates For Year 2008: Persons Age 55+ By Age Group**



**Total Barnstable County Senior/Elder  
(Age 55 and Older) Population in Year 2008 = 81,485**

Table 5.1.1 provides recent U.S. Census Bureau statistics concerning the age distribution of Cape Cod seniors and elders.

**Table 5.1.1 Estimated Age Distribution of Barnstable County Senior/Elder Residents:\* Persons Age 55 and Older, Years 2006-2008.** Data Source: U.S. Census Bureau, ACS-2006-2008 (3-year estimates).

Senior/Elder Age Groups	Age Range	Persons in Age Group	Percent of Total Senior/Elder Population
		Count	%
Pre-Retirement–Age Seniors	55-64 years	29,050	34%
Younger-Age Seniors	65-74 years	22,931	27%
Older-Age Seniors	75-84 years	22,206	27%
The “Oldest Old”	85 years+	7,298	9%

\* Permanent, year-round residents.

The Cape's age 65+ population totals 52,435 (or 23.6% of the Cape's total resident population), the 75+ population totals 29,050 (or 13.3%), and the 85+ population totals 7,298 (or 3.3%).

### Households With Seniors/Elders

By the year 2008, more than one-half (55%) of all Cape Cod households included at least one senior/elder (age 55 or older). This represented 51,350 households. On average, there are 1.6 persons age 55 or older in each of these so-called “*senior/elder households*.”

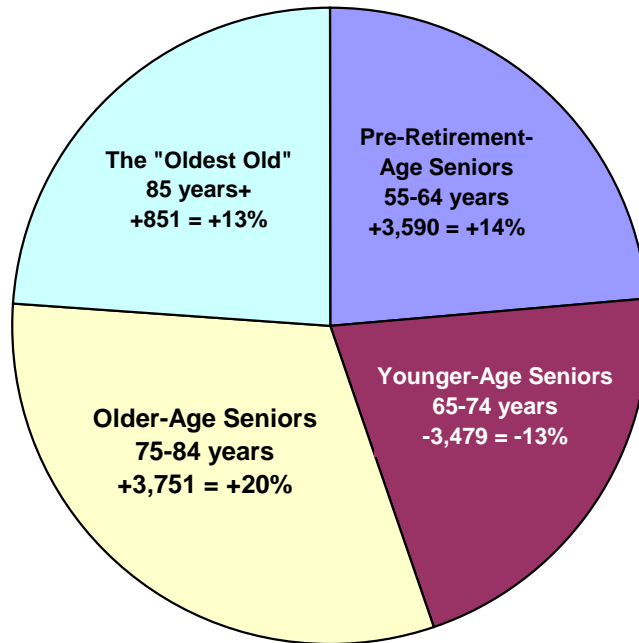
**2. Growth in Senior/Elder Population:** Table 5.1.2.a provides statistics concerning changes in the size of Cape Cod senior and elder age groups since the year 2000 (Period: 2000-2008).

**Table 5.1.2.a Growth of Senior/Elder Population in Barnstable County Towns:\* Age Group-Specific Changes in Size of Population of Persons Age 55 and Older, By Age Group, Since 2000. Four Largest Towns Only.** Data Source: U.S. Census Bureau, Census 2000 and ACS-2006-2008 (3-Year Estimates).

Geographic Region Of Cape Cod	Overall Growth in AGE 55+ Population	Growth in “PRAS” Population (Ages 55-64)	Growth in “YAS” Population (Ages 65-74)	Growth in “OAS” Population (Ages 75-84)	Growth in “TOO” Population (Age 85+)
	Count	Count	Count	Count	Count
Town of Barnstable	+281	+640	-1,231	+556	+315
Town of Falmouth	+1,084	+202	-94	+857	+120
Town of Sandwich	+127	+328	-106	-210	+115
Town of Yarmouth	-727	+329	-978	+10	-88
Barnstable County Totals	+4,712	+3,590	-3,479	+3,751	+851

\* Permanent, year-round residents.

**Figure 5.1.2 Growth in The Barnstable County Senior/Elder (Age 55+) Population: 2000 to 2008**



**Total Growth in Barnstable County Senior/Elder Population (Age 55 and Older) Between 2000 and 2008 = +4,712 or +6%**

Table 5.1.2.b provides statistics concerning percentage changes in the size of Cape Cod senior and elder age groups since the year 2000 (Period: 2000-2008).

**Table 5.1.2.b Percentage Growth of Senior/Elder Population in Barnstable County Towns:\* Age Group-Specific Changes in Percentage of Population of Persons Age 55 and Older, By Age Group, Since 2000. Four Largest Towns Only.** Data Source: U.S. Census Bureau, Census 2000 and ACS-2006-2008 (3-Year Estimates).

Geographic Area	Overall Growth in AGE 55+ Population	Growth in "PRAS" Population (Ages 55-64)	Growth in "YAS" Population (Ages 65-74)	Growth in "OAS" Population (Ages 75-84)	Growth in "TOO" Population (Age 85+)
	%	%	%	%	%
Town of Barnstable	+2%	+13%	-25%	+16%	+29%
Town of Falmouth	+10%	+5%	-2%	+34%	+14%
Town of Sandwich	+3%	+17%	-7%	-21%	+37%
Town of Yarmouth	-8%	+11%	-28%	+0.3%	-8%
Barnstable County Totals	+6%	+14%	-13%	+20%	+13%

\* Permanent, year-round residents.

### 3. Gender [Sex] Distribution of Cape Cod's Senior/Elder Population:

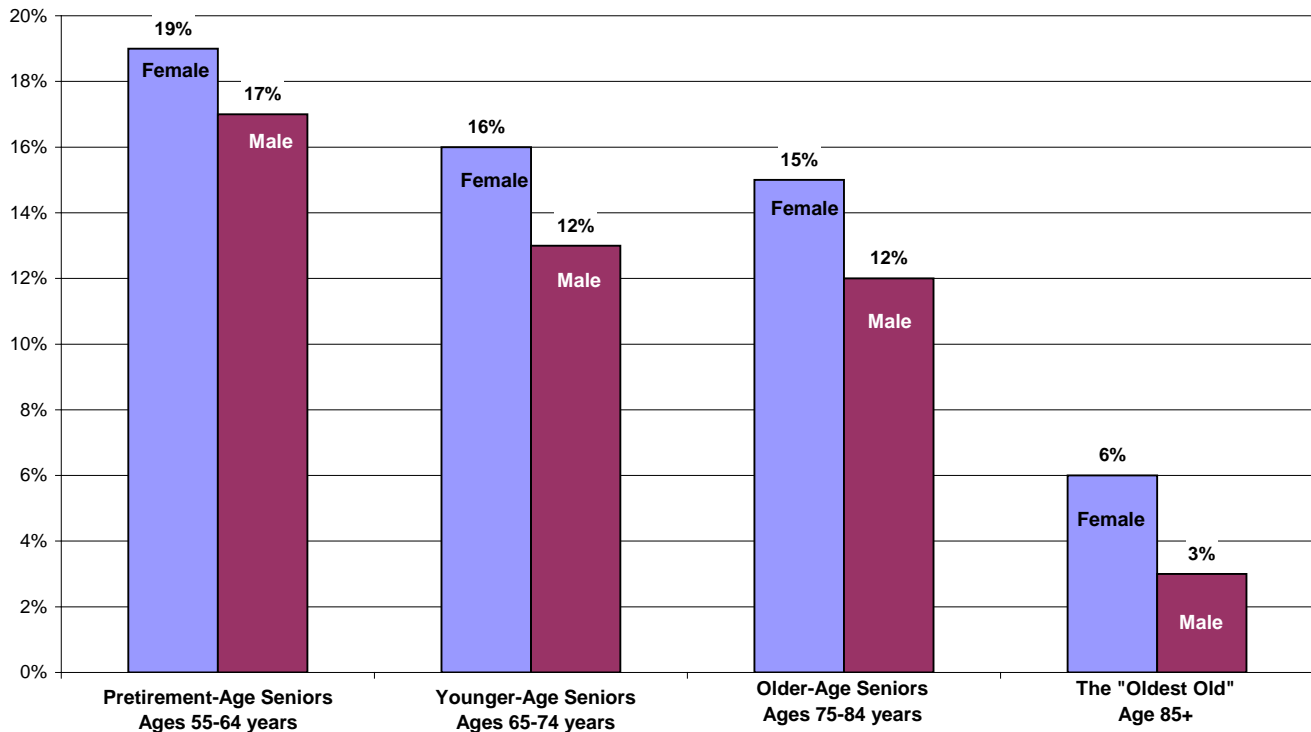
Table 5.1.3 provides recent U.S. Census Bureau statistics concerning the gender [sex] distribution of Cape Cod seniors and elders.

**Table 5.1.3.a Estimated Gender Distribution of Barnstable County Senior/Elder Residents:\* Persons Age 55 and Older in Year 2008.** Data Source: U.S. Census Bureau, ACS 2006-2008 (3-year est's).

Gender	Overall AGE 55+ Population	"PRAS" Population (Ages 55-64)	"YAS" Population (Ages 65-74)	"OAS" Population (Ages 75-84)	"TOO" Population (Age 85+)
	Count	Count	Count	Count	Count
Age 55+ Females	45,930	15,555	12,900	12,620	4,890
Age 55+ Males	35,505	13,495	10,031	9,586	2,408
Overall Age 55+ Totals	81,485	29,050	22,931	22,206	7,298

\* Permanent, year-round residents.

**Figure 5.1.3 Gender [Sex] Distribution of Barnstable County Senior/Elder (Age 55+) Population in Year 2008**



**Percentage of Total Barnstable County Senior/Elder (Age 55+) Population: Year 2008**

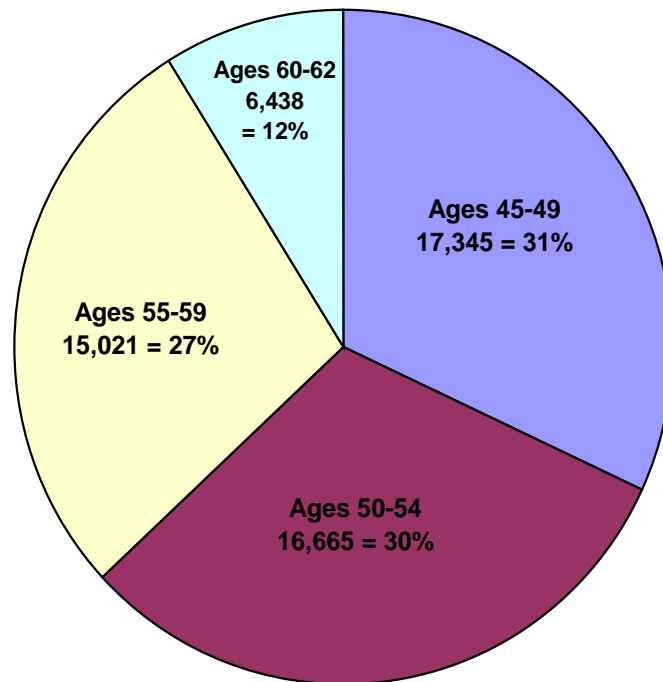
**Table 5.1.3.b Estimated Gender Distribution of Barnstable County Senior/Elder Residents:\* Persons Age 55 and Older in Year 2008.** Data Source: U.S. Census Bureau, ACS 2006-2008 (3-year est's).

<b>Gender</b>	<b>Overall AGE 55+ Population</b>	<b>“PRAS” Population (Ages 55-64)</b>	<b>“YAS” Population (Ages 65-74)</b>	<b>“OAS” Population (Ages 75-84)</b>	<b>“TOO” Population (Age 85+)</b>
	%	%	%	%	%
Age 55+ Females	56%	19%	16%	15%	6%
Age 55+ Males	44%	17%	12%	12%	3%
Overall 55+ Totals	100%	36%	28%	27%	9%

\* Permanent, year-round residents.

**4. The “Baby Boom” Generation on Cape Cod: (Residents\* Ages 45-62 in year 2008)**

**Figure 5.1.4 "Baby Boomer" Population in Barnstable County in Year 2008 (Persons born during the years 1946-1964)**



**Barnstable County "Baby Boomers" in Year 2008 (Ages 45-62)**

Table 5.1.4 provides estimates of the age distribution of Cape Cod’s “baby boomers” in the year 2008 based upon recent U.S. Census Bureau statistics. \*\*

**Table 5.1.4 Estimated Age Distribution of Barnstable County “Baby Boomers”:  
Persons Ages 45-62 in Year 2008.** Data Source: U.S. Census Bureau, ACS 2006-2008 (3-year est’s).

Age Group	Estimated Number of Persons Ages 45-62 (“Baby Boomers” in 2008)**	Estimated Percentage of Persons Ages 45-62 (“Baby Boomers” in 2008)**
	Count	%
Ages 45-49 years	17,345	31%
Ages 50-54 years	16,665	30%
Ages 55-59 years	15,021	27%
Ages 60-62 years	6,438	12%
<b>Barnstable County “Baby Boomer” Totals</b>	<b>55,469</b>	<b>100%</b>

\* Permanent, year-round residents.

\*\* Estimates based on the number of persons ages 45-62 in Barnstable County in year 2008, per U.S. Census Bureau, ACS 2006-2008 (3-year est’s).

### 5. Older Adults Living Alone On Cape Cod: (Age 55+ and Living Alone)

Living alone is a primary element of isolation of the Cape’s senior/elder population. Research over the past five years shows that more than one-fifth (22%) of Barnstable County senior/elder households (those with any age 55+ person) consist of one adult living alone and in households with no one younger than age 55, one-third (33%) consist of one adult living alone. Census Bureau data (ACS 2006-2008 estimates) tell us that the “adult living alone” percentage is even higher (39%) for households where someone is age 65 or older.

### 6. Sources of Income Of Older Adults On Cape Cod: (Other than employment-related Income)

Table 5.1.6 provides year 2008 statistics concerning non-employment income among Cape Cod senior/elder households from sources other than employment (i.e., Social Security, retirement).

Per U.S. Census Bureau statistics, four-in-ten (39%) Cape households receive some Social Security income. One-quarter (26%) receive some retirement income, and about three percent receive Supplemental Social Security (SSI) payments. Total retirement income on Cape Cod is an estimated \$687 million annually, while Social Security income yields another \$630 million—together, summing to an annual total of more than \$1.3 billion.

**Table 5.1.6 Non-Employment Income Sources In Barnstable County Households in Year 2008\*** Data Source: U.S. Census Bureau, ACS 2006-2008 (3-year est's)

	Households With Social Security Income**	Households With Supplemental Social Security Income (SSI)**	Households With Retirement Income**
	Count	Count	Count
Barnstable County Totals	37,944	2,583	25,361
Barnstable County Average Payments (\$)***	\$16,627	\$8,126	\$27,081

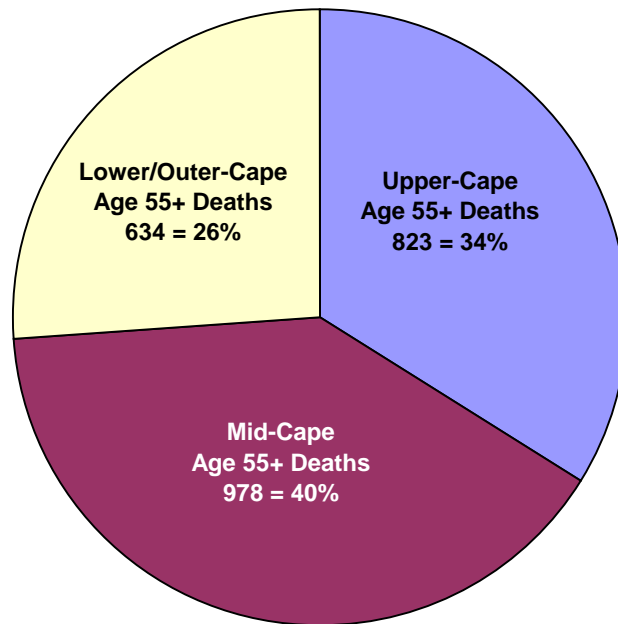
\* Households of permanent, year-round residents.  
 \*\* From the U.S. Census Bureau, American Community Survey (ACS) 2006-2008, 3-Year Estimates.  
 \*\*\* Average [mean] annual payment received per household.

**7. Poverty Among Older Adults On Cape Cod: (Age 65+ and Living in Poverty)**

Per the U.S. Census Bureau (ACS 2006-2008 3-year est's) 5.2% of Cape Codders age 65 and older (or about 2,700 persons) were living under 100% of poverty. This percentage represents about one-fifth of the Cape's "living under 100% of poverty" population, and compares with a 6.0% poverty level among all Cape Cod residents. Living under 100% of poverty currently means a household income below \$10,830 for an individual living alone, below \$14,570 for a 2-person household, below \$18,310 for a 3-person household, and below \$22,050 for a 4-person household.

**8. Senior/Elder Mortality On Cape Cod: (Deaths of Persons Age 55 and Older)**

**Figure 5.1.8 Distribution of Barnstable County Senior/Elder (age 55 and older) Deaths: Year 2007**



**Total Barnstable County Year 2007 Deaths Among The Senior/Elder (Age 55+) Population = 2,435**

Table 5.1.8 provides year 2007 statistics concerning the geographic (regional) distribution of deaths among Cape Cod seniors and elders (persons age 55+). Deaths to age 55+ Cape Codders represented 91.5% of total Cape Cod deaths in the year 2007 (2,660 total).

Note: 2007 is the latest year for which official death data are available from the Mass. Dept. of Public Health.

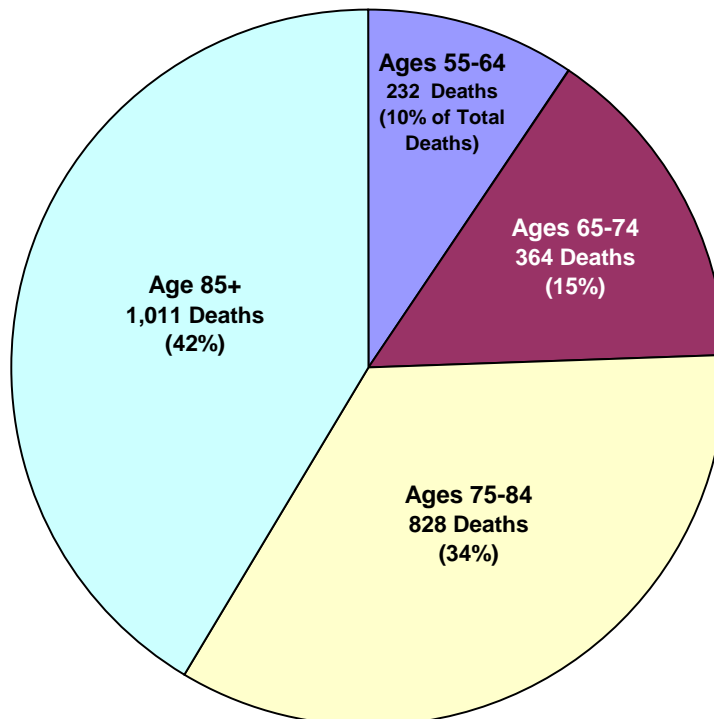
**Table 5.1.8 Deaths By Region of Barnstable County Senior/Elder Residents:\* Year 2007.**

Data Source: Mass. Dept. of Public Health, MassCHIP at October 5, 2009.

Geographic Region Of Cape Cod	Deaths of Persons Age 55+ In Year 2007	Regional Percentage of Total Deaths of Persons Age 55+ in Year 2007
	Count	%
Upper-Cape (BO, F, M, S)	823	34%
Mid-Cape (BA, D, Y)	978	40%
Lower/Outer-Cape (BR, C, E, H, O, P, T, W)	634	26%
<b>Barnstable County Senior/Elder (age 55+) Totals*</b>	<b>2,435</b>	<b>100%</b>

\* Permanent, year-round residents age 55 or older.

**Figure 5.1.9 Distribution of Barnstable County Senior/Elder (age 55 and older) Deaths by Age Group: Year 2007**



Total Barnstable County Year 2007 Deaths Among The Senior/Elder (Age 55+) Population = 2,435

**Table 5.1.9 Deaths By Age Group of Barnstable County Senior/Elder Residents:\* Year 2007.**

Data Source: Mass. Dept. of Public Health, MassCHIP at October 5, 2009.

Senior/Elder Age Group	Number of Deaths In Year 2007	Percentage of Total Deaths of Persons Age 55+ in Year 2007
	Count	%
Ages 55-64	232	10%
Ages 65-74	364	15%
Ages 75-84	828	34%
Age 85+	1,011	42%
<b>Barnstable County Senior/Elder (age 55+) Totals*</b>	<b>2,435</b>	<b>100%</b>

\* Permanent, year-round residents age 55 or older

