



**BARNSTABLE COUNTY DEPARTMENT OF HUMAN SERVICES
BARNSTABLE COUNTY HEALTH & HUMAN SERVICES ADVISORY COUNCIL
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**Barnstable County Health and Human Services Advisory Council
Thursday, March 24, 2011
Hyannis Transportation Center ~ 9:00–10:30 AM**

Barnstable County Council for Children, Youth & Families:
Barnstable County Human Rights Commission:
Behavioral Health:
Cape & Islands HIV/AIDS Service Coordination Collaborative:
Cape & Islands Regional Domestic Violence Council:
Cape & Martha's Vineyard Community Health Center Network:
Cape Cod Council of Churches:
Cape Cod Healthcare:
Cape Cod Hunger Network:
Cape Cod Neighborhood Support Coalition:
CAREER Collaborative:
Community Action Committee of Cape & Islands:
Community Benefits:
Community Health Network Area (CHNA):
Consumer:
Disability Network:
Grant Makers Collaborative:
Legal Aid Coalition of SE Mass:
Lower Cape Councils on Aging:
Mid Cape Councils on Aging:
Power in Aging Collaborative:
Regional Network to End Homelessness:
Substance Abuse:
Town Health Departments:
Tri County Collaborative for Oral Health Excellence:
Upper Cape Councils on Aging:
Upper Cape Health & Human Services:
Wampanoag Tribal Health Center:

In attendance (Members):

Kathy Quatromoni (Rep)

Caronanne Procaccini (Alt)
Heidi Nelson (Rep), Karen Gardner (Alt)

Brenda Swain (Rep)

Katherine Wernier (Rep), Steve Brown (Alt)
Jeanne Adams (Rep)
Hadley Luddy (Rep)

Roberta Kaiser (Rep)
Caronanne Procaccini (Rep)
Karen Cardeira (Rep)

BL Hathaway (Rep)

Karen Cardeira (Rep)

Staff: Barnstable County Department of Human Services: Beth Albert, Kathie Callahan, Christine Stein

Elected Officials: Assembly of Delegates: Ø County Commissioners: **Sheila Lyons**

Guests: Ingrid Muzy Murray – HRC, Marcy Hendricks, Kim Frye & Rita Lopez – Mashpee Wampanoag Tribe, George Bryant, Jacqueline Fields – HRC, Darlene Perkins – CACCI, Isobel Thomas – Duffy Health Center, Monica Mullins – Senator Murray's office, Tom Bernardo – Rep. Atsalis's office

Unable to attend: Diane Munsell, Deb Battles, Liz Smith, Stefanie Coxe, Kate McHugh

Welcome/Introductions

Approval of February minutes:

Motion by **Brenda Swain**, seconded by **Jeanne Adams** to accept the February minutes as written – Motion approved.

Health Equity Documentary & Discussion – Lee Wortherspoon & Jackie Fields: The Healthy Immigrant Families Project goal is to improve access to health care and support services for groups experiencing health care

inequities based on race, ethnicity, immigration status, age, mental illness and sexual orientation as well as increase community knowledge of health disparities, promote active community engagement and support culturally sensitive care and healthy lifestyles. The initiative encourages healthy choices in order to prevent risk factors for chronic illnesses. The project sponsors activities in the areas of nutrition education and healthy eating, physical activity and stress reduction. A brief film was shown from the acclaimed documentary series *Unnatural Causes* broadcast by PBS and now used by organizations around the country to tackle the root causes of our alarming socioeconomic and racial inequities in health. After viewing the film a discussion noted that there is a very diverse population on Cape Cod. Isolation and limited social opportunities can in some cases create increased physical and mental health issues. Immigrant populations appear to have less health issues. Programs that promote resiliency and create opportunities to learn/teach healthy opportunities are vital. There is a need to shift from individual focused management to community based support systems that promote healthy choices.

Research & Data Update – Christine Stein:

2010 US Census: County socio-economic detail data are available; the town level is limited to total population and race/ethnicity at this time. Christine will summarize by town as additional data become available.

2011 County Health Rankings: The second annual report will be released March 30th (2011); this is a collaborative project of the Robert Wood Johnson Foundation and University of Wisconsin Population Health. The Rankings provide a selection of health outcomes and health factors data by county in each state, and ranks each county within a state. There is a wealth of information on the website (countyhealthrankings.org); Christine will provide a written summary to the HHSAC once the 2011 version is issued. Christine views the Rankings as a good springboard for considering other routine indicators of the health and social wellbeing of Barnstable County that the Department could release as a dashboard. Some limitations of the Rankings are a) indicators are those available for all/most counties across the nation – there are other many other useful indicators available at the county-level in Massachusetts, b) the data are combined across years to obtain an average (which is necessary for small counties where sample sizes are small), and hence the included data can be ‘old’ – we can obtain more current data and look at trends over time by year (Christine’s examples were health insurance, unemployment and crime data), and c) counties are a broad mix of communities, so it is important to look at town-level data also as feasible.

Old Business:

- **HHSAC Subcommittee Structure – Beth Albert:** Based on the discussion that took place at the February meeting regarding subcommittees and a recommendation for a new Government Liaison subcommittee, Beth reviewed the entire subcommittee structure. With the exception of the HRC Nominating Committee, the other standing subcommittees have not been meeting on a regular basis.

The 2009-2010 Subcommittee Structure & Purpose and a newly Proposed Subcommittee Structure & Purpose document were distributed for review. Beth briefly discussed the proposed structure and purpose of each subcommittee and encouraged members to review the proposal prior to the next meeting as it will be discussed at the April meeting. The following summarizes the recommendations:

- retain the Human Rights Commission Nomination Committee;
- combine the Membership & Governance Committee,
- add a Government Liaison (Communication) Committee and a standing Planning Committee.

New Business:

- **Assembly of Delegates Dept. of Human Services Budget Hearing – March 30th at 1:00 PM:** HHSAC members are welcome to attend. Beth noted that the full FY12 Human Services budget proposal has been recommended by the County Commissioners to the Assembly of Delegates. This includes some new funding to continue the department’s work with Regional projects i.e. Mass 211, C&I Suicide Prevention Coalition, C&I Regional Network to End Homelessness, and the Healthy Connected Cape Cod initiative. Sheila Lyons noted that Beth has done a great job with the initiatives the department collaborates on and would like to see this important work continue with the human service agencies community on the Cape & Islands.

- **Nominations for Representatives to HHSAC – Kathie Callahan:** Terms for representatives and alternates of nine consortia on the HHSAC will be expiring on 5/31/11. Letters and nomination forms are being distributed to those groups and should be returned to the Department of Human Services by April 30th. The list of nominated representatives and alternates will then be forwarded to the County Commissioners for appointment to 3 year terms beginning 6/1/11.
- **Agenda items for next meeting:** Karen Gardner of the Community Health Center of Cape Cod in Mashpee will provide an update on the School-based Health Centers and the Community Health Center Network. Christine Stein will present on the 2011 Community Health Rankings.

Announcements:

Ingrid Muzy Murray: Human Rights Commission has scheduled drop-in hours from 4 – 7 PM on Tuesdays for the months of March & April at the Hyannis Transportation Center. No appointment needed. Speak to a HRC Commissioner for comments, questions or discussion on discrimination issues

Caronanne Procaccini: CACCI is hosting budget discussion with Cape legislators on March 25th at 1:00 PM at their agency at 115 Enterprise Rd. in Hyannis

Caronanne Procaccini: CACCI has programs available to connect seniors to services i.e. assistance in applying for food stamp benefits (SNAP), at home if requested; in-home safety assessments, advocates available for homelessness prevention & to address utility shut-offs, information & referral focused on the needs of seniors. For more information call 508-771-1727 ext 143 or 800-845-1999. CACCI also provides Caregiver Toolkits with information on nutrition, food safety tips, hands on skills, relaxation yoga as well as workshops. Call for more information.

Steve Brown: Community conversation with teens & parents to talk about teens, relationships & violence on April 6th, 2:30 – 4:00 PM at the Harwich Community Center and April 13th from 5:30 – 7:00 PM at the Zion Union Heritage Museum in Hyannis. Sponsored by the UMass Dartmouth and the Cape Cod Justice for Youth Collaborative.

Steve Brown: Commonwealth Solutions is conducting a short, confidential and anonymous survey regarding the potential for offering a wellness-based support program to employees and volunteers of non-profit Cape Cod organizations. To obtain the survey or for more information contact Steve Brown at comsol@cape.com or 508/862-9984. Surveys due back by April 1, 2011.

Meeting adjourned at 11:00 AM

NEXT MEETING: April 28, 2011, 9:00 – 10:30 AM at the Hyannis Transportation Center