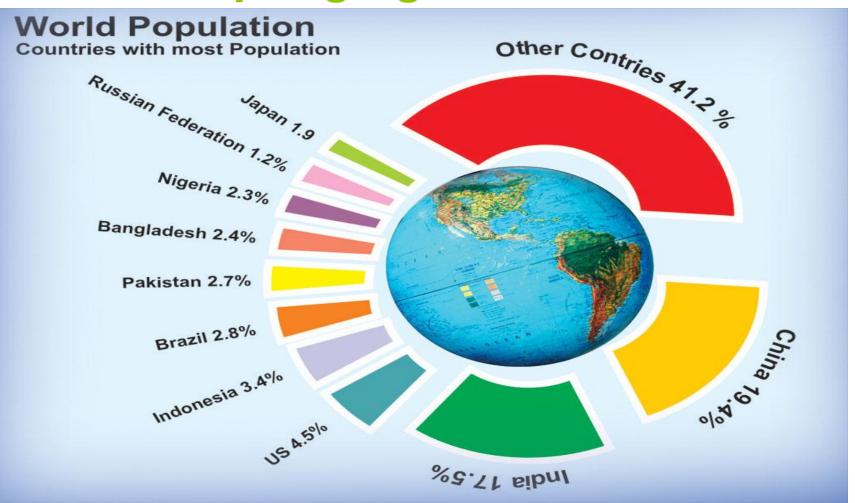
World Health Organization Age Friendly Community

Aging & Disability Conference Forum III Hyannis, MA, USA

Prepared by Kathi Bailey, Director of Senior Services Yarmouth, MA, USA May 16, 2014

Two Global Forces Shaping 21st Century: Aging & Urbanization



<u>Age Friendly Key Words</u>

Structures

Services

Policies

Capacities



5/19/2014

Age Friendly Community Advantages

Because active ageing is a lifelong process, an age-friendly city is not just "elderly friendly".

Barrier-free buildings and streets enhance the **mobility and independence of people** with disabilities, young as well as old.

5/19/2014

Age Friendly Community Advantages

Secure neighborhoods allow children, younger women and older people to venture outside in confidence to participate in physically active leisure and in social activities.

Age Friendly Community Advantages

Families experience

less stress

when their older members have the community support and health services they need.

Age Friendly Community Advantages

The

whole community benefits

from the participation of older people in volunteer or paid work.

Age Friendly Community Advantages

The operative word in age-friendly social and physical urban settings is

Enablement

5/19/2014

Age Friendly Community Advantages

Finally, the local economy profits from the patronage of

older adult consumers



5/19/2014

WHO Age Friendly Assessment Journey 8 Checklists to Provide

8 Checklists to Provide Focus

Figure 6. Age-friendly city topic areas



Age Friendly Outdoor Spaces and Buildings Checklist

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- Environment
- Green Spaces and Walkways
- OutdoorSeating
- Pavements
- Roads

- Traffic
- Cycle Paths
- Safety
- Services
- Buildings
- Public Toilets

Age-Friendly Housing Checklist

- Affordability
- Essential Services
 Community
- Design
- Modifications
- Maintenance
- Aging in Place

- CommunityIntegration
- Housing Options
- LivingEnvironment

Age-Friendly Civic Participation and Employment Checklist

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- VolunteeringOptions
- EmploymentOptions
- Training
- Accessibility
- Civic

- Participation
- ValuedContributions
- Entrepreneurship
- Pay

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Age Friendly Transportation Checklist

- Affordability
- Reliability and Frequency
- Travel Destinations
- Age-Friendly Vehicles
- Specialized Services
- Priority Seating
- Transport DriversParking
- Safety and Comfort

- Transport Stops and Stations
- Information
- Community Transport
- Taxis
- Roads
- Driving Competence

Age-Friendly Respect and Social Inclusion Checklist

- Respectful and Inclusive services
- Public Image of Aging
- Intergenerational and Family Interaction
- Public Education
- Community Inclusion
- Economic Inclusion

Age Friendly Social Participation Checklist

- Accessibility of Events and Activities
- Affordability
- Range of events and activities
- Facilities and Settings
- Promotion and Awareness of Activities
- Addressing Isolation
- Fostering Community Integration

Age Friendly Communities

Global to Local

Age-Friendly Communication Checklist

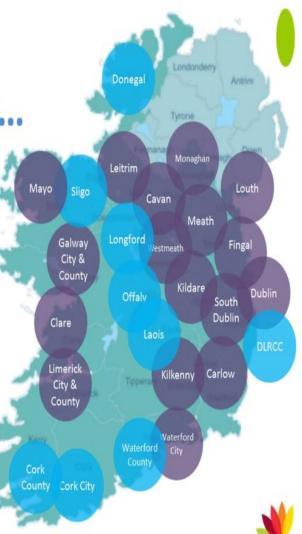
- Information offer
- Oral Communication
- Printed Information
- Plain Language
- Automated communication and equipment
- Computers and Internet

Age-Friendly Community and Health Services Checklist

- Service Accessibility
- Offer of Services
- Voluntary Support
- Emergency Planning and Care

The Story so far in Ireland: 5 years in...

- Programme now adopted and operational across 19 of the 34 Local Authority areas
- Commitment now in place for the programme to be adopted across a further 9 Local Authority areas across 2014
- Goal is for <u>all</u> Local Authorities to have adopted the Programme by end 2015





Portland's Age-Friendly Timeline ____







Fall 2006:

PSU/Portland begins collaboration with the WHO on its Global Age-Friendly Cities project

Spring 2010: Application for membership in WHO Global Network of

Age-Friendly Cities

Spring 2012 -Portland Plan with "Portland is a Place for All Generations" published













Spring/Summer

2007: Baseline assessment completed: reports to WHO and Portland community





Spring 2011:

Official acceptance into WHO Network; presentation of certificate to City Council



Fall 2013: Action Plan for an Age-Friendly Portland approved by City Council





Yarmouth Age Friendly Community Project 2014 - 2019

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Yarmouth, Massachusetts "WE" Age Friendly Community

A Mindful Complement to Yarmouth Board of Selectmen Goals

- Integrating the needs of our aging citizens of Yarmouth with economic development
- Collaborating cross-functionally throughout municipality and regional agencies
- o Fostering partnerships with Business Community
- Contributing to positive educational relationships and Intergenerational experiences
- O Improving customer service to the Yarmouth Seniors through inclusion
- O Developing planning and policy space

Thank you for Your Time and Commitment to a successful journey building Age Friendly Cities and Communities – it just might be our economic advantage!

AND

Many thanks to my mentor, Professor Jan Hively for providing wisdom and guidance as a positive and active aging Yarmouth resident!

Yarmouth – A great place to AGE for a day or a Lifetime!

