



**BARNSTABLE COUNTY**  
**DEPARTMENT OF HUMAN SERVICES**  
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## **MEETING MINUTES**

### **REGIONAL SUBSTANCE USE COUNCIL (RSAC)**

**Thursday, March 7<sup>th</sup>, 2019**

**3:30pm - 5:00pm**

**Cape Cod Commission Conference Room, 3225 Main St., Barnstable County Complex**

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**Members Present:** Carl Alves, Chasity Armstrong-Menard, Jaime Binienda, Shaun Cahill, Chris Greeley, Lisa Guyon, Suzie Hauptmann, Michael Jackman, Mary LeClair, Judy Scarafile, Jeffrey Soares, Robin Wallace, Regina Yaroch, Corrie Vilsaint, Patty Mitrokostas

**Members of the Public:** Nick Mazzoni, Fiona Jensen, Frank Caruso, Maureen Linehan, Deb Martin, Cindy Horgan, Bruce Murphy

**Barnstable County Staff:** Vaira Harik, Kim Slade, Maria Silva

**Guests:** Tom Hostetter and Frank Caruso

**Unable to attend:**

**Elected Officials:** 0; **Assembly of Delegates:** 0; **County Commissioners:** 0

- **Welcome and Introductions:** Vaira Harik facilitated the meeting which began at 3:30pm. Introductions were made by individuals. Lisa Guyon announced her new position of Executive Director at WE CAN as of March 25, 2019.
- **Approval of Minutes:** January 3<sup>rd</sup>, 2019 Meeting Minutes: Chair asked for motion to approve, Regina Yaroch made notation of an error in her update, asking that the phrase “cheating recovery together” be changed to “achieving recovery together”. Motion to approve the Minutes with change were made by Mary LeClair seconded by Patty Mitrokostas. All in favor, no opposed, no abstained.
- **Announcement on meeting locations:** 2019 meeting locations will be variable until June using both Cape Cod Commission Conference Room and Harborview Conference Room.
- **Presentation by Tom Hostetter** (Vivitrol Program Director) **and Frank Caruso** (VIPS Recovery Coach) of the Barnstable County Corrections Inmate Services Dept. of the Barnstable County Sheriff’s Office. Handout of “Vivitrol Increased Participation Services” was distributed. **(Handout attached)**
- **Member Updates and Announcements:** Members gave news updates on various items.

### ***Creating a Healthy Connected Cape Cod***

*The Mission of the Department of Human Services is to plan, develop, and implement programs which enhance the overall delivery of human services in Barnstable County and promote the health and social well-being of County residents through regional efforts that improve coordination of services.*

➤ **Adjournment**

Chair asked for motion to approve meeting adjournment at 5:07pm, so moved by all members and seconded by all members. Next Meeting scheduled for Thursday, April 4<sup>th</sup>, 2019 - Location to be determined.

**Respectfully submitted by:** Maria Silva, Human Services Dept.

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**BCCF VIPS STAFF**

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THESE SERVICES ARE FULLY  
FUNDED BY A FEDERAL GRANT  
THROUGH THE U.S. DEPARTMENT  
OF HEALTH AND HUMAN SERVICES,  
SUBSTANCE ABUSE AND MENTAL  
HEALTH SERVICES AGENCY

## VIPS PROGRAM

In addition to staple reentry services participants qualify for:

Private sessions with VIPS Clinician prior to release (to include motivational interviewing, cognitive behavioral therapy, and post release planning)

Initial Vivitrol injection (prior to release)

Referral to Vivitrol provider (for follow-up appointments)

Recovery Coach for 6 months post release to provide:

Time management assistance  
 Transportation  
 Job search assistance  
 Home visits  
 Social and emotional support  
 24-hour availability (via cell phone)

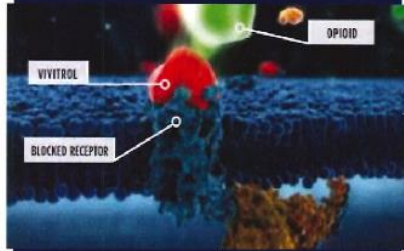


Average Clean Time:  
 Without a Recovery Coach = 60 days  
 With a Recovery Coach = 300 days

*WRT*  
 Recovery Coaching

### VIVITROL IS:

A 28-day time released injection  
 Used for treatment in alcohol and opiate addiction  
 An opiate blocker (antagonist)  
 FDA approved  
 Non-addictive and nonnarcotic  
 Found to work best in combination with therapy and support services  
 Recommended use 12 months



### VIVITROL IS NOT:

A controlled substance  
 Pleasure producing  
 A substitution for opiates  
 Linked to withdrawal upon discontinuation of use

### RE-ENTRY

The re-entry process starts 60-90 days prior to release.

**Services include:**  
 Benefits Enrollment Assistance  
 Mass Health & SNAP

**Support Services**  
 AA / NA Groups  
 Aftercare group – Falmouth & Hyannis

**Employment Services**  
 Career Opportunities

**Mental Health Services**  
 SOAP, IOP, PHP, Individual Counseling

**Program Placements**  
 Sober Homes  
 Long Term Treatment Facility

**Identification Assistance**  
**Substance Abuse Services**  
 Transportation Services