



BARNSTABLE COUNTY
DEPARTMENT OF HUMAN SERVICES
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MEETING MINUTES

REGIONAL SUBSTANCE USE COUNCIL (RSAC)

Thursday, April 4th, 2019

3:30pm - 4:00pm

VIA CONFERENCE CALL

605-313-5104, Access Code 709227#

Members Present: Amy Doherty, Chris Greeley, Tom Hostetter, Sheila House, Michael Jackman, Judge Julian, Mary LeClair, Heidi Nelson, Ruth Provost, Brian Robbins, Judy Scarafile, Robin Wallace, Gail Wilson, Regina Yaroch, Ann Marie Askew

Members of the Public: 0

Barnstable County Staff: Vaira Harik, Kim Slade, Maria Silva

Guests: 0

Unable to attend:

Elected Officials: 0; **Assembly of Delegates:** 0; **County Commissioners:** 0

- **Welcome and Introductions:** Vaira Harik facilitated the meeting which began at 3:33pm. Introductions were made by the individuals. Vaira called the meeting to order stating this was the first time the RSAC has had its meeting via conference call and that, in keeping with Open Meeting Law, there will be no voting on the previous meeting minutes of March 7th, 2019.
- **Discussion of Minutes:** The meeting minutes of March 7th, 2019 were discussed. A vote to approve will be taken at the next meeting on May 2nd. Vaira thanked Tom for his excellent presentation given at the last meeting and noted it had stimulated productive follow up conversations.
- **Announcement on meeting locations:** The location of future RSAC meetings will be at the Harborview Conference Room effective with our next meeting on May 2nd, unless otherwise notified.
- **Member Updates and Announcements:** Members gave news updates on various items.
- Kim Slade spoke about an upcoming Vaping presentation that will be at our May 2nd meeting. Morissa Vitale, the Tobacco Control Representative who is based out of Fall River will be giving this presentation. Kim also mentioned that her department's new Vaping Infographic flyer is available for distribution should anybody want them. The annual Parent Summit will be held on May 19th at the Cape Codder

Creating a Healthy Connected Cape Cod

The Mission of the Department of Human Services is to plan, develop, and implement programs which enhance the overall delivery of human services in Barnstable County and promote the health and social well-being of County residents through regional efforts that improve coordination of services.

Resort in Hyannis. Topics to be addressed at the Parent Summit will include positive coping skills to combat stress and anxiety (for children and parents), and vaping.

- **Vaira** mentioned that the SAPC Grant is offering mini-grants to SAPC communities for projects to be completed in this fiscal year. Two applications for funding were received: from the Dennis-Yarmouth School District and from the Yarmouth Substance Use Coalition. She also spoke about a marketing push to businesses and Human Resource Directors on the Cape for the Employer Toolkit which her department has developed. The project will take place in May and June, with a break in the summer, and then in September and October. This Toolkit is a two page flyer on the My Choice Matters website (<https://www.mychoicematters.net/>) This flyer has links to documentation by subject area that would be of interest to employers for the realities of substance use, tools to address the problems, legal concerns, etc., similar to an employers handbook. The plan is to do the same thing with vaping toolkit in the future.
- **Jeannie Yaroach** spoke about the front page story in the Sunday Cape Cod Times. It's a new series called 'Paths to Recovery'. The RSAC Recovery Workgroup will discuss ways to best interact with the newspaper regarding this series.
- Next meeting is **Thursday, May 2nd, 2019, 3:30-5:00pm at Barnstable County Complex in Barnstable Village, Harborview Conference Room**
- **Adjournment**
Conference call adjourned at 4:00pm.

Respectfully submitted by: Maria Silva, Human Services Department