

RSAC

Barnstable County Regional Substance Use Council



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ISSUE: #85

August 7, 2019

Greetings!

Welcome to the newsletter from Barnstable County Regional Substance Use Council.

SPOTLIGHT

32nd Annual Cape Cod Symposium on Addictive Disorders



Attend the 32nd Annual Cape Cod Symposium on Addictive Disorders hosted by **C4 Events** and in collaboration with the **American Society of Addiction Medicine (ASAM)**.

WHEN: September 5-8, 2019

WHERE: Resort & Conference Center in Hyannis

REGISTER: [online at www.c4events.org/ccsad](http://www.c4events.org/ccsad)

HAVE AN

ANNOUNCEMENT FOR

OUR NEWSLETTER?



LOCAL NEWS

Share the Employer Toolkit with Cape Cod Businesses

The **Barnstable County Regional Substance Use Council** has created an 'Employer Toolkit' to help Cape Cod businesses combat substance use disorders in the workforce. Access the Employer Toolkit [HERE.](#)

An advertisement for a cost calculator. The background is dark blue. At the top, it says "CAPE COD BUSINESSES - Substance use is costing you real money" in large blue letters. Below this, an orange arrow points to the right with the text "Use this cost calculator to SEE HOW MUCH". The arrow points towards a laptop screen that displays "REAL COSTS OF SUBSTANCE USE IN YOUR WORKFORCE" and a "CALCULATE" button. Two small figures are standing on the laptop keyboard. In the bottom left corner, the Barnstable County Human Services logo is visible.

In addition to our local Employer Toolkit, the **National Association of Home Builders (NAHB)** offers resources on managing opioid misuse in residential construction [HERE.](#)

Tips for Teens | Quitting Vaping

TIPS FOR TEENS

Read more [HERE.](#)

Recovery Art Show

Get Involved

Next RSAC Meeting

RSAC Workgroups

More Info

RSAC Information

Last published: [RSAC Newsletter](#)

Behavioral Health Information and Service Directory

SAMHSA

MassTAPP

Find Help



Emergency Hotlines

Support Groups

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Soon](#)

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Task Force](#)



Attend the Recovery Art Show featuring artists in recovery from Addiction.

OPENING: Friday, August 16th 6 p.m. to 9 p.m.

WHERE: Osterville Art Gallery 8 West Bay Road, Osterville
Artwork displayed through the 18th. Gallery hours are listed at
ostervilleartgallery.com. Learn how to submit your work [HERE](#).

Recovery Coach Commission 2019 Report

The **Recovery Coach Commission** was established in August 2018 by Section 101 of Chapter 208 of the Acts of 2018. The Commission is charged with gathering data, reviewing training opportunities for recovery coaches and recommending the standards for credentialing a recovery coach. The Commission is chaired by the Secretary of Health and Human Services, and is comprised of a diverse panel of policymakers, public health professionals, legal scholars, clinicians, and local residents. Read the results of the Recovery Coach Commission's 2019 Report [HERE](#).

Power of Parents PSA from SAMHSA



By providing valuable information and showcasing three examples of positive parenting, The Power of Parents encourages viewers to be knowledgeable about underage drinking and to be proactive in preventing it.

Community Reinforcement and Family Training (CRAFT) Workshop

WHEN: August 26-28, 2019

WHERE: AC Hotel Marriot Worcester, 125 Front St, Worcester, MA 01608

COST: Free

Credits: Continuing education credits will be provided

Priority will be given to providers who work with or are interested in working with military-connected families.

See the flyer [HERE](#).

Watch & Share These PSAs from ASAP Nantucket



Turn the Tide Against Stigma | Brought to you by the ASAP Coalition

Seventh Annual Behavioral Health Summit

SEVENTH ANNUAL BEHAVIORAL HEALTH SUMMIT

SAVE THE DATE

FRIDAY, NOVEMBER 1, 2019

8:00AM - 4:00PM

CAPE CODDER RESORT AND SPA
1225 IYANNOUGH ROAD, HYANNIS, MA

ADVERSE CHILDHOOD EXPERIENCES: RESTORING THE SHAKY BRIDGE



Our Keynote Speaker, Dr. Allison Jackson:

Dr. Jackson aims to bring trauma-and-resilience-informed practices to professionals who serve at-risk youth, families, and adults in their communities. She lives out her mission by providing educational opportunities directly to community members as well as to people in the direct care and leadership levels of an organization.

Registration opens August 2019

Our Annual Summit offers a platform to share knowledge, network and enjoy the day.
Nursing, Physician, LICSW, LMHC, and EMS CEUs will be available.

*The Behavioral Health Provider Coalition of Cape Cod and the Islands Fund,
A project of The Cape Cod Foundation.*

Shatterproof Rise Up Against Addiction 5K Walk/Run

WHEN: Sunday, September 22, 2019

WHERE: Boston, MA

WHAT: The Shatterproof Rise Up Against Addiction 5K Walk/Run has become a national movement! Support those who have lost a loved one to addiction and celebrate those who are living in recovery today. Every dollar raised helps save lives and transform our addiction treatment system.

REGISTER: <https://www.shatterproof5k.org/boston>

NATIONAL NEWS

Communities Talk e-Alerts

Communities Talk e-Alerts are technical assistance newsletters to help event organizers plan, host, and evaluate events aimed at mobilizing a community around evidence-based prevention of underage drinking.

About Communities Talk: Town Hall Meetings to Prevent Underage

Drinking. Approximately every two years, SAMHSA distributes planning stipends to community-based organizations, institutions of higher education, and statewide or state-based organizations to host events that educate youth, families, and communities about the potentially harmful consequences of underage and problem drinking among individuals 12 to 25 years old. Prevention is working! Help continue the downward trend in underage drinking by planning to host or attend a meeting in your area. *Click below to read more...*

[Whatever Venue or Format Works in Your Community Works for Communities Talk! Plus, Tips for Using Your Planning Stipend](#)

[Communities Talk: Town Hall Meetings To Prevent Underage Drinking](#)

Attention Teachers: Red Ribbon Week

ABOUT RED RIBBON WEEK: As the nation's largest and oldest drug prevention campaign, Red Ribbon Week reaches over 80 million people each year throughout the United States. Red Ribbon Week features an annual National Red Ribbon Theme Contest, sponsored by the National Family Partnership, offering students and other prevention supporters the opportunity to be a part of history. The winning slogan will be used throughout 2019 in thousands of schools and communities across America.

Mark your calendars for Red Ribbon Week October 23 through 31. Visit redribbon.org/activities.

RESOURCES

Mashpee Substance Use Task Force Drop In Nights



This drop-in event provides substance use information, education, and treatment resource options from local organizations. No RSVP required.

This is an opportunity for someone struggling with addiction to get immediate help along with family members and friends. The night is also open for the community at large to learn about the resources available. There is free Narcan training and light refreshments. This night is open to anyone.

The first Tuesday of the month

***Drop-In Night has moved back to the
Community Health Center of Cape Cod
107 Commercial Street, Mashpee***

Posting of articles submitted for publication in the Barnstable County Regional Substance Use Council E-Newsletter is at the discretion of the Department. All articles must be submitted in text format to comply with the Americans with Disabilities Act. To request this newsletter in alternate formats, please call Sonja Sheasley, Communications Project Specialist at the Department of Human Services at (508) 375-6896.

