

RSAC

Barnstable County Regional Substance Use Council



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ISSUE: #89 *December 11, 2019*

Greetings!
Welcome to the newsletter from Barnstable County Regional Substance Use Council.

SPOTLIGHT

Barnstable County SAPC Program FY20
MINI-GRANT RFP



The [Barnstable County Department of Human Services](#) SAPC program is seeking applications from SAPC-member town substance use prevention coalitions and/or their school districts to further the following program priorities:

1. Leverage [My Choice Matters](#) substance use awareness/prevention campaign for implementation at the town level (see [MyChoiceMatters.net](#)).
2. Support SAPC member town coalitions/task forces and/or school districts in their implementation of evidence-based and promising practice substance use prevention activities targeted at youth.
3. Support SAPC member town coalitions/task forces and/or school districts to acquire new information and skills to address youth substance use.

To further these priorities the Barnstable County SAPC program is offering mini-grants of up to \$5,000.

- The project end date must be on or before 6/30/2020

ACCESS THE APPLICATION [HERE](#)

NEWS & EVENTS

Get Involved

Next RSAC Meeting

RSAC Workgroups

More Info

RSAC Information

Last published:
[RSAC Newsletter](#)

Behavioral Health Information and Service Directory

SAMHSA

MassTAPP

Find Help



Emergency Hotlines

Support Groups

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PTTC Network Launches New Marijuana Prevention and Education Toolkit (Oct 2019)

[Prevention Technology Transfer Center Network](#) has published a new Marijuana Prevention and Education Toolkit. Sections include:

- [Facts Vs Myths Information Sheet](#)
- [Cannabis Glossary - Terms by Topic](#)
- [Marijuana Science Education Slide Banks](#)

Access the toolkit [HERE](#).

Learn more about Nathan's Circle

The Cape Cod Times recently published an article featuring **Nathan's Circle**, a new group that offers support to those dealing with loss of loved one.

HYANNIS - Those who have lost loved ones to addiction often feel isolated in their grief and stigmatized as they seek to make sense of the tragedy. The organizers of a new support group say it does not have to be that way. *Continue reading* [HERE](#).

New Massachusetts Tobacco Control Law

On September 24, 2019, Governor Baker declared a **public health emergency** in response to the outbreak of severe lung disease associated with e-cigarettes and vaping products. Pursuant to the Governor's declaration, and with the approval of the Public Health Council (PHC), the Commissioner of the Massachusetts Department of Public Health (DPH) issued an emergency order to temporarily prohibit the sale of all vaping products in retail establishments and online within Massachusetts. Subsequently, in accordance with the declaration and order, DPH promulgated emergency regulations, 105 CMR 801. *Continue reading* [HERE](#).

Recovery Coach Supervisors Professional Practice Training (New Bedford)

Participate in this **3 DAY RECOVERY COACH SUPERVISORS PROFESSIONAL PRACTICE TRAINING**

WHEN: December 16th, December 17th & January 14th in New Bedford

Please see [WEBSITE](#) for pre-requisites

Click [HERE](#) to begin the application process.

WEBINARS

Interconnected Systems Framework (ISF) 201: When School Mental Health is Integrated Within an MTSS - What's Different

WHEN: 6:00 PM | December 10, 2019

HOSTED BY: Pacific Southwest MHTTC

Participants will:

- Learn how to establish an integrated ISF leadership team
- Understand the foundational steps to establish ISF at the school or district level
- Define the process of evaluating potential evidence-based practices for inclusion in schools
- Discuss implementation challenges, solutions, and innovations with ISF practitioners

Register [HERE](#).

Understanding and Addressing Methamphetamines (Part 1)

WHEN: 10:00 AM | December 11, 2019

WHEN: 12:00 PM | December 11, 2019

HOSTED BY: Northeast & Caribbean ATTC

ABOUT: This webinar is an introduction to methamphetamines. It will cover a variety of topics from description of methamphetamines, pharmacology, and reasons for use. It will also include special populations and evidence based practices.

Goal: Increase knowledge about methamphetamines and what works for treatment

Register [HERE](#).

Prevention in Action Series: Vaping in Middle Schools: What Students Know, Experience, and Believe

WHEN: 12:00 PM | December 12, 2019

HOSTED BY: New England PTTC

ABOUT: This presentation will summarize findings from three focus groups about vaping conducted with middle school students located in Androscoggin County, Maine. The students discussed vaping and shared their thoughts, experiences, attitudes, and knowledge around this topic. In this 1-hour webinar, the presenters will discuss their research process, focus group findings, and distribute prevention resources developed based on their takeaways from this project. Register [HERE](#).

Principles and Practices of Recovery-Oriented Care

WHEN: 1:00 PM | December 12, 2019

HOSTED BY: New England MHTTC

ABOUT: This is a 4-part series on the principles and practices of recovery-oriented care. Larry Davidson will lead this webinar series

Register [HERE](#).

Building & Sustaining Hope: Reshaping the Conversation to Reduce Suicide



Day 2 Keynote:
Eric Hipple, Author of *Roll Men do Cry: A Quarterback's Inspiring Story of Tackling Depression and Surviving Suicide Loss*, Speaker, Mental Health Advocate, Former Detroit Lions Quarterback

19th ANNUAL MASSACHUSETTS SUICIDE PREVENTION CONFERENCE



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If you are deaf or hard of hearing, or are a person with a disability, please contact
Laura Guida at AdCare Educational Institute, Inc. at (508) 752-7313; TTY: (508) 754-3028
or email: Laura@adcare-educational.org, prior to April 29, 2020.



RESOURCES

Nathan's Circle: Grief Support Group

WHAT: A support group for adults who have experienced the loss of a loved one to addiction.

WHEN: The group meets 2nd Tuesday of the month from 5:30-7:00 PM

WHERE: Barnstable Adult Community Center 825 Falmouth Rd. Hyannis

REGISTER: Call 508-771-4336 or email

director@capecoalition.com

*Dinner included

Mashpee Substance Use Task Force Drop In Nights



This drop-in event provides substance use information, education, and treatment resource options from local organizations. No RSVP required.

This is an opportunity for someone struggling with addiction to get immediate help along with family members and friends. The night is also open for the community at large to learn about the resources available. There is free Narcan training and light refreshments. This night is open to anyone.

WHEN :The first Tuesday of the month |
4:00 PM - 7:00 PM

WHEN : Community Health Center of Cape Cod, 107 Commercial Street, Mashpee

Posting of articles submitted for publication in the Barnstable County Regional Substance Use Council E-Newsletter is at the discretion of the Department. All articles must be submitted in text format to comply with the Americans with Disabilities Act. To request this newsletter in alternate formats, please call Sonja Sheasley, Communications Project Specialist at the Department of Human Services at (508) 375-6896.



