



BARNSTABLE COUNTY DEPARTMENT OF HUMAN SERVICES  
BARNSTABLE COUNTY HEALTH & HUMAN SERVICES ADVISORY COUNCIL  
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**Barnstable County Health and Human Services Advisory Council**  
**Thursday, April 23, 2015, 9:00 –10:30 AM**  
**Harborview Conference Room, Barnstable County Complex**

<b>Barnstable County Human Rights Commission:</b>	<b><u>In attendance (Members):</u></b>
<b>Behavioral Health Provider Coalition of Cape &amp; Islands:</b>	Scoba Rhodes (Rep)
<b>Cape &amp; Islands District Attorney's Office:</b>	Kathy Quatromoni (Rep)
<b>Cape &amp; Islands Health Agents Coalition:</b>	
<b>Cape &amp; Islands Maternal Depression Task Force:</b>	
<b>Cape &amp; Islands Regional Domestic Violence Council:</b>	
<b>Cape &amp; Islands Regional Network to Address Homelessness:</b>	Caronanne Procaccini (Alt)
<b>Cape &amp; Islands Suicide Prevention Coalition:</b>	Ron Holmes (Rep), Jessica McHugh (Alt)
<b>Cape &amp; Martha's Vineyard Community Health Center Network:</b>	
<b>Cape Cod Community College – Human Services Program:</b>	
<b>Cape Cod Grant Makers Collaborative:</b>	Dara Bryan (Rep)
<b>Cape Cod Healthcare Community Benefits:</b>	Lisa Guyon (Rep)
<b>Cape Cod Hunger Network:</b>	Brenda Swain (Rep)
<b>Cape Cod Neighborhood Support Coalition:</b>	
<b>CAREER Collaborative:</b>	Toby Maguire (Rep)
<b>Children's Cove:</b>	Leslie Moreland (Alt)
<b>Community Action Committee of Cape &amp; Islands:</b>	Caronanne Procaccini (Alt)
<b>Community Health Network Area (CHNA):</b>	
<b>Community Network of Cape Cod (formerly BCCCYF):</b>	Joan McDonald (Alt)
<b>Consumer:</b>	
<b>Councils on Aging Serving Together (COAST):</b>	Madeline Noonan (Rep)
<b>Disability Network:</b>	
<b>Elder Services of Cape &amp; Islands:</b>	Ellen McDonough (Rep)
<b>HIV/AIDS &amp; Hepatitis Consortium of Cape &amp; Islands:</b>	
<b>Oral Health Excellence Collaborative:</b>	
<b>South Coastal Counties Legal Services:</b>	Ray Yox (Rep)
<b>Substance Abuse:</b>	Patricia Mitrokostas (Rep)
<b>Upper Cape Health &amp; Human Services:</b>	
<b>Wampanoag Tribal Health Center:</b>	
<b>YMCA Cape Cod:</b>	Stacie Peugh (Rep)

**Staff:** Barnstable County Department of Human Services: Beth Albert, Kathie Callahan, Jessica McHugh, Vaira Harik

**Elected Officials:** Assembly of Delegates: Ø County Commissioners: Ø

**Guests:** Paul Melville – Family Continuity Family Resource Center, Matthew Hilton – Family Continuity Family Resource Center, Becca Harrison – Family Continuity Family Resource Center, Cynthia Klopfer – Family Continuity Family Resource Center, Terriann Polumbo – Family Continuity Family Resource Center, Emma McMahon – Harbor Community Health Center, Judith Rappucci – Harbor Community Health Center

**Unable to attend:** Gail Wilson, Kate McHugh, Kristyn St. Onge, Karen Cardeira, Beverly Costa-Ciavola

- **Welcome/Introductions/Business:** Beth Albert, Chair, facilitated the meeting and welcomed the group. Introductions were made by individuals.

- **Approval of January 2015 minutes: Scoba Rhodes** motioned, seconded by **Stacy Peugh** to approve the January 22, 2015 minutes as written. Unanimously approved.

- **Presentation: Family Resource Centers, Paul Melville – Family Continuity:** The Cape Cod Family Resource Center of Family Continuity is one 18 offices in Massachusetts supported by the Executive Office of Health and Human Services. There is a satellite office in Nantucket, an office in Martha's Vineyard is planned. Additionally in SE Mass, there are offices in Brockton, which also covers Plymouth, Fall River, New Bedford & Quincy, each serving the community they are located in. In the Hyannis office, Cynthia Klopfer will help families navigate and access services and Terriann Polumbo is the school liaison to educate youth & families about understanding their rights. The Center will be hiring a full time mental health clinician to do assessments and facilitate support groups for children, youth and families. Staff will assist families involved with issues in the court system also.

The Resource Center is available to assist all families and no eligibility requirements need to be met and there is no fee for services. The Center can serve populations both on and off Cape Cod. The Center will publish a parent education opportunities list and share with the Dept. of Human Services for posting. Jessica McHugh will also assist the Center with posting information on the Dept.'s Behavioral Health web portal. To learn more about the Center visit [www.familycontinuity.org](http://www.familycontinuity.org).

- **Presentation: Aging and Disability Resource Centers, Ellen McDonough – Elder Services Cape & Islands:** Elder Services of CC&I is a community-based organization dedicated to serving older adults in the 22 towns of the Cape & Islands. ESCCI is a federally designated Area Agency on Aging (AAA) and the state designated Aging Services Access Point (ASAP) as well as the Aging and Disability Resource Consortium (ADRC) for the Cape & Islands. The ADRC promotes a "No Wrong Door" philosophy and ESCCI is the entry point for elders and disabled individuals for access, services, and advocacy assistance. ADRC is a collaboration of ESCCI and the Cape Organization for Rights of the Disabled (CORD) who provide information, advocacy and access to services for the elderly and people with disabilities and are connected through database and resource access.

Options Counseling is a FREE service of the ADRC of CC & I and is an interactive, short-term decision support service to assist consumers and their family members, caregivers and significant others to make an informed choice about their Long Term Care services, supports and setting. Options counseling is provided via telephone, face-to-face or e-mail in hospitals, nursing facilities, rehabilitation facilities, community and home settings. There are no income eligibility requirements. Counselors identify 1 of 3 goals for an individual: stay in the community with services, transition out of a nursing home or transition into a nursing home. Cases are tracked to insure goals have been met and barriers addressed. Funding has been obtained to have a third counselor at the CORD office.

Money Follows the Person (MFP) is a federal demonstration project that assists elders and people with disabilities who want to move from facility-based care to the community. MFP provides an array of services including case management, assistive technology, orientation and mobility and transitional assistance. MFP is funded through a grant from the federal Centers for Medicare and Medicaid. MFP can also provide one-time purchases of goods and services i.e. basic household furnishings, kitchenware, bed linens, towels, security deposit, utility deposits, moving expenses, home modifications, peer support and other services. Individuals are enrolled in MFP for 365 days after discharge to the community, although the 365 days do not need to be consecutive in the event an individual needs additional facility-based care. For more information contact MFP at 617/573-1647 or visit [www.mass.gov/masshealth/MFP](http://www.mass.gov/masshealth/MFP).

- **Department Updates:**

- **Substance Abuse Baseline Assessment, MOAPC, and Planning Activities:** The Regional Substance Abuse Council (RSAC) was convened in January 2014 after HHSAC members identified the need for regional coordination around the issue of substance abuse. The Council is funded by the Department of Human Services. The Council brings together a diverse group of 35 stakeholders representing local government, elected officials, law enforcement, courts, schools, healthcare providers and community coalitions to address substance abuse in the region. The Council's goal is to implement a coordinated and comprehensive regional approach to substance abuse across the continuum of prevention, treatment and recovery, harms reduction and criminal justice. The Council utilizes the public health approach which focuses on population health and organized community efforts rather than on individual behavior.

In response to the need for a coordinated regional plan to address substance abuse on Cape Cod, the RSAC proposed to measure the impact of substance abuse using a public health-oriented approach based on the four pillars model of prevention, treatment, harm reduction and public safety. The *Analysis of Substance Abuse on Cape Cod: A Baseline Assessment* Executive Summary, produced by the Barnstable County Department of Human Services, was distributed and briefly reviewed. The purpose of the report is to provide a snapshot of substance dependency, and its related costs for Barnstable County. The report is intended to inform programming and policy needs. The report's findings include: epidemiological data on the prevalence and incidence of substance use and associated mortality; cost analysis by substance across the domains of harm reduction, prevention, treatment and recovery, and law enforcement; and an environmental scan of existing services and resources.

Vaira Harik noted that alcohol is an "endemic" problem, while substances such as heroin & opiates are currently an "epidemic" problem in "outbreak" status. Data collected points to the fact that alcohol and opioids are equally weighted problems in the region. The estimated annual direct cost of substance abuse in Barnstable County is \$110 million (base year 2013). The vast annual expenditures on substance abuse were for treatment and law enforcement while a very small percentage was aimed at prevention. 75-80% of expenditures is from tax dollars. Vaira noted that this is a similar profile to nationwide data. This information contained in the report will be beneficial in seeking grant funding.

The Barnstable County Department of Human Services on behalf of the Barnstable County Regional Substance Abuse Council was awarded a five-year, \$550,000 grant from the Massachusetts Department of Health Bureau of Substance Abuse Services to support an Opioid Abuse Prevention Collaborative. The funding will allow the region to build upon existing collaborations among members of the RSAC and enhance, expand, and formalize collaborations between participating municipalities. The Department has also written and submitted a Substance Abuse Prevention Collaborative grant application. The purpose of the SAPC grant is to address the issue of underage drinking and other drug use.

Next steps - RSAC will offer recommendations for: convening focus groups to look at substance abuse in the region (already in progress); prioritizing a plan to implement a coordinated and comprehensive regional approach to substance abuse; target resources in the region; and improve sustainability of working programs.

#### **Updates from HHSAC Representatives and Alternates:**

- Stacy Peugh – YMCA of Cape Cod: The YMCA will honor the Barnstable County Department of Human Services at their Annual meeting on June 4, 2015 with a community partnership award for the great work they are doing in helping to create a healthier Cape Cod. The YMCA is also holding

programs to address diabetes prevention funded by a Prevention & Wellness Trust Fund grant through the Dept. of Human Services. The YMCA Cape Cod in partnership with Barnstable Town Council Jen Cullum have launched the Y Achievers program for low income and minority teens. This program is an academic achievement and career development initiative for Barnstable High School students. The focus of the program is to provide students with a positive sense of self and aspirations for professional careers in the workforce.

- Scoba Rhodes – Human Rights Commission: Very successful Human Rights Academy program in high schools & middle schools across the Cape. The focus of the student initiated programs was bullying. Students and teacher advisors gathered with the HRCC on April 15<sup>th</sup> to share their projects and outcomes.
- Ron Holmes – C&I Suicide Prevention Coalition: CISPC will sponsor an ASIST training on May 7 & 8 at the Harwich Community Center and Brian Finkelstein's performance – *First Day off in a Long Time* on May 15<sup>th</sup> at the Cultural Center of Cape Cod. CISPC has ten bib #'s for the Falmouth Road Race on August 16<sup>th</sup>. Runners are asked to allocate fundraising donations for the CISPC. For more information on any of these events contact Kelly Welch at [suicideprevention@capecoalition.com](mailto:suicideprevention@capecoalition.com).
- Lisa Guyon – Cape Cod Healthcare Community Benefits: **FREE SCOPE of Pain Trainings** will be offered across Cape Cod on May 11th & 12th at Falmouth Hospital, Cape Cod Hospital and the Chatham Wayside Inn. The trainings are FREE and 3 CME/CE credits will be provided. SCOPE of Pain is a series of continuing medical education/continuing nursing education activities designed to help healthcare professionals safely and competently use opioids, if appropriate, to manage patients with chronic pain.
- Kathy Quatromoni – DA's office: The Sandwich Fire Department is hosting a free Youth Fire Setters Prevention and Intervention Specialist Class at Oak Crest Crove in Sandwich on May 21 & 22.
- Patty Mitrokostas – Gosnold: On Saturday, April 25, 2015, dozens of youth group volunteers from Cape Cod Church teamed up with Gosnold on Cape Cod at 17 Falmouth liquor stores placing 10,000 stickers on customer bags. The sticker message: "*Parents Who Host Lose the Most: Don't be a party to teenage drinking*". The objective is to encourage customers not to purchase alcohol for minors and to remind them that it is illegal to do so. It also reminds parents not to host parties where alcohol is available to underage youth. Gosnold offers mental health and substance abuse support programs and resources. Gosnold is partnering with police departments to offer follow-up assistance to victims of overdose treatment and their families.
- Caronanne Procaccini – CACCI: CACCI is offering assistance to access health insurance and troubleshooting issues from prior enrollment. There are a lot of individuals still not enrolled in a health plan in Massachusetts.
- Madeline Noonan – Barnstable Council on Aging: The COA is working on a Needs Assessment for the 55+ population to gain information about needed services and resources. Information from the assessment should be available around the end of August. The Health and Wellness Expo is planned for May 8<sup>th</sup>.
- Ellen McDonough – Elder Services of C&I: ESCCI has hired a Community Health Worker which is funded by the Prevention & Wellness Trust Fund grant through the Dept. of Human Services.
- Brenda Swain – Hunger Network: The Hunger Network received a Community Benefits grant for a 6 month pilot project to provide nutrition education and nurse monitored blood pressure and glucose levels of food pantry consumers. They are developing modules for staff education to assist clients with nutrition education and wellness information.

**Meeting adjourned at 10:40 AM**

***NEXT QUARTERLY MEETING: July 23, 2015  
Harborview Conference Room, Barnstable County Complex***

Respectfully submitted: Kathie Callahan