



**BARNSTABLE COUNTY DEPARTMENT OF HUMAN SERVICES
BARNSTABLE COUNTY HEALTH & HUMAN SERVICES ADVISORY COUNCIL
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**Barnstable County Health and Human Services Advisory Council
Thursday, January 22, 2015, 9:00 –10:30 AM
Harborview Conference Room, Barnstable County Complex**

In attendance (Members):

Scoba Rhodes (Rep), Theresa Santos (Alt)

Kathy Quatromoni (Rep)

Gabrielle Hathaway (Rep)

Paula Schnepf (Rep)

Ron Holmes (Rep), Jessica McHugh (Alt)

Lisa Guyon (Rep)

Brenda Swain (Rep)

Beverly Costa-Ciavola (Rep)

Leslie Moreland (Alt)

Joan McDonald (Alt)

Coreen Brinkerhoff (Rep)

Ellen McDonough (Rep)

Ray Yox (Rep)

Kate McHugh (Rep)

Karen Cardeira (Rep), Gail Wilson (Alt)

Stacie Peugh (Rep)

Barnstable County Human Rights Commission:
Behavioral Health Provider Coalition of Cape & Islands:
Cape & Islands District Attorney's Office:
Cape & Islands Health Agents Coalition:
Cape & Islands Maternal Depression Task Force:
Cape & Islands Regional Domestic Violence Council:
Cape & Islands Regional Network to Address Homelessness:
Cape & Islands Suicide Prevention Coalition:
Cape & Martha's Vineyard Community Health Center Network:
Cape Cod Community College – Human Services Program:
Cape Cod Grant Makers Collaborative:
Cape Cod Healthcare Community Benefits:
Cape Cod Hunger Network:
Cape Cod Neighborhood Support Coalition:
CAREER Collaborative:
Children's Cove:
Community Action Committee of Cape & Islands:
Community Health Network Area (CHNA):
Community Network of Cape Cod (formerly BCCCYF):
Consumer:
Councils on Aging Serving Together (COAST):
Disability Network:
Elder Services of Cape & Islands:
HIV/AIDS & Hepatitis Consortium of Cape & Islands:
Oral Health Excellence Collaborative:
South Coastal Counties Legal Services:
Substance Abuse:
Upper Cape Health & Human Services:
Wampanoag Tribal Health Center:
YMCA Cape Cod:

Staff: Barnstable County Department of Human Services: Beth Albert, Kathie Callahan, Jessica McHugh

Elected Officials: Assembly of Delegates: Ø County Commissioners: Ø

Guests: P.J. Rainwater, BL Hathaway, Samantha King

Unable to attend: Judy Harris, Toby McGuire, Deidre Arvidson

Welcome/Introductions/Business:

- Beth Albert, Chair, facilitated the meeting and welcomed the group. Introductions were made by individuals.
 - Beth introduced new members of the HHSAC who will be appointed by the County Commissioners: Gabrielle Hathaway – Cape & Islands Maternal Depression Task Force and Theresa Santos – Human Rights Commission, Representative from the Town of Barnstable

- Beth reported that BL Hathaway has retired after many years with the Oral Health Excellence Collaborative and the Lower Cape Coalition prior to that. She has been an active member of the Health & Human Services Advisory Council since its inception in 1993. Beth thanked her for her many years of dedication and service on the Council and to the Department and presented her with a certificate of appreciation signed by the County Commissioners and an engraved clock from the Council. BL thanked the Council and recognized the good work that they do and encouraged members to continue to collaborate here on the Cape.
 - **Approval of October 2014 minutes:** **Beverly Costa-Ciavola** motioned, seconded by **Kathy Quatromoni** to approve the October 23, 2014 minutes as written. Unanimously approved.
 - **Open Meeting Law:** Open Meeting Law Guides were distributed to Council members. Beth explained that the HHSAC is convened by the County and members are appointed by the County Commissioners, and as such members must be familiar with Open Meeting Law guidelines. She asked that all representatives and alternates read through the guidelines and sign the back page acknowledging that they have read and understand the guidelines. The signature page should be returned to Kathie Callahan in the Department of Human Services.
- **Department Updates:**
 - **Human Service Plan 2014-2016:** Beth distributed and reviewed the Draft Plan for January 2015 – June 2015 at the October meeting. One of the major responsibilities of the HHSAC is to assist the Dept in the creation of an annual human service plan. Beth noted that the Human Service Plan is aligned with the 2014-2016 County Strategic Plan. At the October meeting she asked that Council members review the plan and forward any comments or suggested edits to Beth for inclusion. Beth has completed the final Plan and will forward via email to Council members.
 - **FY2016 Human Services Budget:** Beth presented her proposed FY16 budget to the County Commissioners on 1/21/15. She is scheduled to meet with the Assembly of delegates Health & Human Services Standing Committee on February 25th to review the budget proposal. The Budget proposal did include two new initiatives:
 - **The HOME Consortium:** Formerly housed within the Cape Cod Commission, the HOME Consortium supports affordable housing for low income households in the region. The County would like to merge this initiative within the Department of Human Services.
 - **Collaborative Applicant for the Continuum of Care:** The Department of Human Services assumed responsibility on 12/11/14 as the Collaborative Applicant for the HUD NOFA Continuum of Care grant Funding.

The Department's responsibility now includes the Point in Time (PIT) Count scheduled for January 28, 2015. This initiative takes place across the nation over a 24 hour period to try to get an accurate sense of the homeless population. This project is a requirement to support HUD grant funding, of which this region receives \$1.5 million annually. HUD uses those figures to best determine how to allocate funds to help address homelessness in America. The count identifies homeless people who are staying at shelters on Cape Cod & the Islands, including those in motels paid for by the state, as well as those who are unsheltered and staying on the streets, in a vehicle, an abandoned building, the woods, a park or elsewhere. This year the PIT will also include a state funded unaccompanied youth survey to be distributed January 28 – February 6 to gather data on unaccompanied youth up to age 25. The youth survey can be completed on paper or online. Paula Schnepf noted that the on-line version is part of the State initiative and The Regional Network on Homelessness will be creating a similar survey using Survey Monkey so we can capture the local data before sending it on to the State.

The county is looking for volunteers to assist with the point-in-time count. A training session for those taking part in this month's point-in-time count is scheduled for Monday, January 26 from 3 to 4:30 pm at the Innovation Room in the Open Cape Building on the Barnstable County Campus at 3195 Main Street in Barnstable. Paula will forward information and a flyer to Kathie Callahan to disseminate this information to HHSAC members.

- **Regional Substance Abuse Council (RSAC):** RSAC was convened one year ago. In response to the need for a coordinated regional plan to address substance abuse on Cape Cod, RSAC is finishing up a report on *Analysis of Substance Abuse on Cape Cod: A Report to the Community* using a public health oriented approach focused on: Harms Reduction, Prevention, Law Enforcement and Treatment & Recovery. The report's findings include epidemiological data on the prevalence and incidence of substance use and associated mortality, a cost analysis and an environmental scan of existing services and resources. Staff is working to finalize the executive summary and the final report will be released to the public.

The Department, on behalf of RSAC applied and was awarded a \$550,000 MOAPC (Massachusetts Opioid Abuse Prevention Collaborative) grant. The funding will allow the region to build upon existing collaborations among members of RSAC and formalize collaborations between participating municipalities. Next Step for RSAC is to develop a regional plan.

Cape Cod Healthcare hired Cheryl Bartlett, former Commissioner of Mass Department of Public Health, to head up their Substance Abuse Prevention Initiative. Ms. Bartlett is a member of the RSAC.

- **Prevention and Wellness Trust Fund:** The Department has completed the capacity building phase of this grant and has moved into year 1 of the implementation phase. Through this grant clinical partners will make referrals to Community Partners using a bi-directional e-referral system. The grant will focus on improving health outcomes in the areas of hypertension, diabetes & falls prevention. Partners include the YMCA Cape Cod, Healthy Living Cape Cod Coalition, Harbor Community Health, Duffy Health Center and the Community Health Center of Cape Cod.
- **SHINE:** Medicare open enrollment period has ended. In 2014 the SHINE program here on the Cape services 6,000 clients and big increase from previous years. Clients are serviced in the community, at Councils on Aging and in the Dept. of Human Services where the SHINE program is housed.
- **Behavioral Health Web Portal:** This site was launched in October 2014. Jessica McHugh distributed a fact sheet about the portal and has been conducting demonstrations across the region. If you would like to have Jessica come to your organization for a demonstration contact her at jmchugh@barnstablecounty.org or 508/375-6630.
- **HHSAC membership:** Beth noted that several consortia on the HHSAC have been inactive and she will be seeking contact information for those members.
- **Victim Compensation & Assistance Division of the Attorney General's office:** Beth welcomed Samantha King who is the Eligibility and Outreach Coordinator for this Division. Samantha reported that violent crime impacts every aspect of a person's life often times resulting in physical and psychological injuries. Often victims may require treatment to address the injuries. The monetary expenses incurred by an individual of a violent crime or after losing a loved one may be eligible for reimbursement. The A.G.'s

office is able to provide financial assistance to eligible victims of violent crime for uninsured medical and dental care, mental health counseling, funeral and burial costs, and income lost due to the inability to work. Staff will assist you in understanding your rights as a crime victim, determining what expenses may be eligible for compensation and assessing what other resources are available for assistance. To learn more visit www.mass.gov/ago/vcomp.

Updates from HHSAC Representatives and Alternates:

- Kathy Quatromoni: The Boston Red Sox now has its own Behavioral Health Department.
- Karen Cardeira: Falmouth Hoarding Task Force is partnering with the Cape Cod Hoarding Task Force and will be holding a community Forum on February 26, 2-4 PM at the Falmouth Library. Falmouth will be starting a Hoarding Support Group in March using the Buried in Treasures model. Also looking at a new program, Mindfulness & Movement, with a focus on Veterans if there is interest for such a program.
- Beverly Costa-Ciavola: Grandparents raising Grandchildren is looking for new funding to support this program and replicate the Hyannis Support Group and expand to the Upper Cape. The Mass Dept. of Health & Human Services has changed the CHINS program and now has CRA (Child Requiring Assistance) and FRA (Family Requiring Assistance) program. Family Continuity received a grant to set up family resource centers on the Cape and Nantucket.
- Brenda Swain: The Cape Code Hunger Network was awarded a grant from Cape Cod Healthcare Community Benefits to support the Nutritious Foods – Healthy Communities Initiative. The Falmouth Service Center, in partnership with the Community Health Center of Cape Cod, the Cape Cod Cooperative Extension, and the Barnstable County Public Health Nurse are looking to explore the impact of nutrition and healthy eating on Diabetes and Hypertension. A pilot program will run from January to September to provide health monitoring at the Falmouth Service Center, provide an extra bag of fresh fruit/vegetables each week to clients, provide free recipes, food samples and ideas for healthy food, and collect data on clients identified as pre-diabetic or being treated for diabetes or high blood pressure and provide e-referrals to appropriate resources.
- Ron Holmes: Screening of the documentary film *What Happened Here: The Untold Story of Addiction on Cape Cod* will be held on January 28, 6-8 PM at the Cultural Center of Cape Cod in South Yarmouth followed by a Q&A with the filmmakers. Event is sponsored by the Barnstable County Regional Substance Abuse Council and the Cape & Islands Suicide Prevention Coalition (CISPC). CISPC will also be sponsoring a viewing of the film *Good Will Hunting* at the Cape Cinema in Dennis on February 25th at 7:00 PM.
- Ron Holmes: NAMI Cape Cod was selected to be part of a Massachusetts pilot program “Educating the Educators” in recognizing mental health issue. A new program has begun in 2 towns on the Cape with Dept. of Mental Health crisis clinicians riding with law enforcement to provide support where needed.
- Ron Holmes: The next meeting of the Behavioral Health Coalition is scheduled for January 29th. The Coalition is coordinating research efforts and gather information on Crisis Intervention Trainings. They are planning their 3rd Annual Behavioral Health Summit in October 2015.
- Jessica McHugh: C&I Suicide Prevention Coalition has secured 6 hours of training for 40 first responders and also a training to “train a trainer”.
- Gabrielle Hathaway: the Maternal Depression Task Force is working on improving awareness of Maternal Depression and supporting postpartum mothers and providing resources. The Task Force now has information and resources on the Human Services web portal. Postpartum Awareness Day event will be held at the State House on February 11th.
- Ellen McDonough: Elder Services of CC&I is part of the Health Living Cape Cod Coalition initiative of the Prevention and Wellness Trust Fund grant. The Coalition focuses on chronic disease self-management.

In addition to funding for evidence based programs the Executive office of Elder Affairs has grant funds of \$100 per participant for Chronic Disease Self-Management and is expected to have additional funds, amount to be determined, for Matter of Balance. For more information contact healthylivingcapecod@gmail.com.

- Ray Yox: State budget has seen decreases in funding legal aide services. A study undertaken last year showed that legal aid is clearly underfunded in the Massachusetts state budget and only 1/3 of the need is being met. Organization such as South Coastal Counties Legal Services are asking for additional funding in the state budget but with current budget cuts not sure if this funding will increase. An event, Walk to the Hill will be held on January 29th at the State House to advocate for civil legal aide funding. There is a bill in the 2015-2016 legislative session relative to expansion of the geographical jurisdiction of the Statewide Housing Courts which if passed, would bring Housing Court to the region. Senator Wolf and Representative Peak have both endorsed this bill. Calls to legislators to sponsor this bill are critical. Sponsor sign-on deadline is January 28, 2015. **Brenda Swain** motioned, seconded by **Kate McHugh** that pending approval by the County Commissioners to support the Housing Court Bill, the Health & Human Services Advisory Council will support the bill. Unanimously approved. Ray also mentioned that South Coastal Counties Legal Services is looking for a development director and a new Board member. For more information contact Ray.
- Coreen Brinkerhoff: CORD has been a partner with Elder Services of C&I in the ADRC of C&I, providing a no-wrong-door point of service for elders and people with disabilities. Options counselors provide information and decision support on long-term care services. There are 2 Options Counselors at ESCCI. The ADRC is adding a third full time counselor who will work out of CORD. State funding for Independent Living services has been reduced across the board and CORD expects to see a reduction of approximately 5% in funding. CORD is again anticipating the summer youth employment program known as TIP (Transitional Internship Program). Through TIP Cord provides education on topics such as resume writing, interviewing, internet safety, and reasonable accommodations on the job. Paid internships are provided at participating businesses in the community with wages paid by CORD. CORD is currently seeking interested business/organization. CORD is planning an event to honor Representative Sarah Peake in Eastham on May 12th.
- Stacie Peugh: Falmouth Wants a YMCA (FWAY) Community Information meeting is scheduled for **Wednesday, January 28, 2015 from 6 - 8:00 P.M.** at the Falmouth Public Library, Herman Foundation Room, 300 Main St. in Falmouth.

Meeting adjourned at 10:30 AM

***NEXT QUARTERLY MEETING: April 23, 2015
Harborview Conference Room, Barnstable County Complex***

Respectfully submitted: Kathie Callahan