



**BARNSTABLE COUNTY DEPARTMENT OF HUMAN SERVICES  
BARNSTABLE COUNTY HEALTH & HUMAN SERVICES ADVISORY COUNCIL  
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**Barnstable County Health and Human Services Advisory Council  
Thursday, July 23, 2015, 9:00 –11:00AM  
Harborview Conference Room, Barnstable County Complex**

**Barnstable County Human Rights Commission:**  
**Behavioral Health Provider Coalition of Cape & Islands:**  
**Cape & Islands District Attorney's Office:**  
**Cape & Islands Health Agents Coalition:**  
**Cape & Islands Maternal Depression Task Force:**  
**Cape & Islands Regional Domestic Violence Council:**  
**Cape & Islands Regional Network on Homelessness:**  
**Cape & Islands Suicide Prevention Coalition:**  
**Cape & Martha's Vineyard Community Health Center Network:**  
**Cape Cod Family Resource Center of Family Continuity:**  
**Cape Cod Grant Makers Collaborative:**  
**Cape Cod Healthcare Community Benefits:**  
**Cape Cod Hunger Network:**  
**Cape Cod Neighborhood Support Coalition:**  
**CAREER Collaborative:**  
**Children's Cove:**  
**Community Action Committee of Cape & Islands:**  
**Community Health Network Area (CHNA):**  
**Community Network of Cape Cod (formerly BCCCYF):**  
**Councils on Aging Serving Together (COAST):**  
**Disability Network:**  
**Elder Services of Cape & Islands:**  
**South Coastal Counties Legal Services:**  
**Substance Abuse:**  
**Tri-County HIV/AIDS & Hepatitis C Consortium of Cape & Islands:**  
**Upper Cape Health & Human Services:**  
**Wampanoag Tribal Health Center:**  
**YMCA Cape Cod:**

**In attendance (Members):**

Scoba Rhodes (Rep), Theresa Santos (Alt)  
**Diane Wolsieffer (Rep)**  
Kathy Quatromoni (Rep), Michael Trudeau \*Alt)  
Deirdre Arvidson (Rep)  
Gabrielle Hathaway (Rep)  
  
Paula Schnepf (Rep)  
Ron Holmes (Rep)  
Karen Gardner (Alt)  
Paul Melville (Rep), Terriann Polumbo (Alt)  
Dara Bryan (Rep)  
Cheryl Bartlett (Alt)  
Brenda Swain (Rep)  
  
Toby Maguire (Rep)  
  
Caronanne Procaccini (Alt)  
Deirdre Arvidson (Alt)  
Joan McDonald (Alt)  
  
Ellen McDonough (Rep)  
Ray Yox (Rep)  
  
Cheryl Frye-Cromwell (Rep)  
Stacie Peugh (Rep)

**Staff:** Barnstable County Department of Human Services: Beth Albert, Kathie Callahan, Vaira Harik, Sheila Curtis – SHINE Program

**Elected Officials:** Assembly of Delegates: Ø County Commissioners: Ø

**Guests:** Cynthia Klopfer - Cape Cod Family Resource Center, John McCarthy – US Citizenship & Immigration, Elenta Muniz – Barnstable County Human Rights Commission, Emma McMahan – Harbor Community Health Center, Alan Rilla – Barnstable County Sheriff's Office, Deb Martin – District Attorney's office, Andrea Freeman – MPHA, Kristina St. Cyr – MPHA, Sue Rohrbach – Senator Wolf's office

**Unable to attend:** Gail Wilson, Kate McHugh, Beverly Costa-Ciavola, Lisa Guyon, Brenda Vasquez

- **Prior to the meeting a brief orientation was held for new appointees.**
- **Welcome/Introductions/Business:** Beth Albert, Chair, facilitated the meeting and welcomed the group. Introductions were made by individuals. Beth congratulated the new appointees and those

members re-appointed by the County Commissioners to the HHSAC. Updated member lists were distributed.

- **Approval of April 2015 minutes:** Stacie Peugh motioned, seconded by Kathy Quatromoni to approve the April 23, 2015 minutes as written. Unanimously approved.

- **Presentation: Massachusetts Public Health Association, Kristina St. Cyr and Andrea Freeman of MPHA:** MPHA is a small nonprofit organization promoting health equity. Overarching Themes of MPHA: Integrating health into all policies, combating institutional racism, reducing poverty. 2015-2016 Policy Agenda includes: Healthy Eating & Active Living, Housing & Family Stability, Violence Prevention, Essential Public Health Services, Connecting Community Health & Clinical Care, Cross-Cutting Topics.

Healthy Eating & Active Living: secure financing for the Massachusetts Food Trust Program, Support State funding for Mass in Motion, support adequate revenue and funding for public and active transportation. Advocated for \$12 million in funding to help communities make street improvements. FY16 state budget includes an increase in funding for public health programs.

Housing and Family Stability: Adopt a comprehensive approach to reduce homelessness, Increase funding for the Massachusetts Rental Voucher Program (MRVP). MPHA signed onto the "On Solid Ground" initiative focusing on building economic stability and preventing family homelessness.

Connecting Community Health & Clinical Care: Adopt Medicaid state plan amendment to reimburse for community-based prevention, including CHW services, law foundation for the reauthorization of the Prevention & Wellness Trust Fund.

Policy Advocacy: MPHA uses strategic, coordinated efforts to the right information to the right people at the right time from the right messenger. Andrea & Krystina reviewed direct and grassroots lobbying. Direct lobbying: communication to an elected official or staffer on specific legislation with an opinion on that legislation. Grassroots lobbying: Communication to people, other than your members, expressing a view on specific legislation and call to action. Lobbying elected officials has limitations with regards to your position being partially or fully funded with state and/or federal funds and if you receive funds from another source that restricts lobbying. Beth emphasized the need for the Cape region to stay connected to what is going on at the state level.

- **Presentation: U.S. Citizenship and Immigration Services (USCIS), John J. McCarthy – Community Relations Officer, District 1 Boston:** U.S. Citizenship and Immigration Services (USCIS) is the federal agency that oversees lawful immigration to the United States. They are a component of the Department of Homeland Security. USCIS does not deal with enforcement of laws but helps connect immigrants with benefits and services. Currently they would like to locate immigrants in Cape communities, relay information and help immigrants connect to services. They offer outreach to assist immigrants filing for protective services and offer trainings to community-based organizations, faith-based organizations, and social service agencies to assist immigrant victims of human trafficking and other crimes. They also offer assistance with the naturalization process, manage the process that allows individuals from other countries to work in the US, administer humanitarian programs that provide protection to individuals inside and outside the US who are displaced by war, famine and civil and political unrest and those who are forced to flee their countries. The USCIS is the first step in the process for US citizens to adopt children from other countries. They promote instruction and training on citizenship rights and responsibilities and provide immigrants with the information and tools necessary to successfully integrate into American civic cultures. John reported that census statistics on immigrants are not accurate. Two trainings being offered by USCIS: Immigrant Victims of Human Trafficking and other Crimes, August

4, 2015, 1 PM, JFK Federal Building, Government Center Boston or August 6, 2015, 12 Noon, UMass Center Tower Square, Springfield. These trainings are open to individuals and organizations that work with immigrant victims. Immigrant victims of trafficking, domestic abuse or other crimes may be eligible for T-visa or U-visa enabling them to stay in the U.S; Adult Citizenship Education Program, August 27, T.I.P. O'Neill Jr. Federal Building, Causeway Street, Boston for teachers of ESL in Boston. Additionally, Visa & VAWA training will be offered to police departments tailored to their needs. Contact John McCarthy at [john.j.mccarthy@uscis.dhs.gov](mailto:john.j.mccarthy@uscis.dhs.gov) for questions or additional information and assistance.

- **Foods to Encourage Pilot Program, Brenda Swain, Falmouth Service Center (FSC):** Brenda has collaborated with Deirdre Arvidson to provide “Ask the Public Health Nurse” at the FSC to provide blood pressure checks, glucose screenings and provide education on healthy food options. In January the Falmouth Service Center, Inc. (DBA Cape Cod Hunger Network) received a \$50,000 grant from Cape Cod Health Care’s Community Benefits Department for a Pilot Program at the FSC entitled: “Foods to Encourage – Nutrition’s Role in Diabetes and Hypertension Treatment and Prevention Pilot”. Based on empirical research and anecdotal data we know that many of our clients worry about and suffer from these chronic conditions and that often choices made with limited food dollars may not offer the best solutions for better health. Thus, this grant provides weekly client support through nurse monitoring, food demonstrations, extra vegetables and fruits and ongoing contact with FSC volunteers and staff who work in partnership with clients as they choose healthier options and reduce risk of significant illness. Data collected shows that nearly 20% of clients showed improvements in blood pressure and blood glucose and at the “height” of enrollment, over 60% showed improved BP. Those that participated for at least 12 weeks showed consistent, modest improvement. At the end of the pilot, data will be shared with the entire Cape Cod Hunger Network and an educational module will be developed to expand this pilot program to other pantries throughout the Cape.
- **Department Updates:**
  - **Department of Human Services brochure:** The newly created Department brochure was distributed. The Department plans, implements, and supports regional efforts that address critical health and human services needs i.e. hunger, homelessness, suicide prevention, substance abuse, chronic disease, healthy aging and disability issues. By facilitating strategic planning, capacity building, program implementation, and securing funding for our community and municipal partners, the Department supports a coordinated system of care on Cape Cod. [www.HealthyConnectedCapeCod.org](http://www.HealthyConnectedCapeCod.org) is our new, easy-to-use online clearinghouse for human services resources.
  - **Staff changes:** Jessica McHugh, Project Specialist with the Department, has resigned. Interviews are underway to fill this position. Jessica has been hired as a contractor for the Coordinator for the MOAPC (Massachusetts Opioid Abuse Prevention Collaborative) grant received by the Department.
  - **HOME and CoC HUD Programs:** Part of the County’s Strategic Plan was to consolidate several programs into the Department of Human Services (DHS). DHS has taken over administration of 2 HUD grants: Responsibility for the Continuum of Care was moved to the Department in March. The HOME program which supports development of affordable housing in our region, and formerly housed in the Cape Cod Commission (CCC), was moved to the Department as of July 1<sup>st</sup>. CCC staff working on this program will be relocated to DHS. Two FTE’s for this program will be funded through a combination of County general funds, and funds from HOME and the CoC planning grant.

- **Human Rights Commission:** The ordinance that created the Human Rights Commission has been amended to change the HRC to a County Department and the contractual coordinator position to a part-time County employee position effective July 1<sup>st</sup>. This position will report directly to the County Administrator and have new office space in the County Complex. This new position will be advertised shortly. The HHSAC will continue to play a role in the nomination of new HRC Commissioners.
- **HHSAC Bi-Annual Survey:** Starting in 2011, 2013 and now this year we will undertake a survey of our HHSAC reps to help identify emerging trends to help inform the departments human service plan, take stock of any regional trends that we might not be aware of, and share this information with each other. The survey results helps tell the health and human service story to county elected officials and helps us plan for how the county should invest its resources and hopefully add value to the important work you do. The survey will be issued in late August/early Sept. and have results for October meeting.
- **Regional Substance Abuse Council – SAPC & MOAPC Grants and Update on Regional Action Plan:** The Department undertook a public health planning process. Published a Baseline Assessment in March which can be found on our website. Currently developing a regional plan, draft will be issued in August. The Department applied for and secured two grants from the Bureau of Substance Abuse Services. The MOAPC grant focuses on primary prevention and reduction of opioid related OD deaths. Funded for 5 years for a total of \$500,000. The SAPC grant focuses on decreasing underage drinking and substance abuse. This grant will be funded for up to 7 years for a total of \$700,000. MOAPC and SAPC strategies are part of the overall regional strategy.

#### **Updates from HHSAC Representatives and Alternates:**

- Kathy Quatromoni: Introduced Alan Rilla of the Barnstable County Sheriff's office. Alan is working on re-entry program services focusing on job searching, finding housing and obtaining healthcare. Alan is also working with businesses regarding employment opportunities. He noted that businesses get a tax credit for hiring an offender.
- Michael Trudeau, First Assistant District Attorney: On July 14 the creation of a new initiative for processing criminal cases which may involve a person living with mental illness was announced. The Mental Health Concern Notification System enables law enforcement personnel to take certain information contained in the regular police report and put it on a special form designed for this system. The form is simply for the purpose of notification to the District Attorney's office for an expedited review of the case and the possibility of alternative processing. Law enforcement personnel will not be making a determination of any kind regarding the persons mental health but simply calling attention to a concern so that a case worker and service provider will be contacted and get involved to address any behavioral health concerns and get proper care and treatment for the individual.
- Joan McDonald: The Community Network of Cape Cod will be surveying its members in the Fall to gather information and get a sense of what is going on in the community.
- Stacy Peugh – YMCA of Cape Cod: The YMCA Cape Cod in partnership with Barnstable Town Councilor Jen Cullum have launched the Y Achievers program for low income and minority teens. This program is an academic achievement and career development initiative for Barnstable High School students. The focus of the program is to provide students with a positive sense of self and aspirations for professional careers in the workforce. A Program Director has been hired. 200 students have been identified to participate in the program.
- Cheryl Frye-Cromwell: The Wampanoag Tribal Health Center is working with the Federal government on a project to address substance abuse. A Steering Committee will work with the

government and attend trainings. Their Annual Meeting will be held on August 6<sup>th</sup> to look at issues, trends and barriers to services. The Tribal Health Center Clinic has been open for 5 years. Mashpee Wampanoag Health Service Unit is expanding services; now provide a weekend and after hour call service, a licensed Nurse is available by phone.

- Theresa Santos: Distributed the new general information brochures for the Human Rights Commission.
- Diane Wolsieffer: Behavioral Health Coalition meets monthly on the last Thursday. They are planning the 3<sup>rd</sup> Annual Behavioral Health Provider Summit for October 2, 2015.
- Dara Bryan: Cape Cod Foundation is facilitation trainings and coordinating development for professionals in the region. They have released a survey to gather information on what the needs of professionals are and what additional trainings they would find helpful.
- Paul Melville: The Cape Cod Family Resource Center, a program of Family Continuity is collaborating with the Cape Cod Neighborhood Support Coalition to offer a variety of parent education programs. They offer family support and partnership to help families access needed assistance and provide information and referrals to programs and services. They are located at 29 Bassett Lane in Hyannis. For more information visit [www.CapeCodFamilyResourceCenter.org](http://www.CapeCodFamilyResourceCenter.org)
- Ray Yox: South Coastal Counties Legal Services received \$2 million in state funding. 3 new attorneys, one of whom will work in Hyannis, have been hired by South Coastal Counties Legal Services and 1 AmeriCorp staff person.
- Ron Holmes: Jessica McHugh has stepped down from her position as co-chair of the C&I Suicide Prevention Coalition. Ron thanked her for her work with the Coalition. New co-chair, Sgt. Kevin Marshall of Nantucket has been elected. The CISPC summer retreat assessed the status of CISPC past, present and future goals. They will be investigating new funding sources to support the Coalition. The next meeting of the CISPC is scheduled for 9/10/15 in Rms 11/12 in the Barnstable Superior Courthouse. Meeting will be preceded by a remembrance observance of those lost to suicide. Post-vention services will be offered in the schools in the region. Larry Berkowitz of Riverside Trauma Center will help to expand training opportunities. The Falmouth Road Race on August 16<sup>th</sup> is the largest fundraising effort for the Coalition. CISPC obtained 10 runner bibs through the Numbers for Nonprofits program.
- Ellen McDonough: Elder Services of CC&I is currently soliciting bids for community health workers contracts and also their Meals on Wheels program.
- Paula Schnepf: The 23<sup>rd</sup> Annual Murray Housing for Love Walk was held last week, Paula walked the entire 100 mile course this year. A forum will be held on 7/28 from 10-12 in the Harborview Room in the County Complex to discuss finding affordable housing in the region. The State has increased funding for MRVP vouchers, however, individuals with vouchers are experiencing difficulty finding affordable housing. The C&I Regional Network on Homelessness is participating in the Zero 2016 Campaign. The goal of this program is to eliminate veteran homelessness by the end of 2015 and chronic homelessness by the end of 2016 in our region. The Continuum of Care HUD NOFA application will be released soon. This grant brings approximately \$1.7 million to this region for homelessness services.
- Cheryl Bartlett: Cape Cod Healthcare is preparing for their 2017 Community Needs Assessment. CCHC has released its competitive RFR for grants that will be distributed at the end of 2015. CCHC Substance Abuse Prevention Initiative is working closely with towns across the Cape as well as Beth Albert to develop a comprehensive prevention program to be rolled out in the schools.
- Gabrielle Hathaway: June 29, Postpartum Depression Awareness Day at the State House. Lt. Gov. Karyn Polito announced that MassHealth will begin next Spring reimbursing health care providers for the costs of all women to be screened for postpartum depression.

- Sheila Curtis: SHINE program has trained 16 new SHINE Counselors who work on the Cape & Islands to assist individuals with Medicare program needs. October 15 – December 7<sup>th</sup> is the open enrollment period. SHINE offers a FREE Health Benefit University – a 3-4 hour training on Medicare & Mass Health 101. 3 CEs are offered for social workers. SHINE is looking for an agency or organization to sponsor this training. Please contact Sheila Curtis at [scurtis@barnstablecounty.org](mailto:scurtis@barnstablecounty.org) for more information.
- Caronanne Procaccini: Community Action Committee of C&C (CACCI) is celebrating its 50<sup>th</sup> year. It has formalized its affiliation with JTEC. CACCI will continue as a Community Action Program with its own Board of Directors. Kris Dower will continue as JTEC President also be CACCI's Executive Director. Presently CACCI is participating in a Financial Capabilities Integration project with MASSCAP and the Center for Empowerment Development. CACCI is looking to hire a bilingual staff person for its Access to Health Insurance & Care program.
- Toby Maguire: No college announcements – waiting on budget. Federal legislation will affect adult education & workforce training – will learn more in coming months. Toby has resigned - Adult education job posting on Cape Cod Community College website at <https://capecod.interviewexchange.com/static/clients/470CCM1/index.jsp;jsessionid=B8339DCC8723E7F93C6EBACA43C2360E>

**Meeting adjourned at 11:10 AM**

***NEXT QUARTERLY MEETING: October 22, 2015  
Harborview Conference Room, Barnstable County Complex***

Respectfully submitted: Kathie Callahan