



**BARNSTABLE COUNTY DEPARTMENT OF HUMAN SERVICES
BARNSTABLE COUNTY HEALTH & HUMAN SERVICES ADVISORY COUNCIL
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**Barnstable County Health and Human Services Advisory Council
Thursday, October 22, 2015, 9:00 –11:00AM
Harborview Conference Room, Barnstable County Complex**

Barnstable County Human Rights Commission:
Behavioral Health Provider Coalition of Cape & Islands:
Cape & Islands District Attorney's Office:
Cape & Islands Health Agents Coalition:
Cape & Islands Maternal Depression Task Force:
Cape & Islands Regional Domestic Violence Council:
Cape & Islands Regional Network on Homelessness:
Cape & Islands Suicide Prevention Coalition:
Cape & Martha's Vineyard Community Health Center Network:
Cape Cod Family Resource Center of Family Continuity:
Cape Cod Grant Makers Collaborative:
Cape Cod Healthcare Community Benefits:
Cape Cod Hunger Network:
Cape Cod Neighborhood Support Coalition:
CAREER Collaborative:
Children's Cove:
Community Action Committee of Cape & Islands:
Community Health Network Area (CHNA):
Community Network of Cape Cod (formerly BCCCYF):
Councils on Aging Serving Together (COAST):
Disability Network:
Elder Services of Cape & Islands:
South Coastal Counties Legal Services:
Substance Abuse:
Tri-County HIV/AIDS & Hepatitis C Consortium of Cape & Islands:
Upper Cape Health & Human Services:
Wampanoag Tribal Health Center:
YMCA Cape Cod:

In attendance (Members):

Scoba Rhodes (Rep), Theresa Santos (Alt)
Diane Wolsieffer (Rep)
Kathy Quatromoni (Rep)

Gabrielle Hathaway (Rep)

Paula Schnepf (Rep)
Ron Holmes (Rep)

Terriann Polumbo (Alt)
Dara Bryan (Rep)
Lisa Guyon (Rep)
Brenda Swain (Rep)
Beverly Costa-Ciavola (Rep)

Brenda Vazquez (Rep)

Chris Hottle (Alt)

Ellen McDonough (Rep)
Ray Yox (Rep)

Karen Cardeira (Rep), Gail Wilson (Alt)

Staff: Barnstable County Department of Human Services: Beth Albert, Kathie Callahan, Michelle Springer, Patty Watson

Elected Officials: Assembly of Delegates: Ø County Commissioners: Ø

Guests: Emma McMahon – Harbor Community Health Center – Hyannis, Melissa Ventola – Big Brothers, Big Sisters of CC&I, Barbara Milligan – United Way of CC&I, Cindy Horgan – Cape Cod Children's Place

Unable to attend: Paul Melville, Stacy Gallagher, Deirdre Arvidson, Caronanne Procaccini

- **Welcome/Introductions/Business:** Beth Albert, Chair, facilitated the meeting and welcomed the group. Introductions were made by individuals. Beth congratulated the new appointees to the HHSAC. Updated member lists were distributed.
- **Approval of July 2015 minutes:** Theresa Santos motioned, seconded by Brenda Swain to approve the July 23, 2015 minutes as written. Unanimously approved.

- **Human Rights Commission Nomination Committee:** The HHSAC via County Ordinance has been tasked with conducting the annual recruitment and nomination process to fill vacancies on the Human Rights Commission (HRC). The Nominating Committee is composed of HHSAC representatives and/or alternates with representation from the Human Rights Commission as well and conducts the nomination process with support from the Dept. of Human Services during September and October. Committee members review applications and make recommendations to the Chair of the HHSAC regarding appointments. The Chair forwards recommendations to the County Commissioners for appointment to the HRC. If any HHSAC members would like to join this committee let Beth know.
- **Department Updates:**
 - **Introduction – Patty Watson, Project Specialist:** Patty will be focusing on the Department’s online tools and content as well as other special projects. Patty joins the Department from the Family Pantry in Harwich and replaces Jessica McHugh.
 - **HOME and CoC HUD Programs & Introduction of Michelle Springer – HOME Program Specialist:** Part of the County’s Strategic Plan was to consolidate several programs into the Department of Human Services (DHS). DHS became the collaborative applicant and has taken over administration of two HUD grants. Responsibility for the Continuum of Care was moved to the Department in March. The HUD CoC application process is currently underway. This program brings approximately \$1.5 million to the region to support permanent supportive housing. The HOME program, staffed by Michelle Springer, Program Specialist, supports development of affordable housing in our region. This program was formerly housed in the Cape Cod Commission (CCC) and was moved to the Department as of July 1st. Two FTE’s for these programs will be funded through a combination of County general funds, and funds from HOME and the CoC planning grants.
 - **Human Rights Commission:** The ordinance that created the Human Rights Commission has been amended to change the HRC to a County Department and the contractual coordinator position to a part-time County employee position effective July 1st. Elenita Muñiz was hired for this position and will now report directly to the County Administrator and has moved into new office space in the County Complex in the Health Department. The HHSAC will continue to play a role in the nomination of new HRC Commissioners and provide administrative support during the transition.
 - **Regional Substance Abuse Action Plan adopted:** The Department undertook a public health planning process and published a Baseline Assessment in March which can be found on our website. Using information gathered from the Baseline Assessment, the Regional Substance Abuse Action Plan was adopted in August 2015 and the Council will work to implement the recommendations in the Plan. The Department applied for and secured two grants from the Bureau of Substance Abuse Services. The MOAPC grant focuses on primary prevention and reduction of opioid related OD deaths. This grant will be funded for 5 years for a total of \$500,000. The SAPC grant focuses on decreasing underage drinking and substance abuse. This grant will be funded for up to 7 years for a total of \$700,000. MOAPC and SAPC strategies are part of the overall regional strategy.
 - **AmeriCorps Vista:** Beth had emailed HHSAC Reps and Alternates asking for input on Human Service projects that align with the work of AmeriCorps Vista program. Beth will continue to work with the Barnstable County Resource Development Office to submit an application for projects for next year.
- **Bi-Annual HHSAC Survey Results:** Beth reviewed the Department of Human Services’ mission. She reviewed the purpose of the survey: to inform Barnstable County Department of Human Services of the state of human services and needs in Barnstable County. The survey is administered bi-annually with the most recent survey issued in August of 2015 to the 52 members and/or groups associated

with the HHSAC. There was a 48% response rate (25/52) and the responses were summarized. Common themes were found throughout the survey.

- The top 3 most significant economic and social challenges faced by clients included: Cost of living (48%), Risk of Homelessness (48%), and transportation (36%).
- The top 3 most significant health care challenges faced by clients included: Untreated/under-treated mental health conditions (80%), untreated/under-treated substance use (52%), and untreated/under-treated physical health conditions (24%).
- Regarding existing BCDHS work included increase efforts around: housing & homelessness (60%), Regional Substance Abuse Council (RSAC) (48%), Technical Assistance (28%), promote regional health outcomes improvement (24%). Indeterminate comments included Aging & Disability work: increase (20%), Decrease (12%), keep same (56%), and unsure (12%).
- Regarding potential new areas for BCDHS: Lead Community Health Needs Assessments: No, join the work of others (76%). Use technology to promote inter-communication among Cape Cod service providers: Lead this work (40%), Join work of others (44%) 3 of 5 write-in comments addressed the need for enhancement and retention of the human service sector's workforce.

General Funding Trends, 2013-2015 which increased or remained the same included: Demand for services (96%), Funding (all sources) (84%), Operating Budget (84%), Wait list for services (40%), and Turned away clients due to resources (28%).

Beth reviewed the priorities set in 2012 following a similar survey and their relevancy now. Priorities in 2012 included: Reconsider how information & services are provided, improve navigation & outcomes; Planning for human service infrastructure needs of aging population, and Enhance delivery systems to work with people with complex/crisis situations.

A list of accomplishments of member coalitions/consortiums or agencies over the previous 12 months was distributed and reviewed. 2013 & 2015 responses will be compared and the results will be sent to HHSAC members when completed.

- **Updates from HHSAC Representatives and Alternates:**

- Brenda Swain: Hunger Network met with the Greater Boston Food Bank and reviewed data for Cape Cod. It appears that people seeking food from pantries has stabilized. Individuals and families joined the Cape Cod 5 Foundation as they harvested over 2+ tons of sweet potatoes donated by Cape Cod Organic Farms which were distributed by the Hunger Network to food pantries across Cape Cod. The harvesting will continue on October 23rd.
- Ellen McDonough: A federal grant from the Executive Office of Elder Affairs will assist Elder Services of C&I to enhance their website and staff a Call Center for Mass Options 7 days a week from 8 AM – 8 PM. ESCCI staff has been trained on services available at nine state agencies. A soft launch of the public awareness campaign for this service is planned for next week with a larger launch to follow. Twelve new MassHealth specialists were hired across the state to assist clients with enrollment & questions.
- Diane Wolsieffer: The 3rd Annual Behavioral Health Summit held on October 2nd was well attended and promoted outreach to those most in need, police & clinician collaborations and closing the safety net around substance abuse and mental illness. The Behavioral Health Coalition meets monthly. They are planning additional education programs to look at issues such as Section 35 and how law enforcement can get more involved in the approach to behavioral health issues.
- Ron Holmes: Ron thanked Jessica McHugh who has stepped down from her position as co-chair of the C&I Suicide Prevention Coalition. New co-chair, Sgt. Kevin Marshall of Nantucket has been elected. Ron also thanked Beth Albert and the Dept. of Human Services who has nurtured the CISPC and fostered its growth since its inception in 2009. The CISPC summer retreat assessed the status of CISPC past, present and future goals. They will be investigating

new funding sources to support the Coalition. They are looking at expanding the hours and responsibilities of their part-time event and training coordinator. The September meeting of the Coalition included a remembrance observance of those lost to suicide. A training day was held on October 9th. The Coalition is looking at a postvention workshop and creating a postvention plan for students in each school district. The November 12th meeting will include a Compassion fatigue training.

- Terriann Palumbo: The Cape Cod Family Resource Center held an open house on October 7th. The Center is fully staffed and lots of activities, parenting classes and workshops for are underway. November calendar was distributed. Additional programs for nurturing families is being planned. Families that are struggling can call or come to the Center for assistance. Staff will assess what the needs are and gaps in services and connect families with resources and make referrals. The Center will host a Healthy Kids Event on November 17th from 5:30-6:30 PM. Whole Foods Market will be sharing simple healthy snacks and recipes to take home. A Provider showcase is scheduled for November 18, 4-6 PM for providers – by providers to share resource information and networking. Various information and resource brochures were also distributed.
- Gabrielle Hathaway: Held training with Arbour Counseling around awareness of post partum mood disorders. Informational brochures distributed on post partum issues and resources.
- Brenda Vazquez: CHNA 27 (Community Health Network Area) is in transition. They have been awarded the last round of DON (Determination of Need) funding through the Dept. of Public Health. They are looking at strategic planning with a focus on future funding. The CHNA supports and promotes collaboration in services across the lifespan. They are looking at building a website with the Cape Cod Foundation and joining the CCF platform.
- Karen Cardeira: Falmouth Human Services (FHS) is working with the Falmouth Police Department on a Pilot Program to conduct mental health wellness checks. They are also involved in the Buried in Treasures group which is free to those on the upper Cape. Working with the Police Chief on a new collaboration around opioid abuse and doing outreach to four Falmouth elementary schools and putting a clinician into the schools to assist kids with dealing with anxiety and families that are struggling with drug abuse issues. FHS launched a new website. Includes clinicians within a 25 mile radius and also insurances they accept.
- Gail Wilson: Mashpee Cares has been made an official Town Committee. Beth Albert & Jessica McHugh attended a committee meeting and spoke on the current opioid crisis and the Action Plan of the Regional Substance Abuse Council (RSAC). A Holiday Giving Tree will be utilized to help families and young adults who are struggling. The RSAC has been working with Mashpee, Sandwich and the Monomoy district to assist in establishing programs in those towns dealing with the current opioid crisis.
- Ray Yox: Rick McIntyre, an attorney who advocated and worked with South Coastal Counties Legal Services and throughout the state has passed away. State Senators have been contacted about a memorial service.
- Lisa Guyon: Scope of Pain trainings has trained and educated 140 physicians and prescribers. SCOPE of Pain is a series of continuing medical education/continuing nursing education activities designed to help healthcare professionals safely and competently use opioids, if appropriate, to manage patients with chronic pain. Cape Cod Healthcare has launched a Community Health Needs Assessment, required by the IRS every 3 years for hospitals and Community Health Centers. The data collected is used to set priorities for the next 3 year period. Cape Cod Healthcare has received a grant through SAMSHA for a program for opioid dependent pregnant women 18 years and older.
- Kathy Quatromoni: The District Attorney's office is continuing work with the schools on truancy prevention. All youth entering the diversion program are screened for substance abuse and depression, and referred to assessment and treatment as necessary. Since 2000, approx. 4000 youth have been

diverted. The new Child Requiring Assistance (CRA was CHINS) law addresses 5 types of cases (runaway, stubborn child, habitual school offender, habitual truant & sexually exploited child) with a focus on providing services. If for whatever reason, services don't address the issues, the case goes before a judge. The intent of the changes is to provide services first, and then court.

- Chris Hottle: COAST (Councils on Aging Serving Together) gather for monthly COA Director's meetings. Focus of the group is filling the gaps and best practices. State conference on behavioral health inclusive of LGBT services. Buried in Treasures – new group started in the outer Cape.
- Scoba Rhodes: High school and middle school students across the Cape are invited to participate in the Human Rights Academy. Students and teacher advisors meet in November and each school identifies human rights issues and students plan projects around a specific topic. Groups return in April to present their projects to the group.
- Theresa Santos: The Human Rights Commission is working through a new intake process for complaints. Theresa brought bullying brochures in English, Spanish and Portuguese for distribution.
- Paula Schnepf: The Regional Network on Homelessness is in the initial phase of the Continuum of Care HUD grant process. This grant brings \$1.5-1.9 million into the region to support permanent supportive housing. As a requirement of receiving these funds, the CoC is working on a coordinated entry system – “No Wrong Door” for individuals and families seeking housing assistance. Also working on coordinating prevention efforts. Held a Finding Housing Forum in the Summer of 2015 to gather information and collaborate with other agencies and landlords in all Cape Cod communities.
- Beverly Costa-Ciavola: The Cape Cod Neighborhood Support Coalition (CCNSC) is moving their office to Falmouth. Currently the Family Resource Center, also in Hyannis, is working on similar focus areas so the move will help to serve the upper Cape more efficiently. CCNSC will align with DCF and Community Connections Coalitions. The Coalition will co-exist in the same building with Cape Cod Child Development. They will continue to collaborate efforts with the Family Resource Center in Hyannis.
- Dara Bryan: Cape Cod Foundation (CCF) is facilitating trainings and coordinating development for professionals in the region. They have released the C&I Nonprofit Advancement survey to gather information on what the needs of professionals are and what additional trainings they would find helpful. The C&I Partnership for Nonprofit Advancement is a regional collaborative whose mission is to leverage resources to effectively coordinate and expand training and educational opportunities for Cape Cod and the Islands. The CCF continues to work collaboratively with funders to manage charitable giving efforts. Connect Cape Cod administered by the CCF is a web-based community platform that brings community resources together through one portal, providing data, knowledge and interactive tools for effective collaboration between nonprofits, government, funders, and other stakeholders about a wide range of issues that impact the quality of life on Cape Cod. This data driven platform allows you to find and connect with organizations in your area, access comprehensive data of Cape Cod's nonprofit sector, find and post opportunities, and share links to events and other information!

Meeting adjourned at 11:00 AM

***NEXT QUARTERLY MEETING: January 28, 2015
Harborview Conference Room, Barnstable County Complex***

Respectfully submitted: Kathie Callahan