

# BARNSTABLE COUNTY REGIONAL SUBSTANCE ABUSE COUNCIL

## *MEETING SUMMARY*

<b>Date: April 14, 2016 4:00 PM</b>	<b>MEETING PLACE: Harborview Conference Room, Barnstable County Complex</b>
<b>NEXT MEETING: June 2, 2016, 4:00 PM, Harborview Conference Room, County Complex</b>	<b>RECORDING: Kathie Callahan, Barnstable County Human Services</b>
<b>MEMBERS PRESENT: Beth Albert, Roger Allen, Brendan Clark, Dennis Cunningham, Chris Greeley, Elizabeth Griffin, Lisa Guyon, Vaira Harik, Randy Hoskinson, Samantha Kossow, Mary LeClair, Sheila Lyons, Donna Mello, Edye Nesmith, Ruth Provost, Judy Scarafile, Jennifer Schmidt, Gail Wilson, Regina Yaroch</b>	
<b>Unable to attend: Deirdre Arvidson, Patty Mitrokostas, Kathy Quatromoni</b>	
<b>Guests: Haner Hernandez, Ph.D., Leila Maxwell, Gail Rasmussen, Cassi Danzl, Richard Knowlton, Judith Cooperrider, Brianna Gardner, Amy Doherty, Noah Hoffenberg, Barbara Milligan, Trudy Avery, Ryan Toombs, Fiona Jensen, Mike Jackman, Owen Fletcher, Joan Peters-Gilmartin</b>	

- **Welcome and Introductions:** Beth Albert facilitated the meeting.
- **Minutes of February 4, 2016 Meeting:** Motion by **Judy Scarafile**, seconded by **Chris Greeley** to accept the February 4, 2016 minutes with the following change: Page 3, Town Coalition Reports, under Gail Wilson’s report: change “Town Council” to “Board of Selectman”. Unanimously approved with changes.
- **Presentation: What is Recovery?, Dr. Haner Hernandez, Ph.D.:** Beth Albert introduced Dr. Hernandez, read his bio and thanked him for presenting at today’s meeting. Dr. Hernandez led a facilitated discussion about the historical context of substance use treatment and recovery; and led a discussion about Defining Recovery and Stages; the Multiple Pathways of Recovery; SAMHSA and William White’s Definitions of Recovery and language and definitions used today; Where We Are Today in terms of the Substance Abuse Crisis, the Recovery Movement and Policy Changes; and Opportunities for Continued Advocacy and Action. Dr. Hernandez’ powerpoint presentation is attached.
- **Announcements:**
  - Joan Peters-Gilmartin: Open Doorway of Cape Cod is presenting a Free community event: a screening of the film “If Only” about drug use and addiction featuring a panel of local experts at Nauset High School on April 28 at 6:30 PM.
- **Adjournment:** -The meeting was adjourned at 6:00 PM.
- **Next meeting scheduled for June 2, 2016 @ 4 PM in the Harborview Conference Room in the County Complex**

Respectfully submitted: Kathie Callahan