

# BARNSTABLE COUNTY REGIONAL SUBSTANCE ABUSE COUNCIL

## MEETING SUMMARY

<b>Date:</b> June 2, 2016 4:00 PM	<b>MEETING PLACE:</b> Harborview Conference Room, Barnstable County Complex
<b>NEXT MEETING:</b> August 4, 2016, 4:00 PM, Harborview Conference Room, County Complex	<b>RECORDING:</b> Kathie Callahan, Barnstable County Human Services
<b>MEMBERS PRESENT:</b> Beth Albert, Roger Allen, Deirdre Arvidson, Cheryl Brtlett, Elizabeth Griffin, Lisa Guyon, Paul Hilton, Randy Hunt, Samantha Kossow, Mary LeClair, Sheila Lyons, Jessica McHugh, Patty Mitrokostas, Ruth Provost, Brian Robbins, Ray Tamasi, Sam Tarplin, Gail Wilson, <b>Unable to attend:</b> Randy Hoskinson <b>Guests:</b> State Senator Vinny deMacedo, Lance Lambros - Deputy District Director for Senator deMacedo, District Attorney Michael O'Keefe, Deb Martin – Community Outreach Coordinator for C&I District Attorney's office, Jane Haist, Rachel Berggren, Cindy Horgan, Fiona Jensen, Kate O'Sullivan, Patty Watson, Cindy Martin, Cassi Danzl, Owen Fletcher, Steve Jochim, Trish Wright	

- **Welcome and Introductions:** Cheryl Bartlett facilitated the meeting. Special guests were welcomed.
- **Minutes of April 14, 2016 Meeting:** Approval of April minutes has been moved to August meeting.
- **MA Ballot Initiative**
  - **Update from District Attorney Michael O'Keefe and State Senator Vinny deMacedo:** Reviewed the Campaign for a Safe & Healthy Massachusetts including the Campaign to Oppose the Legalization of Commercial Marijuana Industry in Massachusetts. Safe and Healthy Massachusetts is a growing, bi-partisan coalition of families and community leaders including health care institutions, business associations, educators, public safety groups and elected officials. DA O'Keefe and Senator deMacedo reviewed the current marijuana laws in MA regarding decriminalization of marijuana possession and access for medical purposes. They noted that today's marijuana is more potent than ever before. They reviewed issues surrounding the current ballot question. They also reported on the development of marijuana legalization in other states such as Colorado and Washington. They spoke about both local and federal implications of legalization, and law enforcement concerns, including enforcement of driving under influence laws. For more information visit [www.safeandhealthyma.com](http://www.safeandhealthyma.com) and [www.malegislature.gov/reports](http://www.malegislature.gov/reports).
  - **RSAC Issue Brief 3: MA Ballot Initiative: The Regulation and Taxation of Marijuana Act:** Samantha reported that the third in a series of issue briefs has been released by The Dept. of Human Services and the Regional Substance Abuse Council on this initiative. The issue brief was distributed and briefly reviewed. It is available online at [www.bchumanservices.net](http://www.bchumanservices.net).
- **RSAC Working Group and Action Plan Updates:**
  - Prevention Work Group: Patty Mitrokostas and Lisa Guyon: Two grant projects, MOAPC & SAPC are intertwined in the Prevention work group. Working on a media campaign to promote evidence-based prevention initiatives. Co-chairs are working on a draft action Plan and hope to finalize by end of June. The Action Plan will then be distributed to RSAC members for review.

- Recovery Work Group: Brian Robbins and Sam Tarplin: Sam reported that the group is working on identifying key strategies for their Action Plan, noting that because of the lack of organized recovery support structure on Cape Cod, they have many new opportunities.
  - Treatment Work Group: Heidi Nelson and Roger Allen: Roger reviewed the proposed Treatment Action plan and reported on progress made thus far in treatment availability changes at the Barnstable County Correctional Facility.
- **MOAPC/SAPC/RSAC Coordinator updates:**
- **MOAPC -Jessica McHugh:**
    - **Media Campaign:** one of the primary goals for MOAPC grant is development of a public health campaign of substance use and addiction. Media sub-committee reviewed 3 bids that were received, \$30,000 contract awarded to Grouper Designs. Expect first wave of campaign to be completed mid-July. MOAPC grant is purchasing media buys for early 2017.
    - **DEA Prescription Drug Take Back Day:** Take-Back Day was April 30<sup>th</sup>. CCHC, Gosnold, RSAC and local Police Departments partnered to promote event across Cape Cod. Largest amount ever collected, 2,562 lbs on Cape. Take-back signs to be delivered to local MOAPC Police Departments.
    - **End of Year 1 of MOAPC Grant:** Year 1 focused on laying groundwork for many of MOAPC strategies, relationship building and capacity building, working within the new P/I framework, and working with community partners and town coalitions. Also focused on learning how to navigate the State's preferences and requirements for projects and working with the State on flexibility of grant spending. Bonus project that was approved with town mini-grants focused on capacity building. Unfortunately due to timing, not able to take advantage of this opportunity. The Department is well-positioned to move into year 2 of the grant.
    - **Jessica McHugh:** Informed Beth that she will not be renewing contract for a second year as MOAPC Coordinator. Jessica expressed what a privilege it was working with community partners, town coalitions and the Dept. of Human Services and she is confident that the great work begun will continue.
  - **SAPC – Beth Albert:** Beth reported that Jennifer Schmidt has resigned as the Program Specialist for the SAPC grant. The job opening will be posted shortly. Report has been submitted to BSAS on SAPC deliverables. Working with Emerson College on a social marketing campaign.
  - **RSAC – Samantha Kossow:** Samantha reported on a new State campaign “Make the Right Call” launched by the Massachusetts Dept. of Public Health and the Massachusetts Attorney General’s office to raise awareness about the Good Samaritan Law and to encourage people to call 911 when they witness an overdose. The campaign assures the public that if they call 911 to report an overdose, the Good Samaritan law protects them from prosecution. The Words We Use Matter: Reducing Stigma through Language document was distributed and will be available online. The Substance Use Resource and Information Guide for Cape Cod was distributed. The Dept. of Human Services will be doing a large mailing throughout the region distributing the Resource Guide and other materials.
- **Legislative Updates**
- **State legislation - State Representative Randy Hunt:** Randy reported that on Monday, June 6<sup>th</sup> at 10:00 AM there will be a homelessness forum at Cape Cod Community College in the little theater in the Tilden Arts building. Social service agencies report that outreach programs along Main Street in Hyannis are working well. Randy met with Judge Julian to discuss the Section 35 process which authorizes state courts to involuntarily commit an individual to a facility if, after a hearing in court, a judge finds clear and convincing evidence showing that such individual suffers from an alcohol or substance use disorder, and that there is a likelihood of serious harm as a result of that disorder. A police officer, physician, spouse, blood relative, guardian or court official may go to the district court or juvenile court to apply in writing for this type of

order of commitment. Under this section, a respondent can be involuntarily committed for substance use treatment for a period of up to a maximum of 90 days. You should consider all available options before pursuing a section 35 civil commitment as it is a method of last resort.

➤ **Updates from Representatives:**

- Patty Mitrokostas: Gosnold on Cape Cod will present the third Charlie Wilkerson Memorial Lecture Series, *Engaging in Effective Interventions for the Prevention and Treatment of Addiction* on June 14, 2016, 6-7:30 PM at the Cotuit Center for the Arts.
- Lisa Guyon: Moms Do Care is enrolling pregnant women in a pilot program that supports pregnant women on Cape Cod get medication assisted treatment and other substance use treatment and health care services during pregnancy and in the postpartum period with case management, counseling, and efforts to keep their babies with them. Please call Deborah Heavilin, MDC Care Manager, at 508-280-6597 to inquire. Lisa also reported on another successful round of Scope of Pain trainings in May which trained 110 physicians. SCOPE of Pain is a series of continuing medical education/continuing nursing education activities designed to help healthcare professionals safely and competently manage patients with chronic pain, when appropriate, with opioid analgesics.

➤ **Adjournment:** -The meeting was adjourned at 5:45 PM.

➤ **Next meeting scheduled for August 4, 2016 @ 4 PM in the Harborview Conference Room in the County Complex**

Respectfully submitted: Kathie Callahan