

BARNSTABLE COUNTY REGIONAL SUBSTANCE ABUSE COUNCIL

MEETING SUMMARY

Date: September 4, 2014, 4:00 PM	MEETING PLACE: Harborview Conference Room, County Complex
NEXT MEETING: October 2, 2014, 4:00 PM, Harborview Conference Room, (top of the hill in the County Complex)	RECORDING: Samantha Kossow, Coordinator, Barnstable County Regional Substance Abuse Council
PRESENT: Beth Albert, Deidre Arvidson, Carl Alves, Sean Cahill, Karen Carderia, Jennifer Cullum, Linnell Grundman, Lisa Guyon, Vaira Harik, Samantha Kossow, Sheila Lyons, Patty Mitrokostas, Heidi Nelson, Kathy Quatromoni, Sue Rohrbach, Gail Wilson	
Unable to attend: Randy Hoskinson, Sheila House, Randy Hunt, Mary LeClair	
Guests: Carl Alves, Trudy Avery, Rick Barry, John Reardon, Sam Tarplin	

- **Welcome and Introductions:** County Commissioner Sheila Lyons and Beth Albert welcomed the group. Introductions were made by individuals.
- **Minutes of August 2014 Meeting:** Motion to approve the August 7, 2014 minutes with two corrections: 75% of data collection completed should read 50% and the DA's office and not the courts began screening for substance abuse indicators. Unanimously approved with two abstentions: Linell Grundman, Sheila Lyons.
- **Staff Update:**
 - **Report to the Community:** Beth Albert and Vaira Harik reported on the status of the community report. The timeline of the report release has been shifted and a draft of the first portion of the report is expected to be delivered by the October meeting of the Substance Abuse Council. Vaira reviewed the analytical approach of the report and presented an overview of the current progress on the data. It was noted that the area of community policing needs more work and suggestions were made by council members on how this section might be best completed, including attending the Cape Cod Police Chief's Meeting. The goal of the report to help set priorities and spur further questions/analysis was reiterated.
 - **Massachusetts Opioid Abuse Prevention Collaborative (MOAPC) FY15 RFR:** Beth Albert provided an update on the status of the MOAPC RFR. The RFR was submitted on Wednesday, September 3rd. As discussed in last month's meeting, the program seeks to provide support for groups of neighboring municipalities to enter into formal, long term agreements to share resources and coordinate activities in order to increase the scope of this prevention work and capacity of municipalities to address these issues among their combined populations. The group would be structured as a subcommittee of the current substance abuse council. Notification of accepted responses should be sent out in December of this year.
- **MassTAPP State Substance Abuse Conference – Carl Alves:** MassTAPP is tasked with offering services and support to small groups and coalitions like the Substance Abuse Council by providing technical assistance and capacity building. They organize regional and statewide events that provide learning and networking opportunities. On Friday, September 26th, 2014 there will be a southeast regional meeting on Martha's Vineyard. The focus of the meeting will be pharmacies and the online prescription monitoring program will be discussed. Lunch will be provided. On October 30th, 2014 the statewide meeting will be held in Waltham, details to be released soon. All council representatives are encouraged to participate in these events. For more information, please contact Carl Alves with questions at carljalves@gmail.com.
- **New Business:**
 - **Sam Tarplin – What Happened Here:** What Happened Here: The Untold Story of Addiction on Cape Cod is a documentary by first time filmmaker Sam Tarplin. It includes interviews with many people involved with substance abuse and recovery in Barnstable County. With the

help of Students Achieving Recovery Together from Cape Cod Community College, the film will premiere on Friday, September 26, 2014 at 7:00PM the Tilden Arts Center. Tickets are \$10 with proceeds to benefit the recovery scholarship fund at Cape Cod Community College.

- **John Reardon – Students Achieving Recovery Together:** START is the student recovery group at the Cape Cod Community College. They are currently working with the school administration in hopes of creating a drop-in center and campus recovery program.

➤ **Updates from Representatives:**

- Linell Grundman: The Sandwich School Committee voted to include electronic cigarettes in their no tobacco policy.
- Trudy Avery: The AIDS Support Group of Cape Cod along with Parents Supporting Parents are holding their Fourth Annual Overdose Candlelight Vigil on Sunday, September 14, 2014 at the Hyannis Village Green. At 5:00 PM there will be an Overdose Education class and Narcan will be available for those individuals who complete the training. At 6:00 PM the vigil will begin with guest speaker Department of Public Health Commissioner Cheryl Bartlett.
- Sheila Lyons: 2nd Annual Cape Cod & Islands Behavioral Health Summit: Building Bridges to Recovery is being held on October 3rd from 8 AM – 4:30 PM at the Hyannis Resort and Conference Center. 2014 Focus: Co-occurring Disorders. Continuing Education credits and CMES available.
- Samantha Kossow: The Freedom from Addiction Network is hosting a SAMHSA Town Hall Meeting featuring Ben Cort on September 11 @ 5:00 PM, at Cape Cod Community College as part of their Fall Prevention Education and Awareness Campaign.
- Patty Mitrokostas: As part of the Charlie Wilkerson Memorial Lecture Series, Gosnold is hosting Dr. John F. Kelly, Ph.D. to speak on The New Science on Addiction: “Stigma, Treatment, and Recovery”. The event will be held at the Sea Crest Beach Hotel – Ocean View Room in North Falmouth on Thursday, September 25, 2014 from 6:00 – 8:00 PM. For more information please contact Patty Mitrokostas at pmitrokostas@gosnold.org. Saturday, September 27, 2014 is National Prescription Drug Take Back Day.

- **Adjournment:** Sheila Lyons motioned, seconded by Linell Grundman to adjourn the meeting. Meeting adjourned at 5:30 PM.

- **Next meeting scheduled for October 2, 2014 @ 4 PM in the Harborview Conference Room in the County Complex**

Respectfully submitted: Samantha Kossow