Language of Addiction. Why Words Matter.

Many people who are unfamiliar with Substance Use Disorder (SUD), may find themselves unintentionally using words that perpetuate negative stigmas. These words shape the opinions of others, reinforce longstanding stereotypes, and have been found to adversely affect quality of care and treatment outcomes. They may also deter help-seeking among those with substance use disorders and their families.



Remember, people are more than their health problems. Substance Use Disorder does not describe what a person is, but rather describes what a person has.

REPLACE USE

Addict, Abuser, Junkie, User

Clean sample, Dirty drug test

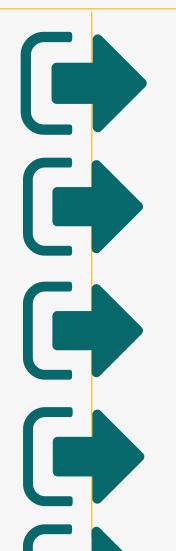
Staying Clean

Habit or Drug Habit

Opioid Replacement or Methadone Maintenance

Binge Drinking

Suffering from/a victim of a mental illness



Person with a Substance Use Disorder

Negative test, Positive test

Maintaining Recovery, Substance- Free

Substance Use Disorder, Substance Use

Treatment, Medication-Assisted Treatment, Medication

Heavy Alcohol Use

Experiencing/being treated for/a diagnosis/history of mental illness