



**BARNSTABLE COUNTY DEPARTMENT OF HUMAN SERVICES  
BARNSTABLE COUNTY HEALTH & HUMAN SERVICES ADVISORY COUNCIL  
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**Barnstable County Health and Human Services Advisory Council  
Thursday, August 25, 2016, 8:30 –10:00AM  
Harborview Conference Room, Barnstable County Complex**

**In attendance (Members):**

<b>Barnstable County Human Rights Commission:</b>	Elenita Munoz
<b>Barnstable County Regional Substance Abuse Council:</b>	Vaira Harik for Patty Mitrokostas (Rep)
<b>Behavioral Health Provider Coalition of Cape &amp; Islands:</b>	Diane Wolsieffer (Rep)
<b>Cape &amp; Islands District Attorney's Office:</b>	Kathy Quatromoni (Rep)
<b>Cape &amp; Islands Health Agents Coalition:</b>	Deirdre Arvidson (Rep)
<b>Cape &amp; Islands Maternal Depression Task Force:</b>	
<b>Cape &amp; Islands Regional Domestic Violence Council:</b>	
<b>Cape &amp; Islands Regional Network on Homelessness:</b>	
<b>Cape &amp; Islands Suicide Prevention Coalition:</b>	Sunny Lee Jones (Rep)
<b>Cape &amp; Martha's Vineyard Community Health Center Network:</b>	
<b>Cape Cod Family Resource Center of Family Continuity:</b>	Paul Melville (Rep)
<b>Cape Cod Grant Makers Collaborative:</b>	Dara Bryan (Rep)
<b>Cape Cod Healthcare Community Benefits:</b>	Lisa Guyon (Rep)
<b>Cape Cod Hunger Network:</b>	Brenda Swain (Rep)
<b>Cape Cod Neighborhood Support Coalition:</b>	
<b>CAREER Collaborative:</b>	
<b>Children's Cove:</b>	Cherie Stulsky, (Alt)
<b>Community Action Committee of Cape &amp; Islands:</b>	Collin Mickle for Caronanne Procaccini (Rep)
<b>Community Health Network Area (CHNA):</b>	Brenda Vazquez (Rep)
<b>Community Network of Cape Cod (formerly BCCCYF):</b>	Joan McDonald (Rep)
<b>Councils on Aging Serving Together (COAST):</b>	Madeline Noonan (Rep), Chris Hottle (Alt)
<b>Disability Network:</b>	Coreen Brinkerhoff (Rep)
<b>Elder Services of Cape &amp; Islands:</b>	Ellen McDonough (Rep)
<b>South Coastal Counties Legal Services:</b>	Ray Yox (Rep)
<b>Tri-County HIV/AIDS &amp; Hepatitis C Consortium of Cape &amp; Islands:</b>	
<b>Upper Cape Health &amp; Human Services:</b>	Gail Wilson (Alt)
<b>Wampanoag Tribal Health Center:</b>	
<b>YMCA Cape Cod:</b>	Stacie Peugh (Rep)

**Staff:** Barnstable County Department of Human Services: Vaira Harik, Kathie Callahan, Patty Watson, Kim Slade, and Michelle Springer.

**Elected Officials:** Assembly of Delegates: ∅ County Commissioners: ∅

**Guests:** Julianne Kleinbauer, Harbor Health; Beth Bowman, United Way CCI; Kristen Boyd, Cape Cod RTA; Rachel Berggren, Cape Cod Neighborhood Support Coalition; Judith Reppucci, Harbor Health; Deb Martin, C&I District Attorney's office; Amy Levine, Boost Cape Cod (working for Kathi Bailey); Tom Cahir, Cape Cod Regional Transit Authority; Lynne Waterman, Mashpee COA; Kathi Bailey, Yarmouth COA; Lisa Guyon, CCHC.

**Unable to attend:** Cheryl Crowell

- **Welcome/Introductions/Business:** Patty Watson & Vaira Harik, Dept. of Human Services facilitated the meeting in Beth Albert's absence and welcomed the group. Introductions were made by individuals.
  - **Approval of April 2016 minutes:** **Kathy Quatromoni** motioned, seconded by **Brenda Swain** to approve the April 28, 2016 minutes as written. Unanimously approved.
  - **Appointments to the HHSAC:** Patty Watson congratulated and announced the new and re-appointed representatives and alternates appointed by the County Commissioners to the Advisory Council. Beth will contact new members for a brief orientation of responsibilities to the HHSAC. A chart of groups participating on the HHSAC was distributed. Patty noted that the chart can also be found on the HHSAC page on the Human Services website at [www.bchumanservices.net](http://www.bchumanservices.net).
  - **Introduction of Kim Slade, Coordinator of the Substance Abuse Prevention Collaborative:** Patty welcomed Kim Slade, the new Program Specialist for the Substance Abuse Prevention Collaborative (SAPC) grant. Kim briefly reviewed the work of SAPC going forward. Vaira Harik also mentioned that the Dept. of Human Services has posted an open position for a Program Specialist for the Massachusetts Opioid Abuse Prevention Collaborative (MOAPC) grant. Information on this position can be found on the Human Services website at [www.bchumanservices.net](http://www.bchumanservices.net) and is also posted in the departments' e-newsletter.
  - **HRC Nomination Committee:** There will not be a need to activate the Human Rights Commission Nominating Committee of the HHSAC this year. Beth Albert, Chair of the HHSAC received a letter from the HRC noting that all three HRC commissioners who's terms are expiring have expressed a desire to be re-appointed. Members of the HRC Nominating Committee will be notified and Beth will forward the names of the nominated candidates to the County Commissioners for re-appointment.
- **Presentations: Planning for Older Adults on Cape Cod:** As part of strategic planning for the Department of Human Services, we have planned a panel discussion to present information on key findings of recent town based needs assessments for older adults and an update on current planning initiatives at the Cape Cod Regional Transit Authority and Age-Friendly Yarmouth.
  - **Elder Services Cape and Islands: Ellen McDonough, Clinical Director:** Elder Services of Cape Cod and the Islands (ESCCI) was established in 1972 and reports to the Executive office of Elder Affairs. ESCCI is a not-for-profit community-based organization dedicated to serving older adults in the 22 towns of Cape Cod and the Islands. ESCCI is the federally designated Area on Aging (AAA) and state designated Aging Services Access Point (ASAP). ESCCI in partnership with Cape Organization for Rights of the Disabled (CORD) has the designation of the Aging and Disability Resource Consortium (ADRC) of Cape Cod and the Islands, which provides information, advocacy and access to services for the elderly and people with disabilities (18 and over) in our tri-county service area. ESCCI has their main office in South Dennis and satellite offices in Pocasset, Martha's Vineyard and Nantucket. Ellen distributed and reviewed a list of Programs and Services administered by Elder Services of Cape Cod & the Islands, Inc. These services include providing Information and Referral services, Homecare, Nutrition programs, Protective Services, Family Caregiver Support Programs, Congregate Housing, Options Counseling, Money Follows the Person services, Senior Care Options planning, Money Management, Evidence-based and Healthy Living programs, Mature Workers program, Long

Term Care Ombudsman services, a Volunteer Resource Center, and the Senior Service Corps (SSC) who partners with over 80 community organizations to place volunteers in needed areas including school mentoring, driving elders to appointments, delivering Meals on Wheels, elder drop-in visits and environmental activities. The ESCCI receives community grants to provide programs such as outreach/companionship, legal services and transportation.

- **Councils on Aging Serving Together (COAST): Chris Hottle, Director, Provincetown Council on Aging and Lynne Waterman, Director, Mashpee Council on Aging:** Councils on Aging (COAs) are a municipal department of every town and part of local government systems. Cape COAST comprises representatives from COAs from all towns on Cape Cod and exists as a standing committee of the MCOA (Massachusetts Councils on Aging). The mission of COAST is to bring together Cape Cod COAs to work collectively to enrich the lives and well-being of older adults and caregivers and to promote a progressive cultural perception of aging. COAs/Senior Centers are recognized by the Older Americans Act (OAA) as a prominent resource hub and focal point within our communities. Senior Centers have evolved over the years and continue to reinvent themselves to meet the needs of the generations of seniors currently being served while taking into consideration the desires of the aging baby boom generation. Senior Centers serve as a gateway to the nations aging network, connecting older adults to vital community services that help them stay healthy and independent. COAs will continue to broaden focus to caregivers, broaden partnerships with more organizations and expand services across the lifespan. Top Services/Programs provided include outreach, health & wellness programs, social and recreational activities and transportation services. Top needs of older adults include senior affordable housing, in-home caregiver support, mental health, financial security and transportation. Senior Center challenges include funding, staffing needs, elders at risk refusal of services, community leaders having a better understanding of what Senior Centers do - the critical role they have in servicing their communities, the need for financial support and staffing levels necessary for COAs to service this significantly aging population and their caregivers. Leaders need to be proactive in the planning of the significant demographic shift and how the increase of needs can be better supported. Of all Massachusetts Counties, Barnstable County has the highest percentage (43%) of age 60+ population.
- **Town of Barnstable Senior Center, Madeline Noonan, Director:** Madeline reported that the rapid shift in the aging population is a national issue. The Town of Barnstable Senior Division conducted an assessment of the current needs of the aging population. Needs are expected to grow rapidly over the next 15 years. Many seniors who live on Cape Cod have no formal supports in place. Increase in services is needed for seniors to assist them to age in place successfully.
- **Cape Cod Regional Transportation Authority (CCRTA): Tom Cahir, Administrator & Paula George, Program Director:** The Cape Cod Regional Transit Authority (CCRTA), is one of 15 Regional Transit Authorities within the Commonwealth of Massachusetts and has been providing public transportation services since 1976 to residents and visitors as well as consumers for all 15 Cape Cod communities. CCRTA provides 1.3 million trips annually with ridership steadily increasing. CCRTA provides various services including Fixed Route bus service from Woods Hole to Provincetown, Flex Route Service provides a flexible bus service from Star Market in Harwich to Stop & Shop in Provincetown, ADA & Dial-a-Ride (DART) Service – door-to-door service by advance appointment, Boston Hospitals (15) Bus service, and summer and seasonal trolley service. The hub of the CCRTA is from the Hyannis Transportation Center. All CCRTA buses are accessible to people who use wheelchairs and

scooters and others with limited mobility and are in compliance with the Americans with Disabilities Act. CCRTA is continually seeking grant funding to increase accessible services and looking for innovative creative ways to improve accessibility for seniors and individuals with disabilities. CCRTA has scheduled a meeting with the COA Directors on September 28<sup>th</sup> to discuss ways to improve collaboration.

- **Age-Friendly Yarmouth – Kathi Bailey, Director, Yarmouth Council on Aging:** The Town of Yarmouth is an Age-Friendly Community that provides and maximizes opportunities for health, participation and security for all residents of Yarmouth. The town supports active aging in an enabling community that maintains quality of life and well-being for everyone. The Town of Yarmouth is a member of the World Health Organization’s (WHO) Age-Friendly Community Network and has brought the WHO framework to Yarmouth to guide their work. Using a lifespan view point, which is a “cradle-to-grave” approach, for identifying and developing services and resources that focus on enablement and self-determination, the team will work to promote and facilitate intergenerational involvement in a town that is friendly and welcoming to people of all ages. Eight categories of an Age-Friendly Community include: outdoor spaces & buildings, social participation, transportation, housing, respect & social inclusion, communication & information, civic participation & employment and Community support & health. Age-Friendly Yarmouth will hold a Panel Discussion on **Thursday, September 15, 10:00 AM - 1:00 PM** at the Yarmouth Senior Center on the topic of **Building an Age-Friendly Region**. Experts from across the Commonwealth will talk about how they were successful in mobilizing key stakeholders in their communities to work collaboratively to build regional age-friendly initiatives.

Vaira Harik facilitated the discussion on Planning for Older Adults on Cape Cod:

Major areas of need for the Cape’s vulnerable older adult population were identified as housing, transportation, and caregiving. Interwoven in these main categories are many issues affecting all age groups on the Cape, some of which are economic security, affordable housing, behavioral health, outreach/access to services, and food security. **The Advisory Council agreed that a coordinated regional plan would position Cape Cod to procure resources to address current needs and prepare for the increasing demands on towns and service providers supporting older adults.**

**Lisa Guyon** motioned, seconded by **Brenda Swain** that the Health & Human Services Advisory Council convene an **Age Friendly Working Group to develop an Age-Friendly Regional Plan**. Unanimously approved.

Volunteers to participate in the proposed Age-Friendly Regional Plan Working Group:

Brenda Swain	Cape Cod Hunger Network
Kathy Quatromoni	District Attorney’s Office
Brenda Vazquez	Community Health Network of Cape Cod
Tom Cahir	Cape Cod Regional Transit Authority
Paula George	Cape Cod Regional Transit Authority
Madeline Noonan	Barnstable Senior Center
Chris Hottle	Provincetown Council on Aging
Ellen McDonough	Elder Services of C&I
Coreen Brinckerhoff	Cape Organization for Rights of the Disabled
Gail Wilson	Mashpee Human Services
Deirdre Arvidson	Barnstable County Dept. of Health and Environment
Sunny Lee Jones	C&I Suicide Prevention Coalition

Caronanne Procaccini      Community Action Committee of C&I (via Collin Mickle)  
Dara Bryan              Cape Cod Foundation  
Amy Levine              (Boost Cape Cod; works for Kathi Bailey on Tufts grant)  
Kathi Bailey              Yarmouth Council on Aging  
Stacie Peugh              Cape Cod YMCA  
Lisa Guyon              Cape Cod Healthcare  
Judith Reppucci          Harbor Health Services  
Beth Bowman              United Way, Cape Cod & Islands

**Meeting adjourned at 10:00 AM**

***NEXT QUARTERLY MEETING: October 27, 2016  
Harborview Conference Room, Barnstable County Complex***

Respectfully submitted: Kathie Callahan