

**Barnstable County Regional Substance Use Council**  
**Legislative Information Session**  
**February 24, 2017**

**Background**

The Regional Substance Use Council (RSAC) is a broad-based public-private collaborative comprised of more than 40 community leaders who work together to address substance across Cape Cod using a public health approach. The RSAC has four active workgroups that promote evidence-based interventions and recommendations for decision-makers, communities, families and youth across Cape Cod.

**Prevention Workgroup** promotes community, school, and workplace-based educational initiatives regarding substance use and addiction.

**Key Accomplishments:**

- First Annual *Parent Summit: Parenting to Prevent Substance Use* 260 parents learned about the impact of substance use on the developing teen brain, provided tips to parents of children aged 0-21
- Launched a regional multi-media public education campaign - *My Choice Matters*

**Intervention/Harm Reduction Workgroup** aims to reduce the number of opioid related deaths on Cape Cod through education to key stakeholders and impacted individuals on practices and policies that reduce overdose fatalities.

**Key Accomplishments:**

- Supported overdose education training opportunities to increase the number of people on Cape Cod who are trained in Overdose Education
- Advocated for increased Narcan supply and distribution
- Received grant to produce a local PSA on Good Samaritan Law
- Participated in monitoring of pharmacies for Narcan availability
- Promoted *Scope of Pain* training for physicians and prescribers
- Promoted *National Drug Take Back* day across the 15 towns on Cape Cod

**Treatment Workgroup** promotes access to treatment services by supporting and localizing the state Opioid Action Plan.

**Key Accomplishments:**

- Developed and distributed *Treatment Resource and Information Guide*
- Promoted access to treatment with Cape Cod Healthcare Emergency Departments (ED) by conducting a needs assessment with ED staff, providing RSAC Treatment Guide and supported *Moms Do Care* training to ED staff

**Recovery Workgroup** improves and promotes services for people in recovery on Cape Cod.

**Key Accomplishments:**

- Promoted community awareness and access to the PIER Recovery Center
- Supported Recovery Coach Training for 30 participants
- Held first annual *Cape Cod Recovery Fest* to showcase Cape Cod's recovery community

## RSAC 2017 Priorities

1. Recommend that the Massachusetts Department of Public Health Bureau of Substance Abuse Services continue to utilize Substance Use Block Grant funds to support the Massachusetts Opioid Abuse Prevention Collaborative (MOAPC) and Substance Use Prevention Collaborative (SAPC) programs. MOAPC and SAPC grants support local capacity building, policy, practice, systems, and environmental change and have been successful on Cape Cod in engaging communities in addressing substance use.
2. **Prevention**
  - Support school-based prevention education curriculum
  - Support evidence-based community level substance use prevention activities and strategies
  - Develop and promote a standard substance use prevention education curriculum for coaches, athletic directors, recreational departments and after school/out of school programs to educate parents and student athletes on the dangers of Rx drug and other substance use/misuse
3. **Treatment**
  - Support the *Moms Do Care*, a grant that supports pregnant women with Opioid Use Disorders receive integrated prenatal care, Medication Assisted Treatment and peer recovery services. The Substance Abuse and Mental Health Service Administration (SAMHSA) provides federal funding for this program that includes Cape Cod Hospital - one of only two grant sites in MA. The grant funds the project from 2015-2018 with a goal of serving 75 pregnant women
  - New funding to undertake a regional analysis of the adequacy of capacity of 24 hour services (Inpatient, Detoxification, Stabilization, and Residential Services), barriers to care, outpatient capacity and Medication Assisted Treatment
4. **Recovery Priorities**
  - Promote the expansion of recovery services availability
  - Expansion of community-based recovery programs for youth
  - Support development of recovery housing in Barnstable County
  - Support sober/recovery housing certification process
5. **Harm Reduction Priorities**
  - Increase the availability of Narcan
  - Increase Narcan training to service providers and general public
  - Support additional training and education for pharmacists on laws pertaining to Narcan prescribing, stigma reduction and pharmacy standing orders