



**BARNSTABLE COUNTY DEPARTMENT OF HUMAN SERVICES
BARNSTABLE COUNTY HEALTH & HUMAN SERVICES ADVISORY COUNCIL**

POST OFFICE BOX 427 BARNSTABLE, MASSACHUSETTS 02630

OFFICE (508)375-6628
FAX (508)362-0290

E-mail
humanservices@barnstablecounty.org
Web
www.bchumanservices.net

**Barnstable County Health and Human Services Advisory Council
Thursday, February 2, 2017, 9:00 –11:00AM
Harborview Conference Room, Barnstable County Complex**

In attendance (Members):

Barnstable County Human Rights Commission:	Theresa Santos (Alt)
Barnstable County Regional Substance Abuse Council:	
Behavioral Health Provider Coalition of Cape & Islands:	Diane Wolsieffer (Rep)
Cape & Islands District Attorney's Office:	Kathy Quatromoni (Rep), Michael Trudeau (Alt)
Cape & Islands Health Agents Coalition:	Deirdre Arvidson (Rep)
Cape & Islands Maternal Depression Task Force:	
Cape & Islands Regional Domestic Violence Council:	Cheryl Crowell (Rep), Suzanne Hicks (Alt)
Cape & Islands Regional Network on Homelessness:	Paula Schnepf (Rep)
Cape & Islands Suicide Prevention Coalition:	Sunny Lee Jones (Rep)
Cape & Martha's Vineyard Community Health Center Network:	
Cape Cod Child Development:	Anne Colwell (Rep)
Cape Cod Family Resource Center of Family Continuity:	Paul Melville (Rep)
Cape Cod Grant Makers Collaborative:	Dara Gannon (Rep)
Cape Cod Healthcare Community Benefits:	Lisa Guyon (Rep)
Cape Cod Hunger Network:	Brenda Swain (Rep)
Cape Cod Neighborhood Support Coalition:	
Children's Cove:	Cherie Stulsky, (Alt)
Community Action Committee of Cape & Islands:	Caronanne Procaccini (Alt)
Community Health Network Area (CHNA):	Brenda Vazquez (Rep), Judy Reppucci (Alt)
Community Network of Cape Cod (formerly BCCCYF):	Joan McDonald (Rep)
Councils on Aging Serving Together (COAST):	
Disability Network:	
Elder Services of Cape & Islands:	Ellen McDonough (Rep)
South Coastal Counties Legal Services:	
Tri-County HIV/AIDS & Hepatitis C Consortium of Cape & Islands:	
Upper Cape Health & Human Services:	Karen Cardeira (Rep) Gail Wilson (Alt)
Wampanoag Tribal Health Center:	
YMCA Cape Cod:	

Staff: Barnstable County Department of Human Services: Beth Albert Vaira Harik, Kathie Callahan, Patty Watson, Kim Slade, Melissa Janiszewski, Sheila Curtis and Michelle Springer.

Elected Officials: Assembly of Delegates: Ø County Commissioners: Ron Beaty

Guests: Barbara Milligan - United Way CCI, Claudia – CCCC student

Unable to attend: Stacie Peugh

- **Welcome/Introductions:** Beth Albert, Dept. of Human Services facilitated the meeting and welcomed the group. Introductions were made by individuals. Beth introduced Ron Beaty, newly elected County Commissioner. Ron has been appointed as the liaison to the HHSAC.
- **Business:**

- **Approval of August 25, 2016 minutes:** **Kathy Quatromoni** motioned, seconded by **Brenda Swain** to approve the August 25, 2016 minutes as written. Unanimously approved with Karen Cardeira abstaining.
 - **Appointments to the HHSAC:** Beth announced and congratulated the new representatives and alternates appointed by the County Commissioners to the Advisory Council: Sean O'Brien, Interim Director of Barnstable County Health and Environment – C&I Health Agents Coalition and Judith Repucci – CHNA 27.
 - **HRC Nomination Committee:** Per County ordinance, the HHSAC is tasked with convening a Human Rights Commission (HRC) Nominating Committee (3-5 members) to undertake annually a review of applicants for HRC vacancies. Committee interviews and makes recommendations for appointment. Three Commissioners requested reappointment and recommendation for reappointments was made to the County Commissioners and approved. Three additional HRC Commissioners unexpectedly resigned and the process for filling these 3 vacancies was commenced. An ad was published in the newspaper in September and 12 applicants applied. With the sudden resignation of the Coordinator of the HRC, and the resignation of the HRC Chair, the process for filling vacancies was postponed until after the holidays. The HRC Nominating Committee is now being re-activated and the process will move forward to fill the vacancies with assistance from the Department of Human Services.
- **Department Reports:**
 - **Age Friendly Planning – Beth Albert:** At the August 2016 HHSAC meeting Vaira Harik facilitated a discussion on planning for the aging population in our region. HHSAC members agreed that a coordinated regional plan would position Cape Cod to procure resources to address current needs and prepare for the increasing demands on towns and service providers supporting older adults. The Advisory Council voted to convene an Age Friendly Working Group to develop an Age-Friendly Regional Plan. This will be a focus area of the HHSAC over the next year. A Steering Committee came together with representatives from the Dept. of Human Services, Elder Services, CCRTA, Councils on Aging Serving Together (COAST), and Cape Cod Healthcare Community Benefits, to begin planning. This will be a focus for the Dept. for the next year or more. As the process moves along additional stakeholders will be added to the working group. The S/C will meet next in February.
 - **Program & Staff Reports:**
 - ✧ **Vaira Harik:** distributed and reviewed the Prevention and Wellness Trust Fund (PWTF) of Massachusetts fact sheet. Established by the state legislature in 2012 to make sure that the health system, as part of healthcare reform was working upstream on prevention and investing money where it would be the most beneficial for preventing downstream medical problems that are costly. This is a first-in-the-nation effort to improve health outcomes by combining public health and health care strategies. Nine partners statewide received \$60 million over four years through funding from an assessment of health insurers and large hospital systems. The Barnstable Partnership has received \$4.4 million since 2014 to assist Community Partners: the YMCA Cape Cod and Healthy Living Cape Cod Coalition and Clinical Partners: Community Health Center of Cape Cod, Duffy Health Center and Harbor Community Health Center – Hyannis, in addressing 3 health conditions: hypertension, older adult falls and diabetes. The coordinating partner in our region, Barnstable County Dept. of Human Services, is responsible for building, monitoring, and maintaining a robust infrastructure of working relationships that focus on referral

management, training, data collection and evaluation, and quality improvement. About 8% of funds stay in the County with the remainder distributed to the partners.

PWTF has leveraged a network of healthcare providers, community-based organizations, residents, leaders, and existing initiatives to bring a comprehensive approach to the prevention and management of these 3 health conditions. The high level results are going into the legislative update that DPH provides to the legislature. The report will be published in the next few weeks. The funding covers about 5,000 people who are at risk for these conditions. 29 jobs in our region are supported by PWTF funding. Renewal of this grant is pending.

- ✧ **Kathie Callahan:** reported on the Dept. of Human Services e-newsletter which is designed to provide timely information on health and human service topics of interest for people living and working in Barnstable County. The e-newsletter is distributed bi-weekly to over 2,000 individuals, organizations and agencies across the C&I including local and state elected officials. The newsletter schedule and submission deadlines can be found on the Dept. of Human Services website calendar at www.bchumanservices.net. Articles can be submitted to Kathie Callahan at kcallahan@barnstablecounty.org. Due to the abundance of requests for inclusion, the department reserves the right to limit the length of posting.
- ✧ **Sheila Curtis – Regional SHINE Manager:** The Regional SHINE Program has 65 highly trained SHINE volunteer counselors, most located at COA's. Program has added several new sites in the past year: Harbor Community Health Center, Alzheimer's Family Support, and did a trial run at the Pocasset Library during open enrollment which worked well and will continue to be active. Recently completed another busy Medicare Open enrollment period (mid October – first week in December). 40% (3183) of 2016 clients were seen during open enrollment. This past year was very challenging with changing coverage with Tufts plans which left members needing to find a new doctor or change their health insurance coverage during the open enrollment. SHINE program Fact Sheet distributed as well as data on the # of clients assisted in 2016 (7557) and # of counseling hours (5621). Sheila continues to do presentations across the Cape & Islands on Medicare/Mass Health. She also offers Health Benefits University, a 3-4 hour training for professionals and CEUs for social workers. Covers Medicare programs, Masshealth, assistance programs, prescription drug programs etc. Let Sheila know if you would like a presentation at your agency/organization. Executive Office of Elder Affairs (EOEA) and SHIP (national program) Federal funding may be on the chopping block in the next budget cycle. EOEA is working to educate legislators in the event the federal government cuts the funding. Perhaps the state could pick up the program funding. Received a 2 year \$25,000/yr. grant from Cape Cod Healthcare which supports the operation of the program and Barnstable County contributes funding also to this program. Goal is to reach out to Baby Boomers, 10,000 of which are turning 65 every day and are not retiring as early as in the past. Medicare has many rules and regulations and if someone misses their initial enrollment period they could possibly face a gap in insurance coverage and a 10% penalty per year for the rest of their life. Additional challenges include space for counseling and funding.
- ✧ **Michelle Springer – HOME Program:** HOME Program Fact Sheet distributed. HOME program has been in existence in Barnstable County for 24 years. HOME funds are federal funds that are allocated annually. A representative from each of the 15 towns and 2 at-large members meet quarterly to vote on projects, policies, town reports, etc. Barnstable County received about \$394,000 for the 2016 allocation. 15% of every allocation is set-aside for non-profit developers to apply for funding. Four activities that HOME funds can be used for: Down Payment & Closing Cost loan program for first time homebuyers, rehabilitation loans for home repairs, rental housing development, and tenant based

rental housing similar to a PB voucher. To date HOME funds have provided 630 households with Down Payment and Closing Cost loans. From June 2016 to present have done 13 loans which is double compared to last year. HOME has invested over \$9 million in 64 rental developments in our region resulting in 502 HOME units and which leverage 1574 total units. Currently have a rental development in each of the 15 towns. Completed project in Provincetown, Stable Path, 24 units (18 affordable units). Projects underway: Bourne, Coady School Residences, 55+ (58 units – 100% affordable); Hyannis, Village Green Phase II (60 units – 100% affordable) (Phase 1 also included – 60 units – 100% affordable) and 15 units will be allocated to individuals or families who are homeless or at risk of being homeless; and Wellfleet, Gull Pond (6 units – 4 affordable). Conditional funding commitment for Bourne, Canal Bluffs III, new construction, 100% affordable family housing. The HOME program used to be based in the Cape Cod Commission. As this is a HUD funded program it was relocated to the Dept. of Human Services who also works with CoC HUD funded program.

- ✧ **Kim Slade – Substance Abuse Prevention Collaborative (SAPC) Program Specialist:** The SAPC grant received by the Barnstable County Dept. of Human Services, is funded through SAMHSA and the Massachusetts Bureau of Substance Abuse Services. Barnstable County received \$100,000/year for 7 years. Kim provides assistance to local coalitions and committees, schools, businesses and organizations in regards to prevention around underage drinking and other substance use. Key accomplishments include: used local data and focus groups to develop messaging for the first phase of the My Choice Matters media campaign to educate youth, parents, community members, individuals in recovery or taking first steps to recovery. Working on phase two of media campaign including website development. Provided assistance to Cape Cod schools in analyzing and presenting student survey data; coordinated the first My Choice Matters Parent Summit with over 250 participants, designed to provide education to parents from local experts on strategies for positive, effective parenting and practical tips for communicating with their children. 2017 priorities include: supporting Governor Baker’s recommendations to increase school-based prevention education curriculum and policy; develop a standard substance use prevention package to offer to Cape Cod coaches and athletic directors to educate parents and athletes in schools and recreation centers on the dangers of Rx drug and other substance use/misuse; increase messaging distribution and effectiveness for My Choice Matters campaign; planning is already underway for a second Parent Summit.
- ✧ **Melissa Janiszewski – Massachusetts Opioid Abuse Prevention Collaborative (MOAPC) Program Specialist:** The MOAPC grant received by the Barnstable County Dept. of Human Services, acting on behalf of the Barnstable County Regional Substance Abuse Council (RSAC), is a \$550,000 grant over 5 years through SAMHSA. The purpose of the funding is to implement local policy, practice, systems and environmental change to prevent the misuse/abuse of opioids, prevent/reduce opioid-related deaths and poisonings, and increase both the number and capacity of municipalities to address these issues. MOAPC builds upon the organizational structure of the existing Barnstable County Regional Substance Abuse Council (RSAC) established in January 2014 to coordinate a regional public health approach to substance abuse across the continuum of prevention, criminal justice, treatment and recovery. Working on a train the trainer program on the use of Narcan. The Dept. of Human Services also received a \$13,000 grant from Bank of America Cornerstone Charitable Foundation to develop a PSA around the 911 Good Samaritan Law encouraging people to call 911 during an overdose emergency. Will work with schools to encourage an evidence-based curriculum around prevention to increase resiliency with youth. Also working on promoting access to treatment.

prevention and out-migration of working age young adults from the Cape. Karen is retiring in June, job will be posted.

- **Joan McDonald, Co-Chair of Community Network:** 2/14, Legislative Forum at the Cape Cod Community Media Center in Dennisport to talk about top needs service providers are seeing with their populations.
- **Sunny Jones, C&I Suicide Prevention Coalition:** Mission of CISPC is to increase suicide awareness and prevention. CISPC offers several different trainings. For more information visit www.suicideispreventable.net. QPR (Question, Persuade and Refer) training, 2/4 at the Mashpee Public Library, 2/18 at the Unitarian Universalist Meeting House in Chatham. Outreach Committee is organizing a regional campaign to promote suicide prevention in every town in the region by offering free trainings as well as setting up information centers using libraries, police stations, hospitals, community centers, churches etc. Largest fundraiser, the Falmouth Road Race, is 8/20. The Annual Ribbon Ceremony is held in September to remember those lost to suicide in Barnstable County and has been extended to one in Nantucket as well coordinated by Kevin Marshall, Co-chair. Looking to create more of a presence on Martha's Vineyard. Refer agencies looking for trainings to Sunny. Kevin is the only law enforcement Crisis Intervention trainer in Massachusetts. Barbara Milligan of the United Way noted that Mass 211 is the official "call to talk line" suicide prevention hotline for the state.
- **Deirdre Arvidson, County Health Nurse, Health Agents Coalition:** The Coalition meets every other month and host a credentialed education session for town health agents on topics such as food safety, CC Medical Reserve Corps, updates from mosquito control and shellfish updates, the state and Regional 5 HMCC. County Public Health runs a regional immunization clinic twice a week by appointment. Offer travel vaccines, immunizations for students and immigrational vaccines. Have a program in the food pantries on the Cape and community dinner facilities. Started a new clinic for the AIDS Support Group for syringe access clients. Helping the Melanoma Foundation with trainings for hair salons employees. Updating tick-borne illness and prevention program and presentations in schools and a new newsletter issued quarterly. Provides a monthly meeting for public health nurses with credentialed speakers.
- **Anne Colwell, CEO of Cape Cod Child Development:** serve about 3000 children a year on the C&I and Wareham in the arena of early intervention services. Lot of work being done in the area of family advocacy with home visits looking at family foundation pieces i.e. gaps, services needed, resources and referral. Just hired a new Director of Family Advocacy, Lisa Donovan. She will be reaching out to agencies/organization across the Cape to partner and collaborate. Another issue of focus is family homelessness. Putting together a process map that identifies how families get into child care subsidy process and what happens to families as they go through the process. Will share information collected. Anne is also on the State Early Education/Family Homelessness Advisory Council.
- **Diane Wolsieffer, – Co-Chair of Behavioral Health Coalition C&I:** Annual Summit was held in October, Behavioral Health over the Life-Span. Major goal of Coalition is to bring providers together to share knowledge and resources. This year will focus on different issues in the community such as geriatric psychiatry which there is a huge need for. February 23 at the Hyannis Resort and Conference Center, free training on Understanding Section 12 and 35, CEUs offered for professionals in behavioral health and related fields.
- **Lisa Guyon – Cape Cod Healthcare Community Benefits:** Distributed flyers with website information on the Community Health Needs Assessment Report and Implementation

Plan. Features of the report include data on the health status of Barnstable County residents with comparisons to state and national benchmarks, health priorities identified vulnerable populations and hospital activities and health improvement strategies to address significant health needs.

CCHC is one of 2 sites in the country who received SAMSHA grant to focus on providing care coordination and peer recovery services to pregnant women with opioid use disorders. Project launched less than a year ago and is called Moms Who Care and provides care coordination for substance use treatment, prenatal care, behavioral health care and peer recovery. Two moms who have lived addiction experience and recovery work with these women during pregnancy and up to 6 months post-delivery to help with stabilization for themselves and their babies and provide assistance to adhere with treatment and recovery. Developed a regional network of providers to focus on sustaining program if and when this funding goes away. Piloting this program for use across the U.S.

Cape Cod Healthcare designated \$2.5 million to address substance use disorders. First round of grants went out in September and will support key community programs that are addressing substance use intervention, treatment, education and prevention efforts. Will monitor progress.

- **Caronanne Procaccini – Community Action Committee:** CACCI provides assistance with health insurance enrollment. Immigration Resource Center at CACCI provides free USCIS accredited immigration services, citizenship courses, assistance and representation. Consistent presence at Lower Cape Outreach, and in Falmouth at the Human Service office. Health Connector has a navigator organization in Chatham. Also have a presence on Nantucket. CACCI offers an annual free tax preparation services. Health Connector enrollment has been extended to the end of February.
- **Michael Trudeau – DA’s office:** DA’s office has been very busy with primary function of prosecuting over 15,000 criminal cases on the C&I. NAMI Cape Cod coordinated a week-long crisis intervention training for law enforcement for every police department on the Cape. DA’s office plays an important role in being able to recognize alternative means of dealing with individuals who come into the court system.
- **Cheryl Crowell – C&I Regional Domestic Violence Council:** Council is a group of human service and social justice folks, law enforcement and private citizens. Meet quarterly in the County Complex for purpose of networking and professional development. Next meeting is May 8th and topic is involuntary sections. September topic is Bikers Against Child Abuse.
- **Brenda Swain – CC Hunger Network:** Network meets quarterly with a broad representation from food pantries, human service organizations and the community who are interested in food insecurity. Collaborated with the Greater Boston Food Bank to bring together a legislative forum related to food insecurity and the Massachusetts Emergency Food Allocation Program that many of the food pantries receive most of their food from. The Hunger Network also focuses on education around services and systems that exist.
- **Kathy Quatromoni, Community Programs – DA’s office:** Diversion program has been operating since 2000 and almost 4,000 young people have come through the program. This program offers first time criminal offenses a second opportunity and some education. Truancy Prevention Program “Keep Them Coming” operates in the schools, focus on middle school and lower level and work with the parents about getting kids to school every day and on time. Internet safety and cyber presentations in the schools to educate students and parents. Collaborating with Independence House in April for

National Victim's Rights week and will hold 4 press conferences across the Cape. Continue to support and collaborate with community agencies.

- **Paul Melville, Director – Cape Cod Family Resource Center:** Program of Family Continuity, open 2 years in May, state funded, one of 18 in the Commonwealth. Legislation mandated 1 per County. All services are free and open to any and all families. Do a lot of resource and referral work to get connected to services. Do a lot of evidence-based parent education programs, support groups, life skills classes. Support families around child requiring assistance and court process.
- **Ellen McDonough – Elder Services:** Family Caregiver Support Program serves caregivers caring for someone 60 years or older or grandparents after 55 and over raising grandchildren. There are no income guidelines and this service is free. Program services caregivers residing on the Cape and Islands or long distance caregivers caring for someone residing on the Cape and Islands. Provides one on one counseling to develop short and long term plans for those they are caring for. Offer four on-going support groups in Chatham and Barnstable and Men's Only support groups in Orleans and Barnstable. Facilitate evidence based six week workshops entitled "Powerful Tools for the Caregiver" and will be facilitating an evidence based six week workshop entitled "SAVY Caregiver", a newly developed program for those caring for someone with Dementia or Alzheimer's. For more information or to be connected to a counselor contact the Information and Referral Department at Elder Services at 508/394-4630.
- **Brenda Vasquez – Community Health Network Area (CHNA 27):** Around for 23 years, representing over 70 organizations. Previously the focus for CHNA was distributing DoN funds from DPH. Now, focus turning towards informational aspects of our network. Monthly meetings offer presentations and panel discussions of top social determinants of health and how they affect the health status of our residents here on the Cape hopefully with the purpose of encouraging a call to action around legislative agenda in areas that affect residents in our region. In the coming year hope to increase membership and internal infrastructure that will lead to increased collaboration.
- **Dara Gannon, Program Officer – Cape Cod Foundation:** For the past almost 2 years have facilitated a group of 18 funders and organizations that provide professional development, capacity building, training for local non-profits. This collaborative is called the Cape and Islands Partnership for Nonprofit Advancement. The mission is to leverage resources to coordinate and expand training and educational opportunities for nonprofits on Cape Cod & the Islands to support the health and vitality of the whole non-profit sector here. Three prongs: increase awareness of existing trainings and educational opportunities; provide a forum for providers to collaborate and enhance their work; and initiate programs to fill gaps. Fall 2015 conducted a survey to gather data around needs for professional development for nonprofit staff, results reinforced this need in our region and identified gaps around intensive leadership development. Identified the Institute for Nonprofit Practice, an affiliate of Tufts University, to address this gap. Halfway through pilot program, will graduate 16 leaders in May from Cape Cod & both Islands with a graduate certificate in nonprofit management from Tufts.
- **Cheri Stulsky, Children's Cove:** Assists in the investigation of child sexual abuse, witnesses to domestic violence and exploitation of children on the Cape and Islands, facilitates collaboration of social and legal agencies to protect, treat and counsel child abuse victims and their families, and to investigate and prosecute the abusers. Offers a broad array of educational opportunities to agencies, the community and organizations on the C&I. Big initiative in the past year has been the child sexual exploitation and

created a protocol to support children and families. Offer an advanced clinical for clinicians working with children and families affected by this.

- **Adjournment:** Kathy Quatromoni motioned, seconded by Ellen McDonough - Meeting adjourned at 11:05 AM

***NEXT QUARTERLY MEETING: April 27, 2017
Harborview Conference Room, Barnstable County Complex***

Respectfully submitted: Kathie Callahan