



**BARNSTABLE COUNTY DEPARTMENT OF HUMAN SERVICES  
BARNSTABLE COUNTY HEALTH & HUMAN SERVICES ADVISORY COUNCIL**

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**Barnstable County Health and Human Services Advisory Council  
Thursday, July 27, 2017, 9:00 –11:00AM  
Harborview Conference Room, Barnstable County Complex**

**In attendance (Members):**

<b>Barnstable County Human Rights Commission:</b>	Alan Milsted (Alt)
<b>Barnstable County Regional Substance Abuse Council:</b>	
<b>Behavioral Health Provider Coalition of Cape &amp; Islands:</b>	Dan Gray (Alt)
<b>Cape &amp; Islands District Attorney's Office:</b>	Kathy Quatromoni (Rep)
<b>Cape &amp; Islands Health Agents Coalition:</b>	Deirdre Arvidson (Rep)
<b>Cape &amp; Islands Maternal Depression Task Force:</b>	
<b>Cape &amp; Islands Regional Domestic Violence Council:</b>	Cheryl Crowell (Rep)
<b>Cape &amp; Islands Regional Network on Homelessness:</b>	
<b>Cape &amp; Islands Suicide Prevention Coalition:</b>	Sunny Lee Jones (Rep)
<b>Cape &amp; Martha's Vineyard Community Health Center Network:</b>	
<b>Cape Cod Child Development:</b>	
<b>Cape Cod Family Resource Center of Family Continuity:</b>	Paul Melville (Rep)
<b>Cape Cod Grant Makers Collaborative:</b>	Dara Gannon (Rep)
<b>Cape Cod Healthcare Community Benefits:</b>	Lisa Guyon (Rep)
<b>Cape Cod Hunger Network:</b>	Brenda Swain (Rep), Kim Concra (Alt)
<b>Cape Cod Neighborhood Support Coalition:</b>	Beverly Costa-Ciavola (Rep)
<b>Children's Cove:</b>	Kristine Monteiro (Alt)
<b>Community Action Committee of Cape &amp; Islands:</b>	Kris Dower (Rep)
<b>Community Health Network Area (CHNA):</b>	Brenda Vazquez (Rep)
<b>Community Network of Cape Cod (formerly BCCCYF):</b>	
<b>Councils on Aging Serving Together (COAST):</b>	Madeline Noonan (Rep)
<b>Disability Network:</b>	Cathy Taylor (Rep)
<b>Elder Services of Cape &amp; Islands:</b>	Ellen McDonough (Rep)
<b>South Coastal Counties Legal Services:</b>	
<b>Tri-County HIV/AIDS &amp; Hepatitis C Consortium of Cape &amp; Islands:</b>	
<b>Upper Cape Health &amp; Human Services:</b>	Gail Wilson (Rep), Suzie Hauptmann (Alt)
<b>Wampanoag Tribal Health Center:</b>	
<b>YMCA Cape Cod:</b>	Stacie Peugh (Rep)

**Staff:** Barnstable County Department of Human Services: Beth Albert Vaira Harik, Kathie Callahan, Kim Slade, Melissa Janiszewski, and Michelle Springer.

**Elected Officials:** Assembly of Delegates: ∅ County Commissioners: ∅

**Guests:** Lisa McNeil, Paula George - CCRTA, Kristen Boyd – CCRTA, Tom Cahir – CCRTA, Gwynne Guzzeau – Yarmouth COA, Margaret ?

**Unable to attend:** Patty Mitrokostas, Anne Colwell, Ron Beaty, Chris Hottle, Barbara Burgo, Ray Yox

- **Welcome/Introductions:** Beth Albert, Dept. of Human Services facilitated the meeting and welcomed the group. Introductions were made by individuals.
- **Business:**

- **Approval of February 2, 2017 minutes:** Beverly Costa-Ciavola motioned, seconded by Paul Melville to approve the February 2, 2017 minutes as written. Unanimously approved.
- **Department Updates:**
  - **Program & Staff Reports:**
    - **SHINE:** Beth Albert reported for Sheila Curtis: Sheila will be retiring at the end of September, job has been posted, interviewing will begin soon. SHINE program serves 7,000 individuals each year on Cape Cod, the highest performing SHINE program in MA, with one full-time employee, 1 part-time contractual position and 69 volunteers. Two newly trained volunteers are pharmacists for Cape Cod Healthcare. New locations for open enrollment, mid-October through early December, are always being sought. Last year the Stoneham Center, a church on the Cape and a Library donated space for open enrollment. Federal dollars are allocated to the State Executive Office of Elder Affairs and these dollars fund 12 regions in Massachusetts. Federal dollars are shrinking. Barnstable County supports this program with funding as well.
    - **Project Specialist:** Beth Albert reported for Patty Watson: Patty is building upon and maintaining the department's online service directory. Visit the Behavioral Health and Public Health and Wellness portals at [www.bchumanservices.net](http://www.bchumanservices.net). Patty reported that there were 17,000 unique visitors to the website in the past year, averaging 200 per day.
    - **PWTF:** Vaira Harik, Senior Project Manager: Barnstable County is one of 9 entities in the Commonwealth that was awarded a 4-year Prevention and Wellness Trust Fund grant. The Governor's FY18 budget declined to include funding to continue this grant. We will be allowed to roll-over remaining FY17 funds, approximately \$326,000, into FY18 to be used by December 2017. The PWTF grant supports the work of 3 clinical partners: Duffy Health Center, Community Health Center of Cape Cod in Hyannis, and Harbor Health Center – Hyannis. It also supports the work of 2 community partners: the YMCA Cape Cod and Healthy Living Cape Cod Coalition. The grant supports these partner's work on diabetes, hypertension and falls prevention.
    - **HOME Program:** Michelle Springer, Program Manager: The HOME program receives federal dollars and supports affordable housing in our region. The program received \$379,000 in 2017 which was a cut of \$15,000.
    - **MOAPC:** Melissa Janiszewski, Program Specialist: the Massachusetts Opioid Abuse Prevention Collaborative Grant supports programs such as Train the Trainers: to go into the community and train community members about Narcan use to stop an overdose; developed, printed and is distributing Harm Reduction Rack Cards on how to recognize and respond to an overdose. The MOAPC grant supported 10 scholarships for a multi-day summer school program at the New England Institute of Addictions Studies. Working on a report that gathers data on deaths from opioids in our region.
    - **SAPC:** Kim Slade, Program Specialist: The SAPC grant provided two schools with expansion materials for the evidence-based LifeSkills substance use prevention curriculum. Working with additional communities to identify and implement prevention curriculum. Provided seven Cape Cod communities with a parent prevention program through LifeSkills. Cape Cod is the first in the commonwealth to implement this program. Will be working with communities to implement these programs.

My Choice Matters: Phase 2 has begun on the social norms campaign. Next two ads are currently in development. The My Choice Matters website, [www.mychoicematters.net](http://www.mychoicematters.net) has gone live. The site provides parents and youth with factual information on substance use as well as practical tips. Working with local recreation departments to pilot a prevention program that focuses on adolescent staff and will expand to younger teens if found to be effective.

The Prevention Workgroup of RSAC is planning for the 2017 Parent Summit on November 5, 2017. The focus this year will be on building parent muscle in a way that will promote positive coping skills among children. The Recovery Workgroup is involved in planning for Recovery Fest Cape Cod on September 16, 2017. Event will include entertainment and speakers discussing multiple facets of recovery and local resources.

Collaborating with the recently formed Alcohol Coalition in an effort to reduce harms associated with over service of alcohol and underage use prevention. Strategies include educating retail establishments and parents on responsible beverage service and social host laws. Also, providing resources and technical assistance to local coalitions to increase their capacity and sustainability. Newly updated Substance Use Resource Guides are now available.

- **Healthy Aging – Cape Cod:** Beth Albert and Vaira Harik: The 8/25/16 HHSAC meeting was devoted to the subject of Planning for Older Adults on Cape Cod and the HHSAC recommended that Cape Cod should undertake a regional planning effort to address the needs of the growing senior population. After follow-up discussions in the fall of 2016 a Steering Committee was convened by the Dept. of Human Services and this committee has been meeting monthly. A mission statement, governance document and planning matrix have been developed and were reviewed.

Beth reported that Cape Cod will have a coordinated and comprehensive regional plan that will promote the ability of persons to age successfully on Cape Cod, regardless of income. Vaira distributed and reviewed the Common Agenda and Shared Vision Guides Action document. This Initiative will consist of community partners e.g. nonprofit organizations, funders, businesses and public agencies working on strategies to enhance four sectors: healthcare and human services, workforce & economic development, transportation and housing. The Barnstable County Dept. of Human Services is the backbone organization that will lead the Steering Committee and guide strategy, support aligned activities, cultivate community engagement and mobilize resources.

Beth reviewed via a power point presentation, the background on the need for regional planning including the growing population of Seniors on Cape Cod and how the Cape's population compares and exceeds other counties in the commonwealth. She noted that recent Community Health Needs Assessments (CHNA) cite the growing service and support needs of Cape Cod's older adult population, and the need for affordable housing and transportation options. Other findings in these assessments found that isolation of seniors is a concern, caregiver support is needed, attracting and keeping younger residents to the Cape is necessary to support services and planning for the future is very important. Additionally, findings included other issues facing seniors including food insecurity, lack of care coordination, growing rates of age related dementia, neurological conditions and risk of injury due to falls and growing needs and demands for behavioral health services.

Vaira discussed next steps and an approach to beginning the work: Improve existing services and linkages, identify gaps, undertake planning to meet future capacity needs with a focus on seniors and caregivers. First round recommendations: 1) Establish a

Health & Human Services workgroup to begin work immediately on enhancing existing services and linkages and identifying service gaps; 2) Engage consultants to assist the HHS workgroup with a) gap analysis of the HHS sector serving seniors and caregivers, and b) coordinating and supporting the work of the S/C; 3) Plan the approach to working on caregiver supports. Consultants for this initiative include Lisa McNeill and also Gwynne Guzzeau of the Yarmouth COA. Gwynne announced that the next meeting is scheduled for August 8, 9-10:30 AM at Elder Services. 1<sup>st</sup> step will be to convene a HHS working group to begin work on improving existing linkages and resources – sign-up sheet circulated.

- **Advisory Council Representative Updates:**

- **Suzie Hauptmann, Falmouth Human Services:** Falmouth HS has changed their nonprofit funding cycle. Two initiatives chosen via an RFP process will receive \$20,000 in funding for FY18: Homeless Prevention and Outmigration of working age adults. Funds are intended to stimulate new initiatives outside the scope of existing programs and services. The contracts resulting from this Request for Proposals shall cover the fiscal year 2018 (July 1, 2017 – June 30, 2018) with the potential for renewal for up to 2 additional years if deliverables and benchmarks are achieved and funds are appropriated by town meeting in the next fiscal year's operating budget.
- **Lisa Guyon – Cape Cod Healthcare Community Benefits:** Moms Do Care program is enrolling pregnant women with Opioid Use Disorders who are from Cape Cod. Currently there are 35 women in the program. Moms Do Care uses an integrated system of medical and behavioral health care throughout the pregnancy and postpartum period through the use of peer recovery coaches. Cape Cod Healthcare released their FY2018 Community Benefits Annual Strategic Grants Cycle Request for Proposals (RFP) on Wednesday, July 12, 2017. The FY2018 Annual Strategic Grant RFP focuses on two of the four health priorities and goals identified in the 2017-2019 Cape Cod Hospital and Falmouth Hospital Community Health Needs Assessment (CHNA) Report and Implementation: Chronic and infectious disease management and Disease prevention and wellness. Proposals are due by August 25, 2017.
- **Cheryl Crowell – C&I Regional Domestic Violence Council:** Council is a group of human service and social justice people, law enforcement and private citizens. Meet quarterly in the County Complex for purpose of networking and professional development. Next meeting is September 18, 2017 and topic is Bikers Against Child Abuse.
- **Kristine Monteiro – Children's Cove:** Kristine is the new Mental Health Coordinator. Children's Cove upcoming conference is scheduled for October 19 & 20, 2017. Children's Cove is beginning a Learning Collaborative and also provides trauma training.
- **Gail Wilson – Mashpee Human Services:** The Mashpee Substance Use Task Force is offering a Drop-In Night at Community Health Center of Cape Cod in Mashpee. Drop-in night connects people with Information, education and treatment option services. The next drop-in night is scheduled for August 1, 2017, 4-8 PM.
- **Cathy Taylor – Cape Organization for Rights of the Disabled:** CORD has a mobile food pantry and are looking to expand their hours and locations. Currently they serve on a limited basis the towns of Brewster, Chatham, Dennis, Yarmouth, Orleans, Wellfleet and Provincetown. Need volunteers from the lower/outer Cape.
- **Madeline Noonan – Barnstable Council on Aging:** Healthy Living Expo scheduled for September 15, 2017 at the Barnstable COA. Received funding from the Gay and Lesbian Equity (GALE) Fund to support local Elder LGBT programming. The Barnstable COA will offer caregiver training in October. They also offer a 50+ job seekers group.

- **Alan Milsted** – Human Rights Commission: The HRC has a new coordinator, Susan Quinones. The Commission consists of 9 members appointed by the County Commissioners and 15 town representatives appointed by each town's board of selectman. Meetings are open to the public and are typically held on the first Monday of each month except July & August in the Harborview Conference Room in the County complex. The HRC is in the development stages of a new website.
- **Stacie Peugh** – **YMCA Cape Cod**: Falmouth feasibility study was undertaken to look at the needs of residents in the Falmouth and upper Cape area. Falmouth School District has entered into a one-year formal partnership effective August 1, 2017 with the YMCA Cape Cod to lead its before and after school programs. Will undertake a baseline study to gauge need for programming on the lower Cape. The Y offers the Teen Achievers Program to help teens discover and pursue higher educational and career goals by equipping them with the skills and community role models they need to succeed.
- **Deirdre Arvidson** – **County Public Health Nurse**: The Barnstable County Department of Health & Environment offers a public immunization program for adults and adolescents on Tuesdays and Thursdays. Call 508-375-6617 for questions or to schedule an appointment.
- **Brenda Vasquez** – **Community Health Network Area (CHNA 27)**: Over forty five Cape and Islands health and human service organizations meet monthly to learn from each other and explore solutions to our region's challenges. CHNA is looking at social determinants to healthy communities in our region.
- **Kim Concra** – **Barnstable County Cooperative Extension**: The Cape Cod Hunger Network is a coalition of organizations -- including Cape food pantries and state and local agencies that help coordinate food security programs and work together to help food find its way to hungry Cape residents. The Cooperative Extension will hold a SNAP educational program at the Barnstable Council on Aging on October 20, 2017.
- **Brenda Swain** – **CC Hunger Network**: Network meets quarterly with a broad representation from food pantries, human service organizations and the community who are interested in food insecurity. The Hunger Network also focuses on education around services and systems that exist. Brenda encouraged participation in the Hunger Network.
- **Kris Dower** – **Community Action Committee of C&I**: The Immigration Resource Center of CACCI provides free and fully confidential legal counseling and representation to help immigrants and their families understand their immigration options. Staff will assist immigrants in filing for green cards, employment authorization, family reunification, citizenship, U Visas, immigration benefits under the Violence Against Women Act (CAWA) and more. The Resource Center serves clients in their Hyannis and Eastham locations. CACCI also offers assistance for enrollment in the Supplemental Nutrition Assistance Program (SNAP) Outreach Program.
- **Ellen McDonough** – **Elder Services of C&I**: Elder Services offers caregiver support programs and trainings for caregivers to promote the ability of caregivers to continue in their caregiving role by helping them to make informed decisions, solve problems, and reduce stress. Beginning Friday, June 30, 2017, all Elder Protective Service Reports will be taken by a state-wide Elder Abuse Hotline at 1-800-922-2275. The hotline will operate 24 hours a day, 7 days a week. Elder Services of Cape Cod and the Islands will continue to screen, investigate, and provide ongoing services for these cases with assistance for anyone sixty or older who has been abused, neglected, financially exploited or is at risk of harm due to self-neglect

- **Paul Melville, Director – Cape Cod Family Resource Center:** State funded program of Family Continuity, 29 Basset Lane, Hyannis. All services are free and open to any and all families. Do a lot of resource and referral work to get connected to services. Do a lot of evidence-based parent education programs, support groups, life skills classes. Support families around child requiring assistance and court process. They are sponsoring the Back-to-school backpack program for families in need on August 23, 2017.
- **Beverly Costa-Ciavola – Cape Cod Neighborhood Support Coalition:** Offer the Nurturing Father's program in the spring and fall. Grandparents raising Grandchildren next scheduled meeting is September 27, 12-1:30 PM at Child and Family Services. The Enough Abuse Campaign has two master trainings, Beverly and Mike Medeiros. Together they have trained 12 individuals to work in the community. Falmouth Selectmen appointed Beverly as the Chair of the Falmouth Substance Abuse Commission.
- **Lisa Guyon – Cape Cod Healthcare:** Behavioral Health Provider Coalition is planning their 5<sup>th</sup> Annual Conference for October 7, 2017. This year's focus will be on social determinants of behavioral health.
- **Dan Gray – Vinfen – Behavioral Health Provider Coalition of C&I:** As of May 16, 2017, Boston Medical Center replaced the Department of Mental Health for Emergency Services on Cape Cod, Nantucket & Martha's Vineyard. They have partnered with Bay Cove Human Services to provide these services on the Cape, with Gosnold for services on Nantucket and Martha's Vineyard Community Services for services on the Vineyard. Call the 24-hr call center on Cape Cod at 1-800-981-4357.

- **Adjournment:** Kathy Quatromoni motioned, seconded by Ellen McDonough - Meeting adjourned at 11:00 AM

***NEXT QUARTERLY MEETING: October 26, 2017***  
***Harborview Conference Room, Barnstable County Complex***

Respectfully submitted: Kathie Callahan