

BARNSTABLE COUNTY REGIONAL SUBSTANCE ABUSE COUNCIL

MEETING SUMMARY

Date: November 2, 2017 4:00 PM	MEETING PLACE: Harborview Conference Room, Barnstable County Complex
NEXT MEETING: December 7, 2017, 4:00 PM, Harborview Conference Room, County Complex	RECORDING: Kathie Callahan, Barnstable County Human Services
MEMBERS PRESENT: Beth Albert, Ann Marie Askew, Jamie Binienda, Christine Greeley, Lisa Guyon, Suzie Hauptmann, Judge John Julian, Mary LeClair, Kim Leman, Patty Mitrokostas, Heidi Nelson, Brian Robbins	
Unable to attend: Beth Cummings, Regina Yaroch	
Members of the public: Rachel Berggren, Stephanie Briody, Amy Doherty, Barbara Prindle-Eaton, Karen Carll, Elizabeth Mooney, Leny Cardoza, Patrick Kent, William Abbate	
DHS Staff: Vaira Harik, Kim Slade, Melissa Janiszewski	

- **Welcome and Introductions:** Beth Albert chaired the meeting. Introductions were made by individuals.
- **Minutes of October 5, 2017 Meeting:** Minutes were not voted on – table to December 7, 2017 meeting.
- **Presentations on three Gosnold Programs:**
 - **Overdose Follow-up with Police Departments – Lenny Cardoza:** Beginning in February 2017 began ride-alongs with Yarmouth PD. Carry out home visits/mobile interventions to follow-up with individuals who have survived an overdose. The focus of this program is to break down barriers and bridge gaps between overdose incident and individuals and their families to look at recovery/treatment options e.g. in-patient and out-patient programs, community resources, support groups etc. This program has had a 74-76% success rate helping individuals into treatment and recovery programs. Will also work with clients who do not have insurance to get services. 14 communities on the Cape (except for Bourne) are participating in this program. This program is not available on Martha’s Vineyard and Nantucket at this time. This program is currently funded through a grant from Cape Cod Healthcare. Police and Fire Departments respond to an overdose and have access to contact information. Lenny accompanies a plain-clothes officer to meet with individuals and families to offer resource information on recovery and treatment programs, support groups etc. Follow-ups are scheduled after participation in treatment program.

Since 2015 collaborated with Plymouth Outreach Team. In Plymouth County, all police departments in 29 communities are involved in this program. Judge Julian would like to model program in our region to include information sharing via a database of individuals who have overdosed which we are not doing here on the Cape. Judge Julian also spoke about the EB HOPE program which initiates substance abuse outreach and intervention drop-in centers. This program strives to proactively provide a gateway to professional resources for persons with substance use disorders and friends and/or family members. This program also has a goal to inform the community at large as to the severity of the opioid epidemic.

RSAC was asked to collaborate to seek funding for this initiative. Program software purchase is approximately \$25,000. Noted that HIPPA regulations do not apply when law enforcement agencies are sharing info. Next Steps: talk with DA's office and invite Plymouth County program to present at RSAC meeting.

- **Recovery Coaches – William Abbate:** Meets with a client when they are released from an in-patient stay and offers services to assist them to integrate back into the community and help them set-up out-patient services. This is a fee-for-service program at a cost of \$1,500 per month and help in procuring financial assistance for this service is offered. Data is compiled on each client for tracking clients. Integration consists of a 12-step program and includes things such as abstinence-based program, finding a sponsor, finding regular local meetings to attend, follow-up on following through with recovery steps and making client accountable for following through on steps. Case management is set up with an after-care plan. This position is much like life coaching.
- **ER Intervention Program – Patrick Kent:** This program follows a Peer Recovery model and oversees a Recovery Specialist program embedded into the Hospital Emergency Department. Program began with South Shore Hospital in Weymouth. Goals of this program are to support both the patient and family post hospital discharge. Patrick noted that 57% of interventions in this manner have been successful in clients going through treatment programs.

➤ **RSAC Staff and Working Group and Action Plan Updates:**

- **SAPC – Kim Slade:** My Choice Matters Phase 2 radio PSA's are in rotation and being aired on multiple radio stations. This year's Parent Summit is scheduled for November 5th, 11 AM-3 PM at the Cape Codder Resort in Hyannis. Registration is still open with links on social media, the RSAC and department newsletters as well as www.bchumanservices.net. A flyer with registration information will be sent out as soon as it is available. Visit register.mychoicematters.net to register. Posters for My Choice Matters campaign and Parent Summit flyers are available today for those wishing to take and post.
- **MOAPC – Melissa Janiszewski:** Working with the Mashpee Substance Use Task Force on a Workforce Forum to address substance use in the workplace. This forum is scheduled for December 6th, 8 AM-2:30 PM and is sponsored by the Mashpee Chamber of Commerce.
- **Vaira Harik – Senior Project Manager – DHS:** Vaira Reported that data from 2015 & 2016 opioid deaths by occupation continued to be analyzed after the October 2017 meeting. Data reviewed demonstrated a pronounced trend and numbers continue to increase of trade & service worker deaths opioid related deaths. Suggestion made to speak with Senator Julian Cyr to see where he can be of assistance.
- **Prevention Work Group, Co-chairs Lisa Guyon and Patty Mitrokostas:** Helping with coordination of the Parent Summit and distribution of substance use prevention materials.
- **Recovery Work Group, Co-Chair Brian Robbins:** This work group will meet soon to review and revise their Action Plan and the direction of the group and their next project. Sam Tarplin has relocated off Cape to continue his educational studies and will no longer be the co-chair of this group. Anyone wishing to take on that role should contact Brian.
- **Treatment Work Group, Co-chair Heidi Nelson:** September meeting discussion focused on youth. Gosnold now has involvement with 48 schools in the region. South Bay Mental Health provides in home services and Duffy Health Center provides the MAT program. Stephanie Briody leads the Alternative Peer Group Initiative on Cape Cod. This work group will review and revise their work plan as needed.
- **Harm Reduction Work Group – Melissa Janiszewski:** Group meets the 3rd Monday of the month in the Innovation Room. Bathroom hanger signage is in production and contain the message from the rack cards on how to recognize and respond to an overdose. Next step is to do outreach to businesses to post these signs in their restrooms.

➤ **Partner Updates:**

- Amy Doherty: Recovery Wellness Center in Falmouth ready to open week of 11/6.
- Chris Greeley: Invitation extended to attend a workshop entitled “Opting Out of Marijuana and the Emerging Narrative on Sunday, November 11, 2017, 10 AM-3 PM at 51 Wing Blvd, East Sandwich. Workshop will feature Atty. Jeff Scheft. Further details available by contact Linell Grundman at 508/888-2601. Yarmouth and Bourne will participate in the Sticker Shock program on November 18th.
- Elizabeth Mooney: Massachusetts Organization for Addiction Recovery (M.O.A.R.) will host their 12th Annual Membership & Holiday Celebration on Tuesday, December 5th, 5:30-8:00 PM at Mechanics Hall, 321 Main St., Worcester, MA.

➤ **Adjournment:** Meeting adjourned at 5:30 PM.

➤ **Next meeting:** Scheduled for December 7, 2017 @ 4 PM in the Harborview Conference Room in the County Complex.

Respectfully submitted: Kathie Callahan, BCDHS