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ISSUE: 216 April 20, 2018

Greetings!

Welcome to the Barnstable County Department of Human Services' E-Newsletter. This bi-weekly newsletter is designed to provide timely information on health and human service topics of interest for people living and working in Barnstable County. For additional information visit the Department website at www.bchumanservices.net.

DEPARTMENT CORNER

Results of 2018 Annual Point in Time Homeless Count Released

The Cape and Islands Regional Network on Homelessness has released its 2018 findings from the Annual Point in Time Count which took place on January 30, 2018 on Cape Cod, Martha's Vineyard and Nantucket. The Point in Time counts all people experiencing homelessness in emergency shelters, transitional housing, motels (if paid for by an agency), on the street, in cars, in abandoned buildings and in other places not meant for human habitation. Read the full [press release](#) and [2018 PIT Count Tally report](#).

Please read the [Notice of 30 Day Public Comment Period for HOME Consortium 2018 Annual Plan](#)

Issue Brief #6 Marijuana Use and Parenting: What You Need to Know Released

The Barnstable County Department of Human Services recently released its sixth publication in a series of issues briefs

Accessibility and Disability

Cape and Islands Regional Network on Homelessness

Continuum of Care

HOME Investment Partnership Program

Prevention and Wellness Trust Fund

Regional Substance Use Council

SHINE

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related to substance use. **Marijuana Use and Parenting: What You Need to Know** provides parents with essential information on how to effectively guide teens and young adults on the topic of marijuana use in a time when it's both prevalent and legal for adults. Read the full [press release](#) and view [Issue Brief #6](#).

JOIN SENATOR ELIZABETH WARREN (D-MA) FOR A COMMUNITY CONVERSATION ON OPIOIDS

WHEN: Saturday, April 21 at 12 noon (doors open at 11:30 AM)

WHERE: Cape Cod Regional Technical High School, 351 Pleasant Lake Avenue, Harwich.

On Saturday, April 21, Elizabeth Warren will host a community conversation in Harwich about the opioid crisis. She will take questions from the audience and discuss her plan to tackle the opioid crisis with a panel of experts.

NEWS FROM COMMUNITY ACTION OF CAPE COD AND THE ISLANDS

Health Insurance: On March 1, 2018 MassHealth will introduce new health plans designed to keep you and your providers focused on your health goals. Are you newly eligible for ConnectorCare Plans or qualify for a Special Enrollment Period? For questions about these changes or enrollment call Community Action Committee of Cape Cod & Islands (CACCI) at 508/771-1727 or walk in at 372 North St., Hyannis, MA to speak with a certified Navigator to assist you. [View flyer](#) for more information.

NEWS FROM THE BARNSTABLE SENIOR CENTER

Volunteers needed to get the Center's raised garden bed area growing. Call Donna Marie Burns at 508/862-4753 if you can help.

Barnstable Office Hours with State Senator Julian Cyr on Wednesday, April 18, 2018, 1:30-3:00 PM. All are welcome to come by and share concerns, discuss issues, or seek assistance on a matter involving state government.

HELP SUPPORT MEETINGHOUSE FARM BY DONATING YOUR BOTTLES AND CANS

During the month of May, [Meetinghouse Farm](#) will be sorting bottles & cans at the Barnstable Transfer Station.

Barnstable Transfer Station's Non-profit redeemable program supports a different non-profit each month. In May, money raised will support **Meetinghouse Farm**.

Please save your returnables and bring them to the Redemption Shed where friendly volunteers will be happy to take the donations. In 2017, Farm volunteers sorted 79,061 bottles and cans to raise \$4000 for the Farm.

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2018 MASSACHUSETTS YOUTH COUNT SURVEY FOR CAPE AND ISLANDS

The **Homeless Prevention Council** is pleased to announce that it will conduct the **2018 Massachusetts Youth County Survey for the Cape and Islands**. This annual statewide initiative will be held **Monday, April 23rd through Sunday, May 13th**.

Results from the survey drive the development of the Massachusetts State Plan to End Youth Homelessness and can help to address critical issues such as emergency shelter needs for youth. The data collected from the survey helps to support policy reform, new program design and current service delivery. [Read the full press release.](#)

DEMENTIA AND AGE-FRIENDLY CAPACITY BUILDING GRANTS

The **Massachusetts Councils on Aging (MCOA)** is pleased to announce it is seeking applications for funding of **Dementia and Age-Friendly Capacity Building Grants**. The MCOA is using state Service Incentive Grant for SFY'18 from the Executive Office of Elder Affairs to provide direct grants to COAs who want to participate. [Read full RFP.](#) [Budget sheet.](#)

Applicants must be able to use all funds before Friday, June 29, 2018 and provide a 2-page final report by Friday, July 15, 2018.

FAMILY RESOURCE CENTER: NEWSLETTER & PARENT EDUCATION OPPORTUNITIES

Read the **Cape Cod Family Resource Center's** monthly [Newsletter and Calendar](#) for a list of programs and activities. Also available is a comprehensive list of [Parent Education and Support Opportunities](#). The Cape Cod Fathers & Family Network also coordinates events just for fathers. [View the latest edition](#) of activities and groups.

For more information about any of the activities or programs please contact the Cape Cod Family Resource Center at 508/815-5100.

THE COALITION FOR CHILDREN EVENT

Attend a **Multicultural Fair** sponsored by the Coalition for Children.

WHEN: Saturday, April 28th at 3 PM

WHERE: St. Barnabas Church, 91 W Main St, Falmouth, MA 02540.

This is a free, drop-in event to meet friends, sample food, games, songs and crafts. [See the flyer](#) or call 508-237-9200 for more details.

* *The Coalition for Children is funded by Falmouth's Coordinated Family & Community Engagement (CFCE) grant and provides*

FREE education and support programs for families with children birth to school age.

WE CAN'S 14TH ANNUAL EVENT: "A DAY OF WORDS, WIT AND WISDOM"

WHEN: Thursday, June 7, 2018, from 8:30 AM until 2:30 PM
WHERE: The Wychmere Beach Club in Harwich Port.

All attendees enjoy lunch in the Harbor View Room.

To view details about the event and to purchase tickets beginning at 10 AM, Tuesday, April 24, [click here](#) **PLEASE NOTE:** This link will not be "live" until 10 AM, Tuesday, April 24.

A Day of Words, Wit and Wisdom is WE CAN's major fundraiser, accounting for over 20% of our operating budget. Revenue from the event is more important than ever: In 2017, nearly 2,700 women participated in our programs and services, a 20% increase from 2015. The number of women enrolled in more than one WE CAN program or service has also increased dramatically. WE CAN has been able to meet this increased demand thanks to the generosity and support of our Cape Cod community - for which we are tremendously grateful!

BENEFIT CONCERT FOR OUTER CAPE HEALTH SERVICES

World-class cellists Kate Dillingham and Sara Male to perform at the "Play it Forward" community concert benefiting the rebuilding and expansion of the OCHS Wellfleet Health Center.

WHEN: Sunday, June 24 at 3 PM
WHERE: First Congregational Church located at 200 Main Street, Wellfleet.
TICKETS \$35.00

To purchase tickets and for sponsor information, visit outercape.org/category/events or contact Gerry Desautels at 508-905-2850 or gdes@outercape.org

UPCOMING WORKSHOP: 'THE EVER-CHANGING CHALLENGES OF NON-SUICIDAL SELF-INJURY'

Active Minds at Cape Cod Community College presents Dr. Barent Walsh, Ph.D on 'The Ever Changing Challenges of Non-Suicidal Self Injury'.

WHEN: May 23, 2018 | 9 AM - 4:30 PM
WHERE: Cape Cod Community College - Wilkens Building Room 115
COST: \$75.00 per person (Lunch provided)

To register please contact trainingasist@gmail.com or call

CAPE YOUTH FORCE OFFERS GRANT OPPORTUNITY

Cape Youth Force is now accepting grant applications for spring semester. The application process is entirely online; the deadline for the first semester grant application is Wednesday, May 23 at midnight. There is a total of \$500 to distribute. The group will consider funding projects and programs that focus on the following:

- Behavioral therapies and mental health services for teenagers and youth at-risk
- Foster care - more support for the children in foster care and their parents
- Increased access to and education regarding free health services
- Domestic violence and child abuse issues

Cape Youth Force is comprised of students from Dennis-Yarmouth Regional High School and is part of the Cape Cod Foundation's Youth & Philanthropy Program in partnership with Barnstable County UMass Extension/4H.

[Click here to learn more and apply online.](#) For questions contact [Dara Gannon](#).

BRIDGEWATER STATE UNIVERSITY CREATIVE WRITING WORKSHOP

BSU Cape Cod is offering a two-week creative Writing Workshop from **May 11-31, 2018**, a total of 4 classes on Tuesdays and Thursdays from 1:40-5:00 PM. This course is open to writers of all creative genres, fiction, poetry, creative non-fiction, writing for children, and more. Students/writers of all levels and those working from scratch or on projects in any state are welcome to attend.

Registration available March 12 - May 23, 2018. College of Humanities and Social Sciences, English Department. Three (3) undergraduate credits. Workshop will be held at BSU Cape Cod, 1175 Route 28, South Yarmouth, MA. [Apply & Register](#).

SAMARITANS ON CAPE COD & THE ISLANDS 1ST ANNUAL SANDWICH BOCCE BASH

Join the **Samaritans on Cape Cod and the Islands** for the **1st Annual Sandwich Bocce Bash** on the Grounds of Camp Lyndon, 117 Stowe Rd., Sandwich, MA on **Saturday, May 12, 2018**. Registration deadline is May 8th. Register online at www.capesamaritans.org. For more information call 508/548-7999 or email info@capesamaritans.com. [Read more](#).

PROVIDER DINNER ON HPV & OROPHARYNGEAL CANCER

Team Maureen, a Cape-based nonprofit working to end cervical cancer through education, prevention and early detection, is offering a **FREE Provider Dinner on HPV and Oropharyngeal Cancer** on **May 17, 2018 at 6:00 PM** at the Dan'l Webster Inn, 149 Main St., Sandwich MA. No charge for CEs or dinner attendees thanks to the generosity of Cape Cod Healthcare. [View flyer for more details.](#)

Pre-registration is required. RSVP here or call Kelly at 508/566-3610.

NEWS FROM OUTER CAPE HEALTH SERVICES

Outer Cape Health Services announces a call for participants and sponsors of its **Charity Golf Classic** slated for **Monday, June 18, 2018** at The Captains Golf Course in Brewster, MA. Registration is open to all. The tournament starts at 1:00 PM followed by a 5:30 PM cocktail and dinner reception and raffle/auction. [Read more.](#)

For more information contact Gerry Desautels at 508/905-2853.

NEWS FROM THE UNITED WAY CAPE & ISLANDS

Best Night 20 - 2 Million & Change event will be held on **June 24, 2018** at the Willowbend Country Club. [Read more and buy tickets.](#)

ALZHEIMER'S & DEMENTIA EDUCATIONAL SUPPORT GROUPS

Hope Dementia & Alzheimer's Services offers the **CARES Program** for caregivers and individuals with memory impairment. Two separate support groups are held at the same time which provide information, guidance and respite for caregivers and conversation and socialization for those with memory impairment. Group is offered at the Mashpee Council on Aging and Dennis Council on Aging. [Click here for dates, times & locations.](#)

Caregiver Groups are educational support groups which provide an opportunity for caregivers affected by Alzheimer's disease or a related dementia to share their experiences and receive information, guidance and support regarding care planning strategies. Groups are offered in Brockton, Fall River, New Bedford, North Attleboro, Wareham, Buzzards Bay, Plymouth and West Yarmouth. [Click here for dates, times and locations.](#)

To register for any of these groups or for more information call 508/775-5656.

NEWS FROM THE BARNSTABLE COUNTY PUBLIC HEALTH NURSING DIVISION

The **Barnstable County Public Health Nursing Division** offers

immunizations to all county residents i.e. influenza, pneumonia and varicella. We offer travel vaccines including Typhoid and Hepatitis A.

Vaccines are administered by appointment on Tuesdays and Thursdays. Please call 508-375-6617 for more information or to make an appointment. For a complete list visit the Barnstable County website:

<http://www.barnstablecountyhealth.org/programs-and-services/public-health-nurse/public-immunization-program>.

NEWS FROM THE MASSACHUSETTS DEPARTMENT OF PUBLIC HEALTH

Links to Funding Opportunities:

- [Innovation Communities 2018 Summer Cohort](#)
- [AHRQ Health Services Research Demonstration and Dissemination Grants](#)
- [Health Careers Opportunity Program: The National HCOP Academies](#)
- [Victims of Child Abuse Act Support for Children's Advocacy Centers](#)
- [Distance Learning and Telemedicine Program Grants](#)
- [Helping Hands Grant Program](#)
- [SEARCH - Special Evaluation Assistance for Rural Communities and Households](#)
- [Massachusetts School Breakfast Grants](#)

Links to Articles of Interest:

- [HRSA Funded Research Shows Diabetes Mortality in Rural America a Significant Cause for Concern](#)
- [USDA Kicks off Rural Opioid Discussions](#)
- [Rural Communities Overwhelmed with Hepatitis See Few Options](#)
- [CMS Lowers the Cost of Prescription Drugs for Medicare Beneficiaries](#)

Links to Rural Data/Toolkits/ of Interest:

- [The Geographic Variation in the Cost of the Opioid Crisis](#)
- [Social Determinants of Health in the United States: Addressing](#)
- [Major Health Inequality Trends for the Nation, 1935-2016](#)
- [Rural Tobacco Use Across the United States: How Rural and Urban Areas Differ](#)
- [Rural America Ends First Ever Period of Population Loss](#)

Links to Trainings and Webinars:

- [Register Today for the 17 Annual Massachusetts Suicide Prevention Conference - May 2nd & 3rd](#)
- [Developing a Community Response Plan for an Outbreak of Hepatitis and HIV Among Persons Who Inject Drugs](#)

E-NEWSLETTER ARTICLE SUBMISSIONS

To submit articles, include the following information and email to kcallahan@barnstablecounty.org

- Descriptive Title
- Brief Content Description (who, what, why, when, where)
- Attachments must be submitted in PDF **and** text format to comply with the Americans with Disabilities Act. (DOC or RTF files are acceptable.)
- Weblink or Hyperlink if available
- Contact information of the person submitting the information and if appropriate, the contact person for the event (include name, address, phone, TTY, email)
- **Submission deadline is every other Wednesday at 12:00 P.M. See Calendar for dates.**
- **Content Policy** - We are prioritizing timely information on the ever-changing landscape of health and human services events and opportunities.
- Due to the increasing number of submissions to the newsletter, the Department reserves the right to limit the number of times a submission is published.

[Creating a Healthy Connected Cape Cod](#)

Click here for more [news](#) in our web postings

Posting of articles submitted for publication in the Barnstable County Department of Human Services E-Newsletter is at the discretion of the Department. To request this newsletter in alternate formats, please call Kathie at 508-375-6628.



Creating a Healthy Connected Cape Cod