

BARNSTABLE COUNTY REGIONAL SUBSTANCE ABUSE COUNCIL

MEETING SUMMARY

Date: March 1 , 2018 4:00 PM	MEETING PLACE: Harborview Conference Room, Barnstable County Complex	
NEXT MEETING: April 5, 2018, 4:00 PM, Harborview Conference Room, County Complex	RECORDING: Kathie Callahan, Barnstable County Human Services	
<p>MEMBERS PRESENT: Jamie Binienda, Will Crocker, Dennis Cunningham, Chris Greeley, Lisa Guyon, Suzie Hauptmann, Michael Jackman, Judge John Julian, Kim Leman, Heidi Nelson, Sean O’Brien, Ruth Provost, Kathy Quatromoni, Katie Riconda, Judy Scarafile, Gail Wilson</p> <p>Unable to attend: Patty Mitrokostas</p> <p>Members of the public: Trudy Avery, Barbara Prindle-Eaton, Michael Leach, Maureen Linehan, Troy Clarkson – Senator deMacedo’s office, Chief Frank Frederickson – Yarmouth Police, John Murphy – Barnstable Police Department, Amy Doherty Chief Michael Botieri - Plymouth Police Department, Chief Scott Allen – East Bridgewater Police Department</p> <p>DHS Staff: Beth Albert, Vaira Harik, Kim Slade, Gioia Persuutte</p>		

- **Welcome and Introductions:** Beth Albert chaired the meeting. She welcomed Chief Michael Botieri, Plymouth Police Dept., Chief Scott Allen, East Bridgewater Police Department and Pamela Kelly and Sean Varano from Kelley Research Associates

- **Presentation: Plymouth County Outreach, Chief Michael Botieri, Plymouth Police Department, Chief Scott Allen, East Bridgewater Police Dept, Pamela Kelly and Sean Varano, Kelley Research Associates:** Judge Julian introduced the presenters.

Chief Botieri explained that PCO is a collaboration of the 27 municipal police departments in Plymouth County, as well as Bridgewater State University Police Department, engaging in a partnership with dozens of non-law enforcement partners in healthcare, treatment, recovery, local coalitions, faith-based community, and 4 of the county's 5 hospitals in order to help those suffering from substance use disorders, by introducing them to different points of access to treatment, while offering caring, compassionate support, and also to support their family members and loved ones.

PCO evolved from two local regional projects that first began in 2015. EB Hope (East Bridgewater) created the Drop-In Center model, a bi-monthly resource center that morphed into more than 20 treatment, recovery, healthcare, and recovery community partners offering resources to those in need. The Drop-In Center was designed to introduce Substance Use Disorder (SUDs) individuals with existing treatment and recovery services. Narcan and Narcan training is also available. Learn to Cope is also present offering help with resources to family members and loved ones of SUDs persons. One of the most important partners at the Drop-In Center is a team of Recovery Angels, individuals in recovery who provide peer to peer mentoring for SUDs individuals as well as their family members and loved ones. The Drop-In Center has a detailed, robust database that tracks detailed analytical data of all visitors. The database program was developed by Kelley Research Associates. While EB HOPE Drop-In Center was opening its doors in November 2015, in December 2015 Chief Botieri, Plymouth PD, and his department, partnered with Beth Israel Deaconess Hospital in Plymouth to start the Project Outreach Initiative with the main focus on conducting home visits to recent overdose victims where the overdose survivor declined initial treatment services at the hospital Emergency Room. The follow-up visits occurred within the 12-24 hours of the overdose occurring. The follow-up team consists of a plain

clothes police officer partnering with a licensed clinician or social worker with the goal of the visit being to offer treatment and/or program services to the overdose survivor. The officer conducts the initial introduction, but the visit is turned over to the professional licensed clinician/social worker. Initial follow-up visits showed a successful engagement rate for the overdose survivors as high as 85% entering into some form of treatment. It was determined with legal advice that simple response back from the hospital to the police is in compliance with HIPPA regulations which is a critical step with assisting the police in determining if a home visit is warranted or not.

Also in the fall of 2015, similar to the work of EB HOPE, through the Brockton Opioid Collaborative, independently South Shore Peer Recovery opened a small office in Scituate Harbor to continue to expand services to individuals struggling with addiction on the South Shore. The Brockton Champion Plan is a police-assisted recovery program in Brockton launched in February 2016 to help place individuals with SUDs who want help into the level of care they wanted. Modeled after a similar program in Gloucester, Brockton police headquarters serves as the point of entry. Both of these programs are partners with PCO.

Throughout 2016, EB HOPE Drop-In Center, Plymouth Project Outreach, South Shore Peer Recovery, Brockton Champion Plan and other initiatives operated independent of one another. EB HOPE quickly expanded to include numerous neighboring police departments. Similarly, in Plymouth their program expanded quickly to include 14 Plymouth County police departments conducting overdose follow-up visits. All of the departments contributed officers and resources from within their existing operating budgets with little or no funding and dedicated officers volunteering their time and commitment to this community project. As their programs developed, Plymouth Chief Botieri and East Bridgewater Chief Allen began engaging in conversations and sharing information about their independent outreach initiatives. The Chiefs quickly realized the same mission was being sought and agreed that a county-wide collaboration with one consistent outreach model was more logical and a more effective strategy. By the fall of 2016 the chiefs had agreed to bring their groups together, committing to adopt one another's models in their jurisdictions. Chief Allen invited the remaining 13 "North" county municipalities to participate in the overdose outreach model. DA Tim Cruz and Sheriff Joe McDonald's Plymouth County Drug Task Force had the ability to bring all 27 Plymouth County Chiefs together. In December 2016 the first county monthly meeting was held bringing together key stakeholders in the different Outreach Initiatives. As a result, Plymouth County Outreach (PCO) was born. All 27 police chiefs and later BSU police department signed onto an MOU and agreed to: contribute officers to conduct overdose follow-up visits; share overdose data in real time, and work collaboratively to support existing outreach initiatives. The Kid in Need Initiative notifies schools after an overdose/trauma within their family that the child has been exposed to trauma and efforts are made within the school to address the needs of the child.

In January 2015, EB Police initiated a real-time overdose data sharing pilot within East Bridgewater, Bridgewater and Whitman Police. That small pilot program was the basis to establishing PCO's county-wide overdose data sharing program, whose goal was to allow all 27 communities to have accurate, real time view of the overdose epidemic in the region while also utilizing the database to proactively conduct and track outcomes of the overdose outreach follow-up visits. Through the DA and Sheriff's Drug Task Force, in January of 2017 Chiefs Botieri and Allen partnered with Kelley Research Associates to develop a PCO real-time overdose monitoring program that would support the PCO model and daily outreach visit program throughout the county by sharing information of overdose victims throughout all of the county's police departments for the sole purpose of assisting survivors access treatment. The secure notification system allowed PCO to control what information was shared and with whom in the network. A user agreement was developed to protect private information and only authorized individuals within police departments are able to access the PCO system. The funding was provided by District Attorney Cruz.

Plymouth County Outreach: Critical Incident Management System: The PCO database was created to bring a unified system of overdose incident documentation and systematic follow-up among 27 Law enforcement agencies in Plymouth County, MA. This is a unique

system with no other county or state utilizing this kind of real time database to monitor overdoses and follow-up visits. Kelley Research Associates (KRA) is the Research and Database Partner facilitating the design and development of the critical incident management system. KRA also assists Plymouth County with data analysis and data presentations. Pam Kelley and Sean Varano reviewed the management system, how data is collected and viewed, how to query incidents by date, SUD name, incident town, resident town and submitter name and follow-up information, notification system to other jurisdictions for follow-up. The system can also produce reports, and data analysis on a variety of topics i.e. incident vs. resident town, type of drugs involved, naloxone “saves”, demographic data, age and gender data, follow-up visit information, multiple OD fatality information and trend analysis. The database is designed to capture the most critical information about an overdose incident and follow-up visits being conducted by law enforcement agencies. The system focuses on supporting law enforcement by collecting the necessary data to tell the store of these county-wide collaborations and program successes.

Judge Julian would like the assistance of RSAC to investigate ways to bring a similar county-wide collaborative effort and funding for the database system to Barnstable County.

Lisa Guyon, Cape Cod Healthcare, asked about what was behind the treatment figure – presenters responded that this % included acceptance of referrals and information as well as acceptance of a referral into a treatment bed. Katie Riconda, AIDS Support Group of Cape Cod, asked if police officers who were doing follow-ups to those who had overdosed also offered harm reduction resources to them as well, such as information on SEPs (syringe exchange programs) and support groups. She noted that there has been an increase in Hep C and HIV in the persons in the community who inject drugs i.e. heroin use. Presenters responded that they did not dispense those types of harm reduction resources. Katie asked if they would be open to disseminate those resources – responded that is not really in their scope of work.

- **Minutes of February 2018 Meeting:** Approval deferred to April 5, 2018 meeting.
- **Staff Updates:** Deferred.
- **RSAC Working Group Updates:** Deferred.
- **Adjournment:** Meeting adjourned at 5:30 PM.

- **Next meeting:** Scheduled for April 5, 2018 @ 4 PM in the Harborview Conference Room in the County Complex.

Respectfully submitted: Kathie Callahan, BCDHS