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ISSUE: 234 December 28, 2018

Greetings!

Welcome to the Barnstable County Department of Human Services' E-Newsletter. This bi-weekly newsletter is designed to provide timely information on health and human service topics of interest for people living and working in Barnstable County. For additional information visit the Department website at www.bchumanservices.net

Submission Guidelines

Please submit your request to be included by clicking on the image below.



You may also email your request to sonja.sheasley@barnstablecounty.org. If you choose to email, please follow these [submission guidelines](#).

DEPARTMENT CORNER

Department of Human Services News

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Continuum of Care

HOME Investment Partnership Program

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Vaira Harik has been named the **Department's first Deputy Director/Senior Project Manager**. Vaira will continue in her role as Senior Project Manager and assume additional duties in the Deputy Director role, primarily performing supervisory and other departmental duties during the director's absence. In addition, **Kim Slade** has been promoted to **Program Manager for the Department's substance use prevention grants**. Congratulations Vaira and Kim!

COMMUNITY NEWS

Cape Cod Healthcare | Community Health Survey

Cape Cod Healthcare is seeking your opinion about the health needs in our community. A **Community Health Survey** is available to all residents **through December 31, 2018**. The survey is available online or in print in English, Portuguese and Spanish. Your answers to this survey are anonymous and your opinions will help to identify the health and social issues facing our community. To take the survey, please click here. For more information, please visit www.capecodhealth.org/survey

Department of Transitional Assistance - Upcoming Change to Benefits Levels

The Massachusetts **Department of Transitional Assistance (DTA)** is updating its economic assistance programs benefits: **TAFDC (Transitional Aid to Families with Dependent Children)** and **EAEDC (Emergency Aid to the Elderly, Disabled and Children)** to further support clients' upward economic mobility. The updates will create a change in **DTA** benefit levels, which may impact benefits clients receive from other agencies. Clients will receive a notice from **DTA** if their grant amount changes. Please review the updates [HERE](#).

MOAR Seeks a Southeast and Metro-West Regional Coordinator

The **Massachusetts Organization for Addiction Recovery (MOAR)** is seeking a **Southeast and Metro-West Regional Coordinator**. Overview. The **MOAR** project is a fiscally sponsored project of **TSNE Mission Works** which organizes recovering individuals, families and friends into a collective voice to educate the public about the value of recovery from alcohol and other addictions. See the full job description and apply [HERE](#).

WE CAN Seeks Executive Director

WE CAN is announcing its search for an Executive Director of the organization. They are only considering applicants who have prior ED experience in a human services organization. The full position description is available [HERE](#). Qualified candidates are encouraged to send their resumes to: wecanedsearch@gmail.com The deadline for submitting a resume is Friday, January 11, 2019.

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WE CAN Seeks Bilingual (Portuguese) Office Coordinator

WE CAN is seeking a Bilingual (Portuguese) Office Coordinator. Please see the full job description [HERE](#). Candidates are encouraged to send their resumes to: dawn@wecancenter.org

ASGCC Hosts 2nd Harm Reduction Week

AIDS SUPPORT GROUP CAPE COD (ASGCC) will be hosting another Harm Reduction Week from Tuesday, January 8th - Friday, January 11th, 2019, from 10:00 PM - 4:00 PM each day, at our Hyannis location, 428 South Street. [READ MORE HERE...](#)

Community Health Network Area 27 Meeting Reminder

COMMUNITY HEALTH NETWORK AREA 27, CAPE COD & ISLANDS (CHNA 27): CHNA 27 is a **Monthly General Meeting open to the public** that consists of over 45 human service organizational members who convene monthly to learn about and discuss the major challenges and best practices in their respective fields and to share their work, knowledge and experience. For the past two years **CHNA** has focused on social determinants of health and brought together experts from housing, transportation, healthcare, employment, public and community healthcare providers, town administrators and state legislators.

TOPIC: Mental Health Emergency Services and Management

WHEN: January 10, 2019 | 9:00 AM - 11:00 AM

WHERE: 195 Main St., Barnstable Court Complex | Harborview Room
Panel Speakers: *to be announced... Enter to win our monthly coffee card giveaway. [MORE DETAILS HERE...](#)

Spaulding Orleans to Host Active Older Adults Fair

Spaulding Outpatient Center Orleans will host a health and wellness event for active older adults on Thursday, January 10, 2019. From 1:00 - 4:00 PM. [READ MORE HERE...](#)

Senior Corps FREE Winter Education & Film Series

RSVP of Cape Cod & the Islands' Senior Corps presents a **FREE Winter Education & Film Series**. These environmental education events are open to the public. Films will be held at the **Cape Cod Museum of Art**, and presentations will be held at various locations on Cape Cod. Please see event descriptions for more details regarding dates, times and topics. If you are interested in joining us, please register with Stefanie Paventy (508-968-5125 or stefanie.paventy@escci.org). While registration is not required, it is encouraged. See the list of films [HERE](#).

News from Town of Yarmouth | Division

of Senior Services

Announcing the **Buried in Treasures Workshop** is a **16-week program** for at least one to two hour sessions weekly. This self-help group for people who accumulate and save more stuff than they have room for. The sessions for this workshop are highly structured, focusing on material from Tolin, Frost, and Steketee's book "*Buried in Treasures.*" Homework for each week includes readings and exercise from the BIT as well as goal setting. Research has indicated that participation in the BIT workshop decreases symptoms of hoarding, helps reduce clutter, and improves people's ability to use their homes. **To register call Linda Colby at 508-394-7606 X1337.**

Sepsis Presentation by Patrick Cahill, MD

WHAT: Join us in welcoming Dr. Patrick Cahill, board certified in Internal Medicine and Infectious Diseases. Do you know what Sepsis is? About 1.7 million Americans get Sepsis every year and 270,000 will die from the illness. That's one every two minutes. Anyone can get Sepsis, but older people are most at risk. People over 60 make nearly 60% of Sepsis cases. Sepsis is caused by any kind of an infection, a simple cut, pneumonia, a urinary tract infection. The information you learn from this educational presentation may save you or someone you love.

WHEN: Friday, January 11th at 1:30 PM

Call 508-394-7606 X1330 to obtain more information and to RSVP.

Save-the-Date - Cape & Islands Regional Domestic Violence Council Quarterly Meeting

TOPIC: Neurobiology of Substance Use, Misuse and Addiction and Its Effects on Parenting and Custody Litigation

Severe substance use disorders (commonly called addictions) were once viewed as a moral failing or character flaw but are now understood to be chronic diseases that are subject to relapse and characterized by clinically significant impairments in health, social function and voluntary control over substance use. Our speaker will explore the intersection between addiction disorder and its effect on parenting and custody litigation.

WHEN: Monday, January 14, 2019 | 1:30 PM - 3:30 PM

WHERE: Harbor View Conference Room, Barnstable County Complex, 3195 Main Street, Barnstable Village

RSVP appreciated but not required. RSVP to cheryl@indhouse.net

New WE CAN 1:1 Consultations Beginning on the Outer Cape | January 2019

Through the generosity of Cape attorneys who donate their time, WE CAN offers low to moderate income women a range of free legal services, including individually scheduled 30-minute appointments for women to receive targeted information and guidance on family law or landlord/tenant law. Please Note: Attorneys do not provide

representation.

WHEN: The legal consults will be held on the 2nd Friday of each month, from 9:00 - 11:00 AM.

WHERE: Beginning in January, the sessions will rotate through the following four locations on a monthly basis, this made possible through our collaborators:

- Veterans Memorial Community Center, Provincetown
- Truro Council on Aging, Truro
- Wellfleet Council on Aging, Wellfleet
- Cape Cod Children's Place, Eastham

Call WE CAN to Register: 508.430.8111

News From The Barnstable County Public Health Nursing Division

The **Barnstable County Public Health Nursing Division** offers immunizations to all county residents i.e. influenza, pneumonia and varicella. We offer travel vaccines including Typhoid and Hepatitis A. Vaccines are administered by appointment on Tuesdays and Thursdays. Please call 508-375-6617 for more information or to make an appointment. For a complete list visit the [Barnstable County Health and Environment website](#)

Ongoing Substance Use Drop-In Night in Mashpee

Substance Use Drop-In Night provides one-on-one substance use information, education and treatment resources options from local organizations.

WHEN: First Tuesday of every month

WHERE: Mashpee Public Library Event Room, 64 Steeple Street | 4:00 PM - 7:00 PM. Free Narcan training and light refreshments. More information at www.itsnevertooearly.com.



E-NEWSLETTER ARTICLE SUBMISSIONS

To submit articles via email to

Sonja.sheasley@barnstablecounty.org

Please include the following information:

- Descriptive Title
- Brief Content Description (who, what, why, when, where)
- Attachments must be submitted in PDF **and** text format to comply with the Americans with Disabilities Act. (DOC or RTF files are acceptable.)
- Weblink or Hyperlink if available
- Contact information of the person submitting the information and if appropriate, the contact person for the event (include name, address, phone, TTY, email)
- **Submission deadline is every other Wednesday at 12:00 P.M. See [Calendar](#) for dates.**
- **Content Policy** - We are prioritizing timely information on the ever-changing landscape of health and human services events and opportunities.

- Due to the increasing number of submissions to the newsletter, the Department reserves the right to limit the number of times a submission is published.

[Creating a Healthy Connected Cape Cod](#)

Click here for more [news](#) in our web postings

Posting of articles submitted for publication in the Barnstable County Department of Human Services E-Newsletter is at the discretion of the Department. To request this newsletter in alternate formats, please call 508-375-6628.

