

**BARNSTABLE COUNTY**  
**DEPARTMENT OF HUMAN SERVICES**  
3195 Main Street, Post Office Box 427  
Barnstable, Massachusetts 02630  
Office: 508-375-6628 | Fax: 508-362-0290  
www.bchumanservices.net

## MEETING MINUTES

### REGIONAL SUBSTANCE USE COUNCIL (RSAC)

**Thursday, June 6th, 2019**

**3:30pm -5:00pm**

**Harbor View Conference Room**

---

**Members Present:** Jamie Binienda, Amy Doherty, Chris Greeley, Suzie Hauptmann, Tom Hostetter, Michael Jackman, Patty Mitrokostas, Sean O'Brien, Kathy Quatromoni, Katie Riconda, Gail Wilson, Regina Yaroch, Corrie Vilsaint

**Members of the Public:** Sharon Dirac, Ben Haas, Jesses Boggis, Margaret Hester, Barbara Dominic, Cathy Connell, Jason Chorchos, David Hale, Fiona Jensen, Justin Campbell

**Barnstable County Staff:** Vaira Harik, Kim Slade

**Guests:** Traci Green, Margaret Hester, and Jesse Boggis.

**Elected Officials: 0 Assembly of Delegates: 0 County Commissioners: 0**

- **Welcome and Introductions:** Meeting was facilitated by Vaira Harik and began at 3:30pm. Introductions were made by individuals. The RSAC will take a summer break and reconvene in Sept.
- **Approval of Minutes:** Review and approve minutes of the May 2<sup>nd</sup>, 2019 meeting. Vaira Harik asked for a motion to approve. 1<sup>st</sup> motion to approve – Heidi Nelson; 2<sup>nd</sup> – Jamie Binienda.
- **Workgroup Updates:**
  - **Prevention** – This group meets on as-needed basis.
  - **Harm Reduction** – Department of Human Services will receive another \$20,000 earmark in FY20 via Senator Cyr to purchase naloxone in bulk for distribution to front line responders through two channels: AIDS Support Group of Cape Cod and Cape Cod Police Departments.
  - **Treatment** – Heidi Nelson reported that treatment workgroup meetings have moved to the Gosnold Centerville location. They are working on updating their workplan, are reviewing the Governor's 2018 Opioid Plan, and continue to pursue the subject of treatment capacity.
  - **Recovery** – The next meeting scheduled for June 18<sup>th</sup> to allow for discussion of the Falmouth Sober Home Forum which will take place on June 11<sup>th</sup>.

---

#### ***Creating a Healthy Connected Cape Cod***

*The Mission of the Department of Human Services is to plan, develop, and implement programs which enhance the overall delivery of human services in Barnstable County and promote the health and social well-being of County residents through regional efforts that improve coordination of services.*

- **Presentation of Results by RACK Study Team** (Rapid Assessment of Consumers' Knowledge) led by the Boston Medical Center Injury Prevention Center. The study was conducted in Quincy, Lowell, and Barnstable County in the summer of 2018 for DPH/BSAS.
  - a. Principal Investigator: Dr. Traci Green, BMC Injury Prevention Center
  - b. Project Team: Dr. Trish Case, Dr. Wilson Palacios, Abigail Tapper, Brianna Baloy
  - c. Study Period in Barnstable County: July 1 – August 31, 2018

Presenters: Traci Green, Margaret Hester, and Jesse Boggis.


## RACK Study

This project is funded by a grant from the Centers for Disease Control and Prevention to the Massachusetts Department of Health, Bureau of Substance Addiction Services

**Goals**

To learn from people who use drugs in order to improve programs and policies to prevent overdose by:

- Describing exposure to, use of, and protective behaviors associated with fentanyl among people who use drugs
- Assessing the impact of policy responses being evaluated by the Prevention for States Massachusetts grant, namely the Good Samaritan Act, naloxone access, and opioid prescribing restrictions
- Focusing efforts on one community at a time



2

## Recommendations

- Improve syringe access and disposal safety
  - Syringe service needs indicated in more Cape Cod communities, better awareness of current programs
  - Syringe disposal in more locations, distribution of disposal units
- Services for the homeless, especially during the winter
- Maintain and extend naloxone access points in community
  - Pharmacy, and work to improve syringe access
  - Naloxbox in public locations, camps based on nonfatal overdose occurrences
- Expand MAT access and provision
  - Consider mobile buprenorphine and/or mobile methadone for homeless camp areas
  - Expanded methadone options: clinic, mobile and/or pharmacy opportunities
- Invest in recovery community
  - workforce development, pro-MAT policies, overdose on-site response policies
  - Seasonal, union and non-union employer approaches
- Hold community-wide presentation of RACK and other data for discussion

29

- **Member Updates and Announcements:** Brief community partner updates were provided at the end of the meeting. Suzie Hauptman moved for adjournment and all agreed.
- **Members of the Public:** Fiona Jensen provided information at this time on an earmark from Sen Cyr for the implementation/expansion of Calmer Choice in Schools on Cape Cod.
- **Next Meeting:** **September 5, 3:30 pm**, Barnstable County Campus, Harbor View Conference Room.
- **Adjournment:** The meeting adjourned at 4:50pm.

**Respectfully submitted by:** Maria Silva