



## E-Newsletter

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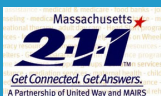
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**ISSUE: 266** **March 23, 2020**

**Greetings!**

Welcome to the Barnstable County Department of Human Services' E-Newsletter. This bi-weekly newsletter is designed to provide timely information on health and human service topics of interest for people living and working in Barnstable County. For additional information visit the Department website at [www.bchumanservices.net](http://www.bchumanservices.net)

## SPOTLIGHT

### Cash Donations Needed for Local Non-Profits Responding to the COVID-19 Pandemic

## CONNECT

Accessibility and  
Disability

Cape and Islands  
Regional Network  
on Homelessness

Continuum of Care

HOME Investment  
Partnership  
Program

Prevention and  
Wellness Trust  
Fund

Regional  
Substance Use  
Council

SHINE



Barnstable, Massachusetts, March 23, 2020 -The **Barnstable County Department of Human Services**, in service to the **Barnstable County Incident Command COVID-19 response**, wishes to bring to the public's attention the following information on cash donations to local organizations: **[READ THE FULL PRESS RELEASE HERE.](#)**

## COMMUNITY NEWS

### Cape Cod Medical Reserve Corps is Collecting Hand-made Face Masks



The **Cape Cod Medical Reserve Corps** is coordinating an effort to collect hand-made face masks and deliver them to agencies in need. Please email Diana Gaumond, Director at MRC. You will be sent sewing instructions and information on how to drop them off. Please email **[diana.gaumond@barnstablecounty.org](mailto:diana.gaumond@barnstablecounty.org)**.

### Cape Cod Healthcare Expands Number of Locations Where Residents Can Donate Essential Medical Supplies

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## CAPE COD HEALTHCARE

**Cape Cod Healthcare** will expand the number of locations where residents can donate essential medical supplies to be used by healthcare providers to protect themselves as they care for patients in the fight against the coronavirus (COVID-19). Please read the press release <https://bit.ly/39xfai>.

### Barnstable County Department of Health and Environment - COVID-19 Updates



The **Barnstable County Department** of Health and Environment is working consistently to maintain their [website](#) for COVID-19 updates and information.

Please also find the following links to Town Health Departments

[Barnstable](#) | [Bourne](#) | [Brewster](#) | [Chatham](#) | [Dennis](#) | [Eastham](#) | [Falmouth](#) | [Harwich](#) | [Mashpee](#) | [Orleans](#) | [Provincetown](#) | [Sandwich](#) | [Truro](#) | [Wellfleet](#) | [Yarmouth](#)

### Unemployment Insurance During the Coronavirus Outbreak

The **Barnstable County Department of Human Services**, in service to the **Barnstable County Incident Command COVID-19 response**, wishes to bring to the public's attention the following information for workers who are out of work or losing hours due to COVID-19. Please go to the [Department of Human Services website](#) for more information.

### The Family Pantry of Cape Cod News

# The Family Pantry of Cape Cod

**THE FAMILY PANTRY WILL BE OPEN TOMORROW, TUESDAY MARCH 24  
FROM 10:00 AM - 3:30 PM**

Food Distribution Changes at The Family Pantry Effective March 17, 2020  
Clients will not be allowed in the building until further notice. This is in keeping with social distancing guidelines and our desire to keep clients, staff and volunteers safe.

## **New Process**

1. Client pulls deli number and picks up a blank Shopping List from volunteer
2. **DO NOT THROW AWAY YOUR DELI NUMBER; YOU WILL NEED THIS TO PICK UP YOUR FOOD ONCE THE ORDER IS COMPLETE**
3. Volunteer will write the deli number on the grocery list
4. Client returns to their vehicle and completes their Shopping List. Client fills out the grocery list complete with Name, Address, Family Pantry Client Number and number of bags
5. Client remains in their vehicle, until their number is called. Please do not congregate at client entrance or on the benches
6. Client returns the completed Shopping List to volunteer when number is called and returns to their vehicle
7. Volunteers will pick the food on the Shopping List
8. The Client's number will be called again when their grocery order is complete
9. Client's completed grocery order will be brought to the parking lot outside of the client entrance. Again, no clients are allowed to enter the building
10. Volunteers will be outside to help with this process

## **Note:**

1. Only the items listed will be available, the assortment has been limited
2. The clothing boutique is closed until further notice
3. Please plan for at least two hours to get your food. We expect the Pantry to be very busy and we hope you can be patient and understand this is our attempt to keep the Pantry open during the Corona Virus crisis.

Please note that we have plenty of food. If you have a deli ticket number you will get your food. **Visit their website for more information.**

## **Need Assistance? Dial 2-1-1**

If you need assistance finding food, paying for housing bills, accessing free childcare, or other essential services, the United Way can help. Visit **211.org** or dial 2-1-1. The service is accessible 24/7, available in 180 languages and confidential.

## **Community Health Center of Cape Cod Broadens Availability of Virtual Visits for all Patients**

In accordance with the latest guidance from the **Massachusetts Department of Public Health** and the **United States Centers for Disease Control and Prevention**, the **Community Health Center of Cape Cod** encourages patients to call prior to visiting CHC of Cape Cod. Many health conditions may be addressed virtually, reducing the risk of community exposure to COVID-19.

For individuals who have a computer or tablet with an internet connection or a smartphone, they will be able to check-in for their virtual visit using the MyChart patient portal and can launch a video conference through this service. Not all services can be offered virtually, but a virtual visit can be appropriate for some preventive care, follow-up, behavioral health and chronic disease management visits.

To learn more about virtual visits at the Health Center, please call (508) 477-7090 to be connected to the **Patient Engagement team**. If you believe you are experiencing symptoms (fever, shortness of breath, cough) or have reason to believe you may have been exposed to COVID-19, please let the Health Center team know upon calling. Health Center patients may also message their health care provider through the **MyChart patient portal**. For additional information from Community Health Center of Cape Cod, and their efforts surrounding COVID-19, visit [www.chcofcapecod.org/coronavirus](http://www.chcofcapecod.org/coronavirus).

## Duffy Health Center Update for the Community

The **Duffy Health Center** has created and implemented protocols for their [clinical response to COVID-19](#). For the time being, there will be limited access to Duffy Health Center, both for patients and staff. They are exploring [telehealth](#) options so that we can continue to care for those who depend on the Duffy Health Center for support around their physical and mental health.

Duffy Health Center has set up a system for screening patients who arrive at the center which includes the use of [Massachusetts Department of Public Health](#) guidelines to determine the need for COVID-19 testing. All patients who meet screening criteria for COVID-19 will be immediately referred to the [Cape Cod Healthcare testing site](#).

The Duffy Health Center plans to keep their doors open for patients until they are advised that it is no longer safe to do so. For the most up to date information, please visit their [website](#) and [Facebook](#) page.

## Free Student Meal Services & Pick-up Sites



**CLICK BELOW TO ACCESS FREE STUDENT MEAL SERVICE INFORMATION**  
**[Barnstable Schools](#) (Open to ALL Students regardless of residence) | [Cape Cod Tech Regional High School](#) | [Monomoy Schools](#) | [Nauset Schools](#) (Brewster, Eastham, Orleans, Wellfleet) | [Dennis-Yarmouth](#) (Delivery option available) | [Mashpee](#) | [Sandwich Public Schools](#) | [Provincetown](#) | [Truro](#)  
**Meal Service and Pick-up Sites from EOS Foundation****

## Grocery Stores - Updated Service Hours

Stop & Shop

Shaws

Market Basket

Trader Joes

Whole Foods

BJs

## Cape Cod Young Professionals COVID-19 List of Resources

**Cape Cod Young Professionals** has a list of resources for Cape Cod's businesses, non-profits, young adults and families [HERE](#).

## OLDER ADULTS

### Senior Centers Closed

**Senior Centers** on Cape Cod and the Islands closed due to COVID-19 precautions are listed by the *Cape Cod Times* at the following link [COVID-19 Closures](#).

## ON-GOING

### Cape Cod Neighborhood Support Coalition Temporarily Suspends all Community Groups

Cape Cod Neighborhood Support Coalition (CCNSC) is temporarily suspending the following groups:

- Grandparents Raising Grandchildren held at East Falmouth Elementary School
- Nurturing Fathers held at Teaticket Elementary School
- Nurturing Families in Treatment and Recovery held at Upper Cape Technical School

In addition, any provider groups facilitated by CCNSC are also temporarily suspended. Staff will continue to reach out to the families we work with, and any other families looking for support.

If anyone needs assistance in regards to this announcement they can email [director@capecoalition.com](mailto:director@capecoalition.com) or call 508-771-4336.

### Samaritans Senior Outreach Program

The **Samaritans on Cape Cod and the Islands Senior Outreach Program** is open to all older adults living on the Cape or Islands who are experiencing signs of isolation, loneliness, and/or depression and would benefit from a weekly call. Samaritan trained volunteers are matched with seniors on Cape for weekly telephone chats. Volunteers listen without judgement, with compassion and empathy, and all calls are confidential. Seniors are typically referred to the program by Elder Services, COA, primary care physicians, friends, family, religious organizations or they may self refer using a simple referral form. For more information, or to refer a senior please contact Karen Ellery Jones [assistantdirector@capesamaritans.com](mailto:assistantdirector@capesamaritans.com)



*Creating a Healthy Connected Cape Cod*

Please submit your request to be included by clicking on the image below.



You may also email your request to [sonja.sheasley@barnstablecounty.org](mailto:sonja.sheasley@barnstablecounty.org). If you choose to email, please follow these [submission guidelines](#).

- Content Policy - We are prioritizing timely information on the ever-changing landscape of health and human services events and opportunities.
- Due to the increasing number of submissions to the newsletter, the Department reserves the right to limit the number of times a submission is published.
- Posting of articles submitted for publication in the Barnstable County Department of Human Services E-Newsletter is at the discretion of the Department. To request this newsletter in alternate formats, please call 508-375-6628.