



BARNSTABLE COUNTY
DEPARTMENT OF HUMAN SERVICES
3195 Main Street, Post Office Box 427
Barnstable, Massachusetts 02630
Office: 508-375-6628 | Fax: 508-362-0290
www.bchumanservices.net

MEETING MINUTES

REGIONAL SUBSTANCE USE COUNCIL (RSAC)

- **Call-in Conference Call - +1 781-469-0191 Conference ID: 270 483 629#**

You do not have to be using Microsoft Teams in order to join the call.

Normally held at:

Harborview Conference Room, Barnstable County Complex, 3195 Main Street, Barnstable, MA 02630

Thursday, April 2nd, 2020

3:00-4:00pm

Members Present: Heidi Nelson, Noel Sierra, Patti Lloyd, Paul Hilton, Sheila House, Jeffrey Soares, (unlisted names: 508-246-0173, 508-274-7986, 508-740-9000, 508-888-3807, 617-908-8579, 774-228-0625, 774-228-3431, 774-238-0881, 774-238-9778, 774-240-6288.

Members of the Public:

Barnstable County Staff: Beth Albert, Vaira Harik, Kim Slade, Maria Silva

Guests:

Unable to attend: Paul Dart, Barnstable Police Dept., Mashpee Wampanoag Tribe, Will Crocker, Sheriff's Dept.

Elected Officials: 0 **Assembly of Delegates:** 0 **County Commissioners:** 0

This meeting is dedicated to discussion of the pandemic which all are addressing.

- **Welcome:** Meeting began at 3:00 pm.
- **Review of Barnstable County Dept. of Human Services activities regarding the recovery community and associated COVID-19 related matters.**

UPDATES from the following:

Barnstable Health Dept. – Vaira Harik and Beth Albert are working w Sean O'Brien on Covid 19 emergency responses. Vaira undertook the public health items and Beth is taking the homeless sheltering non-medical concerns with Heidi Nelson from Duffy. Sean is also working with Cape Cod Hospital.

Creating a Healthy Connected Cape Cod

The Mission of the Department of Human Services is to plan, develop, and implement programs which enhance the overall delivery of human services in Barnstable County and promote the health and social well-being of County residents through regional efforts that improve coordination of services.

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Cape Cod Healthcare – Vaira stated that they are not yet seeing an overwhelming surge in covid 19 patients. They have set up outside sites to screen people in front of the hospital and also set up sites in Brewster and Falmouth for people that need medical attention as they recover from the virus.

Heidi Nelson - Heidi commented on behalf of the health centers and Duffy – Duffy has moved to an all telephonic system for patient care. Their MAT program has moved to phone for care management. Vivitrol patients are still coming in for their shots. Duffy is looking to set up small tents for blood draws etc. Yesterday the federal drug enforcement agency stated that intakes for MAT which are to be face to face can now be taken telephonically. Duffy is selectively taking on new patients. Many are relapsing, wanting to go into treatment.

Beth Albert – Beth spoke on her efforts with the homeless shelters – Cape Cod Hospital and Duffy have been the leaders on setting up motel rooms for people either needing to be quarantined, waiting for test results or who have been exposed. These people are being referred to the program from the hospital or Duffy. There are emergency planning groups looking at resources to provide hygiene products, porta potties, and PPE's. There is a concerted effort for PPE's primarily for the shelter staff.

AIDS Support Group – not present.

Paul Dart – not present. Vaira spoke on his organization “Pause-A-While” who is having virtual AA meetings.

Brian Robbins – Pier Recovery Center is also holding virtual AA meetings. Their phone is active 9-3 Monday-Friday at 508-827-6150. Their Facebook page has their calendar of virtual events.

Amy Doherty – www.wellstrong.org Their website lists all their information on virtual meetings and classes, bootcamps, etc which are held via Zoom.

BPD – not present.

Edie Nesmith – Edie stated 3 sites that continue to be active; **A Baby Center** offering wipes, diapers and formula on Wednesdays from 10am-12pm and they are giving out double amounts than normal. **The Family Food Pantry** is open with 'to go format', **The Hands of Hope** in West Harwich serves anyone from Mashpee-Harwich and they are doubling the amount of groceries. **The Faith Family Kitchen** in Hyannis offers warm meals 'to go' Monday-Wednesday-Friday nights. You can pick up at front door of church 530-630pm. They will be expanding in a week or so to work with the **Cape Kids Meals** at Hyannis West on Fridays and will be serving 1 large meal platter that would serve 8. **Website** www.capecodcouncilofchurces.org

Mashpee Wampanoag Tribe – not present.

Mike Jackman – Advising people to look at eligibility for SBA loans which be a helpful resource for profits and non-profits.

Jeff Soares – Senator Cyr's office is working on state availability to help others.

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Will Crocker – Not present.

Sheriffs Dept. – Not present.

- **Open round-table for members to summarize their COVID-19 response, ask questions, etc.**

Lisa Guyon – She inquired if any organizations for recovery, substance use etc. have recently reduced staff or closed due to the current financial situations. Vaira responded that Outercap Health Services has closed.

Judy Scarafile – Wanted to inform people that there is a major crisis relief fund website called: **www.majorcrisisrelieffund.org** which is part of Cape Cod Times Needy Fund. So far they have raised \$425,000 for individual and family needs.

Stephanie Roderick – wanted to know how can she help in any way and with any entity? Vaira advised her to contact the Barnstable County Medical Reserve Corps.

- **Adjournment**
Mtg adjourned at 3:38pm

Respectfully submitted by: Maria Silva, Human Services