

<i>Upper Cape</i>	<i>Hours of Operation</i>	<i>Eligible Participants</i>	<i>What is Provided</i>	<i>Program Needs</i>
Bourne Friends Food Pantry 20 Commerce Park Rd. Pocasset 508-759-3351 Facebook: Friends of Bourne	Every Tuesday 9:00-12:00pm Drive through pantry and limited delivery available	Residents of Bourne	Bags of groceries	Monetary donations greatly appreciated
Falmouth Service Center 611 Gifford St. Falmouth 508-548-2794 www.falmouthservicecenter.org Facebook: Falmouth Service Center	Tuesdays, Thursdays & Fridays 10:00-12:00 Wednesdays 3:30-5:30 Food Pantry Drive Through	Anyone in need from any town may access food There is a brief check in when driving through (Name, DOB, zip code and # in household). ***If picking up for another person, please provide the above information for each person picking up for	Pre-packaged bags including meal staples, milk, meat and fresh produce	Monetary donations greatly appreciated
Mashpee: Christ the King Food Pantry 5 Job's Fishing Rd. 508-477-7700 www.christthekingparish.com/st-vincent-de-paul	Tuesday 9:30-12:00 and Friday 10:00-12:00	Mashpee Residents	Pre-bagged groceries	Monetary donations greatly appreciated
Mashpee Tribal Council Food Pantry 483 Great Neck Rd. South, Mashpee 508-477-0208 Ext. 189 www.mashpeewampanoagtribe-nsn.gov/food-pantry Facebook: Mashpee Wampanoag Tribe Food Pantry darlene.scott@mwtribe-NSN.gov	Mondays and Wednesdays 10:00-5:00 Tuesdays and Thursdays 10:00-4:00 **Food pantry menu is on the door. Knock on door for access. Anyone entering the building must disinfect with hand sanitizer located above the ID scanner at the entrance	Must be a tribal member	Groceries and other needs	None identified
Sandwich- Farmers to Families Sandwich Empowerment Center 117 Rt. 6 508-775-5073 www.mmsfi.org	Tuesday, December 29 10am-12pm Required to register at www.mmsfi.org and bring confirmation to pick up	All are welcome	32 lb. Meal Boxes	Volunteers
Sandwich Food Pantry 331 Cotuit Rd. Sandwich 508-888-3816 www.sandwichfoodpantry.org Facebook: Sandwich Food Pantry, Inc.	Every Wednesday 10am-12pm Last Wednesday of the month 6:00-7:30 Third Saturday of the month 10:00-12:00	Residents of Sandwich-must register first as a client Drive around the back of the building Give the volunteer your name and size of your family	Pre-bagged groceries	Monetary donations and non-perishable food. Please check website for instructions
<i>Mid-Cape</i>	<i>Hours of Operation</i>	<i>Eligible Participants</i>	<i>What is Provided</i>	<i>Program Needs</i>
Cape and Islands Veteran's Outreach Center 247 Stevens St. Suite E Hyannis 508-778-1590 www.capeveterans.com Facebook: Cape and Islands Outreach Center	Thursday 9:00-1:00- clients can go bi-weekly Curbside pickup	Veteran will need to provide a copy of their DD214 and file an application	Meat, paper goods, personal care products	Cold and freezer food, shelf stable items and fresh produce
Salvation Army 100 North St. Hyannis 508-775-0364	Daily Operations Hours 8:30-1:30pm Food Pantry: Mondays-Thursdays 10:00-11:50am Tuesdays and Thursdays: Hot soup or stew and bagged lunch for homeless	All are welcome	Shelf stable food and drinks, frozen meats, breads and fresh veggies, socks and bag lunches for the homeless	Monetary donations

<p>Barnstable Public Schools Meal Bust Stop Delivery www.barnstable.k12.ma.us</p>	<p>***New Information*** Wednesdays Bus stop schedule: Centerville Plaza 1660 Route 28 10:40-11:10 Cromwell Court 168 Barnstable Road, Hyannis 11:20-11:50 Village Green Apartments 767 Independence Road, Hyannis 12:05-12:35 No meals on 12/30 or during poor weather conditions</p>			
<p>Cape Organization for the Rights of the Disabled (CORD) Mobile Food Pantry 508-775-8300/800-541-0282 www.cordcapecod.org/mobile-food-pantry Facebook: CORD-Cape Organization for the Rights of the Disabled</p>	<p>Wednesday, 12/23 Hyannis- 11am Village Green Condos 767 Independence Drive Hyannis- 12pm Cromwell Court 168 Barnstable Rd Thursday, 12/24 Yarmouth 12:45pm Long Pond Plaza, 534 Winslow Gray Road</p>	<p>Someone in the household must have a disability. Register by calling CORD at (508) 775-8300 or go to a distribution site.</p>	<p>Non-perishable food items</p>	<p>Monetary donations can be made through the CORD website</p>
<p>Faith Family Kitchen 154 Bearses Way Hyannis 508-775-5073 www.capecodcouncilofchurches.org/faith-family-kitchen.org Facebook: Faith Family Kitchen cccouncilofchurches@gmail.com</p>	<p>Mondays, Wednesdays, Fridays Families with children 5-5:45 Adults with out children 5:45-6:30</p>	<p>All are welcome</p>	<p>Hot meals to go, protein bars, smoothies, other packaged foods as available</p>	<p>Monetary donations or any food donations</p>
<p>Family Table Collaborative Various locations 508-775-5073 cccouncilofchurches@gmail.com Facebook: Faith Family Kitchen and Cape Cod Culinary Incubator</p>	<p>Tuesdays and Fridays Tuesdays location TBD Fridays at Hyannis Youth and Community Center No meals again until January 5th</p>	<p>All are welcome</p>	<p>Half trays to feed a family of 4 2 meals through out the weekend</p>	<p>None identified</p>
<p>First Baptist Church of Hyannis Food 486 Main St. Hyannis 508-775-1846 www.fbchyannis.org/food-pantry</p>	<p>Tuesdays 9:00-12:00</p>	<p>Town of Barnstable and Yarmouth residents</p>	<p>Pre-bagged groceries</p>	<p>Donations accepted</p>
<p>St. Vincent DePaul Food Pantry 21 Cross St. Hyannis 508-775-3073</p>	<p>Tuesday 9:30-12:00 and Friday 10:00-12:00</p>	<p>All are welcome</p>	<p>Pre-bagged groceries</p>	<p>Monetary donations</p>
<p>Farmers to Families- Cape Cod Community College 2240 Iyannough Rd. West Barnstable 508-775-5073 www.mmsfi.org Facebook: Faith Family Kitchen, Cape Cod Culinary Incubator, Family Table Collaborative cccouncilofchurches@gmail.com</p>	<p>All are welcome Required sign up at www.mmsfi.org, please print confirmation and bring for pickup Cancellation: Saturday, 12/26 This event has been cancelled</p>	<p>All are welcome. Cars cannot line up until 8:00AM. Boxes will not be distributed until 9:00. you must follow signs upon entering the college and food distribution will be in Lot 12. Open to all with no registration or income eligibility requirements.</p>	<p>32 lb. Meal Boxes</p>	<p>Volunteers</p>
<p>Yarmouth Food Pantry Lighthouse Landing Plaza 845 Rt. 28 Units 14-16 S.Yarmouth 508-394-0880 www.yarmouthfoodpantry.org Facebook: Yarmouth Food Pantry</p>	<p>Tuesday and Thursday 5:30-6:30 2nd Friday 3:00-4:00 3rd Saturday 10:00-11:00 4th Friday 10:00-11:00</p>	<p>Name, address and date of birth</p>	<p>Pre-made bags of food, meal of the month bag, frozen meat and child snack bags</p>	<p>Food donations accepted Monday-Friday 10am-Noon</p>

LCOC- Brewster Baptist Church 1848 Main St. #1827 Brewster 508-240-0694 www.lcoutreach.org/pantry-hours	Thursdays 10:00-12:00	All are welcome	Pre-packaged bags	Donations accepted
LCOC- Saint Christophers Church 625 Main St. Chatham 508-240-0694 www.lcoutreach.org/pantry-hours	Tuesdays 2:00-4:00 Appointment Only! Wednesdays 4:00-6:00 Walk ins welcome Thursdays 5:00 Appointments Only! an appointment clients must call 508-240-0694	3:00- For All are welcome. Photo ID required	Pre-packaged bags	None identified
Elder Service of Cape Cod and the Islands 68 Route 134 South Dennis 508-394-4630 www.escci.org	Meals on wheels and some Councils on Aging and schools are doing grab and go programs for meal pick up	Guidelines for eligibility and senior needs to be referred for this service. Call (508) 394-4630 to make referral	Meals on Wheels provides cold meals that can be reheated	None identified
LCOC- St. Peters Lutheran Church 310 Rt. 137 Harwich 508-240-0694 www.lcoutreach.org/pantry-hours	Thursdays 10:00-12:00	Valid photo ID	Pre-packaged bags	None identified
Hands of Hope Food Pantry 49 Rt. 28 West Harwich 508-432-1312	Monday and Friday 10:00-3:00 Tuesday, Wednesday, Thursday 1:00-3:00	Valid photo ID	Cold, shelf stable, produce, dairy, bakery, toilet paper, personal items	Food, volunteers, paper goods, personal items would all be helpful
Farmers to Families-Orleans Cape Cod Five Parking Lot-19 West Road, Orleans 508-775-5073	Wednesday 12/23 10am-1pm Cancelled: 12/30	All are welcome Required sign up at www.mmsfi.org , please print confirmation and bring for pickup	32 lb. Meal Boxes	Volunteers
LCOC- Truro COA Parking Lot- 7 Standish Way, North Truro 508-240-0694 www.lcoutreach.org/pantry-hours	Open Every other Friday 11:00-12:30pm Next open on January 8th and 22nd and every other week through April	Valid photo ID	Pre-packaged bags	None identified
Truro Community Kitchen 973-868-7526 www.trurocommunitykitchen.com	Tuesdays To register for a meal, email trurocommunitykitchen@gmail.com or call or text Eli at 973-868-7526	No documentation required No name or identifying information required	2 prepared meals per person Will try to accommodate allergies and dietary restrictions	moneytary donations
Common Table at the Fox and Crow commontable6@gmail.com	Monday-Friday 8am-9am For questions or delivery, please email commontable6@gmail.com	Free and open to all	Prepared meals	
AIDS Support Group of Cape Cod 96 Bradford St. Provincetown www.asgcc.org 508-487-9445 Facebook: AIDS Support Group of Cape Cod	Monday-Friday 9am-3pm Delivery available to Provincetown and Truro clients	Must be receiving medical case management from ASGCC. Doctor's office provides eligibility	Non-perishable items paper goods, limited homeless packages. Sometime have perishable as available	Paper products, Ensure, Stop & Shop giffit cards. They are not currently using volunteers
Orleans LCOC Food Pantry 19 Brewster Cross Rd. Orleans 508-240-0694	***Closed 12/28*** Mondays 1:00-3:00 Clients must call 508-240-0694	A valid ID	Pre-packaged bags	None identified

