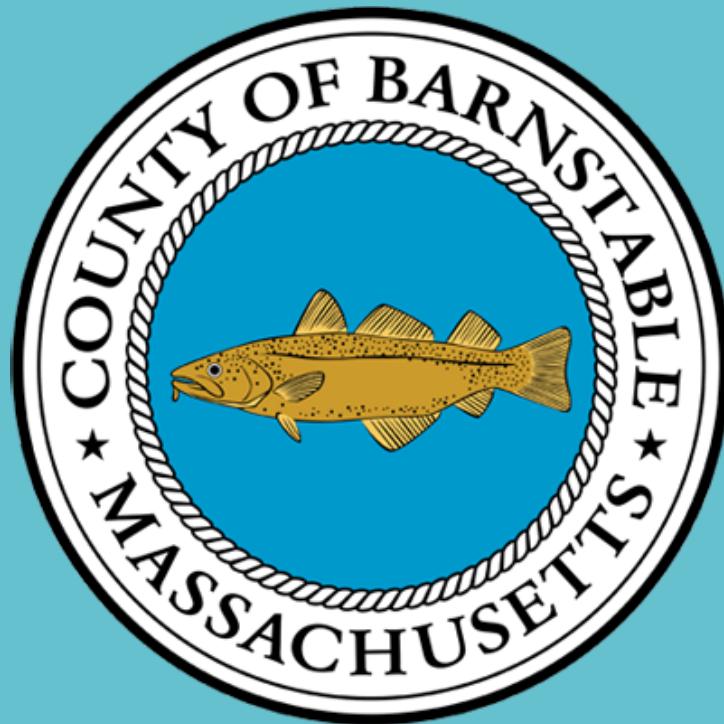


FOOD
ACCESS
CAPE
COD



AUGUST

CAPE COD COOPERATIVE EXTENSION, BARNSTABLE
COUNTY

ANDREA MARCZELY
ANDREA.MARCZELY@BARNSTABLECOUNTY.ORG
508-375-6944

UPPER CAPE

BOURNE FRIENDS FOOD PANTRY

20 COMMERCE PARK
RD, POCASSET
508-759-3351

Hours of Operation

TUESDAY-THURSDAY
9AM-12PM

Eligible Participants

BOURNE RESIDENTS

What is Provided

BAGS OF GROCERIES

FALMOUTH SERVICE CENTER

611 GIFFORD STREET,
FALMOUTH
508-548-2794

Hours of Operation

TUESDAYS: 10AM - 12PM
WEDNESDAYS: 3:30-5:30
THURSDAYS: 10AM - 12PM
FRIDAYS: 10AM - 12PM

Eligible Participants

ANYONE, HOWEVER THERE
IS A CHECK IN

What is Provided

PRE-PACKAGED BAGS
INCLUDING MEAL STAPLES,
MILK, MEAT, FRESH
PRODUCE

CHRIST THE KING FOOD PANTRY

5 JOB'S FISHING ROAD,
MASHPEE
508-477-7700

Hours of Operation

WEDNESDAYS 10AM-12PM

Eligible Participants

ALL CAPE COD RESIDENTS
DURING COVID

What is Provided

PRE-BAGGED GROCERIES

MASHPEE VILLAGE

1 WAMPANOAG DRIVE
508-477-2000

Hours of Operation

FRIDAY 8AM-12PM
SATURDAY 9AM-12PM

Eligible Participants

MASHPEE VILLAGE
RESIDENTS

What is Provided

FOOD AND TOILETRIES

MASHPEE TRIBAL COUNCIL FOOD PANTRY

483 GREAT NECK ROAD,
SOUTH MASHPEE
508-477-0208

Hours of Operation

TUESDAYS-THURSDAYS
12:00PM-4:00PM

Eligible Participants

MUST BE A TRIBAL
MEMBER

What is Provided

GROCERIES AND OTHER
NEEDS

UPPER CAPE

FAMILY TABLE COLLABORATIVE

LOCATION TBD
781-248-5753
CHECK FACEBOOK PAGE
(FAMILYTABLECOLLABORATIVE)

Eligible Participants

ALL ARE WELCOME

What is Provided

HOT MEALS TO GO

ST.VINCENT DEPAUL FOOD PANTRY

322 QUAKER MEETING
HOUSE ROAD,
SANDWICH
508-833-1555

Hours of Operation

MONDAY 10AM-11:30AM
TUESDAY 6PM-7:30PM
THURSDAY 10AM-11:30AM

Eligible Participants

SANDWICH, SAGAMORE,
SAGAMORE BEACH
RESIDENTS

What is Provided

PERISHABLES AND NON-
PERISHABLES

FARMERS TO FAMILIES FOOD4VETS

SANDWICH
EMPOWERMENT
CENTER 117 RT.6
508-775-5073

Hours of Operation

AUGUST 3RD, AUGUST 10,
AUGUST 17
10AM-12PM

Eligible Participants

MUST BE A VETERAN

What is Provided

32 LB MEAL BOXES

SANDWICH FOOD PANTRY

331 COTUIT ROAD,
SANDWICH
508-888-3816

Hours of Operation

WEDNESDAYS: 10AM-12PM
LAST WEDNESDAY OF
MONTH:6-7:30, THIRD
SATURDAY OF THE MONTH:
10-12

Eligible Participants

SANDWICH RESIDENTS
(MUST REGISTER AS
CLIENT)

What is Provided

PRE-BAGGED GROCERIES

MID CAPE

DENNIS COUNCIL ON AGING

1045 ROUTE 134
508-694-2004

Hours of Operation

BROWN BAG PROGRAM -
FIRST FRIDAY OF THE
MONTH
MOBILE FOOD PANTRY

Eligible Participants

OPEN TO ALL (DELIVERY
AVAILABLE TO THOSE WHO
DO NOT DRIVE)

What is Provided

10-15 LBS OF NUTRITIOUS
FOODS

SALVATION ARMY

100 NORTH STREET,
HYANNIS
508-775-8300
800-541-0282

Hours of Operation

FOOD PANTRY: MONDAYS-
THURSDAYS 10-11:50
SOUP KITCHEN: MONDAYS-
FRIDAYS
(BREAKFAST: 8:30-9:15,
LUNCH: 11:30-12:15)

Eligible Participants

ALL ARE WELCOME

What is Provided

SHELF STABLE
FOODS/DRINKS, FRESH
VEGGIES, SOCKS AND BAG
LUNCHES FOR HOMELESS

CAPE & ISLANDS VETERANS

247 STEVNS STREET,
HYANNIS
508-778-1590

Hours of Operation

THURSDAYS 9AM-1PM

Eligible Participants

VETERANS ONLY (CAN
VISIT TWICE A MONTH)

What is Provided

NON-PERISHABLES AND
MEATS

FAITH FAMILY KITCHEN

154 BEARSES WAY,
HYANNIS
508-775-5073

Hours of Operation

MONDAYS, WEDNESDAYS,
FRIDAYS 6PM-7PM

Eligible Participants

ALL ARE WELCOME

What is Provided

HOT MEALS TO GO,
PROTEIN BARS,
SMOOTHIES

CANAAN SDA CHURCH

204 RT 28, WEST
YARMOUTH
508-266-1439

Hours of Operation
LAST TUESDAY OF EVERY
MONTH

Eligible Participants
OPEN TO ALL

What is Provided
CARIBBEAN FOOD
OPTIONS AVAILABLE

ST.VINCENT DEPAUL FOOD PANTRY

21 CROSS STREET,
HYANNIS
508-775-3073

Hours of Operation
TUESDAY: 10AM-12:00.
FRIDAY: 10AM-12:00

Eligible Participants
ALL ARE WELCOME

What is Provided
PRE-BAGGED GROCERIES

FAMILY TABLE COLLABORATIVE

HYANNIS YOUTH AND
COMMUNITY CENTER
141 BASSETT LANE
781-248-5753

Hours of Operation
CHECK FACEBOOK PAGE

Eligible Participants
ALL ARE WELCOME

What is Provided
HOT MEALS TO GO

YARMOUTH FOOD PANTRY

LIGHTHOUSE LANDING
PLAZA, 845 RT. 28
UNITS 14-16,
YARMOUTH
508-394-0880

Hours of Operation
TUESDAYS/THURSDAYS:
5:30-6:30
2ND FRIDAY: 3-4
3RD SATURDAY: 10-11
4TH FRIDAY: 10-11

Eligible Participants
NAME/DOB OF ALL
HOUSEHOLD MEMBERS
(ONE VISIT PER MONTH
FOR FULL SUPPLY)

What is Provided
PRE-BAGGED FOOD, MEAL
OF MONTH BAG, FROZEN
MEAT

ST. DAVIDS EPISCOPAL CHURCH

205 OLD MAIN STREET,
SOUTH YARMOUTH
508-394-4222

Hours of Operation
3RD WEDNESDAY OF THE
MONTH 1:00-3:00

Eligible Participants
ALL ARE WELCOME

What is Provided
PAPER PANTRY AND
MEALS TO GO

LOWER AND OUTER CAPE

LOWER CAPE OUTREACH COUNCIL

BREWSTER BAPTIST
CHURCH, 1848 MAIN ST
#1827, BREWSTER
508-240-0694

Hours of Operation
THURSDAYS 10-12

Eligible Participants

ALL ARE WELCOME (MUST
REGISTER BY CALLING)

What is Provided

CHOICE PANTRY SHOPPING
(LIST POSTED ON WEBSITE
AT
[WWW.LCOUTREACH.ORG/P
ANTRY-HOURS](http://WWW.LCOUTREACH.ORG/PANTRY-HOURS))

LOWER CAPE OUTREACH COUNCIL

SAINT CHRISTOPHERS
CHURCH, 625 MAIN ST,
CHATHAM
508-240-0694

Hours of Operation

TUESDAYS: 2-4 (BY
APPOINTMENT),
WEDNESDAYS: 4-6,
THURSDAYS: 3-5 (BY
APPOINTMENT)

Eligible Participants

ALL ARE WELCOME (CALL
TO REGISTER/MAKE APP.)

What is Provided

CHOICE PANTRY SHOPPING
(LIST POSTED ON
WEBSITE)

NAUSET FELLOWSHIP

EASTHAM'S CHAPEL IN
THE PINES, 220
SAMOSET ROAD,
EASTHAM

Operation

COMMUNITY FOOD
EXCHANGE, SELF-SERVICE
CUPBOARD

Eligible Participants

ALL ARE WELCOME

What is Provided

CANNED AND PACKAGED
GOODS

LOWER CAPE OUTREACH COUNCIL

ST. PETERS LUTHERAN
CHURCH, 310 RT. 137
HARWICH
508-240-0694

Hours of Operation

THURSDAYS 10-12

Eligible Participants

ALL ARE WELCOME (CALL
TO REGISTER)

What is Provided

CHOICE PANTRY SHOPPING
(LIST POSTED ON WEBSITE
AT
[WWW.LCOUTREACH.ORG/P
ANTRY-HOURS](http://WWW.LCOUTREACH.ORG/PANTRY-HOURS))

HANDS OF HOPE FOOD PANTRY

49 RT. 28 WEST
HARWICH
508-432-1312

Hours of Operation

MONDAY/FRIDAY: 10-3
TUES/WED/THURS: 1-3
THRIFT SHOP:
TUES/WED/THURS: 10-1

Eligible Participants

COME WITH VALID PHOTO
ID

What is Provided

SHELF STABLE FOODS,
PRODUCE, DAIRY, BAKERY,
PERSONAL ITEMS, TOILET
PAPER

LOWER AND OUTER CAPE

ORLEANS FARMERS MARKET

21 OLD COLONY WAY

Hours of Operation
MAY THROUGH DECEMBER,
SATURDAYS 9AM-1PM

Eligible Participants
ALL ARE WELCOME (SNAP
AND HIP RECIPIENTS
ACCEPTED)

What is Provided
FRESH PRODUCE AND
OTHER LOCAL PRODUCTS

LOWER CAPE OUTREACH COUNCIL

MAIN PANTRY
ORLEANS FOOD
PANTRY
19 BREWSTER CROSS
RD. ORLEANS
508-240-0694

Hours of Operation
MONDAYS 1-3

Eligible Participants
ALL ARE WELCOME
(REGISTER BY CALLING)

What is Provided
CHOICE PANTRY SHOPPING
(LIST POSTED ON WEBSITE
AT
[WWW.LCOUTREACH.ORG/P
ANTRY-HOURS](http://WWW.LCOUTREACH.ORG/PANTRY-HOURS))

LOWER CAPE OUTREACH COUNCIL

UNITED METHODIST
CHURCH, 73 MAIN ST,
ORLEANS
508-240-0694

Hours of Operation
TUESDAYS 10-12

Eligible Participants
ALL ARE WELCOME
(REGISTER BY CALLING)

What is Provided
CHOICE PANTRY SHOPPING
(LIST POSTED ON WEBSITE
AT
[WWW.LCOUTREACH.ORG/P
ANTRY-HOURS](http://WWW.LCOUTREACH.ORG/PANTRY-HOURS))

AIDS SUPPORT GROUP OF CAPE COD

96 BRADFORD ST,
PROVINCETOWN
508-487-9445

Hours of Operation
MONDAY-FRIDAY 9AM-3PM
DELIVERY AVAILABLE TO
THOSE IN PTOWN AND
TRURO

Eligible Participants
MUST BE RECEIVING
MEDICAL CASE
MANAGEMENT FROM
ASGCC

What is Provided
NON-PERISHABLES, PAPER
GOODS, LIMITED
HOMELESS PACKAGES

PROVINCETOWN COUNCIL ON AGING

2 MAYFLOWER ST,
PROVINCETOWN
508-487-7080

Hours of Operation
MON-THURS 8AM-5PM
FRIDAY 8AM-12PM

Eligible Participants
ALL ARE WELCOME (CALL
TO SCHEDULE DELIVERY
OR PICKUP)

What is Provided
NON-PERISHABLES,
PERSONAL CARE
PRODUCTS

LOWER AND OUTER CAPE

PROVINCETOWN COUNCIL ON AGING

MOBILE PANTRY
PROVIDED BY FAMILY
PANTRY OF CAPE COD
508-487-7080
Hours of Operation
4TH WEDNESDAY OF THE
MONTH

Eligible Participants
60+ YEARS OF AGE,
FAMILIES WITH CHILDREN,
CALL TO REGISTER

What is Provided
FOOD CHOICE PANTRY

LOWER CAPE OUTREACH COUNCIL

UNITED METHODIST
CHURCH, 20
SHANKPAINTER RD.
PTOWN
516-974-1524
Hours of Operation
WED/THURS 10-2

Eligible Participants
ALL ARE WELCOME (CALL
TO REGISTER)

What is Provided
CHOICE PANTRY SHOPPING
(LIST POSTED ON WEBSITE
AT
WWW.LCOUTREACH/PANTRY-
HOURS)

SUSTAINABLE CAPE & OUTER CAPE HEALTH

FRUIT AND VEGETABLE
SUBSCRIPTION
PROGRAM

Operation
FREE CLINICIAN
PRESCRIBED FRUITS &
VEGETABLES

Eligible Participants
SENIORS WITH DISEASES,
ARE SNAP RECIPIENTS,
AND ARE AT RISK FOR
SOCIAL ISOLATION

What is Provided
12 WEEKS WORTH OF
FRESH, SEASONAL
VEGETABLES FROM
TRURO'S FARMER'S
MARKET

TRURO COMMUNITY KITCHEN

973-868-7526

Operation
TUESDAYS 4:30-5:30PM

Eligible Participants
ALL ARE WELCOME
(REGISTER BY EMAILING
TRUROCOMMUNITYKITCHEN@
GMAIL.COM OR CALL
ELI AT 973-868-7526)

What is Provided
2 PREPARED MEALS PER
PERSON

COMMON TABLE AT THE FOX AND CROW

COMMONTABLE6@GMAIL.
COM

Hours of Operation
MONDAY-FRIDAY 8AM-
10AM

Eligible Participants
OPEN TO ALL

What is Provided
PREPARED MEALS

LOWER AND OUTER CAPE

THE 246 COMMUNITY KITCHEN

UNITED METHODIST
CHURCH, 246 MAIN ST,
WELFLEET

Hours of Operation
TUESDAY NIGHT DINNERS
5:30-7:00

Eligible Participants
ALL ARE WELCOME

What is Provided
FREE DINNERS

LOWER CAPE OUTREACH COUNCIL

25 LIEUTENANT ISLAND
RD. WELFLEET
508-240-0694

Hours of Operation
MONDAY 3-6
THURSDAY 10-12

Eligible Participants
ALL ARE WELCOME (CALL
TO REGISTER)

What is Provided
CHOICE PANTRY SHOPPING
(LIST POSTED ON WEBSITE
AT
WWW.LCOUTREACH/PANTRY-HOURS)

THE ISLANDS

NANTUCKET FOOD PANTRY

10 WASHINGTON ST,
NANTUCKET
508-228-7438

Hours of Operation

TUESDAYS AND
THURSDAYS 4-6

Eligible Participants

ALL WHO MEET INCOME
REQUIREMENTS (REGISTER
VIA EMAIL;
FOOD@ASSISTNANTUCKET.
ORG)

What is Provided

DRY GOODS, FRESH
PRODUCE, DAIRY, EGGS,
MEAT

MARTHA'S VINEYARD FOOD PANTRY

137 VINEYARD HAVEN
RD, OAK BLUFFS
508-228-4764

Hours of Operation

MONDAYS 2-4,
WEDNESDAYS 1-6,
SATURDAYS 10-1

Eligible Participants

ALL ARE WELCOME

What is Provided

CHOICE PANTRY

CAPE WIDE

BROWN BAG PROGRAM

COUNCIL ON AGING,
VARIOUS LOCATIONS

Hours of Operation
CHECK LOCAL COUNCIL ON
AGING

Eligible Participants
ADULTS OVER THE AGE OF
60

What is Provided
10-15 LBS OF NUTRITIOUS
FOOD ITEMS

FAMILY PANTRY OF CAPE COD

133 QUEEN ANNE ROAD,
HARWICH
508-432-6519

Hours of Operation
TUES/THURS 10-3:30,
THURS 5-7, WED 10-12, SAT
10-12

Eligible Participants
ALL ARE WELCOME (CAN
VISIT EVERY 14 DAYS)

What is Provided
CHOICE PANTRY SHOPPING

MEALS ON WHEELS

68 ROUTE 134, SOUTH
DENNIS
508-394-4630
800-244-4630

Hours of Operation
MEALS DELIVERED
MONDAY-FRIDAY BETWEEN
9AM-12PM

Eligible Participants
AGES 60+ WHO ARE
HOMEBOUND AND UNABLE
TO PREPARE MEALS

What is Provided
COLD MEALS THAT CAN BE
REHEATED

CAPE KIDS MEALS

WWW.CAPEKIDMEALS.ORG

Operation
WEEKEND MEALS FOR
CHILDREN THROUGH
SCHOOL SYSTEM'S
DISTRIBUTION PROGRAM

Eligible Participants
CONTACT CHILD'S SCHOOL
TO SIGN UP

What is Provided
PRE-PACKED MEALS FOR
WEEKENDS

SCHOOL SYSTEMS FOOD DISTRIBUTION

Operation
CHECK EACH SCHOOL
DISTRICTS WEBSITE,
DISTRIBUTION LOCATIONS
AND SCHEDULES ARE
POSTED

Eligible Participants
OPEN TO ALL CHILDREN
AND THEIR FAMILIES

What is Provided
A BREAKFAST AND LUNCH
DAILY, AND 6 MEALS
BEFORE WEEKENDS